

Under 15 Boys 60 Metres		(b)		
CBP	Uchenna Okoh	D&T	2014	7.32
Posn	Num Name	Club	Perf	
1	13 Ronan Bagai	Shaftesbury Barnet H	8.07	
Under 15 Boys 200 Metres		(a)		
CBP	Uchenna Okoh	D&T	2014	23.78
Posn	Num Name	Club	Perf	
1	43 Jean-Claude Aka	Stevenage & North H AC	26.4	
2	13 Ronan Bagai	Shaftesbury Barnet H	26.8	
3	14 David Koffi	Stevenage & North H AC	28.2	
4	44 Kai Alland	Watford Harriers	28.2	
Under 15 Boys 300 Metres		(b)		
CBP	Uchenna Okoh	D&T	2014	37.66
Posn	Num Name	Club	Perf	
1	47 Ralph Williams	Stevenage & North H AC	42.45	
2	80 Jason List	Stevenage & North H AC	43.15	
Under 15 Boys 800 Metres		(a)		
CBP	Liam Dee	HPx	2010	2:05.34
Posn	Num Name	Club	Perf	
1	80 Jason List	Stevenage & North H AC	2:21.98	
2	95 Alex Stapleton	Herts Phoenix	2:27.53	
3	94 Kieron Lee	Barnet & District AC	2:44.82	
Under 15 Boys 1,500 Metres		(b)		
CBP	Jamie Dee	HPx	2012	4:13.51
Posn	Num Name	Club	Perf	
1	80 Jason List	Stevenage & North H AC	5:05.38	
Under 15 Boys 60 Metres Hurdles		(a)		
CBP	Max Price	SNH	2013	8.46
Posn	Num Name	Club	Perf	
1	43 Jean-Claude Aka	Stevenage & North H AC	9.16	
2	47 Ralph Williams	Stevenage & North H AC	9.33	
3	45 Josiah Barker	Dacorum & Tring AC	9.49	
4	46 Haydn Williams	Stevenage & North H AC	10.21	
5	44 Kai Alland	Watford Harriers	11.71	
Under 15 Boys High Jump		(b)		
CBP	Max Price	SNH	2013	1.90
Posn	Num Name	Club	Perf	
1	116 Edward Hopper	Dacorum & Tring AC	1.45	
Under 15 Boys Pole Vault		(b)		
CBP	Michael Fryer	D&T	2014	3.30
Posn	Num Name	Club	Perf	Details
1	46 Haydn Williams	Stevenage & North H AC	2.60	
2	123 Bryce Breen	Herts Phoenix	2.50	

3 47 Ralph Williams Stevenage & North H AC 2.10

Under 15 Boys Long Jump

(a)

Posn	Num	Name	Club	Perf		
	CBP	Robert Gayler	SBH		2008	6.23
1	45	Josiah Barker	Dacorum & Tring AC	5.33		
2	43	Jean-Claude Aka	Stevenage & North H AC	4.45		
3	46	Haydn Williams	Stevenage & North H AC	4.42		

Under 15 Boys Shot

(b)

Posn	Num	Name	Club	Perf		
	CBP	Max Price	SNH		2013	13.27
1	14	David Koffi	Stevenage & North H AC	11.41		
2	44	Kai Alland	Watford Harriers	9.58		
3	45	Josiah Barker	Dacorum & Tring AC	9.13		

U15 Girls 60 Metres

(b)

Posn	Num	Name	Club	Perf		
	CBP	Jodie Williams	HPx		2008	7.77

Heat 1

1	29	Christa Hetherington	Herts Phoenix	8.50 Q
2	36	Lisa-Marie Uzokwe	Stevenage & North H AC	8.61 Q
3	30	Madeline Hurley	Stevenage & North H AC	8.69 q
4	33	Ella Pentland	Herts Phoenix	8.92
5	28	Mollie Gumble	HAWCS	8.99
6	26	Molly Gardner	Stevenage & North H AC	9.17
7	40	Emily Day (T38)	North Herts Dis Sp Ass	13.93

