

CROSS COUNTRY FIXTURES

SEPTEMBER			
15	ST ALBANS RELAY	ST ALBANS	M&F
OCTOBER			
6	HORSENDEN RELAY	HORSENDEN HILL	M&F
6	NW LONDON LEAGUE(1)	HORSENDEN HILL	M&F
13	METROPOLITAN LEAGUE (1)	RUISLIP	M&F
13	CHILTERN LEAGUE (1)	WATFORD	F
20	LIDDIARD TROPHY	KINGSBURY	M
NOVEMBER			
3	NATIONAL RELAYS	MANSFIELD	M&F
3	NORTH LONDON	HORSENDEN HILL	M&F
10	METROPOLITAN LEAGUE (2)	CLAYBURY	M&F
10	CHILTERN LEAGUE (2)	TBA	F
17	NORTH OF THE THAMES	POSSIBLY KINGSBURY	M&F
24	METROPOLITAN LEAGUE (3)	WORMWOOD SCRUBS	M&F
29	CLUB ANNUAL GENERAL MEETING	COPTHALL	
DECEMBER			
1	FRATERNITY CUP	TRENT PARK	M&F
1	NW LONDON LEAGUE(3)	TRENT PARK	M&F
1	CHILTERN LEAGUE (3)	TBA	F
8	LONDON CHAMPIONSHIPS	PARLIAMENT HILL	M&F
8	SOUTHERN INTER-COUNTIES	PARLIAMENT HILL	M&F
9	EUROPEAN CHAMPIONSHIPS	TORO, SPAIN	M&F
26	BOXING DAY RUN	COPTHALL	M&F
JANUARY			
5	MIDDX CHAMPIONSHIPS	TBA	M&F
6	HERTS CHAMPIONSHIPS	BROXBOURNE	M&F
12	CHILTERN LEAGUE (4)	TBA	F
19	METROPOLITAN LEAGUE (4)	HORSENDEN HILL	M&F
26	SOUTHERN CHAMPIONSHIPS	PARLIAMENT HILL	M&F
FEBRUARY			
2	MIDDX & SOUTHERN MASTERS	RUISLIP	M&F
9	METROPOLITAN LEAGUE (5)	ST ALBANS	M&F
9	CHILTERN LEAGUE (5)	WING	F
23	NATIONAL CHAMPIONSHIPS	ALTON TOWERS	M&F
MARCH			
8	ENGLISH SCHOOLS CHAMPIONSHIPS	LIVERPOOL	M&F
15	INTER-COUNTIES CHAMPIONSHIPS	NOTTINGHAM	M&F
30	WORLD CHAMPIONSHIPS	EDINBURGH	M&F

ROAD & ROAD RELAY FIXTURES

SEPTEMBER			
16	MIDDLESEX & HERTS YA RELAYS	HAYES	M&F
22	SOUTHERN MENS 6 STAGE RELAY	ALDERSHOT	M
22	SOUTHERN MENS MASTERS RELAY	ALDERSHOT	M
23	SOUTHERN YA RELAYS	ALDERSHOT	M&F
23	SOUTHERN WOMENS 4 STAGE RELAY	ALDERSHOT	F
23	SOUTHERN WOMENS MASTERS 4 STAGE RELAY	ALDERSHOT	F
OCTOBER			
20	NATIONAL MENS 6 STAGE RELAY	SUTTON PARK	M
20	NATIONAL WOMENS 4 STAGE RELAY	SUTTON PARK	F
21	NATIONAL YA RELAYS	SUTTON PARK	M&F
APRIL			
6	SOUTHERN MENS 12 STAGE RELAY	MILTON KEYNES	M
6	SOUTHERN WOMENS 6 STAGE RELAY	MILTON KEYNES	F
13	FLORA LONDON MARATHON	LONDON	M&F
13	ADIDAS MINI MARATHON	LONDON	M&F
26	NATIONAL MENS 12 STAGE RELAY	SUTTON PARK	M
26	NATIONAL WOMENS 6 STAGE RELAY	SUTTON PARK	F

PLEASE SEE SEPARATE INFORMATION SHEET FOR DETAILS ON MENS AND WOMENS CROSS COUNTRY CLUB CHAMPIONSHIP RACES.

INFORMATION SHEET ALSO GIVES DETAILS ON AGE GROUPS, VENUES AND START TIMES FOR THE MAJORITY OF RACES.