



**Shaftesbury Barnet Harriers**



## **SHAFTESBURY BARNET HARRIERS**

### **ANNUAL REPORT 2001 – 2002**

2002 has been an exciting and successful year for Shaftesbury Barnet Harriers. Our athletes have performed excellently and have acquitted themselves at the highest level, and the black and white stripes of Shaftesbury have been seen to the fore in competitions throughout the land. Club members successfully competed in the Commonwealth Games, the European Championships, The World Junior Championships, The European Indoor Championships, and the World Cross Country Championships. How many clubs can claim such a record and also feature highly in all the major team championships in the UK.

If there has been a weakness we are lacking in volunteers to help carry out the many jobs that keep the clubs name to the fore. It is therefore with gratitude that we thank our officials who worked like Trojans for the benefit of Shaftesbury Barnet Harriers.

#### **CROSS COUNTRY**

There are only a limited number of UK cross country vests available in a season but two of those went to Jessica Nugent (Junior) and Lucy Elliott (Senior short course race). Both were scoring members of the Great Britain Teams at the World Cross Country Championships teams in Dublin.

However the first cross country championship of the season was the National cross country relays and it provided an excellent start to the season with the under 17 women taking the gold medals in their relay. Both the senior men and senior women finishing 2nd in their respective races, and the junior men were 5<sup>th</sup>.

This year the National cross-country championships were held in Bristol and it proved to be another successful championship for us. The senior women dominated their race with so many black and white stripes in the top quarter of the field we were comfortable winners of the team championship. Lucy Elliott was third, Sally Ann Cox 20<sup>th</sup>, Stephanie van Graan 21<sup>st</sup>, Ros Lewis 23<sup>rd</sup>, Mel Ellis 26<sup>th</sup>, Emily Ferenczi 31<sup>st</sup> and Emma Murray 38<sup>th</sup>. The senior men were only 14 points behind the winners when they finish second team in their championship with Emile deJonge 3<sup>rd</sup>, Nick Francis 24<sup>th</sup>, James Fitsimmons 27<sup>th</sup>, Ewen Malloch 45<sup>th</sup> and Francois Van Rensburg 47<sup>th</sup> and Kojo Kyereme 52<sup>nd</sup>. Lee McCash won the Junior National individual title with the team second (Stephen Murphy 23<sup>rd</sup>, Richard Williams 45<sup>th</sup> and Tom Bedford 49<sup>th</sup>). The under 17 men were 10<sup>th</sup> team and ensured that Shaftesbury Barnet Harriers took the trophy for best overall men's club.

Jessica Nugent was 9<sup>th</sup> in the junior women's race with Jade Wright having an excellent race to finish 16<sup>th</sup>, first home in the under 17 race was Chloe Wilkinson 14<sup>th</sup> and Sarah Waldron 37<sup>th</sup> was first under 15 girl home.

At the South of England cross-country championships the senior women's team was 2<sup>nd</sup> as were the junior men, the senior men 3<sup>rd</sup> and the under 15 girls 5<sup>th</sup>. Individually there were outstanding performances from Emile de Jonge winning senior man with Nick Francis 4<sup>th</sup> and James Fitzsimmons 8<sup>th</sup>. Lee McCash was second in the junior men's race with Daniel Lewis 8<sup>th</sup>. In the women's races Christina Radon was 5<sup>th</sup> in the senior race, Jessica Nugent 2<sup>nd</sup> in the juniors and Chloe Wilkinson 4<sup>th</sup> with Emma Hunt 6<sup>th</sup> in the Under 17s.

At County level the junior men were Hertfordshire champions with Tom Bedford 2<sup>nd</sup>, Daniel Lewis 3<sup>rd</sup>, Stephen Murphy 4<sup>th</sup>, Nick Phillips 5<sup>th</sup> and Robert Dennes 6<sup>th</sup>. The under 15 team were also County champions, with the under 13 and under 17 teams second and Sam Hall was 3<sup>rd</sup> in the under 17s. In the women's Hertfordshire championships Jessica Nugent 1<sup>st</sup> and Jade Wright 2<sup>nd</sup> led the junior team to victory, Victoria Webster was under 17 and Sarah Waldron was under 15 County Champions. At the Middlesex championships James Fitzsimmons was 3<sup>rd</sup> senior man home while the senior women were county team champions and Emma Fisher was the individual champion. Success continued with Lyndsay Barr and Katie Alcock first and second respectively in the under 15 championship and Lara Clarke winning the under 13 championship.

Not to be outdone the women vets won the National Veterans cross country championship with Ann Ridley finishing 4<sup>th</sup> individual.

Representative honours were gained by Chloe Wilkinson England under 17, Emma Hunt, Jessica Nugent and Victoria Webster, South of England.