Heat 2

1	31	Marli Jessop	Dacorum & Tring AC	8.41 Q
2	37	Madeline Vincent	HAWCS	8.51 Q
3	23	Jennifer Arinze	Herts Phoenix	8.75 q
4	25	Jasmine Duru	Herts Phoenix	8.85
5	32	Katie Middleton	Stevenage & North H AC	8.93
6	34	Abbie Poole	Watford Harriers	9.04

Final

1	29	Christa Hetherington	Herts Phoenix	8.20
2	31	Marli Jessop	Dacorum & Tring AC	8.34
3	37	Madeline Vincent	HAWCS	8.57
4	36	Lisa-Marie Uzokwe	Stevenage & North H AC	8.65
5	30	Madeline Hurley	Stevenage & North H AC	8.66
6	23	Jennifer Arinze	Herts Phoenix	8.84

U15 Girls 200 Metres

(a)

Posn	Num	Name	Club	Perf		
	CBP	Charlotte Wingfield	BAR		2009	26.07

Heat 1

1	30	Madeline Hurley	Stevenage & North H AC	28.3 Q
2	55	Leah Cairns	Stevenage & North H AC	28.5 q
3	25	Jasmine Duru	Herts Phoenix	29.5 q

4	24	Ella Broadfield	Dacorum & Tring AC	29.9
5	32	Katie Middleton	Stevenage & North H AC	30.7

Heat 2

1	73	Lauren Simpson	Herts Phoenix	27.7 Q
2	36	Lisa-Marie Uzokwe	Stevenage & North H AC	28.9 q
3	58	Holly Taylor	Shaftesbury Barnet H	30.5
4	33	Ella Pentland	Herts Phoenix	30.7

Final

1	73	Lauren Simpson	Herts Phoenix	27.4
2	30	Madeline Hurley	Stevenage & North H AC	28.3
3	36	Lisa-Marie Uzokwe	Stevenage & North H AC	28.5
4	55	Leah Cairns	Stevenage & North H AC	28.8
5	25	Jasmine Duru	Herts Phoenix	30.1

U15 Girls 300 Metres

(b)

CBP	Megan Fielding	HPx	2014	45.20
Posn	Num	Name	Club	
1	86	Katie Liptrot	HAWCS	44.6
2	59	Meadow Thomas	Watford Harriers	49.92

U15 Girls 800 Metres

(a)

CBP	Kiera Mooney	CONAC	2009	2:20.16
Posn	Num	Name	Club	
1	101	Scarlett Kent	Shaftesbury Barnet H	2:30.19
2	103	Beatrix Wraith	HAWCS	2:32.95
3	102	Freya Stapleton	Herts Phoenix	2:36.47

U15 Girls 60 Metres Hurdles

(a)

CBP	Natalie Allen	HPx	2010	9.20
Posn	Num	Name	Club	Perf

Final

1	56	Milly Gall	Dacorum & Tring AC	9.68
2	31	Marli Jessop	Dacorum & Tring AC	9.82
3	58	Holly Taylor	Shaftesbury Barnet H	10.28
4	59	Meadow Thomas	Watford Harriers	11.14
5	55	Leah Cairns	Stevenage & North H AC	11.46
6	54	Connie Andrews	Stevenage & North H AC	13.11

U15 Girls High Jump

(b)

CBP	Katie Caulfield	HPx	2007	1.60
Posn	Num		Club	Perf
1	119	Amelie Cooper	Dacorum & Tring AC	1.50
2	26	Molly Gardner	Stevenage & North H AC	1.40
3	56	Milly Gall	Dacorum & Tring AC	1.35
4	59	Meadow Thomas	Watford Harriers	1.30

U15 Girls Pole Vault

(a)

CBP	Keira Hicks	SNH	2014	2.95
Posn	Num	Name	Club	Perf
1	54	Connie Andrews	Stevenage & North H AC	1.80

