

SEAA U20/Senior Championships
Lee Valley - 11/12 June 2016
Senior Women

Senior Women High Jump (b)

Posn	Num	Name	Club	Perf	Details		
CBP 1 Debbi Marti				1.91			
Bromley Ladies AC							
Final					1.55	1.60	1.65
1	259	Philippa Rogan	Thames Valley Harriers	1.75	o	o	
2	260	Bethan Siddons	Havering AC	1.60	xo	xxx	
=3	258	Deborah Martin	Ashford AC	1.55	xo	xxx	
=3	257	Annabelle Bates	Thames Valley Harriers	1.55	xo	xxx	

Senior Women Pole Vault (a)

Posn	Num	Name	Club	Perf	Details		
CBP 2 Louise Butterworth				4.00			
Birchfield Harriers							
Final					2.90	3.05	3.20
1	266	Jade Ive	Sutton & District AC	3.80			
2	263	Silvia Amabilino	Oxford University AC	3.40	o	o	
3	267	Caroline Parkinson	Wycombe Phoenix Harriers & AC	3.40		xxo	
4	268	Shannon Rapacchi	Stevenage & North Herts AC	3.05	xo	o	xxx
	265	Rachel Gibbens	Marshall Milton Keynes AC	NM			

Senior Women Long Jump (b)

Posn	Num	Name	Club	Perf	Details		
CBP 1 Mary Berkeley				6.63			
Croydon Harriers							
Final							
1	274	Stephanie Kleynhans	London Heathside AC	5.67	5.49/1.0	5.66/1.4	5.46/1.2
2	273	Abigail Holman	Harrow AC	5.27	5.09/1.2	x	5.11/1.1
3	202	Martina Barber	Stevenage & North Herts AC	4.92	4.56/1.0	4.81/0.9	4.74/0.8
4	272	Sara Henderson	Newbury AC	4.75	4.66/0.9	x	4.65/1.5

Senior Women Triple Jump (a)

Posn	Num	Name	Club	Perf	Details		
CBP 1 Michelle Griffith				14.04			
Windsor S E & Hounslow							
Final							
1	280	Lia Stephenson	Thames Valley Harriers	12.27	x	x	x
2	277	Shanara Hibbert	Luton AC	12.05	x	x	x
3	278	Victoria Oshunremi	Basildon AC	11.57	x	x	11.57/+1.0
4	276	Chanel Hemmings	Woodford Green w Essex L	11.53	x	11.24/0.0	x
5	309	Kamela Monks	St Mary's Richmond	11.50	x	11.50/+1.3	x
6	275	Georgia Green	Enfield & Haringey AC	11.38	x	x	x
7	269	Kerr Davidson	Blackheath & Bromley Harriers	11.15	x	x	11.02/1.0

Senior Women Shot (b)

Posn	Num	Name	Club	Perf	Details		
CBP 1 Myrtle Augee				18.43			
Bromley Ladies AC							
Final							
1	281	Sophie McKinna	Great Yarmouth & Dist AC	16.61	15.84	x	16.61
2	282	Danielle Opara	Thames Valley Harriers	14.26	13.50	x	13.25
3	283	Lucy Underdown	Shaftesbury Barnet Harriers	13.28	13.28	12.41	12.96

Senior Women Discus (b)

Posn	Num	Name	Club	Perf	Details		
CBP 2 Shelley Newman				60.46			
Belgrave Harriers							
Final							
1	289	Amy Holder	Windsor S E & Hounslow AC	51.34	50.94	50.35	51.34
2	290	Anna Niedbala	Oxford University AC	44.39	44.39	x	x
3	283	Lucy Underdown	Shaftesbury Barnet Harriers	43.50	41.47	x	43.50
4	287	Rachel Forder	Havering AC	43.35	x	x	42.11

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5	292	Georgie Taylor	Havering AC	42.66	x		41.30	39.94
6	291	Hollie Redman	Woodford Green w Essex L	41.04		41.04	39.62	38.33
7	288	Sarah Hewitt	Brighton & Hove AC	38.33	x		37.70	37.13

Senior Women Hammer (a)

CBP 2 Shaunagh Brown

Blackheath & Bromley Harriers

60.06

Posn Num Name

Club

Perf

Details

Final

1	296	Louisa James	Hastings AC	59.73		56.10	58.08	59.73
2	298	Pippa Wingate	Kingston AC & Poly Harriers	57.97		53.63	55.07	x
3	297	Kayleigh Presswell	Marshall Milton Keynes AC	57.09	x		53.74	56.55
4	135	Rebecca Keating	Shaftesbury Barnet Harriers	54.85	X		50.60	51.77
5	294	Helen Broadbridge	Newbury AC	51.39		47.49	48.38	x
6	295	Laeken Impey	Marshall Milton Keynes AC	46.63		42.02	45.54	46.63
7	293	Emma Beardmore	Marshall Milton Keynes AC	46.18		44.01	43.61	44.50

Senior Women Javelin (a)

CBP 2 Kirsty Morrison

Shaftesbury Barnet Harriers

55.74

Posn Num Name

Club

Perf

Details

Final

1	304	Eloise Meakins	Herts Phoenix AC	47.37		46.06	47.19	x
2	305	Rosie Sementysh	Sale Harriers	46.51		42.41	42.18	43.94
3	284	Laura Britane	Thames Valley Harriers	45.45		41.72	45.45	x
4	303	Louise Lacy	Havering AC	42.71		41.46	42.23	42,25
5	302	Caroline Garratt	Worthing & District Harriers	35.23		35.23	33.24	32.57

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	1.70	1.75	1.81
xO	xxO	xxx	

	3.30	3.40	3.50	3.60	3.80	4.01
O	O	xxx	xO	O	xxx	
O	xO	xxx				
					xxx	

5.38/1.0	5.67+1.1	5.52/1.2
x	5.19/1.9	5.27/+0.8
4.65/1.7	4.55/1.3	4.92/+1.5
4.58/1.5	4.72/1.5	4.75/+1.9

11.86/2.6	11.87/2.0	12.27/+1.6
x	12.05/+3.7	x
11.14/2.7	11.46/2.3	x
x	11.53/-0.8	x
11.25/2.3	–	x
11.30/2.3	x	11.38/+1.2
11.15/+2.7	x	–

16.53	16.08	x
14.12	x	14.26
13.09	12.39	12.91

x	x	49.61
41.52	35.92	43.61
39.96	40.77	43.29
42.70	43.35	42.70

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	42.66	41.38	42.34
x		40.67	40.44
	38.33	35.31 x	

	57.35	55.32 x	
	57.97 x		x
x	x		57.09
x		51.34	54.85
	51.39	49.78 x	
	44.69	45.25 x	
x		46.18	42.11

	47.37 x		45.44
x		43.00	46.51
x		37.51 x	
	42.22	39.93	42.71
x		34.98 x	