

SEAA Masters Cross Country Championships 2015

at Oxford on Saturday 10th December 2016

Race 1 - Men — FINAL RESULTS

Pos	Num	Name	Cat/Pos	Club	Time						
1	380	Andrew Leach	V50	1 North Herts Rrc	32:48	86	312	Tim Hicks	V5522	Haywards Heath Harriers	41:17
2	325	Francis Marsh	V50	2 Heme Hill Harriers	33:49	87	410	Richard Hooley	V5051	Thames Valley Harriers	41:22
3	201	Tad Dicker	V50	3 Aldershot Farnham & District A	33:56	88	225	Clem Dixon	V5523	Cambridge Harriers	41:33
4	211	Steve Herring	V50	4 Bedford & County AC	34:06	89	239	Duncan Wilson	V5052	Dulwich Runners AC	41:37
5	205	Adrian Mason	V50	5 Barnet & District AC	34:47	90	354	Andrew Simms	V5053	Heme Hill Harriers	41:38
6	360	Michael Ussher	V50	6 Highgate Harriers	34:50	91	408	Richard Bell	V5054	Thames Valley Harriers	41:46
7	238	Tony Tuohy	V50	7 Dulwich Runners AC	34:59	92	488	Walter Hill	V6012	Crawley AC	41:52
8	206	Richard McCormick	V50	8 Barnet & District AC	35:20	93	534	Mel Davies	V6013	Barnet & District AC	41:55
9	370	Chris Hartley	V50	9 London Heathside AC	35:22	94	489	Anthony Lintern	V6014	Crawley AC	41:56
10	322	Kenny Lowies	V5010	Headington Road Runners	35:28	95	290	Terry Booth	V5055	Guildford & Godalming AC	41:57
11	359	Alex Davidson	V5011	Highgate Harriers	35:29	96	479	Pete Witcomb	V65	4 Brighton & Hove AC	42:00
12	295	Mark Tennyson	V5012	Guildford & Godalming AC	35:30	97	392	Duncan Prior	V5056	Reading AC	42:00
13	357	Gary Ironmonger	V55	1 Heme Hill Harriers	35:41	98	425	Henry Edwardesevans	V5057	Vale Of Aylesbury AC	42:01
14	308	Chris Finill	V55	2 Harrow AC	35:51	99	389	Richard Holm	V5058	Ranelagh Harriers	42:01
15	226	Michael Bridgeland	V55	3 Chelmsford AC	35:55	100	433	Jason Drake	V5059	West 4 Harriers	42:02
16	378	Dave Neal	V5013	Nene Valley Harriers	35:58	101	517	John Exley	V65	5 Oxford City AC	42:04
17	224	Christian Poulton	V55	4 Cambridge Harriers	36:07	102	397	Melvin Silvey	V5524	Reading Road Runners	42:08
18	333	Keith Newton	V5014	Heme Hill Harriers	36:12	103	396	Colin Cottell	V5525	Reading Road Runners	42:18
19	368	Dave Browne	V5015	London Heathside AC	36:18	104	530	Clive Cohen	V6015	Tring RC	42:21
20	438	David Cantwell	V5016	Woodstock Harriers AC	36:22	105	419	Paul Bracken	V5060	Trent Park RC	42:21
21	532	Dave Cox	V60	1 Woodford Green W Essex L	36:35	106	493	Steve Plested	V65	6 Ealing Southall & Middlesex AC	42:24
22	435	Graham Bungay	V5017	Winchester & District AC	36:44	107	500	Laurie Hurman	V6016	Headington Road Runners	42:28
23	373	Mark Jefford	V5018	London Heathside AC	36:55	108	478	Tom Ulliott	V6017	Brighton & Hove AC	42:31
24	204	Chris Try	V5019	Aldershot Farnham & District A	36:56	109	391	Paul Rider	V5061	Ranelagh Harriers	42:35
25	217	Paul Froud	V5020	Brighton & Hove AC	36:59	110	222	Mark Moore	V5526	Bumham Joggers	42:35
26	369	John Flahive	V5021	London Heathside AC	37:03	111	528	Robin Tremaine	V6018	Trent Park RC	42:36
27	233	Robert Creed	V55	5 Crawley AC	37:05	112	514	Peter Thompson	V6019	Norfolk Gazelles	42:56
