

**EASTERN YOUNG ATHLETES LEAGUE UNDER 15 GIRLS****Watford****5th June 2016**

100m A string		W/S=	.	100m B string		W/S=	.
Iona Newbegin	Bedford & C		13.0	Tia Blackman	Bedford & C		13.2
Latifah Harris-Osman	Barnet/SBH		13.1	Dara Apoola	Barnet/SBH		13.4
Maxine Williams	Chelmsford		13.4	Jessica Welsh	Basildon		13.5
Kira Wealls	Colchester & T		13.5	Mia Patterson	Colchester & T		13.6
Zara Lever	Basildon		13.8	Louise Barlos	Watford H		13.8
Sky Fay	Braintree		13.8	Hanna Smith	Braintree		14.2
Christine Nicholas	Watford H		14.0	Ella Thomas	Chelmsford		14.2

200m A string		W/S=	.	200m B string		W/S=	.
Uche Okafor	Chelmsford		26.5	Maxine Williams	Chelmsford		27.6
Iona Newbegin	Bedford & C		27.2	Tia Blackman	Bedford & C		27.6
India Perry	Basildon		28.2	Kate Sheppard	Braintree		28.2
Emily Rodriguez	Barnet/SBH		28.6	Lottie Hinson	Basildon		28.9
Mia Patterson	Colchester & T		29.0	Latifah Harris-Osman	Barnet/SBH		29.0
Sky Fay	Braintree		29.8	Ella Graygr	Colchester & T		29.0
Lauryn Holder	Watford H		30.4	Amy Kissane	Watford H		29.5

300m A String				300m B String			
Ndidikama Okoh	Chelmsford		44.4	Hannah Smith	Chelmsford		45.9
Lottie Hinson	Basildon		44.8	Robyn Alderman	Basildon		46.3
Scarlett Kent	Barnet/SBH		45.7	Isobel Parker B&D	Barnet/SBH		46.8
Halle Nobles	Bedford & C		46.1	Jennifer Palmer	Colchester & T		48.5
Ebba Paterson	Colchester & T		46.7	Christie Nicholas	Watford H		49.8
Amy Kissane	Watford H		47.0	Darcy Button	Bedford & C		50.9
Kiera Hornsby	Braintree		47.9				.

800m A String				800m B String			
Ndidikama Okoh	Chelmsford		2:20.3	Larissa Giles	Barnet/SBH		2:30.0
Kiera Hornsby	Braintree		2:32.9	Hannah Smith	Chelmsford		2:31.4
Ebba Paterson	Colchester & T		2:35.2	Emma Gadsdon	Colchester & T		2:47.8
Lucy-Mae Shepherd	Bedford & C		2:37.5	Summer Thorpe	Basildon		2:48.6
Erin Lee	Basildon		2:39.3	Lily Guy	Watford H		2:50.1
Scarlett Kent	Barnet/SBH		2:39.8	Paige Woodward	Braintree		2:51.7
Elsa Lindlehof	Watford H		2:55.0	Lucy Dixon	Bedford & C		3:12.1

1500m A String				1500m B String			
Georgia Tombs	Chelmsford		5:04.4	Mia Groom	Barnet/SBH		5:11.4
Grace Burrell	Basildon		5:09.5	Keirra Scott	Basildon		5:38.3
Sophia Dempsey	Barnet/SBH		5:09.9	Tia Cocca	Chelmsford		5:51.6
Holly Hodgskinson	Bedford & C		5:10.7	Emma Salter	Watford H		5:57.6
Gracie Ingles	Watford H		5:11.4	Sakia Bakhcha	Bedford & C		6:19.0
Saffron Rose	Colchester & T		5:40.2				.
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75m Hurdles A String		W/S=	.	75m Hurdles B String		W/S=	.
Kiera Bainsfair	Basildon		11.8	Kara Onuiri	Barnet/SBH		12.3
Amelia Day	Chelmsford		12.3	Hannah Bardo	Chelmsford		12.8
Hanna Smith	Braintree		12.6	Kate Sheppard	Braintree		13.1
Cristina Potter	Barnet/SBH		12.6	Abbie Poole	Watford H		13.1
Lauryn Holder	Watford H		12.7	Rheanna Poore	Basildon		14.2
Alex Arnold	Bedford & C		13.1	Darcy Button	Bedford & C		14.7
Bethany Smith	Colchester & T		13.7	Freya Richardson	Colchester & T		16.5