U15 Girls Long Jump			(b)		
Posn	Num	Name	Club	Perf	
	CBP	Jodie Williams	HPx	2008	5.03
1	73	Lauren Simpson	Herts Phoenix	4.76	
2	56	Milly Gall	Dacorum & Tring AC	4.75	
3	86	Katie Liptrot	HAWCS	4.49	
4	31	Marli Jessop	Dacorum & Tring AC	4.27	
5	37	Madeline Vincent	HAWCS	4.25	
6	34	Abbie Poole	Watford Harriers	3.98	
7	26	Molly Gardner	Stevenage & North H AC	3.62	

U15 Girls Triple Jump			(a)		
Posn	Num	Name	Club	Perf	
	CBP	Fiona McQuire	Wat	2012	9.35
1	57	Amelie Royle	Watford Harriers	8.60	

U15 Girls Shot			(b)		
Posn	Num	Name	Club	Perf	
	CBP	Nicole Parcell	HAWCS	2014	10.86
1	73	Lauren Simpson	Herts Phoenix	9.47	
2	25	Jasmine Duru	Herts Phoenix	6.79	
3	33	Ella Pentland	Herts Phoenix	6.19	

Under 17 Men 60 Metres			(b)		
Posn	Num	Name	Club	Perf	
	CBP	Dominic Ashwell	D&T	2015	6.97
1	11	Will Rodway	Stevenage & North H AC	7.81	
2	12	Sebastien Sanseau	Watford Harriers	7.93	
3	39	Toby Addison (T13)	Stevenage & North H AC	8.50	

Under 17 Men 200 Metres			(a)		
Posn	Num	Name	Club	Perf	
	CBP	Antonio Infantino	E&H	2007	22.55
1	66	Jack Hughes	Shaftesbury Barnet H	24.5	
2	67	Brent Morris	Stevenage & North H AC	24.5	
3	64	Joe Ainsworth	Watford Harriers	25.5	
4	65	James Davis	Shaftesbury Barnet H	26.5	
5	12	Sebastien Sanseau	Watford Harriers	26.8	

Under 17 Men 400 Metres			(b)		
Posn	Num	Name	Club	Perf	
	CBP	Nathan Wake	HPx	2007	51.36
1	79	Daniel Streeter	Stevenage & North H AC	51.78	
2	77	Ben Lloyd	Herts Phoenix	52.47	

Under 17 Men 800 Metres			(a)		
Posn	Num	Name	Club	Perf	
	CBP	Liam Dee	HPx	2012	1:58.74
1	91	Liam Gregory	Stevenage & North H AC	2:17.11	

Under 17 Men 1500 Metres		(b)		
	CBP Edward Shepherd	HPx	2010	4:11.58
Posn	Num Name	Club	Perf	
1	108 Joshua Van Heiningen	Dacorum & Tring AC	4:28.00	
Under 17 Men 60 Metres Hurdles		(a)		
	CBP Max Price	SNH	2014	8.48
Posn	Num Name	Club	Perf	
1	42 Kit Kerr	Stevenage & North H AC	8.95	
Under 17 Men High Jump		(b)		
	CBP Matthew Lally	SBH	2014	1.95
Posn	Num Name	Club	Perf	
1	114 Tyler Mitchell	Stevenage & North H AC	1.90	
2	113 Oscar Jopp	Stevenage & North H AC	1.75	
3	115 Thomas Wright	Dacorum & Tring AC	1.65	
Under 17 Men Pole Vault		(b)		
	CBP Daniel Gardner	SNH	2010	4.20
Posn	Num Name	Club	Perf	Details
1	113 Oscar Jopp	Stevenage & North H AC	3.60	
2	122 Callum Woodage	Watford Harriers	3.40	
3	121 Elliot Breen	Herts Phoenix	3.00	
Under 17 Men Long Jump		(a)		
	CBP Courtney Hart	D&T	2010	6.32
Posn	Num Name	Club	Perf	
1	132 Daniel Hopper	Dacorum & Tring AC	6.03	
2	113 Oscar Jopp	Stevenage & North H AC	5.75	
3	42 Kit Kerr	Stevenage & North H AC	5.63	
4	65 James Davis	Shaftesbury Barnet H	5.21	
Under 17 Men Shot		(b)		
	CBP Max Price	SNH	2014	11.57
Posn	Num Name	Club	Perf	
1	147 Euan Metcalfe	Stevenage & North H AC	10.79	
2	42 Kit Kerr	Stevenage & North H AC	10.15	
U17 Women 60 Metres		(b)		
	CBP Charlotte Wingfield	E&H	2010	7.79
Posn	Num Name	Club	Perf	
1	22 Ella Wansell	Enfield & Haringey AC	7.89	
2	21 Anna-Marie Uzokwe	Stevenage & North H AC	8.14	
3	19 Remi Jessop	Dacorum & Tring AC	8.26	
4	10 Kandi Paxton	Watford Harriers	8.37	
5	20 Jennifer Nwosu	Stevenage & North H AC	8.62	
U17 Women 200 Metres		(a)		
	CBP Hannah Williams	HPx	2014	25.23

