

# EASTERN YOUNG ATHLETES LEAGUE UNDER 17 MEN

## Watford

5th June 2016

100m A string		W/S=	.	100m B string		W/S=	.
Sam Bennett	Basildon		11.5	Tom Starling	Basildon		11.6
Shinawat Jaidee	Barnet/SBH		11.8	Morgan Morano	Barnet/SBH		12.1
Owen Fookes	Colcester & T		12.0	David Fawola	Watford H		12.3
Joe Ainsworth	Watford H		12.2	Matt Simpson	Bedford & C		12.3
Arnold Ferridge	Braintree		13.3				.
			.				.
			.				.
200m A string		W/S=	.	200m B string		W/S=	.
Nathan Cox	Bedford & C		23.3	Josh Fulton	Bedford & C		23.9
Tom Starling	Basildon		23.5	Chris Osei	Watford H		24.0
Josh Kumar	Barnet/SBH		24.1	Owen Chesney	Basildon		24.4
Joe Ainsworth	Watford H		24.9	Ch'in Jadiee	Barnet/SBH		25.5
			.				.
			.				.
			.				.
400m A String				400m B String			
Owen Fookes	Colcester & T		52.0	Henry Fultn	Barnet/SBH		55.7
Lewis Smith	Bedford & C		53.1	Tyler Pearl	Bedford & C		58.0
Harrison Chapman	Basildon		53.7				.
Ayo Alukoton	Barnet/SBH		55.5				.
			.				.
			.				.
			.				.
800m A String				800m B String			
Benjamin Miller	Colcester & T		2:05.9	Josh Rogers	Bedford & C		2:09.5
Richard Laursen	Bedford & C		2:06.5	Reece Scott	Basildon		2:23.0
Callum Lloyd	Chelmsford		2:06.5	Alex Harris	Watford H		2:35.5
Mitchel Cox	Basildon		2:08.1				.
Daniel Greenstein	Barnet/SBH		2:15.9				.
Cameron Clark	Watford H		2:21.2				.
			.				.
			.				.
1500m A String				1500m B String			
Jamie Harper	Barnet/SBH		4:21.9	Cameron Gillies	Bedford & C		4:36.3
Ollie Dais	Bedford & C		4:33.1	Daniel Greenstein	Barnet/SBH		4:53.5
Jack Broadbent	Basildon		4:36.3	George applewhite	Basildon		5:02.0
Freddy Richardson	Colcester & T		4:45.3				.
Adithya Nandakumar	Watford H		4:53.5				.
			.				.
			.				.
100m Hurdles A String		W/S=	.	100m Hurdles B String		W/S=	.
Joshua Pratt	Basildon		14.6	Joshua Pratt	Basildon		15.4
Jacob Smith	Bedford & C		16.2	Alex Dikeocha	Barnet/SBH		19.5
James Davis	Barnet/SBH		16.4				.
			.				.
			.				.
			.				.
			.				.
4 x 100 relay							
Basildon	Basildon		46.4				
Barnet/SBH	Barnet/SBH		46.9				
Bedford & C	Bedford & C		47.0				
			.				
			.				
			.				
			.				

Polevault A String					
Frannie Johnson	Bedford & C	4.5			.
Callum Woodage	Watford H	3.7			.
James Davis	Barnet/SBH	2.3			.
		.			.
Highjump A String			Highjump B String		
Harrison Greenway	Bedford & C	1.75	Finlay Castledine	Bedford & C	1.75
Callum Lloyd	Chelmsford	1.7	Jamie Harper	Barnet/SBH	1.65
William Levi	Barnet/SBH	1.65			.
Scott Buck	Watford H	1.55			.
Sam Bennett	Basildon	1.55			.
Arnold Ferridge	Braintree	1.45			.
		.			.
		.			.
		.			.
Longjump A String			Longjump B String		
Joshua Pratt	Basildon	6.07	Joshua Pratt	Basildon	5.39
Abbass Adejonwo	Barnet/SBH	5.56	Odera Umeugoji	Barnet/SBH	5
Fraelius Mienambulu	Bedford & C	5.21	Joel Anemone	Bedford & C	4.01
Arnold Ferridge	Braintree	4.86			.
		.			.
		.			.
		.			.
Triplejump A String			Triplejump B String		
Abbass Adejonwo	Barnet/SBH	12.84	Odera Umeugoji	Barnet/SBH	11.23
Clement Williams	Basildon	11.25			.
.	Chelmsford	10.64			.
.	Bedford & C	10.45			.
Freddy Richardson	Colchester & T	8.03			.
		.			.
		.			.
Shot A String			Shot B String		
Oliver Hocking	Barnet/SBH	10.54	Ayo Alukoton	Barnet/SBH	8.26
Christopher Hastings	Basildon	9.65	Josh Fulton	Bedford & C	7.75
Samuel Larkins	Braintree	8.77			.
Josh Rogers	Bedford & C	8.41			.
		.			.
		.			.
		.			.
Discus A String			Discus B String		
Oliver Hocking	Barnet/SBH	33.41	James Davis	Barnet/SBH	26.19
Samuel Larkins	Braintree	23.45			.
Frankie Johnson	Bedford & C	13.75			.
		.			.
		.			.
		.			.
		.			.
Hammer A String			Javelin B String		
Samuel Larkins	Braintree	32.58	Josh Davis	Bedford & C	30.1
Michael miller	Barnet/SBH	31			.
Richard Laursen	Bedford & C	16.32			.
		.			.
Javelin A String			Javelin B String		
Michael miller	Barnet/SBH	49.85	Josh Davis	Bedford & C	30.1
Mitchel Cox	Basildon	42.5			.
Josh Rogers	Bedford & C	36.21			.
Sam Denham	Watford H	28.67			.
		.			.
		.			.
		.			.