

2016 SEAA XC Senior Men

21 November 2016

Pos	Time	No	Name	M/F	Cat	Club
1	0:30:50	926	Peter Huck	M		RUN FAST
2	0:31:04	847	Chris Smith	M		THAMES VALLEY HARRIERS
3	0:31:26	660	Tom Aldred	M		LONDON HEATHSIDE AC
4	0:31:56	422	Dean Lacy	M		CAMBRIDGE HARRIERS
5	0:32:00	798	Nicholas Torry	M		SERPENTINE RUNNING CLUB
6	0:32:00	596	Charlie Haywood	M		HIGHGATE HARRIERS
7	0:32:11	920	Ahmed Abdulle	M		ILFORD AC
8	0:32:15	560	Frederick Slemeck	M		HERCULES WIMBLEDON AC
9	0:32:15	912	Richard Henderson	M		BEDFORD & COUNTY AC
10	0:32:15	548	Jonathan Cornish	M		HERCULES WIMBLEDON AC
11	0:32:18	561	Benjamin Toomer	M		HERCULES WIMBLEDON AC
12	0:32:48	823	Richard Kowenicki	M		THAMES HARE & HOUNDS
13	0:33:08	598	Jonathan Laybourn	M		HIGHGATE HARRIERS
14	0:33:10	605	Sean Renfer	M		HIGHGATE HARRIERS
15	0:33:12	758	Will Green	M	(M)	SERPENTINE RUNNING CLUB
16	0:33:14	629	Robert Thompson	M		HILLINGDON AC
17	0:33:18	883	Sam Humphrey	M		VICTORIA PARK H & TOWER H AC
18	0:33:23	544	Damian Nevins	M		HARROW AC
19	0:33:23	608	Dominic Smith	M		HIGHGATE HARRIERS
20	0:33:25	779	David Morgan	M		SERPENTINE RUNNING CLUB
21	0:33:32	619	James Laing	M		HILLINGDON AC
22	0:33:35	834	James Ellis	M		THAMES VALLEY HARRIERS
23	0:33:42	568	Jeff Cunningham	M		HERNE HILL HARRIERS
24	0:33:50	745	Jonathan Bradford	M		SERPENTINE RUNNING CLUB
25	0:33:56	541	Jim Cooper	M	(M)	HARROW AC
26	0:34:02	825	Gordon Pearce	M		THAMES HARE & HOUNDS
27	0:34:05	797	Hugh Torry	M		SERPENTINE RUNNING CLUB
28	0:34:06	826	Martin Shore	M		THAMES HARE & HOUNDS
29	0:34:13	844	Simon Prigent	M		THAMES VALLEY HARRIERS
30	0:34:17	594	Darryl Davison	M		HIGHGATE HARRIERS
31	0:34:21	895	Andrew Summers	M		VICTORIA PARK H & TOWER H AC
32	0:34:25	592	Guillaume Cribier	M	(M)	HIGHGATE HARRIERS
33	0:34:27	567	Simon Coombes	M	(M)	HERNE HILL HARRIERS
34	0:34:34	757	John Franklin	M		SERPENTINE RUNNING CLUB
35	0:34:46	498	Thomas Grimes	M		EAST LONDON RUNNERS
36	0:34:48	431	Jamie Bannister	M		CLAPHAM CHASERS RC
37	0:34:51	831	Manuel Caeiro	M		THAMES VALLEY HARRIERS
38	0:34:54	886	Fabien Lassonde	M		VICTORIA PARK H & TOWER H AC
39	0:34:58	907	Simon Beedell	M		WOODFORD GREEN w ESSEX LADIES
40	0:35:00	841	Andrew Mitchell	M	(M)	THAMES VALLEY HARRIERS
41	0:35:02	752	Daniel De Palol	M	(M)	SERPENTINE RUNNING CLUB
42	0:35:02	546	Glen Wright Colopy	M		HARROW AC
43	0:35:05	610	Tom Willner-Reid	M		HIGHGATE HARRIERS
44	0:35:12	674	Simon Dunderdale	M		LONDON HEATHSIDE AC
45	0:35:12	415	Daniel Kennedy	M		BLACKHEATH & BROMLEY HARRIERS
46	0:35:13	491	Patrick Brown	M		EAST LONDON RUNNERS
47	0:35:16	741	Simon Barrett	M	(M)	SERPENTINE RUNNING CLUB