Posn	Num	Name	Club	Perf	
Final					
1	22	Ella Wansell	Enfield & Haringey AC	25.7	
2	70	Bethany Shaw	St Albans AC	27.0	
3	19	Remi Jessop	Dacorum & Tring AC	27.0	
4	10	Kandi Paxton	Watford Harriers	27.8	
5	68	Tae Gordon-Jackson	St Albans AC	28.5	
6	20	Jennifer Nwosu	Stevenage & North H AC	28.6	
U17 Women 400 Metres			(b)		
	CBP	Emily Hack	StA	2015	57.94
Posn	Num	Name	Club	Perf	
1	21	Anna-Marie Uzokwe	Stevenage & North H AC	59.32	
2	84	Grace Gentry	HAWCS	61.01	
3	85	Imogen Walker	Herts Phoenix	63.86	
U17 Women 800 Metres			(a)		
	CBP	Marella Whitfield	Harr	2014	2:19.17
Posn	Num	Name	Club	Perf	
1	100	Georgia Mckenzie	Herts Phoenix	2:28.93	
2	99	Georgia Lee	Barnet & District AC	2:37.22	
Under 17 Women 1500 Metres			(b)		
	CBP				
Posn	Num	Name	Club	Perf	
1	154	Grace Birdseye	Dacorum & Tring AC	5:23.98	
U17 Women 60 Metres Hurdles			(a)		
	CBP	Alicia Tymon-McEwan	StA	2012	8.80
Posn	Num	Name	Club	Perf	
1	53	Emily Russell	Harrow AC	9.12	
U17 Women High Jump			(a)		
	CBP	Jenna Hoyte	HPx	2013	1.63
Posn	Num	Name	Club	Perf	
1	118	Louise Reilly	Herts Phoenix	1.60	
U17 Women Pole Vault			(a)		
	CBP	Anne Rees	SNH	2009	3.00
Posn	Num	Name	Club	Perf	
1	129	Abigail Pickard	Stevenage & North H AC	2.50	
U17 Women Long Jump			(b)		
	CBP	Katie Caulfield	HPx	2008	5.52
Posn	Num	Name	Club	Perf	
1	84	Grace Gentry	HAWCS	5.22	
2	138	Nicole Parcell	HAWCS	5.14	
3	137	Hannah Dickins	Watford Harriers	4.66	
U17 Women Triple Jump			(a)		

Posn	Num	Name	Club	Perf
		CBP Yasmin Lakin	WAT	2012 11.14
1	142	Jazmin Woolcott	Harrow AC	10.20
2	129	Abigail Pickard	Stevenage & North H AC	9.46
3	141	Lily Jones	HAWCS	9.33
4	71	Emilia Turnbull	Watford Harriers	9.12

