

SHAFTESBURY BARNET HARRIERS CROSS COUNTRY, ROAD AND INDOOR FIXTURES 2016-2017

CROSS COUNTRY FIXTURES

Month	Date	Event	Venue	Status
OCTOBER	1	NORTH WEST LONDON LEAGUE (1)	HORSENDEN HILL	M&F (OPEN)
	15	METROPOLITAN LEAGUE (1)	CLAYBURY	M&F (OPEN)
	22	SOUTHERN RELAY CHAMPIONSHIPS	WORMWOOD SCRUBS	M&F (CLOSED)
	29	LIDDIARD TROPHY/NORTH OF THE THAMES	KINGSBURY	M&F (CLOSED)
	29	NORTH WEST LONDON LEAGUE (2)	KINGSBURY	M&F (OPEN)
NOVEMBER	5	NATIONAL RELAYS	MANSFIELD	M&F (CLOSED)
	12	METROPOLITAN LEAGUE (2)	STEVENAGE	M&F (OPEN)
	19	LONDON CHAMPIONSHIPS	PARLIAMENT HILL	M&F (CLOSED)
	19	LONDON YOUTH GAMES	PARLIAMENT HILL	M&F (CLOSED)
	22	CLUB ANNUAL GENERAL MEETING	ALLIANZ PARK	M&F (OPEN)
	26	FRATERNITY CUP/SORORITY CUP	TRENT PARK	M&F (OPEN)
	26	NORTH LONDON CHAMPIONSHIPS	TRENT PARK	M&F (CLOSED)
	26	NORTH WEST LONDON LEAGUE (3)	TRENT PARK	M&F (OPEN)
	26	UK CROSS CHALLENGE & EUROPEAN TRIALS	LIVERPOOL	M&F (CLOSED)
	DECEMBER	3	METROPOLITAN LEAGUE (3)	WORMWOOD SCRUBS
10		SEAA MASTERS & INTER-COUNTY CHAMPIONSHIPS	HORSPATH, OXFORD	M&F (CLOSED)
11		EUROPEAN CHAMPIONSHIPS	CHIA, ITALY	M&F (CLOSED)
26		BOXING DAY RUN	ALLIANZ PARK	M&F (OPEN)
JANUARY		7	MIDDLESEX CHAMPIONSHIPS	HILLINGDON
	8	HERTFORDSHIRE CHAMPIONSHIPS	TBC	M&F (CLOSED)
	14	METROPOLITAN LEAGUE (4)	TRENT PARK	M&F (OPEN)
	28	SOUTHERN CHAMPIONSHIPS	PARLIAMENT HILL	M&F (CLOSED)
FEBRUARY	11	METROPOLITAN LEAGUE (5)	ALEXANDRA PALACE	M&F (OPEN)
	18	NORTH WEST LONDON LEAGUE (4)	PARLIAMENT HILL	M&F (OPEN)
	25	NATIONAL CHAMPIONSHIPS	NOTTINGHAM	M&F (CLOSED)
MARCH	4	NORTH WEST LONDON LEAGUE (5)	WORMWOOD SCRUBS	M&F (OPEN)
	11	CAU INTER-COUNTIES CHAMPIONSHIPS	LOUGHBOROUGH	M&F (CLOSED)
	18	ENGLISH SCHOOLS CHAMPIONSHIPS	TBC	M&F (CLOSED)
	26	WORLD CHAMPIONSHIPS	KAMPALA, UGANDA	M&F (CLOSED)

EACH FIXTURE SHOWS THE FOLLOWING - (OPEN) WHICH MEANS YOU CAN TURN UP AND RUN, (CLOSED) WHICH MEANS YOU HAVE TO BE PRE-ENTERED BY YOUR RESPECTIVE TEAM MANAGER AND (YOURSELF) WHICH MEANS YOU NEED TO ENTER YOURSELF AND PAY THE APPROPRIATE ENTRY FEE

THE SBH WEEKLY NEWSLETTER WILL PUBLISH DETAILS OF ALL RACES, WHICH WILL INCLUDE AGE GROUPS, VENUES AND START TIMES.

PLEASE SEE SEPARATE INFORMATION SHEET FOR DETAILS ON MENS AND WOMEN CROSS COUNTRY CLUB CHAMPIONSHIP AND POINTS RACES.