48	0:35:19	487	Simon Shaw	M	(M)	EALING SOUTHALL & MIDDLESEX AC
49	0:35:27	828	Simon Wurr	M		THAMES HARE & HOUNDS
50	0:35:28	873	Andrew Barrington	M		VICTORIA PARK H & TOWER H AC
51	0:35:33	602	Jack Matthewman	M		HIGHGATE HARRIERS
52	0:35:34	517	Gary Towers	M	(M)	ETON MANOR AC
53	0:35:37	898	Rich Berry	M	(M)	WEST 4 HARRIERS
54	0:35:41	859	Thomas Cursley	M		TRENT PARK RUNNING CLUB
55	0:35:45	601	Alexander Machin-Paley	M		HIGHGATE HARRIERS
56	0:35:46	786	Andrew Reeves	M	(M)	SERPENTINE RUNNING CLUB
57	0:35:48	690	Sion Lewis	M		LONDON HEATHSIDE AC
58	0:35:49	543	Chris Jones	M		HARROW AC
59	0:35:49	694	Daniel McKeown	M		LONDON HEATHSIDE AC
60	0:35:53	588	Chris Beecham	M	(M)	HIGHGATE HARRIERS
61	0:35:55	563	Alan Barnes	M		HERNE HILL HARRIERS
62	0:35:56	864	Thomas McArdle	M		TRENT PARK RUNNING CLUB
63	0:35:58	452	Chris Dormenval	M		CROYDON HARRIERS
64	0:36:00	803	Billy Casserley	M		SOUTH LONDON HARRIERS
65	0:36:02	913	Tom O'Beirne	M		BELGRAVE HARRIERS
66	0:36:04	702	Martin Potter	M	(M)	LONDON HEATHSIDE AC
67	0:36:10	761	Max Harrison-Tosatto	M		SERPENTINE RUNNING CLUB
68	0:36:14	489	Mark Boulton	M		EAST LONDON RUNNERS
69	0:36:15	585	Simon Thompson	M		HERNE HILL HARRIERS
70	0:36:21	880	Neil Cook	M		VICTORIA PARK H & TOWER H AC

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Pos	Time	No	Name	M/F	Cat	Club
71	0:36:22	700	Pete Northall	M		LONDON HEATHSIDE AC
72	0:36:33	688	Daniel Johns	M		LONDON HEATHSIDE AC
73	0:36:34	866	Carl Redondo	M		TRENT PARK RUNNING CLUB
74	0:36:36	773	Ludovic Maillard	M		SERPENTINE RUNNING CLUB
75	0:36:37	914	Paul Scofield	M	(M)	BISHOPS STORTFORD RC
76	0:36:37	792	Cedric Rouveyrol	M		SERPENTINE RUNNING CLUB
77	0:36:41	518	Nicolas Berger	M		FULHAM RUNNING CLUB
78	0:36:42	582	Eric Sapac	M		HERNE HILL HARRIERS
79	0:36:42	692	Daniel Madams	M	(M)	LONDON HEATHSIDE AC
80	0:36:43	897	Jonathon Abel	M		WEST 4 HARRIERS
81	0:36:45	522	Stuart Farmer	M		FULHAM RUNNING CLUB
82	0:36:46	706	Chris Shipley	M		LONDON HEATHSIDE AC
83	0:36:48	683	Michael Heaney	M		LONDON HEATHSIDE AC
84	0:36:51	788	Roger Reid	M	(M)	SERPENTINE RUNNING CLUB
85	0:36:51	685	Dominic Jackson	M	(M)	LONDON HEATHSIDE AC
86	0:36:54	922	Adam Millbery	M		LONDON CITY ATHLETICS CLUB
87	0:36:56	857	Adam Bowman	M		TRENT PARK RUNNING CLUB
88	0:36:57	929	Robert Rigby	M	(M)	SHAFTESBURY BARNET HARRIERS
89	0:37:00	909	Jim Roche	M	(M)	WOODFORD GREEN w ESSEX LADIES
90	0:37:03	801	Robert Whitmarsh	M		SERPENTINE RUNNING CLUB
91	0:37:04	450	David Brown	M		CROYDON HARRIERS
92	0:37:04	894	Duncan Steen	M		VICTORIA PARK H & TOWER H AC
93	0:37:05	896	Anthony Withstandley	M	(M)	VICTORIA PARK H & TOWER H AC