U17 Women Shot

Posn	Num	Name	Club	Perf
		CBP Nicole Parcell	HAWCS	2015 12.33
1	138	Nicole Parcell	HAWCS	12.00
2	152	Molly Jarvis	Watford Harriers	9.74
3	153	Alisha Levy	Stevenage & North H AC	9.29

Under 20 Men 60 Metres

Posn	Num	Name	Club	Perf
		CBP Antonio Infantino	SBH	2010 7.11
1	8	Nathan Burke	Herts Phoenix	7.56
2	38	Ben Barber (T20)	Stevenage & North H AC	8.43

Under 20 Men 200 Metres

Posn	Num	Name	Club	Perf
		CBP Luis Da Silva	StA	2013 22.53
1	63	Luke Smith	Herts Phoenix	23.4
2	9	Eden Davis	Herts Phoenix	27.1

Under 20 Men 400 Metres

Posn	Num	Name	Club	Perf
		CBP Michael Edwards	E&H	2012 50.44
1	74	Sam Jones	St Albans AC	52.56
2	76	Joseph Peppiatt	Barnet & District AC	53.57

Under 20 Men 800 Metres

Posn	Num	Name	Club	Perf
		CBP Benjamin Parry	HPx	2011 1:57.89
1	90	Beck Grover	Herts Phoenix	1:56.77 CBP
2	74	Sam Jones	St Albans AC	1:58.45
3	75	Ben Pattison	St Albans AC	2:00.70
4	76	Joseph Peppiatt	Barnet & District AC	2:08.87
5	89	Jack Gladman	Stevenage & North H AC	2:24.04
6	88	Harry Doshier	Stevenage & North H AC	2:32.02

Under 20 Men 1,500 Metres

Posn	Num	Name	Club	Perf
		CBP Khalid Al-Abaidy	SNH	2011 4:09.81
1	107	Rhys Rowland	Dacorum & Tring AC	04:33.80

Under 20 Men High Jump

Posn	Num	Name	Club	Perf
		CBP Jason Hamilton	D&T	2010 2.03

1	112	Nathan Gardner	Stevenage & North H AC	1.75	
Under 20 Men Pole Vault			(b)		
	CBP	JJ Lister	Harr	2015	4.60
Posn	Num	Name	Club	Perf	
1	112	Nathan Gardner	Stevenage & North H AC	nhr	
Under 20 Women 60 Metres			(b)		
	CBP	Frances Slater	HPx	2011	7.83
Posn	Num	Name	Club	Perf	
1	16	Bethany Harley	Stevenage & North H AC	8.30	
2	18	Alice Semark	Herts Phoenix	8.33	
3	17	Molly Hopping	Barnet & District AC	9.04	
Under 20 Women 200 Metres			(a)		
	CBP	Laura Wake	HPx	2009	25.10
Posn	Num	Name	Club	Perf	
1	16	Bethany Harley	Stevenage & North H AC	DQ	
Under 20 Women 400 Metres			(b)		
	CBP	Laura Wake	HPx	2008	58.51
Posn	Num	Name	Club	Perf	
1	83	Emily Saunders	Stevenage & North H AC	59.88	
Under 20 Women 800 Metres			(a)		
	CBP	Laura Farrar	D&T	2011	2:19.71
Posn	Num	Name	Club	Perf	
1	98	Marella Whitfield	Harrow AC	2:16.92	CBP
2	97	Sarah Feely	Stevenage & North H AC	2:43.16	
3	96	Lisa Barber	Stevenage & North H AC	3:07.68	
Under 20 Women 1500 Metres			(b)		
	CBP	Laura Farrar	D&T	2011	4:44.56
Posn	Num	Name	Club	Perf	
1	98	Marella Whitfield	Harrow AC	4:57.72	
Under 20 Women 60 Metres Hurdles			(a)		
	CBP	Claire Humphries	HPx	2010	8.81
Posn	Num	Name	Club	Perf	
1	50	Sally Cowler	Herts Phoenix	9.82	
2	51	Ashleigh Spiliopoulou	HAWCS	10.15	
Under 20 Women High Jump			(a)		
	CBP	Moe Sasegbon	SNH	2010	1.75
Posn	Num	Name	Club	Perf	
1	50	Sally Cowler	Herts Phoenix	1.55	
2	117	Rebecca Hawtin	Luton AC	nhr	
Under 20 Women Pole Vault					
	CBP	Anne Rees	SNH	2011	3.50

