

T.16
1.25pm

INTER U/17 GIRLS 100M
NS 12.30 EQS 12.60 CS 13.00
CBP 12.1 HUNTE (ENFIELD) 1975

NS ES

				Heats	Final
4	Erika	Gyimah-Yeboah	Kingsbury High	12.3	12.4
19	Amy	Hillier	Swakeleys	12.4	12.5
1	Chinwe	Iwunze	Friern Barnet	12.6	12.5
25A	Daniella	Lampe	Waldegrave	12.9	12.9
7	Lottie	Horton	Elthorne Park High	13.0	13.0
11	Mary-Anne	Omisore	Enfield County	12.7	13.1
13	Ganjahnah	Williams	Gladesmore	13.0	13.3
25	Charlotte	Wilson	Lady Eleanor Holles	13.0	13.5
18	Louisianne	Momavuli	Sacred Heart	13.1	
14	Renee	Orr	Gladesmore	13.8	
15	Shanay	Johnson	Gladesmore	13.8	
26	Millie	Beazley	Orleans Park	13.9	
3	Jessie	McMorrow	Wren	14.8	
16	Zoe	Ojbe	Nower Hill	15.1	

T.9
12.05pm

INTER U/17 GIRLS 200M
NS 25.20 EQS 26.00 CS 27.00
CBP 24.8 D SMITH (BRENT) 1990

				Heats	Final
10	Akaysha	Ellis	Enfield County	25.6	25.6
7	Hannah	Hall	Twyford	26.1	26.1
19	Celine	Clarke	Bishop Ramsey	26.8	27.0
8	Amber	Henry	Brentside High	27.5	27.1
16	Tamilore	Ogunyemi	NLCS	29.7	27.5
1	Sophia	Taglia	Wren	28.5	28.3
18	Bobbi	Lee	Sacred Heart	29.5	29.8
16A	Tiani	Johnson-Jackson	Rooks Heath	29.4	31.5
2	Funmi	Aluko	Copthall	30.7	
4A	Kya	Christensen	Claremont	33.8	
6	Emelyn	Fuka	Con of Jesus & Mary	34.2	
5	Jada	Hinds	Ark Academy	36.7	

T.11
12.30pm

INTER U/17 GIRLS 300M
NS 40.30 EQS 41.20 CS 44.80
CBP 41.57 N ALLIN (ENFIELD)

				Heats	Final
16	Princess	Fuller	Rooks Heath		47.4
13	Minna	Griffiths	Highgate		47.7
1	Naffi		Barnet		48.6
4	Diana	Dinkina	QPCS		49.9
15	Lauren	Ruffell	NPK		51.5
17	Morgan	Holder	Nower Hill		53.7
4A	Ibinabo	Ayika	Con of Jesus & Mary		57.6

T.5
11.10am

INTER U/17 GIRLS 800M
NS 2.13 EQS 2.16 CS 2.25

CBP 2.13.8 A WINTER (HILLINGDON) 1982

				Heats	Finals
1	Josephine	Chadwick	Compton		2.23.2
25	Anna	Uren	Orleans Park		2.30.2
19	Hollie	Acraman	Bishopshalt		2.33.1

T.25

3.30pm

INTER U/17 GIRLS 1500M

NS 4.39 EQS 4.45 CS 5.04

CBP 4.40.1 J BENNETT (HARROW) 1981

				Heats	Final
19	Grace	Hooper	Bishops Ramsay		5.13.4
1	Kayla	Michel	MHCHS		5.22.7
16	Abbie	Saunders	Nower Hill		6.30.5
4	Asha	Patel	Claremont		6.40.1
6	Ioana	Flore	Preston Manor		6.59.7

T.27b

3.50pm

INTER U/17 GIRLS 3000M

NS 10.10 EQS 10.22 CS 10.50

CBP 9.37.5 K MCCAULEY (HOUNSLOW) 1994

				Heats	Finals
13	Angel	Grimes MacTavis	Alexandra Park		11.11.3
16	Jessica	Leane	Sacred Heart		11.43.8

T.18

1.50pm

INTER U/17 GIRLS 1500M S/CHASE

NS 5.15 EQS 5.25 CS 5.50

				Heats	Finals
7	Nicola	Ravenhill	Elthorne Park High		5.24.5
16	Rachael	Haddow	Sacred Heart		6.02.8