94	0:37:06	813	Krzysztof Klidzia	M	(M)	STRIDERS OF CROYDON
95	0:37:07	428	David Reader	M	(M)	CAMBRIDGE HARRIERS
96	0:37:10	520	Thomas Daley	M	(M)	FULHAM RUNNING CLUB
97	0:37:14	651	Joel Northcott	M		LONDON FRONTRUNNERS
98	0:37:14	552	David Grima	M		HERCULES WIMBLEDON AC
99	0:37:15	863	Jason Maloney	M	(M)	TRENT PARK RUNNING CLUB
100	0:37:18	875	James Bewley	M		VICTORIA PARK H & TOWER H AC
101	0:37:20	917	Gary Coombes	M	(M)	DAGENHAM 88 RUNNERS
102	0:37:21	664	Mario Cadete	M	(M)	LONDON HEATHSIDE AC
103	0:37:22	417	Jonathan Vintner	M		BLACKHEATH & BROMLEY HARRIERS
104	0:37:22	488	Nick Steel	M		EALING SOUTHALL & MIDDLESEX AC
105	0:37:22	715	Jeff Bannister	M		MORNINGTON CHASERS RC
106	0:37:22	463	Shane O'Neil	M		DULWICH RUNNERS
107	0:37:27	527	Nick Thomas	M		FULHAM RUNNING CLUB
108	0:37:28	648	Fergal Joyce	M		LONDON FRONTRUNNERS
109	0:37:30	870	Adam Walker	M		TRENT PARK RUNNING CLUB
110	0:37:30	472	Jose Manuel Pabon	M		EALING EAGLES
111	0:37:32	891	Pedro Munoz Valencia	M		VICTORIA PARK H & TOWER H AC
112	0:37:33	404	Tim Edwards	M		BARNET & DISTRICT AC
113	0:37:33	696	Stuart Meiklejohn	M		LONDON HEATHSIDE AC
114	0:37:34	742	Andrew Barton	M		SERPENTINE RUNNING CLUB
115	0:37:34	436	Stephen Pearson	M		CLAPHAM CHASERS RC
116	0:37:35	673	John Driscoll	M	(M)	LONDON HEATHSIDE AC
117	0:37:35	697	Paul Mercer	M	(M)	LONDON HEATHSIDE AC
118	0:37:36	482	Manish Kunwar	M		EALING SOUTHALL & MIDDLESEX AC
119	0:37:38	782	Jarek Olszowka	M		SERPENTINE RUNNING CLUB
120	0:37:39	681	Chris Hartley	M	(M)	LONDON HEATHSIDE AC
121	0:37:40	581	Robin Sanderson	M		HERNE HILL HARRIERS
122	0:37:43	516	Chris Tait	M		ETON MANOR AC
123	0:37:45	593	Alex Davidson	M	(M)	HIGHGATE HARRIERS
124	0:37:46	783	Andrew Orr	M		SERPENTINE RUNNING CLUB
125	0:37:46	714	Luke Wynne	M		LONDON HEATHSIDE AC
126	0:37:46	925	David Ready	M		RANELAGH HARRIERS
127	0:37:47	439	Paul Sterland	M	(M)	CLAPHAM CHASERS RC
128	0:37:47	698	Adam Mitchell	M		LONDON HEATHSIDE AC
129	0:37:48	658	Richard Wingfield	M		LONDON FRONTRUNNERS
130	0:37:49	505	Paul Boddey	M		ETON MANOR AC
131	0:37:50	686	Paul Jarman	M	(M)	LONDON HEATHSIDE AC
132	0:37:54	542	Mark Cursons	M	(M)	HARROW AC
133	0:37:55	644	Karl Hayer	M	(M)	LONDON FRONTRUNNERS
134	0:37:55	735	Kerr Millar	M		QUEENS PARK HARRIERS
135	0:37:56	677	Joe Garrod	M		LONDON HEATHSIDE AC
136	0:37:57	756	David Evans	M		SERPENTINE RUNNING CLUB
137	0:37:57	874	Simeon Bennett	M		VICTORIA PARK H & TOWER H AC
138	0:38:00	471	John Foxall	M		EALING EAGLES
139	0:38:01	734	Neil Hutchison	M		QUEENS PARK HARRIERS
140	0:38:01	787	Gideon Reid	M		SERPENTINE RUNNING CLUB