28	355	Mike Boyle	V55	6 Heme Hill Harriers	37:19	113	227	Andrew Stewart	V5527	Chiltern Harriers AC	43:02
29	377	Sean Beard	V5022	Nene Valley Harriers	37:21	114	431	Mikk Bradley	V5528	Watford Harriers	43:16
30	423	Michael Burgess	V55	7 Tring RC	37:23	115	409	David Ford	V5062	Thames Valley Harriers	43:29
31	209	Andy Blair	V5023	Bedford & County AC	37:26	116	490	David Beattie	V65	7 Crawley AC	43:32
32	278	Malcolm Down	V55	8 Garden City Runners	37:29	117	531	John Manning	V6020	Tring RC	43:35
33	240	Stephen Smythe	V55	9 Dulwich Runners AC	37:34	118	511	Geoff Anderson	V65	8 Newbury AC	43:40
34	460	Austin Soane	V60	2 Aldershot Farnham & District A	37:36	119	416	Cain Bradley	V5529	Tonbridge AC	43:45
35	439	Robert Webster	V5024	Woodstock Harriers AC	37:40	120	508	John Barron	V6021	Kent AC	43:46
36	434	Ian Lambourn	V5025	White Horse Harriers	37:47	121	527	Robert Pick	V6022	Trent Park RC	43:50
37	247	Andrew Noble	V5026	Folkestone AC	37:52	122	497	Paul Sanderson	V6023	Guildford & Godalming AC	44:10
38	422	Nigel Bunn	V5027	Tring RC	37:54	123	482	Malcolm Kemp	V65	9 Brighton Phoenix AC	44:17
39	323	Mark Richards	V5510	Headington Road Runners	37:58	124	503	Valdis Pauzers	V6024	Heme Hill Harriers	44:27
40	403	Kevin Murray	V5511	Serpentine RC	38:00	125	426	Alan Roberts	V5063	Vale Of Aylesbury AC	44:39
41	513	Stephen Rolfe	V60	3 Norfolk Gazelles	38:04	126	485	Glynn Smith	V6510	Cambridge & Coleridge AC	44:44
42	375	Gavin Evans	V5512	London Heathside AC	38:04	127	496	Peter Harris	V6511	Ely Runners	44:48
43	510	Irwin Fairclough	V60	4 Newbury AC	38:10	128	362	David Smith	V5064	Hillingdon AC	44:51
44	481	Paul Whelpton	V60	5 Brighton Phoenix AC	38:13	129	310	Carl Bicknell	V5530	Haywards Heath Harriers	44:52
45	390	Trevor Maguire	V5028	Ranelagh Harriers	38:19	130	401	Neil Bradshaw	V5531	Serpentine RC	44:55
46	236	Derek Lee	V5029	Dulwich Runners AC	38:20	131	231	Vincent Golding	V5065	Crawley AC	44:58
47	376	C Armstrong	V5030	Nene Valley Harriers	38:24	132	492	Andrew Murray	V6025	Dulwich Runners AC	45:30
48	374	Tony Killilea	V5031	London Heathside AC	38:27	133	399	Mark Cogan	V5066	Serpentine RC	45:37
49	515	Richard Grant	V60	6 Oxford City AC	38:30	134	480	Colin Simpson	V6026	Brighton Phoenix AC	45:38
50	424	Ian Needleman	V5513	Tring RC	38:38	135	324	Mike Keegan	V5067	Heme Hill Harriers	45:40
51	234	Mark Parry	V5514	Crawley AC	38:40	136	512	Andrew Hammond	V6027	Norfolk Gazelles	45:48
52	411	Phil Coleman	V5032	Tonbridge AC	38:49	137	499	Mick Anglim	V6512	Hardley RC	45:56
53	415	Alan Buckle	V5515	Tonbridge AC	38:53	138	420	John Rose	V5068	Trent Park RC	46:16
54	365	Simon Claridge	V5516	Hillingdon AC	38:55	139	220	Vernon Peterson	V5069	Bumham Joggers	46:20
55	404	Anthony Nicolson	V5033	St Albans Striders	38:57	140	533	Steve Knight	V6513	Heme Hill Harriers	46:40
56	418	David Birks	V5034	Trent Park RC	39:05	141	491	Roy Knight	V6514	Dartford Rr	47:04
57	242	Stephen Howard	V5035	Ely Runners	39:18	142	364	Robert Burton	V5532	Hillingdon AC	47:08