ROAD & ROAD RELAY FIXTURES

Month	Date	Event	Venue	Status
SEPTEMBER	11	MIDDLESEX & HERTFORDSHIRE YA'S RELAYS	HAYES	M&F (CLOSED)
	25	SOUTHERN YOUNG ATHLETES RELAYS	BEDFORD	M&F (CLOSED)
	25	SOUTHERN WOMENS 4 STAGE RELAY	BEDFORD	F (CLOSED)
	25	SOUTHERN MENS 6 STAGE RELAY	BEDFORD	M (CLOSED)
	25	SOUTHERN VETERAN 4 STAGE RELAY	BEDFORD	M&F (CLOSED)
OCTOBER	8	NATIONAL MENS 6 STAGE RELAY	SUTTON PARK	M (CLOSED)
	8	NATIONAL WOMENS 4 STAGE RELAY	SUTTON PARK	F (CLOSED)
	8	NATIONAL YOUNG ATHLETES RELAY	SUTTON PARK	M&F (CLOSED)
MARCH	25	SOUTHERN MENS 12 STAGE RELAY	GRAVESEND, KENT	M (CLOSED)
	25	SOUTHERN WOMENS 6 STAGE RELAY	GRAVESEND, KENT	F (CLOSED)
APRIL	8	NATIONAL MENS 12 STAGE RELAY	SUTTON PARK	M (CLOSED)
	8	NATIONAL WOMENS 6 STAGE RELAY	SUTTON PARK	F (CLOSED)
	23	VIRGIN LONDON MARATHON	LONDON	M&F (YOURSELF)
	23	VIRGIN MINI LONDON MARATHON	LONDON	M&F (CLOSED)
	TBC	NATIONAL MASTERS RELAYS	SUTTON PARK	M&F (CLOSED)

INDOOR FIXTURES

Month	Date	Event	Venue	Status	
DECEMBER	10	MINITHON	LEE VALLEY	M&F (YOURSELF)	
	11	EHAC METASWITCH OPEN MEETING	LEE VALLEY	M&F (YOURSELF)	
	17/18	SEAA CHAMPIONSHIPS COMBINED EVENTS	LEE VALLEY	M&F (YOURSELF)	
JANUARY	1	NEW YEAR OPEN MEETING	LEE VALLEY	M&F (YOURSELF)	
	2	EHAC METASWITCH OPEN MEETING	LEE VALLEY	M&F (YOURSELF)	
	7/8	SEAA U15/U17 CHAMPIONSHIPS	LEE VALLEY	M&F (YOURSELF)	
	14/15	SEAA U20 & SENIOR CHAMPIONSHIPS	LEE VALLEY	M&F (YOURSELF)	
	21	LONDON INDOOR GAMES U17	LEE VALLEY	M&F (YOURSELF)	
	22	LONDON INDOOR GAMES U13 & U15	LEE VALLEY	M&F (YOURSELF)	
	28/29	LONDON INDOOR GAMES U20 & SENIOR	LEE VALLEY	M&F (YOURSELF)	
	FEBRUARY	4/5	ESSEX AND EASTERN CHAMPIONSHIPS	LEE VALLEY	M&F (YOURSELF)
		12	BRITISH MASTERS PENTATHLON CHAMPIONSHIPS	LEE VALLEY	M&F (YOURSELF)
		12	SOE/EMAC/VAC MASTERS CHAMPIONSHIPS	LEE VALLEY	M&F (YOURSELF)
15		MIDDLES DISTANCE OPEN MEETING	LEE VALLEY	M&F (YOURSELF)	
19		SCVAC CHAMPIONSHIPS	LEE VALLEY	M&F (YOURSELF)	
MARCH	25	MINITHON	LEE VALLEY	M&F (YOURSELF)	
	26	SOUTH OF ENGLAND MASTERS CHAMPIONSHIPS	LEE VALLEY	M&F (YOURSELF)	
	5	U13/U15 OPEN MEETING	LEE VALLEY	M&F (YOURSELF)	
	11/12	BRITISH MASTERS CHAMPIONSHIPS	LEE VALLEY	M&F (YOURSELF)	
	18/19	MIDDLESEX, HERTS & KENT CHAMPIONSHIPS	LEE VALLEY	M&F (YOURSELF)	