

CROSS COUNTRY FIXTURES

SEPTEMBER			
27	NORTH WEST LONDON LEAGUE (1)	HORSENDEN HILL	M&F (OPEN)
OCTOBER			
11	METROPOLITAN LEAGUE (1)	CLAYBURY	M&F (OPEN)
18	SOUTHERN RELAYS	WORMWOOD SCRUBS	M&F (CLOSED)
25	LIDDIARD TROPHY/NORTH OF THE THAMES	KINGSBURY	M&F (CLOSED)
NOVEMBER			
1	NATIONAL RELAYS	MANSFIELD	M&F (CLOSED)
8	METROPOLITAN LEAGUE (2)	STEVENAGE	M&F (OPEN)
15	LONDON CHAMPIONSHIPS	PARLIAMENT HILL	M&F (CLOSED)
15	LONDON YOUTH GAMES	PARLIAMENT HILL	M&F (CLOSED)
22	NORTH LONDON CHAMPIONSHIPS	ALEXANDRA PALACE	M&F (CLOSED)
22	NORTH WEST LONDON LEAGUE (2)	ALEXANDRA PALACE	M&F (OPEN)
25	CLUB ANNUAL GENERAL MEETING	ALLIANZ PARK	M&F
29	FRATERNITY CUP/SORORITY CUP	TRENT PARK	M&F (OPEN)
29	NORTH WEST LONDON LEAGUE (3)	TRENT PARK	M&F (OPEN)
29	UK CROSS CHALLENGE & EUROPEAN TRIALS	LIVERPOOL	M&F (CLOSED)
DECEMBER			
13	SEAA MASTERS & INTER-COUNTIES	HORSPATH, OXFORD	M&F (CLOSED)
14	EUROPEAN CHAMPIONSHIPS	SAMOKOV, BULGARIA	M&F (CLOSED)
20	METROPOLITAN LEAGUE (3)	ALEXANDRA PALACE	M&F (OPEN)
26	BOXING DAY RUN	ALLIANZ PARK	M&F (OPEN)
JANUARY			
3	MIDDLESEX CHAMPIONSHIPS	ALEXANDRA PALACE	M&F (CLOSED)
4	HERTFORDSHIRE CHAMPIONSHIPS	ST ALBANS	M&F (CLOSED)
10	METROPOLITAN LEAGUE (4)	WORMWOOD SCRUBS	M&F (OPEN)
24	SOUTHERN CHAMPIONSHIPS	BRIGHTON	M&F (CLOSED)
31	NORTH WEST LONDON LEAGUE (4)	HARROW	M&F (OPEN)
FEBRUARY			
7	METROPOLITAN LEAGUE (5)	HORSENDEN HILL	M&F (OPEN)
21	NATIONAL CHAMPIONSHIPS	PARLIAMENT HILL	M&F (CLOSED)
MARCH			
7	CAU INTER-COUNTIES CHAMPIONSHIPS	BIRMINGHAM	M&F (CLOSED)
14	ENGLISH SCHOOLS CHAMPIONSHIPS	BLACKBURN	M&F (CLOSED)
28	NORTH WEST LONDON LEAGUE (5)	WORMWOOD SCRUBS	M&F (OPEN)
29	WORLD CHAMPIONSHIPS	GUIYANG, CHINA	M&F (CLOSED)

EACH FIXTURE SHOWS THE FOLLOWING - (OPEN) WHICH MEANS YOU CAN TURN UP AND RUN, (CLOSED) WHICH MEANS YOU HAVE TO BE PRE-ENTERED BY YOUR RESPECTIVE TEAM MANAGER AND (YOURSELF) WHICH YOU NEED TO ENTER YOURSELF AND PAY THE APPROPRIATE ENTRY FEE

THE SBH WEEKLY E-NEWSLETTER WILL PUBLISH DETAILS OF ALL RACES, WHICH WILL INCLUDE AGE GROUPS, VENUES AND START TIMES

PLEASE SEE SEPARATE INFORMATION SHEET FOR DETAILS ON MENS AND WOMEN CROSS COUNTRY CLUB CHAMPIONSHIP AND POINTS RACES.

