

EASTERN YOUNG ATHLETES LEAGUE UNDER 13 BOYS

Stevenage

04/09/16

100m A string		W/S=	-0.9	100m B string		W/S=	-0.1
WILLIAM KONG	Nene Valley Harrier		12.73	Alex Pickard	Stevenage		13.77
Omari Duporte-Clarke	Ipswich		13.12	Brandon Carter	Ipswich		13.90
Alex Ayale	Bedford		13.41	Daragh Thomas	Havering		14.14
Ejiro Akpotor	Havering		13.45	D J Abinye	Bedford		14.25
Ikenna Nwosu	Stevenage		13.57	KOLUVUMA KANYAKO	Barnet Shaftsbury		14.37
ARNOLD DIKEOCHA	Barnet Shaftsbury		13.83	DYLAN TOMASELLI	Nene Valley Harrier		15.04

200m A string		W/S=	-1.2	200m B string		W/S=	0.1
WILLIAM KONG	Nene Valley Harrier		26.82	GILAD NACHSHEN	Barnet Shaftsbury		27.51
Jack Fayers	Ipswich		27.11	Alex Pickard	Stevenage		28.72
Alex Ayale	Bedford		27.52	D J Abinye	Bedford		29.27
ARNOLD DIKEOCHA	Barnet Shaftsbury		28.10	Ashton Thatcher-Gray	Havering		29.28
Ikenna Nwosu	Stevenage		28.34	William Bowker	Ipswich		30.96
Daragh Thomas	Havering		45.10	DYLAN TOMASELLI	Nene Valley Harrier		33.22

800m A String				800m B String			
GILAD NACHSHEN	Barnet Shaftsbury		2:19.77	SAMUEL GREENSTEIN	Barnet Shaftsbury		2:32.25
Matthew Blacklock	Havering		2:25.72	Charlie Turner	Ipswich		2:33.62
Alex Alston	Bedford		2:26.39	Jacob Blanc	Havering		2:34.75
Frederick Adams	Ipswich		2:33.38	Jamie Vinnicomb	Bedford		2:37.28
Freddie House	Nene Valley Harrier		2:45.96	Joe Garner	Nene Valley Harrier		2:43.92
Theo Thompson	Stevenage		2:55.37	George Adams	Stevenage		2:51.01

1500m A String				1500m B String			
LUCA STUBBS	Barnet Shaftsbury		4:49.46	DYLAN MICHEL	Barnet Shaftsbury		5:06.12
SAM OAKLEY	Nene Valley Harrier		4:51.67	Max Hanford	Bedford		5:07.50
Chris Brodie	Bedford		5:04.15	Max Ashmore	Ipswich		5:20.71
Joe Gallego	Stevenage		5:06.91	Oliver Yexley	Havering		5:32.01
Alex Ford	Havering		5:07.02	Dylan Tomaselli	Nene Valley Harrier		6:06.64
George Wharam	Ipswich		5:10.69	Joe Adams	Stevenage		6:06.73

75m Hurdles A String		W/S=	-1.0	75m Hurdles B String		W/S=	-0.6
Bradley James	Havering		13.37	Jacob Blanc	Havering		13.46
Nathan Lichfield	Bedford		15.08	Spencer Taylor	Bedford		13.90
Tom Frohn	Ipswich		16.15	Tom Turner	Ipswich		15.92
JAMES HOFMANN	Barnet Shaftsbury		16.38	LUCA STUBBS	Barnet Shaftsbury		16.00
Jacob	Stevenage		16.89	Gregor Smith	Stevenage		16.99

4 x 100 relay			
Bedford	Bedford		55.81
Barnet Shaftsbury	Barnet Shaftsbury		56.22
Nene Valley Harriers	Nene Valley Harrier		57.27
Havering	Havering		58.37
Stevenage	Stevenage		58.61

Highjump A String

JAMES HOFMANN	Barnet Shaftsbury	1.30
Jacob Blanc	Havering	1.30
Oduka Fentelman	Bedford	1.30
Tom Turner	Ipswich	1.25
Theo Thompson	Stevenage	1.20

Highjump B String

Alex Alston	Bedford	1.25
LUCA STUBBS	Barnet Shaftsbury	1.20
Frederick Adams	Ipswich	1.20
George Adams	Stevenage	1.10
Daragh Thomas	Havering	1.05

Longjump A String

Jack Fayers	Ipswich	5.10
William Kong	Nene Valley Harrier	4.68
Ashton Thatcher-Gray	Havering	4.62
Spencer Taylor	Bedford	4.41
Ikenna Nwosu	Stevenage	4.30
CHRIS LEWIS- HOLGATE	Barnet Shaftsbury	3.73

Longjump B String

Omari Duporte-Clarke	Ipswich	4.71
Oduka Fentelman	Bedford	4.17
Oliver Botham	Havering	4.00
Donovan Capes	Nene Valley Harrier	3.80
Alex Pickard	Stevenage	3.74
JAMES HOFMANN	Barnet Shaftsbury	3.40

Shot A String

Ejiro Akpotor	Havering	11.10
Alex Ayale	Bedford	8.38
ADAM SQUIRES	Nene Valley Harrier	7.90
Joe Adams	Stevenage	5.98
Frederick Adams	Ipswich	5.67

Shot B String

Bradley James	Havering	7.55
DONOVAN CAPES	Nene Valley Harrier	7.43
D J Abinye	Bedford	5.76
Joe Gallego	Stevenage	5.76
Brandon Carter	Ipswich	5.04

Discus A String

Ejiro Akpotor	Havering	33.64
Nathan Lichfield	Bedford	24.32
GEORGE HARRISON	Nene Valley Harrier	19.06
Archie Cooke	Stevenage	15.42
Solomon Breyer	Ipswich	13.06

Discus B String

Oliver Yexley	Havering	14.85
ADAM SQUIRES	Nene Valley Harrier	14.60
Max Ashmore	Ipswich	11.84
Max Hanford	Bedford	11.38
Joe Gallego	Stevenage	9.72

Javelin A String

Bradley James	Havering	38.81
Victor Tocca	Ipswich	29.61
Gregor Smith	Stevenage	26.80
Nathan Lichfield	Bedford	26.50
GEORGE HARRISON	Nene Valley Harrier	25.32

Javelin B String

Oliver Yexley	Havering	29.71
Joe Adams	Stevenage	25.52
Oduka Fentelman	Bedford	24.54
Brandon Carter	Ipswich	23.25
ADAM SQUIRES	Nene Valley Harrier	15.05