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141	0:38:08	551	Neil Fraser	M		HERCULES WIMBLEDON AC
142	0:38:09	790	Andrew Robbins	M	(M)	SERPENTINE RUNNING CLUB
143	0:38:10	507	Dave Cato	M		ETON MANOR AC
144	0:38:11	665	Matthew Cockerill	M	(M)	LONDON HEATHSIDE AC
145	0:38:12	419	Tarbo Fukazawa	M		CAMBRIDGE HARRIERS
146	0:38:13	580	Jonathan Ratcliffe	M	(M)	HERNE HILL HARRIERS
147	0:38:13	486	Santosh Rai	M		EALING SOUTHALL & MIDDLESEX AC
148	0:38:14	529	Paul Bown	M		GOODGYM RACE TEAM
149	0:38:16	750	Peter Clarke	M	(M)	SERPENTINE RUNNING CLUB
150	0:38:17	620	Paul Leppard	M		HILLINGDON AC
151	0:38:19	438	Gary Salmon	M		CLAPHAM CHASERS RC
152	0:38:24	574	Alexander Marks	M		HERNE HILL HARRIERS
153	0:38:29	820	Ed Catmur	M		THAMES HARE & HOUNDS
154	0:38:33	649	John Keenan	M	(M)	LONDON FRONTRUNNERS
155	0:38:35	414	Gareth Evans	M		BLACKHEATH & BROMLEY HARRIERS
156	0:38:38	780	Simon Morris	M		SERPENTINE RUNNING CLUB
157	0:38:39	778	Alastair Metcalf	M		SERPENTINE RUNNING CLUB
158	0:38:39	738	Sam Sutherland	M		QUEENS PARK HARRIERS
159	0:38:40	461	Alastair Locke	M		DULWICH RUNNERS
160	0:38:41	730	Simon Wilson	M		MORNINGTON CHASERS RC
161	0:38:43	667	Lee Connor	M	(M)	LONDON HEATHSIDE AC
162	0:38:44	928	Oliver Greenstein	M		SHAFTESBURY BARNET HARRIERS
163	0:38:45	508	Simon Cottle	M		ETON MANOR AC
164	0:38:45	504	Sam Anderson	M		ETON MANOR AC
165	0:38:46	531	Alex Eggs	M		GOODGYM RACE TEAM
166	0:38:51	435	Tom Mitchell	M		CLAPHAM CHASERS RC
167	0:38:52	523	James Hampshire	M		FULHAM RUNNING CLUB
168	0:38:54	661	Mark Anderson	M		LONDON HEATHSIDE AC
169	0:38:59	687	Mark Jefford	M	(M)	LONDON HEATHSIDE AC
170	0:38:59	639	Leon Clement	M		LONDON FRONTRUNNERS
171	0:39:00	675	David Fallon	M		LONDON HEATHSIDE AC
172	0:39:01	448	Glenn Barden	M		CROYDON HARRIERS
173	0:39:02	911	Neil Walker	M		ALTRINCHAM
174	0:39:03	576	Winston Parkinson	M	(M)	HERNE HILL HARRIERS
175	0:39:05	477	Rob Brown	M	(M)	EALING SOUTHALL & MIDDLESEX AC
176	0:39:09	470	Philip Evans	M		EALING EAGLES
177	0:39:09	506	Paul Cates	M	(M)	ETON MANOR AC
178	0:39:11	440	Alex Tylor	M		CLAPHAM CHASERS RC
179	0:39:13	916	Mark Constantinou	M	(M)	COLLINGWOOD AC
180	0:39:14	860	Des Denning	M	(M)	TRENT PARK RUNNING CLUB
181	0:39:14	746	Sebastian Buhs	M		SERPENTINE RUNNING CLUB
182	0:39:17	437	Sam Robinson	M		CLAPHAM CHASERS RC
183	0:39:17	553	Fraser Hagell	M		HERCULES WIMBLEDON AC
184	0:39:21	481	Mark Kencroft	M	(M)	EALING SOUTHALL & MIDDLESEX AC
185	0:39:22	871	Gary Bagnall	M	(M)	VICTORIA PARK H & TOWER H AC
186	0:39:24	659	Edward Adams	M		LONDON HEATHSIDE AC
187	0:39:25	473	Colin Overton	M		EALING EAGLES
188	0:39:27	457	Mark Maginn	M	(M)	CROYDON HARRIERS