Posn	Num	Name	Club	Perf	Perf
	1	128 Martha Huggins	Stevenage & North H AC	nhr	
Under 20 Women Long Jump			(b)		
		CBP Anne Rees	SNH	2011	5.16
Posn	Num	Name	Club	Perf	Perf
	1	51 Ashleigh Spiliopoulou	HAWCS	5.10	
Under 20 Women Triple Jump			(a)		
		CBP Yasmin Lakin	SBH	2014	11.61
Posn	Num	Name	Club	Perf	Perf
	1	50 Sally Cowler	Herts Phoenix	10.69	
Under 20 Women Shot			(b)		
		CBP Charlotte Rose	E&H	2008	10.81
Posn	Num	Name	Club	Perf	Perf
	1	17 Molly Hopping	Barnet & District AC	9.33	
	2	151 Fiona McQuire	Shaftesbury Barnet H	8.97	
	3	51 Ashleigh Spiliopoulou	HAWCS	8.70	
	4	16 Bethany Harley	Stevenage & North H AC	8.57	
Senior Men 60 Metres			(b)		
		CBP Adam Daish	E&H	2008	7.08
Posn	Num	Name	Club	Perf	Perf
	1	5 Matt Hamilton	Enfield & Haringey AC	7.11	
	2	3 Craig Denison	Stevenage & North H AC	7.46	
	3	2 Leon Braithwaite (M40)	Bedford & County AC	7.60	
	4	4 Steven Edwards	HAWCS	7.64	
	5	1 Damaine Benjamin	Harrow AC	dq	
Senior Men 200 Metres			(a)		
		CBP Antonio Infantino	SBH	2011	22.04
Posn	Num	Name	Club	Perf	Perf
	1	1 Damaine Benjamin	Harrow AC	23.7	
	2	60 Nick Jones (M45)	Watford Harriers	28.0	
	3	61 Andrew Maher (M40)	St Albans Striders	31.5	
	4	62 Marc Phillips (M50)	St Albans Striders	32.0	
Senior Men 400 Metres			(b)		
		CBP Glyn Hawkes	Card	2011	49.10
Posn	Num	Name	Club	Perf	Perf
	1	5 Matt Hamilton	Enfield & Haringey AC	49.98	
Senior Men 800 Metres			(a)		
		CBP Andrew Walshe	HPx	2015	1:55.55
Posn	Num	Name	Club	Perf	Perf
	1	87 Aaron Cooper	Herts Phoenix	2:02.52	
	2	41 Patrick Barrett	Enfield & Haringey AC	2:02.70	
	3	61 Andrew Maher (M40)	St Albans Striders	2:46.48	
	4	62 Marc Phillips (M50)	St Albans Striders	2:47.86	

Senior Men 1,500 Metres		(b)		
Posn	Num Name	Club	Perf	
	CBP Shaun Collins	E&H	2014	3:57.31
1	87 Aaron Cooper	Herts Phoenix		4:18.16
2	105 Christopher Westcott (M40)	Stevenage & North H AC		4:20.40

Senior Men 60m Hurdles				
Posn	Num Name	Club	Perf	
	CBP Zak Saucedo	E&H	2009	8.48
1	41 Patrick Barrett	Enfield & Haringey AC		8.89

Senior Men 1k Walk		(a)		
Posn	Num Name	Club	Perf	
	CBP Arthur Thomson	E&H	2013	5:33.0
1	110 John Borgars (M65)	Herts Phoenix		6:27.1

Senior Men High Jump				
Posn	Num Name	Club	Perf	
	CBP Elijor Harris	SNH	2010	1.90
1	111 Elijor Harris	Stevenage & North H AC		1.95 CBP

