

CLUB COLOURS

Black and white striped vest with red trim and black or red shorts must be worn in all championships and team events. All kit available from Barnet Copthall Stadium - £15 for set of vest and shorts. Lycra shorts and crop tops available for women. Contact team managers or reception at the Stadium

TRAINING AND COACHING

BARNET COPTHALL STADIUM

TUESDAY and THURSDAY 18.00 TO 20.30 –

Katie Alcock Frank Attoh, John Child, Charly Doyon,
Gerry Elmore, Clyde Gordon, Neelam Kaderbhoy (Tuesday Only),
Jon Lennard, Alfredo Melao, Nadeem Shaikh, Richard Sidoli,
Bryan Smith, Tony Smith, Jeremy Sothcott, Neville Thompson

SUNDAY 10.30 TO 13.00

Frank Attoh, Gerry Elmore, Tony Smith, Neville Thompson

***WOODSIDE STADIUM, WATFORD –
TUESDAY 18.00 TO 20.30***

George Harrison

***WOODSIDE PLAYING FIELDS, WATFORD –
SATURDAY 10.00 TO 12 NOON***

George Harrison

BANNISTER STADIUM, HATCH END

Tuesday 18.00 – 19.30, Thursday 19.00 – 19.30, Sunday 11.00 – 12.30

Bob Parker

WEIGHT TRAINING

Available to fully paid-up members in the Clubhouse, throughout the week but only under the supervision of qualified coaches.

Barnet Copthall Stadium 020 8202 6478
SBH Office at Copthall Stadium 020 8202 6643 Tuesday & Thursday evenings

For Club information visit the Shaftesbury Barnet Harriers web site

www.shaftesburybarnet.co.uk



Shaftesbury Barnet Harriers



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FIXTURE CARD – SUMMER SEASON 2012

PRESIDENT: GEORGE HARRISON

CHAIRMAN

Richard Bober
Tel: 07884 251294
e-mail richiebober@yahoo.co.uk

GENERAL SECRETARY

Philip Cunningham
147 Billy Lows Lane, Potters Bar
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Tel: 01707 850923 (H) 07903 202557 (M)
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TREASURER

Geoffrey Morphitis
55 Lancaster Avenue
Hadley Wood, Barnet, Herts, EN4 0ER
Tel: 020 8447 1066(H) 07976 994302(M)
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OFFICIALS SECRETARY

John Wright
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COACHING SECRETARY

Nadeem Shaikh
Tel: 07980 300169
e-mail nadeemshaikh@hotmail.co.uk

WELFARE OFFICER

Michael Tuvey
Tel: 020 8958 9687(H) 07949 729177(M)
e-mail michaeltuvey@hotmail.co.uk

PROMOTIONS OFFICER

Dave Bradley
Tel: 020 8428 9890
e-mail davidnbradley@bopenworld.com

TEAM MANAGERS

BRITISH ATHLETICS LEAGUE

Geoffrey Morphitis
Tel: 020 8447 1066(H) 07976 994302(M)
e-mail : geoffrey.morphitis@capeandd.com

UK WOMEN'S ATHLETICS LEAGUE

Stephanie Paparizos
Tel: 01923 371085(H) 07808 776186(M)
e-mail : stephanie.paparizos@barclays.com

NATIONAL JUNIOR LEAGUE MEN

Geoffrey Morphitis (as above)

NATIONAL JUNIOR LEAGUE WOMEN

Stephanie Paparizos(as above)

YOUNG ATHLETES LEAGUE BOYS

Clyde Gordon
07753 985525 (M)
e-mail clydeg67@hotmail.co.uk

Under 13 boys

Tony Smith
Tel: 01923 855133
e-mail anthony.smith694@ntlworld.com

Jeremy Sothcott

Tel: 07764 621424
e-mail jeremy.sothcott@btinternet.com

YOUNG ATHLETES LEAGUE GIRLS

Joyce Smith
Tel: 01923 672945 (H)
e-mail bryan.smith4@yahoo.com