189	0:39:27	777	Ryan McCrickerd	M		SERPENTINE RUNNING CLUB
190	0:39:29	905	Will Sutton	M		WEST 4 HARRIERS
191	0:39:29	703	Rajiv Ratan	M		LONDON HEATHSIDE AC
192	0:39:34	575	Simon Messenger	M		HERNE HILL HARRIERS
193	0:39:37	646	Ed Holland	M		LONDON FRONTRUNNERS
194	0:39:38	579	Rick Pearson	M		HERNE HILL HARRIERS
195	0:39:38	893	Simon Preuveneers	M	(M)	VICTORIA PARK H & TOWER H AC
196	0:39:41	540	Nick Andrews	M	(M)	HARROW AC
197	0:39:42	526	Thomas Stevens	M		FULHAM RUNNING CLUB
198	0:39:42	501	Daniel Lee	M	(M)	EAST LONDON RUNNERS
199	0:39:43	763	Pau Herrero	M		SERPENTINE RUNNING CLUB
200	0:39:44	599	Joseph Lowe	M	(M)	HIGHGATE HARRIERS
201	0:39:45	776	William McAvock	M	(M)	SERPENTINE RUNNING CLUB
202	0:39:46	766	Alex Jeffreys	M	(M)	SERPENTINE RUNNING CLUB
203	0:39:47	872	Andrew Baranowski	M	(M)	VICTORIA PARK H & TOWER H AC
204	0:39:48	638	Tim Charters	M		LONDON FRONTRUNNERS
205	0:39:49	707	Jake Spencer	M		LONDON HEATHSIDE AC
206	0:39:50	549	Richard Evans	M	(M)	HERCULES WIMBLEDON AC
207	0:39:53	566	Trevor Chilton	M	(M)	HERNE HILL HARRIERS
208	0:39:56	571	Dan Hallam	M		HERNE HILL HARRIERS
209	0:39:58	496	Spencer Evans	M		EAST LONDON RUNNERS
210	0:40:00	699	Norman Mitchell	M	(M)	LONDON HEATHSIDE AC

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Pos	Time	No	Name	M/F	Cat	Club
211	0:40:01	889	Jordi Mila	M		VICTORIA PARK H & TOWER H AC
212	0:40:01	524	Andrew Han	M		FULHAM RUNNING CLUB
213	0:40:06	411	Mike Walker	M		BARNET & DISTRICT AC
214	0:40:08	915	Antony Constantinou	M	(M)	COLLINGWOOD AC
215	0:40:09	650	Adrian Mark	M		LONDON FRONTRUNNERS
216	0:40:11	666	Michael Cockings	M		LONDON HEATHSIDE AC
217	0:40:13	800	Philip Whitehouse	M		SERPENTINE RUNNING CLUB
218	0:40:14	749	Francesco Ciocca	M		SERPENTINE RUNNING CLUB
219	0:40:15	716	Ben Barker	M		MORNINGTON CHASERS RC
220	0:40:15	899	Dave Cobb	M	(M)	WEST 4 HARRIERS
221	0:40:16	537	Ben Lithgow-Smith	M		GREENWICH TRITONS
222	0:40:16	877	Richard Bryant	M	(M)	VICTORIA PARK H & TOWER H AC
223	0:40:17	432	Robert Campbell	M		CLAPHAM CHASERS RC
224	0:40:18	400	Nick Barber	M		BARNET & DISTRICT AC
225	0:40:20	455	Daniel Humble	M		CROYDON HARRIERS
226	0:40:23	427	Christian Poulton	M	(M)	CAMBRIDGE HARRIERS
227	0:40:23	478	Mark Delahunty	M	(M)	EALING SOUTHALL & MIDDLESEX AC
228	0:40:24	447	Neil Aikman	M	(M)	CROYDON HARRIERS
229	0:40:26	862	Adrian Edwards	M	(M)	TRENT PARK RUNNING CLUB
230	0:40:28	885	Tony Lashmar	M	(M)	VICTORIA PARK H & TOWER H AC
231	0:40:30	918	Paul Suet	M		DAGENHAM 88 RUNNERS
232	0:40:34	781	Kevin Murray	M	(M)	SERPENTINE RUNNING CLUB
233	0:40:36	887	Vesa Lindberg	M		VICTORIA PARK H & TOWER H AC