Senior Men Long Jump		(a)		
Posn	Num Name	Club	Perf	
	CBP Elijor Harris	SNH	2010	5.97
1	130 Bradley Pike	Dacorum & Tring AC		5.50
2	62 Marc Phillips (M50)	St Albans Striders		3.63
3	61 Andrew Maher (M40)	St Albans Striders		3.32

Senior Men Triple Jump		(b)		
Posn	Num Name	Club	Perf	
	CBP Sam Poulton	SNH	2009	12.70
1	130 Bradley Pike	Dacorum & Tring AC		12.28

Senior Men Shot		(a)		
Posn	Num Name	Club	Perf	
	CBP Ray McKenna	Wat	2012	11.73
1	143 Alex Jovanovski	Enfield & Haringey AC		12.49 CBP
2	144 Michael Nicholls (F44)	Shaftesbury Barnet H		10.94
3	145 Michael Pope (F41)	St Albans AC		8.80

Senior Men Seated Shot				
Posn	Num Name	Club	Perf	
	CBP New event			
1	146 Nicholas Chiddle (F57)	Stevenage & North H AC		8.15 CBP

Senior Women 60 Metres		(b)		
Posn	Num Name	Club	Perf	
	CBP Philippa Lowe	D&T	2015	7.90
1	15 Andrea Harris (W40)	Watford Harriers		9.58

Senior Women 200 Metres		(a)		
CBP	Philippa Lowe	D&T	2013	25.90
Posn	Num Name	Club	Perf	
1	15 Andrea Harris (W40)	Watford Harriers	32.9	
Senior Women 400 Metres		(b)		
CBP	Deborah Willis	Notts	2015	56.20
Posn	Num Name	Club	Perf	
1	82 Lauren Rule	Stevenage & North H AC	58.31	
2	81 Martina Barber (T20)	Stevenage & North H AC	65.77	
Senior Women 800 Metres		(a)		
CBP	Jasmine Forde	SNH	2008	2:22.49
Posn	Num Name	Club	Perf	
1	49 Deborah Willis	Notts AC	2:16.98 CBP	
Senior Women 60m Hurdles		(a)		
CBP	Emily Stevens	E&H	2015	9.05
Posn	Num Name	Club	Perf	
1	49 Deborah Willis	Notts AC	9.53	
Senior Women Pole Vault		(a)		
CBP	Anne Rees	SNH	2013	3.65
Posn	Num Name	Club	Perf	
1	125 Shannon Rapacchi	Stevenage & North H AC	3.00	
2	126 Sue Yeomans (W60)	St Albans AC	2.80	
Senior Women Long Jump		(b)		
CBP	Abigail Holman	Har	2008	5.26
Posn	Num Name	Club	Perf	
1	135 Yasmin Lakin	Shaftesbury Barnet H	5.12	
2	81 Martina Barber (T20)	Stevenage & North H AC	4.79	
Senior Women Triple Jump		(a)		
CBP	Yasmin Lakin	SBH	2015	11.05
Posn	Num Name	Club	Perf	
1	135 Yasmin Lakin	Shaftesbury Barnet H	11.45	
2	139 Abigail Griffiths	Herts Phoenix	9.64	
Senior Women Shot		(b)		
CBP	Laura Jones	HPx	2008	10.30
Posn	Num Name	Club	Perf	
1	149 Katherine Doran	Watford Harriers	6.98	
2	150 Laura Feely	Stevenage & North H AC	6.37	