## **ROAD RUNNING**

The outstanding road runner of the year was Dominic Bannister who was first British athlete home in the Commonwealth Games Marathon. While we have many members running in individual road races throughout the year, our main team competitions are in the championship road relays. In the autumn National relays our leading performances were the under 17 women's team first, the senior women were 4<sup>th</sup> and the under 15 girls 4<sup>th</sup> club but 6<sup>th</sup> team. The under 15 girls team won the Middlesex road relays, were 3<sup>rd</sup> in the Southern relay, as were the senior women while the under 17 women's team was 2<sup>nd</sup> and the veteran women were first.

In the Spring the men's 12 stage and women's 6 stage relays are held. The women were 1<sup>st</sup> with the B team 11<sup>th</sup> in the South of England championship while the men finished 5<sup>th</sup>. When it came to the National relays the men finished 8<sup>th</sup> but first southern club home while the women were 2<sup>nd</sup> with the B team finishing 14<sup>th</sup> and first B team. Lucy Elliott recorded the fastest time of the day.

In the National women's vets championship our over 55 team came second.

### **TRACK AND FIELD**

The highlight of the domestic track and field season was England (Manchester) hosting the Commonwealth Games. Members who all competed with distinction were:

Shani Anderson	England	100m, 200m and 4 x 100m
Natasha Danvers	England	400m Hurdles
Julie Dunkley	England	Shot
Abi Oyepitan	England	100m and 4 x 100m
Taneisha Robinson-Scanlon	England	Triple Jump
Dominic Bannister	England	Marathon
Nick Neiland	England	Javelin
Anthony Whiteman	England	1500m
Zoe Brown	N.Ireland	Pole Vault
Lee McConnell	Scotland	400m & 4 x 400m
Gemma Nicol	Scotland	4 x 400m
Richard McDonald	Scotland	400m Hurdles
Anthony Soala Bell	Sierra Leone	Shot
Pamanos Ballentyne	St. Vincents	Marathon
Catherine Murphy	Wales	400m

At the World Junior Championships held in Jamaica Stephen Murphy provided one of the outstanding junior performances of the season in the steeplechase.

Straight after the Commonwealth Games the European Championship were held in Munich. In the Great Britain team were Shani Anderson (100m and 4 x 100), Natasha Danvers (400m Hurdles), Lee McConnell (400m and 4 x 400 relay), Catherine Murphy (400m), Abi Oyepitan (100m and 4 x 100m) Nick Neiland (Javelin) and Anthony Whiteman (800m and 1500m).

Our international stars continued to be kept busy and in the British European Cup teams were Shani Anderson, Natasha Danvers, Julie Dunkley, Lee McConnell, Catherine Murphy and Anthony Whiteman. Lee McConnell was selected to represent Europe in the World Cup held at the very end of the season in Madrid. Lee receives all our congratulations for gaining bronze medal in the European and silver in the Commonwealth women's 400m.

Two others who gained Great Britain under 20 international vests were Gemma Nicol (400m) and Zoe Brown (Pole Vault)

Indoors Catherine Murphy was a finalist in the European Indoor Championship 400m and had a superb run in Glasgow a week later to beat the European champion. Taneisha Robinson-Scanlon triple jumped for Ireland in a home country match that included a European select team with Zoe Brown vaulting for the Junior European select team. In an under 20 International Zoe vaulted for Great Britain in an under 20 and under 23 match against France and Italy while Joanna Anker was second in the under 23 1500metres.

Throughout the summer season we turned out teams in the British Athletics League finishing 5<sup>th</sup> overall in Division 1, the UK women' track and field league where we finished 3<sup>rd</sup> in Division 1. In the Cup final which is combined men and women we finished 4<sup>th</sup>. The women's veterans team were 3<sup>rd</sup> in the final of the Southern Veterans League and in the National Junior League both men and women's teams made it to the final and both finished second. The Junior men also went to Europe and were a very creditable third in the A final behind Luch Moscow and Partizan Belgrade. In the Young Athletes League the boys finished second in the Southern Premier Division and went through to the main final and finished fifth while the girls won the South East Division 1 and are promoted to the Premier Division.

## **GENERAL**

It really has been an amazing year with so many successes that it has been very difficult to keep up with all the achievements of individuals and teams. Results in events like the North London, North of Thames championships have not been list but rather this report has been limited to recording results from regional and national events.

As mentioned in the opening paragraph we are thankful to the club officers who continue to put so much time and effort into working for the Club. Unfortunately this band of members is becoming smaller and we need to reverse this trend in order to lighten the load on a few hard-pressed officers.

We are grateful to those members who have turned out to help at the London mini marathon start, the corporate challenge and the Flora Light women's race. This has enable the Club to raise funds to pay for travel cost and entry fees to the various fixtures and championships which we attend. Without this fund raising we would not be able to subsidise members competition and travel.