234	0:40:36	906	Charles Waters	M		WEST 4 HARRIERS
235	0:40:37	676	Jack Farley	M		LONDON HEATHSIDE AC
236	0:40:39	408	Michael Martin	M	(M)	BARNET & DISTRICT AC
237	0:40:39	903	Martin Peck	M	(M)	WEST 4 HARRIERS
238	0:40:39	799	James Turner	M		SERPENTINE RUNNING CLUB
239	0:40:41	754	Christophe Des Vallieres	M		SERPENTINE RUNNING CLUB
240	0:40:46	669	Pete Crockford	M	(M)	LONDON HEATHSIDE AC
241	0:40:47	719	Kevin Gormley	M		MORNINGTON CHASERS RC
242	0:40:52	589	Martin Bright	M	(M)	HIGHGATE HARRIERS
243	0:40:54	816	Simon Pannell	M	(M)	STRIDERS OF CROYDON
244	0:41:04	717	Daniel Berry	M	(M)	MORNINGTON CHASERS RC
245	0:41:04	833	Joseph Cooper	M		THAMES VALLEY HARRIERS
246	0:41:09	600	Emmanuel Lumineau	M	(M)	HIGHGATE HARRIERS
247	0:41:10	817	Andy Perks	M	(M)	STRIDERS OF CROYDON
248	0:41:13	861	Jason Dodd	M		TRENT PARK RUNNING CLUB
249	0:41:21	712	Trevor Wilson	M	(M)	LONDON HEATHSIDE AC
250	0:41:22	924	Vaughan Ramsay	M	(M)	RANELAGH HARRIERS
251	0:41:25	423	Graham Maynard	M	(M)	CAMBRIDGE HARRIERS
252	0:41:27	724	Brandon Leung	M		MORNINGTON CHASERS RC
253	0:41:30	737	Nicholas Stallman	M		QUEENS PARK HARRIERS
254	0:41:33	641	Gareth Fletcher	M		LONDON FRONTRUNNERS
255	0:41:35	521	John Devoy	M		FULHAM RUNNING CLUB
256	0:41:36	484	Gar Narbuja	M		EALING SOUTHALL & MIDDLESEX AC
257	0:41:36	682	Nick Haward	M	(M)	LONDON HEATHSIDE AC
258	0:41:37	554	Charles Hampden-Smith	M	(M)	HERCULES WIMBLEDON AC
259	0:41:37	555	Gordon Lilly	M	(M)	HERCULES WIMBLEDON AC
260	0:41:39	711	Peter Ward	M		LONDON HEATHSIDE AC
261	0:41:41	775	Raoul Mansukhani	M	(M)	SERPENTINE RUNNING CLUB
262	0:41:42	709	Paul Tonkinson	M	(M)	LONDON HEATHSIDE AC
263	0:41:47	433	Alastair Love	M		CLAPHAM CHASERS RC
264	0:41:48	401	Tim Butler	M	(M)	BARNET & DISTRICT AC
265	0:41:54	852	Paul Woodgate	M	(M)	THAMES VALLEY HARRIERS
266	0:41:55	729	Matt Thomas	M		MORNINGTON CHASERS RC
267	0:41:56	413	Richard Byford	M		BLACKHEATH & BROMLEY HARRIERS
268	0:41:57	879	Nicholas Chidley	M		VICTORIA PARK H & TOWER H AC
269	0:41:59	840	James Malcolm	M		THAMES VALLEY HARRIERS
270	0:42:00	559	Victor Ray	M		HERCULES WIMBLEDON AC
271	0:42:01	547	Mark Cahill	M	(M)	HERCULES WIMBLEDON AC
272	0:42:07	632	Andy Wood	M		HILLINGDON AC
273	0:42:08	727	Lachlan Stibbard Hawkes	M		MORNINGTON CHASERS RC
274	0:42:08	884	David Jones	M		VICTORIA PARK H & TOWER H AC
275	0:42:09	701	Andrew Owen	M	(M)	LONDON HEATHSIDE AC
276	0:42:10	855	David Birks	M	(M)	TRENT PARK RUNNING CLUB
277	0:42:11	804	John Foss	M	(M)	SOUTH LONDON HARRIERS
278	0:42:11	405	Peter Ellis	M	(M)	BARNET & DISTRICT AC
279	0:42:11	811	Darren Jackson	M	(M)	STRIDERS OF CROYDON
280	0:42:15	530	William Dowsett	M		GOODGYM RACE TEAM

