

CLUB COLOURS

Black and white striped vest with red trim and black or red shorts must be worn in all championships and team events. All kit available from Allianz Park (Cophall Stadium) - £20 for set of vest and shorts. Lycra shorts and crop tops available for women. Contact team managers or reception at the Stadium

TRAINING AND COACHING

ALLIANZ PARK (COPHALL STADIUM)

TUESDAY and THURSDAY 18.00 TO 20.30 – Graeme Allen, Frank Attoh, John Child, Charly Doyon, Gerry Elmore, Bob Gayler, Clyde Gordon, Costas Goulas, Neelam Kaderbhoy, Alfredo Melao, Nadeem Shaikh, Bryan Smith, Tony Smith, Jeremy Sothcott, Mariana Toma, Martha Whiting

SUNDAY 10.30 TO 13.00 - Frank Attoh, Gerry Elmore, Tony Smith,

WOODSIDE STADIUM, WATFORD - TUESDAY 18.00 TO 20.30
George Harrison

WOODSIDE PLAYING FIELDS, WATFORD – SATURDAY 10.00 TO 12 NOON
George Harrison

WEIGHT TRAINING

Available to fully paid-up members in the Clubhouse, throughout the week but only under the supervision of qualified coaches.

ALLIANZ PARK (COPHALL STADIUM) 020 8202 6478

For Club information visit the Shaftesbury Barnet Harriers web site
www.shaftesburybarnet.co.uk



Shaftesbury Barnet Harriers



www.shaftesburybarnet.co.uk

PRESIDENT: GEORGE HARRISON

FIXTURE CARD – SUMMER SEASON 2014

CHAIRMAN

Tony Sunderland
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GENERAL SECRETARY

Philip Cunningham
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TREASURER

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OFFICIALS SECRETARY

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COACHING SECRETARY

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WELFARE OFFICER

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TEAM MANAGERS

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UK WOMEN'S LEAGUE
Stephanie Paparizos
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**SOUTHERN ATHLETIC LEAGUE
MEN & WOMEN**
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**YOUTH DEVELOPMENT LEAGUE U17.U20
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Assistant Clyde Gordon
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**YOUTH DEVELOPMENT LEAGUE U17.U20
WOMEN**
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**EASTERN YOUNG ATHLETIC LEAGUE
U13 U15 U17 BOYS**
Jeremy Sothcott
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**EASTERN YOUNG ATHLETIC LEAGUE
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