Details

1.25/o 1.30/o,1.35/o,1.40/o, 1.45/o, 1.50/xxx

2.00/xo, 2.10/o, 2.20/xo, 2.30/o, 2.40/xo, 2.50/xo, 2.60/o, 2.70/xxx

2.00/o, 2.10/o, 2.20/xo, 2.30/o, 2.40/xxo, 2.50/o, 2.60/xxx

1.50/xo, 1.70/o, 2.00/o, 2.10/o, 2.20/xxrt

Details

	4.91 nj		5.08	5.33
-	4.05	4.45	3.94	
4.27	4.42	4.37	nj	

Details

9.52	11.01	9.99	11.41
8.33	8.73	9.32	9.58
9.01	9.05	8.86	9.13

Details

1.30/o, 1.35/o, 1.40/o, 1.45/o, 1.50/o, 1.55/xxx

1.30/xo, 1.35/o, 1.40/o, 1.45/xxx

1.30/o, 1.35/xo, 1.40/xxx

1.20/o, 1.25/o, 1.30/o, 1.35/xxx

Details

1.10/xxo, 1.20/o, 1.30/o, 1.40/o, 1.50/xxo, 1.60/o, 1.70/o, 1.80/xxo, 1.90/xxrtd

Details

4.71 nj		4.64	4.76
4.64	4.58	4.70	4.75
4.49	4.25	4.30	4.30
3.37	3.97	4.27	4.18
3.96	4.14	4.25	4.24
3.75	3.98	3.51	3.47
3.62	3.44	3.35	3.38

Details

nj	8.60	8.57	8.59
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Details

nt	9.24	9.43	9.47
6.21	6.79	5.97	6.63
5.99	5.51	5.61	6.19

Details

1.70/o, 1.75/xo, 1.80/o, 1.86/xo, 1.90/xxo, 1.92/xxx

1.65/xo, 1.70/xxo, 1.75/xxo, 1.80/xxx

1.60/o, 1.65/xxo, 1.70/xxx

3.40/xxo, 3.50/xo, 3.60/xo, 3.70/xxx

3.20/o, 3.40/xo, 3.60/xxx

2.70/o, 2.80/xo, 2.90/o, 3.00/o, 3.10/xxx

Details

5.90	5.60	5.57	6.03
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5.64	5.75	nj	5.69
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5.15	nj	5.63	5.40
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4.93	5.01	5.21	5.11
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Details

nt	9.86	10.59	10.79
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8.43	9.41	9.41	10.15
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Details

1.50/o, 1.55/o, 1.60/o, 1.65/xxx

Details

2.20/o, 2.30/o, 2.40/xo, 2.50/o, 2.60/xxx

Details

	5.21	5.22	5.19	5.01
5.00		5.14	4.97	5.10
nj		4.60 nj		nj

Details

9.78	10.20	10.15	9.98
9.43	9.46	9.19	nj
9.18	9.31	8.87	9.33
9.12	8.82	8.85	9.12

Details

11.73	11.84	12.00	11.37
9.00	9.74	9.60	9.25
8.80	8.91	9.29	9.11

Details

1.70/o, 1.75/xo, 1.80/xxx

Details

4.40/xxx

Details

1.45/o, 1.50/o, 1.55/xo, 1.60/xxx

1.45/xxx

Details
2.80/xxx

Details			
4.94	5.10	5.00	4.64

Details			
nj	10.57	10.69	10.46

Details			
9.33	8.53	9.32	8.78
8.97	7.91 nt		8.75
nt	7.58	8.70	7.91
7.19	7.44	7.32	8.57

Details

1.75/o, 1.80/o, 1.85/xo, 1.90/o, 1.95/o, 2.00/xxx

Details

5.26	5.50	5.33	nj
3.61	3.63	2.81	3.10
3.02	nj	nj	3.32

Details

nj	nj	12.04	12.28
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Details

12.49	10.73	11.79	12.09	*****
10.94	10.94	10.56	10.20	6kg
nt	8.80 nt		nt	4kg

8.05	7.73	8.15	8.06
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Details

3.00/xo, 3.10/xxx

2.40/xo, 2.50/o, 2.60/xo, 2.70/o, 2.80/xxo, 2.90/xxx

Details

5.02	5.09	5.12	5.07
4.62	4.34	4.51	4.79

Details

nj	11.38 nj		11.45
nj	9.64	9.52	9.46

Details

6.88	6.98 nt		6.47
6.19	6.37	6.19	6.19