2016 SEAA XC Senior Men

21 November 2016

Pos	Time	No	Name	M/F	Cat	Club
281	0:42:15	562	Simon Woodley	M		HERCULES WIMBLEDON AC
282	0:42:18	829	Richard Bell	M	(M)	THAMES VALLEY HARRIERS
283	0:42:18	456	Matthew Kiernan	M		CROYDON HARRIERS
284	0:42:19	762	Matthew Hearne	M	(M)	SERPENTINE RUNNING CLUB
285	0:42:19	791	Andrew Roberts	M	(M)	SERPENTINE RUNNING CLUB
286	0:42:20	536	Isaac Griffiths	M		GREENWICH TRITONS
287	0:42:21	458	James Moore	M	(M)	CROYDON HARRIERS
288	0:42:23	519	Christopher Cooper	M		FULHAM RUNNING CLUB
289	0:42:30	612	Stuart Arundel	M	(M)	HILLINGDON AC
290	0:42:34	802	Frank Womelsdorf	M		SERPENTINE RUNNING CLUB
291	0:42:38	865	Martin Morgan	M	(M)	TRENT PARK RUNNING CLUB
292	0:42:45	483	Ian Leslie	M	(M)	EALING SOUTHALL & MIDDLESEX AC
293	0:42:48	442	Derek Green	M		CLAPHAM PIONEERS
294	0:42:49	904	Adrian Smith	M		WEST 4 HARRIERS
295	0:42:50	513	Toni Pang	M	(M)	ETON MANOR AC
296	0:42:50	643	Jan Gruter	M		LONDON FRONTRUNNERS
297	0:43:01	586	Damien Wilson	M		HERNE HILL HARRIERS
298	0:43:02	459	Colin Oxlade	M	(M)	CROYDON HARRIERS
299	0:43:06	556	Mark Livingstone	M	(M)	HERCULES WIMBLEDON AC
300	0:43:06	814	John O'Mahony	M		STRIDERS OF CROYDON
301	0:43:11	794	Stephane Schneider	M		SERPENTINE RUNNING CLUB
302	0:43:11	653	Will Parry	M	(M)	LONDON FRONTRUNNERS
303	0:43:15	725	John Lynch	M	(M)	MORNINGTON CHASERS RC
304	0:43:18	842	Christian Nielsen	M	(M)	THAMES VALLEY HARRIERS
305	0:43:20	655	Vasile Talica	M		LONDON FRONTRUNNERS
306	0:43:25	830	Greg Bennett	M	(M)	THAMES VALLEY HARRIERS
307	0:43:27	684	Chris Hewertson	M	(M)	LONDON HEATHSIDE AC
308	0:43:31	621	Andrew Malyan	M	(M)	HILLINGDON AC
309	0:43:34	410	Chris Violet	M	(M)	BARNET & DISTRICT AC
310	0:43:35	919	Paul Lacey	M	(M)	HADLEIGH HARES
311	0:43:37	748	David Campbell	M		SERPENTINE RUNNING CLUB
312	0:43:38	451	Andy Del Nevo	M	(M)	CROYDON HARRIERS
313	0:43:38	569	Luiz Custodio	M		HERNE HILL HARRIERS
314	0:43:44	525	Nathaniel Hicks	M		FULHAM RUNNING CLUB
315	0:43:49	819	Mick Turner	M	(M)	STRIDERS OF CROYDON
316	0:43:52	768	Alex Johnson	M	(M)	SERPENTINE RUNNING CLUB
317	0:43:57	494	Paul Drury-Bradey	M		EAST LONDON RUNNERS
318	0:44:00	900	Jason Drake	M	(M)	WEST 4 HARRIERS
319	0:44:03	636	Christos Bitzis-Politis	M	(M)	LONDON FRONTRUNNERS
320	0:44:07	890	Tim Miller	M	(M)	VICTORIA PARK H & TOWER H AC
321	0:44:09	789	James Richens	M	(M)	SERPENTINE RUNNING CLUB
322	0:44:09	652	Martin Oldham	M	(M)	LONDON FRONTRUNNERS
323	0:44:12	680	Shaan Haque	M		LONDON HEATHSIDE AC
324	0:44:13	693	Marco Maserati	M	(M)	LONDON HEATHSIDE AC
325	0:44:14	416	Andrew Lawes	M	(M)	BLACKHEATH & BROMLEY HARRIERS