T.20

2.40pm

INTER U/17 GIRLS 80M HURDLES

NS 11.70 EQS 12.00 CS 13.00

CBP 11.5 S TURPIN (ENFIELD) 1968

				Heats	Final
4	Brittany-Anne	Wigan	St Greg's		12.3
1	Tilly	Sutherland-Young	QE Girls		12.3
19	Isabel	Windsor	St Helen's		12.5
25	Rhianon	O'Connor	Orleans Park		13.1

T.2

10.30am

INTER U/17 GIRLS 300M HURDLES

NS 45.0 EQS 46.6 CS 50.0

CBP 46.2 T DUNCAN (ENFIELD) 1995

				Heats	Final
1	Rachel	Carter	St.James		48.0
7	Laura	Stewart	Elthorne Park High		48.6

F.15

2.30pm

INTER U/17 GIRLS LONG JUMP

NS 5.50 EQS 5.25 CS 4.80

CBP 5.93 J DEAR (HILLINGDON) 1991

10	Amelia	McDonald	Highlands		5.38
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20	Oluwadamilola	Omojola	Bishopshalt		4.51
16	Simone	Jones	Sacred Heart		4.27
4A	Raynesha	Meikle	Ark Academy		3.45
5	Erika	Terziyska	Kingsbury High		3.21

F.14
2.30pm

INTER U/17 GIRLS TRIPLE JUMP

NS 11.20 EQS 10.90 CS 10.00

CBP 11.36 M Mazza (Enfield) 2015

25	Rhianna	Reynolds	Grey Court		10.88
19	Ambra	Beason	Vyners		10.10
10	Jade	Isjola	Enfield County		9.80
7	Caroline	Morris	Ellen Wilkinson		9.43

F.16
2.30pm

INTER U/17 GIRLS HIGH JUMP

NS 1.68 EQS 1.62 CS 1.52

CBP 1.75 D WILKINSON (ENFIELD) 1980

16	Emma	Nwuwalor	Sacred Heart		1.50
17	Tilly	Mattich	NLCS		1.40
4	Jai	Scantlebury-Harris	Capital City Academy		1.35
5	Tricia	Edokpolar	Claremont		1.20

F.2c
10.00am

INTER U/17 GIRLS POLE VAULT

NS 3.40 EQS 3.10 CS 2.35

CBP 2.20 K HATCHETT (ENFIELD) 2013

No Competitors

F.24
3.30pm

INTER U/17 GIRLS SHOT

NS 12.50 EQS 11.00 CS 10.00

CBP 11.57 Y FERGUSON (HILLINGDON) 2014

19	Hannah	Riley	St Helen's		10.70
11	Anna-Maria	Boahene	St Anne's		9.89
16	Hannah	Buluwela	NLCS		9.09
17	Aliza	Cockar	Nower Hill		8.93
5	Ibinabo	Ayika	Con of Jesus & Mary		8.10
4A	Shante	Malcolm-Henry	Capital City Academy		7.57
1	Sharon	Rose-Esuola	MHCHS		7.33

F.23
3.30pm

INTER U/17 GIRLS DISCUS

NS 36.00 EQS 33.00 CS 27.00

CBP 37.06 D CRAWLEY (HILLINGDON) 1981

16	Denisa	Mihalcea	Park High		36.34
17	Sonali	Patel	NLCS		20.56
4A	Gracie	Talwar	Claremont		15.91

F.19

INTER U/17 GIRLS JAVELIN

3.00pm

NS 40.00 EQS 37.00 CS 33.00
CBP 42.02 M WORSFOLD (ENFIELD) 1981

13	Mariam	Matovu	Heartlands		33.49
1	Klaudia	Debreczani	Whitefield		32.15
25	Charlotte	Willis-sloanes	Grey Court		28.26
16	Saphyre	Coleman	Rooks Heath		25.72
20	Chidera	Iwunamadi	Bishop Ramsey		22.41
5	Heeral	Shaw	Claremont		21.45

F.1c

10.00am

INTER U/17 GIRLS HAMMER
NS 52.00 EQS 45.00 CS 36.00
CBP 45.25 E CHANDLER (HILLINGDON) 2014

7	Zoya	Styles	Acton High		35.76
1	Louisa	Pitsialis	Whitefield		34.68
22	Rachel	Harvey	St Marks		32.37
4	Alannah	McGrath	St Gregs		28.97