

**EASTERN YOUNG ATHLETES LEAGUE UNDER 13 BOYS****Watford****5th June 2016**

100m A string		W/S=	.	100m B string		W/S=	.
Alex Ayale	Bedford & C		13.4	D J Abinye	Bedford & C		13.8
Arnold Dikeochai	Barnet/SBH		13.4	Olamide Odupitan	Braintree		14.3
George Gutteridge	Chelmsford		13.9	James Luxton	Chelmsford		14.4
Freddie Westcott-Price	Basildon		14.2	Koluvuma Kanyoko	Barnet/SBH		14.4
Aviral Jain	Watford H		14.4	Freddie Ashley	Basildon		15.5
Reuben Hedman	Braintree		14.5	Aviral Jain	Watford H		15.5

200m A string		W/S=	.	200m B string		W/S=	.
Samuel Shippey	Colchester & T		27.0	D J Abinye	Bedford & C		28.7
Arnold Dikeochai	Barnet/SBH		28.1	Demilade Fajobi	Chelmsford		29.0
Alex Ayale	Bedford & C		28.2	Ben Hocking	Barnet/SBH		29.5
James Luxton	Chelmsford		29.7	Samuel Lemnell	Colchester & T		31.0
Frank Hartney	Watford H		30.3	Thomas Hobbs	Watford H		33.6
Daniel Ouchell	Basildon		30.7	Simon Hill	Basildon		37.7

800m A String				800m B String			
Samuel Shippey	Colchester & T	2:17.7		Alex Alston	Bedford & C	2:30.4	
Gilad Nachshen	Barnet/SBH	2:20.4		Kieron Lee	Barnet/SBH	2:38.8	
Oduka Fentelman	Bedford & C	2:28.0		Freddy Taiani	Basildon	2:47.2	
Freddy Taiani	Basildon	2:29.9		Sachin Kaushal	Watford H	2:52.2	
Onyekachukwu Okoh	Chelmsford	2:31.8		Toby Smith	Colchester & T	3:01.9	
Jack Denham	Watford H	2:54.3					

1500m A String				1500m B String			
Dylan Michel	Barnet/SBH	4:55.4		Samuel Greenstein	Barnet/SBH	4:56.0	
Jamie Vinnecombe	Bedford & C	5:02.6		Max Hanford	Bedford & C	5:04.2	
Thomas Woodward	Chelmsford	5:19.5		Jake Bewley	Chelmsford	5:43.9	
Thomas Hobbs	Watford H	5:26.7					
Joshua Smith	Basildon	5:36.5					

75m Hurdles A String		W/S=	.	75m Hurdles B String		W/S=	.
Jerome Kuma	Chelmsford		13.4	Onyekachukwu Okoh	Chelmsford		14.1
Reuben Hedman	Braintree		15.4	Nathan Lichfield	Bedford & C		14.5
Alex Alston	Bedford & C		15.4				
Luke Russell	Watford H		16.9				

4 x 100 relay			
Chelmsford	Chelmsford		55.6
Bedford & C	Bedford & C		57.5
Barnet/SBH	Barnet/SBH		58.2
Basildon	Basildon		62.7

Highjump A String			Highjump B String		
Lewis Greenway	Bedford & C	1.25	Alex Alston	Bedford & C	1.20
Onyekachukwu Okoh	Chelmsford	1.25	George Gutteridge	Chelmsford	1.10
Freddie Ashley	Basildon	1.10	Toby Harvey	Basildon	1.05
.	.	.	.	.	.
.	.	.	.	.	.
.	.	.	.	.	.
.	.	.	.	.	.
Longjump A String			Longjump B String		
Oduka Fentelman	Bedford & C	4.42	Arthur Day	Chelmsford	4.22
Jerome Kuma	Chelmsford	4.23	Spencer Taylor	Bedford & C	4.21
Toby Harvey	Basildon	3.82	Olamide Odupitan	Braintree	3.20
Reuben Hedman	Braintree	3.77	Freddy Taiani	Basildon	3.19
Samuel Lemnell	Colcester & T	3.67	Thomas Hobbs	Watford H	3.14
Matthew Igbineweka	Watford H	3.52	.	.	.
Chris Lewis Holgate	Barnet/SBH	3.51	.	.	.
Shot A String			Shot B String		
Alex Ayale	Bedford & C	7.76	DJ Abinye	Bedford & C	6.74
Ben Hocking	Barnet/SBH	7.56	Thomas McKenna	Watford H	5.38
Nathan Hall	Chelmsford	7.06	thomas Woodward	Chelmsford	4.72
Joe Buck	Watford H	6.46	.	.	.
.	Basildon	4.01	.	.	.
.	.	.	.	.	.
.	.	.	.	.	.
Discus A String			Discus B String		
Ciaron Kilbane	Watford H	19.62	Thomas McKenna	Watford H	15.93
Nathan Lichfield	Bedford & C	18.11	Jake Bewley	Chelmsford	14.27
Arthur Day	Chelmsford	16.01	Simon Hill	Basildon	11.31
Freddie Westcott-Price	Basildon	12.71	Max Hanford	Bedford & C	11.15
.	.	.	.	.	.
.	.	.	.	.	.
.	.	.	.	.	.
Javelin A String			Javelin B String		
Ben Hocking	Barnet/SBH	33.58	Nathan Lichfield	Bedford & C	24.16
Oduka Fentelman	Bedford & C	25.89	Nathan Hall	Chelmsford	17.05
Ciaron Kilbane	Watford H	25.05	Simon Hill	Basildon	15.25
Jerome Kuma	Chelmsford	24.40	Joe Buck	Watford H	13.97
Ellis Wright	Basildon	18.25	.	.	.
Samuel Lemnell	Colcester & T	17.24	.	.	.
.	.	.	.	.	.