THE METROPOLITAN LEAGUE FIXTURES IN RED ARE STILL TO BE CONFIRMED

ROAD & ROAD RELAY FIXTURES

SEPTEMBER			
14	MIDDLESEX & HERTFORDSHIRE YA'S RELAYS	HAYES	M&F (CLOSED)
20	SOUTHERN YOUNG ATHLETES RELAYS	ALDERSHOT	M&F (CLOSED)
20	SOUTHERN WOMENS 4 STAGE RELAY	ALDERSHOT	F (CLOSED)
20	SOUTHERN WOMENS VETS 4 STAGE RELAY	ALDERSHOT	F (CLOSED)
21	SOUTHERN MENS 6 STAGE RELAY	ALDERSHOT	M (CLOSED)
21	SOUTHERN MENS MASTERS 4 STAGE RELAY	ALDERSHOT	M (CLOSED)
OCTOBER			
4	NATIONAL MENS 6 STAGE RELAY	SUTTON PARK	M (CLOSED)
4	NATIONAL WOMENS 4 STAGE RELAY	SUTTON PARK	F (CLOSED)
5	NATIONAL YOUNG ATHLETES RELAY	SUTTON PARK	M&F (CLOSED)
MARCH			
29	SOUTHERN MENS 12 STAGE RELAY	MILTON KEYNES	M (CLOSED)
29	SOUTHERN WOMENS 6 STAGE RELAY	MILTON KEYNES	F (CLOSED)
APRIL			
11	NATIONAL MENS 12 STAGE RELAY	SUTTON PARK	M (CLOSED)
11	NATIONAL WOMENS 6 STAGE RELAY	SUTTON PARK	F (CLOSED)
26	VIRGIN LONDON MARATHON	LONDON	M&F (YOURSELF)
26	VIRGIN MINI LONDON MARATHON	LONDON	M&F (CLOSED)
MAY			
TBC	NATIONAL MASTERS RELAYS	SUTTON PARK	M&F (CLOSED)
<u>INDOOR FIXTURES</u>			
DECEMBER			
14	EHAC OPEN MEETING	LEE VALLEY	M&F (YOURSELF)
20/21	SEAA CHAMPIONSHIPS COMBINED EVENTS	LEE VALLEY	M&F (YOURSELF)
JANUARY			
1	NEW YEAR SPRINTS	LEE VALLEY	M&F (YOURSELF)
4	EHAC OPEN MEETING	LEE VALLEY	M&F (YOURSELF)
10/11	SEAA U15/U17 CHAMPIONSHIPS DAY 1 & 2	LEE VALLEY	M&F (YOURSELF)
17/18	SEAA U20 & SENIOR CHAMPIONSHIPS DAY 3 & 4	LEE VALLEY	M&F (YOURSELF)
24/25	LONDON INDOOR GAMES U20 & SENIOR DAY 1 & 2	LEE VALLEY	M&F (YOURSELF)
31	LONDON INDOOR GAMES U15 & U17 DAY 3		
FEBRUARY			
1	LONDON INDOOR GAMES U15 & U17 DAY 4	LEE VALLEY	M&F (YOURSELF)
7/8	ESSEX AND EASTERN CHAMPIONSHIPS	LEE VALLEY	M&F (YOURSELF)
15	BRITISH MASTERS PENTATHLON CHAMPIONSHIPS	LEE VALLEY	M&F (YOURSELF)
21	U13 & U15 OPEN MEETING	LEE VALLEY	M&F (YOURSELF)
22	SOUTHERN VETS AC CHAMPIONSHIPS	LEE VALLEY	M&F (YOURSELF)
MARCH			
1	SOUTH OF ENGLAND VETS CHAMPIONSHIPS	LEE VALLEY	M&F (YOURSELF)
8/9	BRITISH MASTERS CHAMPIONSHIPS	LEE VALLEY	M&F (YOURSELF)
15/16	MIDDLESEX & HERTS CHAMPIONSHIPS	LEE VALLEY	M&F (YOURSELF)
29	U13 & U15 PENTATHLON	LEE VALLEY	M&F (YOURSELF)