

Herts County Championships
Watford - 15 May 2016
Under 15 Girls

100 Metres

CBP Jodie Williams HPx 12.16 2008

Posn	Num	Name	Club	Perf
Heat 1				
1	36	Christa Hetherington	HPx	12.94 Q
2	38	Marli Jessop	D&T	13.25 Q
3	37	Madeline Hurley	SNH	13.72
4	44	Lucy Small	HPx	14.49
5	42	Abbie Poole	Wat	14.65
6	45	Shadia Thomas	Lut	14.85
Heat 2				
1	39	Tamyah Jones	Wat	13.17 Q
2	32	Dara Apoola	SBH	13.56 Q
3	43	Emily Rodriguez	SBH	13.91
4	35	Mollie Gumble	HAW	14.38
5	40	Gene Noel-Williams	Wat	14.90
Heat 3				
1	47	Lisa Marie Uzokwe	SNH	13.49 Q
2	34	Julianna Glinkowska	HPx	13.54 Q
3	48	Madeline Vincent	HAW	13.57 q
4	41	Esme O'Connell	D&T	13.70 q
5	31	Connie Andrews	SNH	14.14
6	33	Charlie Colling	Wat	15.90
Final				
1	36	Christa Hetherington	HPx	12.60
2	39	Tamyah Jones	Wat	12.91
3	38	Marli Jessop	D&T	13.13
4	41	Esme O'Connell	D&T	13.38
5	32	Dara Apoola	SBH	13.42
6	34	Julianna Glinkowska	HPx	13.49
7	47	Lisa Marie Uzokwe	SNH	13.50
8	48	Madeline Vincent	HAW	13.87

200 Metres

CBP Jodie Williams HPx 24.76 2008

Posn	Num	Name	Club	Perf
Heat 1				
		w/s -0.1		
1	64	Katie Liptrot	HAW	27.3 Q
2	61	Milly Gall	D&T	27.4 Q
3	67	Petra Sijuwade	SNH	27.6 q
4	37	Madeline Hurley	SNH	27.9 q
5	32	Dara Apoola	SBH	28.8 q
6	62	Susanna Haslam	SNH	29.9
7	45	Shadia Thomas	Lut	31.3
8	69	Beatrix Towers	StA	32.7
Heat 2				
1	70	Demi Tuinema	D&T	27.54
2	47	Lisa Marie Uzokwe	SNH	27.70
3	43	Emily Rodriguez	SBH	27.78
4	65	Fiona Mcardle	StA	29.17
5	68	Megan Sullivan	D&T	31.95
6	60	Christina Durbin	StA	32.11
7	33	Charlie Colling	Wat	36.06
Final				
		w/s 0.0		
1	70	Demi Tuinema	D&T	27.00
2	67	Petra Sijuwade	SNH	27.01
3	64	Katie Liptrot	HAW	27.06
4	61	Milly Gall	D&T	27.64
5	37	Madeline Hurley	SNH	27.72
6	47	Lisa Marie Uzokwe	SNH	27.73
7	43	Emily Rodriguez	SBH	28.80
8	32	Dara Apoola	SBH	29.52

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300 Metres

CBP Jessica Hurley SBH 42.45 2014

Posn	Num	Name	Club	Perf
Final				
1	67	Petra Sijuwade	SNH	43.13
2	154	Lauren Simpson	HPx	43.42

800 Metres

CBP Hayley Beard SNH 2:14.3 2000

Posn	Num	Name	Club	Perf
Heat 1				
1	163	Elizabeth Bentham	Lut	2.24.71 Q
2	180	Scarlett Kent	SBH	2.24.89 Q
3	230	Bluebell Cooke	SNH	2.25.47 q
4	88	Emily Alderson	Chil	2.31.56 q
5	110	Lily Boden	D&T	2.39.31
6	205	Emily Rayden	StA	2.40.51
7	69	Beatrix Towers	StA	2.52.35
Heat 2				
1	244	Lucy Taylor	SNH	2.26.96 Q
2	176	Sophia Dempsey	SBH	2.29.00 Q
3	177	Mia Groom	SBH	2.29.60 q
4	155	Freya Stapleton	HPx	2.30.40 q
5	112	Amy Cassidy	D&T	2.38.99
6	207	Sophie Robin	StA	2.40.38
7	60	Christina Durbin	StA	2.41.86
Final				
1	163	Elizabeth Bentham	Lut	2.20.72
2	176	Sophia Dempsey	SBH	2.24.29
3	180	Scarlett Kent	SBH	2.25.67
4	244	Lucy Taylor	SNH	2.25.68
5	230	Bluebell Cooke	SNH	2.28.03
6	177	Mia Groom	SBH	2.30.56
7	155	Freya Stapleton	HPx	2.30.65
8	88	Emily Alderson	Chil	2.30.90

75 Metres Hurdles

CBP Helen van Kempen HPx 11.33 2005

Posn	Num	Name	Club	Perf
Final				
1	36	Christa Hetherington	HPx	11.64
2	71	Amelia Woodnick	D&T	11.68
3	61	Milly Gall	D&T	12.06
4	38	Marli Jessop	D&T	12.70
5	80	Holly Taylor	SBH	12.97
6	44	Lucy Small	HPx	13.13
7	42	Abbie Poole	Wat	13.64
8	68	Megan Sullivan	D&T	14.81