4 x 100 relay			
Bedford & C			52.3
Chelmsford	Chelmsford		53.4
Basildon	Basildon		53.8
Barnet/SBH	Barnet/SBH		54.2
Braintree	Braintree		54.4
Colchester & T	Colchester & T		54.9
Watford H	Watford H		55.8

Polevault A String					
Holly Nichols	Bedford & C	2.40	.	.	.
Highjump A String					
Ndidikama Okoh	Chelmsford	1.55	Highjump B String		
Kiera Bainsfair	Basildon	1.55	Uche Okafor	Chelmsford	1.55
Kara Onuiru	Barnet/SBH	1.45	Lara Ellis	Watford H	1.35
Lauryn Holder	Watford H	1.45	Jessica Krise	Basildon	1.20
Emma Gadsdon	Colchester & T	1.40	Louann Lamy	Barnet/SBH	1.20
Kate Sheppard	Braintree	1.30	Olivia Page	Colchester & T	1.20
Carly Thompson	Bedford & C	1.25	Darcy Button	Bedford & C	1.20
Longjump A String					
Hannah Bardo	Chelmsford	4.98	Longjump B String		
Zara Lever	Basildon	4.61	Amber DuVerney	Barnet/SBH	4.19
Hanna Smith	Braintree	4.54	Chloe Hockney	Chelmsford	4.11
Shanae Wright	Bedford & C	4.35	Halle Nobles	Bedford & C	4.11
Holly Taylor	Barnet/SBH	4.34	Anna Wardell	Basildon	4.02
Jennifer Godden	Colchester & T	4.28	Skye Goodman	Colchester & T	3.97
Abbie Poole	Watford H	4.23	Vinita Patel	Watford H	3.95
Shot A String					
Kim English	Chelmsford	9.76	Shot B String		
Kenyeh Soyey	Bedford & C	8.68	Charlie Chums	Bedford & C	8.09
Caitlin Williams	Watford H	7.44	Holly Taylor	Barnet/SBH	7.28
Cristina Potter	Barnet/SBH	7.35	Hannah Doherry	Chelmsford	6.49
Lottie Weston	Basildon	7.33	Zoe Rixon	Basildon	6.47
Freya Richardson	Colchester & T	7.30	Freya Richardson	Colchester & T	5.77
Josephine Larkins	Braintree	5.49	Charlie Colling	Watford H	5.28
Discus A String					
Ella Lewis	Basildon	21.90	Discus B String		
Caitlin Williams	Watford H	21.53	Erin Lee	Basildon	17.67
Kim English	Chelmsford	20.72	Cliona Blackwell	Bedford & C	16.58
Kenyeh Soyey	Bedford & C	19.35	Hannah Doherry	Chelmsford	16.12
Hermione Baldwin	Colchester & T	17.37	Hermione Baldwin	Colchester & T	13.37
Josephine Larkins	Braintree	13.54	Amber DuVerney	Barnet/SBH	9.21
Evelyn Barter	Barnet/SBH	11.27			
Hammer A String					
Cliona Blackwell	Bedford & C	25.25			
Josephine Larkins	Braintree	23.89			
Kim English	Chelmsford	23.39			
Summer Thorpe	Basildon	12.88			
Emily Murphy	Barnet/SBH	12.69			
Charlie Colling	Watford H	9.70			
Javelin A String					
Cristina Potter	Barnet/SBH	27.66	Javelin B String		
Holly Smith	Bedford & C	26.52	Cliona Blackwell	Bedford & C	23.59
Grace Hinman	Basildon	25.67	Ella Lewis	Basildon	21.52
Scarlett Royale	Watford H	21.63	Nadia Potter	Barnet/SBH	16.89
Kiera Hornsby	Braintree	21.56	Lily Parris	Chelmsford	13.45
Hannah Bardo	Chelmsford	18.79	Hazel Ramogi	Colchester & T	10.17
Jenni Fergodden	Colchester & T	11.07	Anna Findlay	Watford H	10.15