58	358	Martin Bright	V5036	Highgate Harriers	39:21	143	484	Mike Brentnall	V6515	Cambridge & Coleridge AC	47:10
59	216	Gary Christie	V5037	Brighton & Hove AC	39:23	144	504	John Bigness	V6028	Hillingdon AC	47:29
60	440	Bryan Vaughan	V5517	Woodstock Harriers AC	39:24	145	520	Donald Sinclair	V6029	Pitsea RC	47:48
61	237	Ebehard Prill	V5038	Dulwich Runners AC	39:26	146	407	Michael Jack	V5533	St Albans Striders	47:58
62	523	David Pitt	V60	7 Serpentine RC	39:28	147	421	Domenico Romanelli	V5534	Trent Park RC	48:19
63	255	Sean Bowen	V5039	Garden City Runners	39:37	148	394	Gerard O'Driscoll	V5535	Reading AC	48:30
64	203	James Ratcliffe	V5040	Aldershot Farnham & District A	39:42	149	522	Gred Marshall	V6030	Serpentine RC	48:41
65	382	Richard Harbon	V5041	North Herts Rrc	39:48	150	430	Peter Simpson	V5536	Vegan Runners UK	48:44
66	356	Tom Conlon	V5518	Heme Hill Harriers	39:52	151	506	Graham Wood	V6031	Hillingdon AC	48:55
67	516	Stewart Thorp	V60	8 Oxford City AC	39:54	152	461	John Clarke	V6516	Barnet & District AC	48:59
68	235	Tony Piper	V5042	Dartford Rr	39:57	153	495	Charlie Barker	V6517	Ely Runners	49:06
69	414	Andy Wood	V5043	Tonbridge AC	40:02	154	524	Richard Long	V6518	Serpentine RC	49:10
70	208	Peter Ellis	V5519	Barnet & District AC	40:04	155	367	Stephen Cheal	V5537	Ilford AC	49:30
71	39	David Brenigan	V5044	Chiltern Harriers	40:07	156	487	Jeremy Carmichael	V6032	Crawley AC	50:01
72	385	Peter Marshall	V5045	Oxford City AC	40:12	157	393	John Whittle	V5070	Reading AC	50:20
73	521	Peter Young	V65	1 Ryde Harriers	40:13	158	525	Simon Maddison	V6519	Thames Valley Harriers	50:30
74	494	Graham Chapman	V60	9 Ely Runners	40:27	159	361	Curtis Allman	V5071	Hillingdon AC	51:14
75	483	Charlie Ritchie	V6010	Cambridge & Coleridge AC	40:30	160	221	Oliver Keene	V5538	Bumham Joggers	51:58
76	379	David Wright	V5046	Newbury AC	40:33	161	519	Peter McLaughlin	V6033	Pitsea RC	52:40
77	202	Ray Gascoyne	V5047	Aldershot Farnham & District A	40:37	162	486	Trevor Brawn	V6520	Chiltern Harriers AC	52:43
78	395	Bill Watson	V5048	Reading Road Runners	40:39	163	219	Tony Clish	V5072	Bumham Joggers	53:15
79	526	Steve Dodd	V6011	Trent Park RC	40:43	164	386	David Davidson	V5073	Pitsea RC	54:29
80	518	Roy Treadwell	V65	2 Oxford City AC	40:44	165	498	Jeremy Barber	V6034	Hardley RC	54:58
81	223	Mark Ashby	V5049	Cambridge Harriers	40:45	166	357	?Gary Ironmonger	V5539	Heme Hill Harriers	57:12
82	232	David Cook	V5520	Crawley AC	40:48	167	218	Gary Timms	V5074	Brighton & Hove AC	57:14
83	465	Desmond Michael	V65	3 Barnet & District AC	40:52	168	363	Alan Wells	V5075	Hillingdon AC	59:22
84	436	Steve Oliver	V5521	Winchester & District AC	40:59	169	502	Nigel Goodwin	V6035	Heme Hill Harriers	1:10:11
85	309	Phill Scott	V5050	Haywards Heath Harriers	41:11						

SEAA Masters Cross Country Championships 2015 at Oxford on Saturday 10th December 2016

Race 1 - Men aged 50 to 54

Pos	Num	Name	Cat/Pos	Club	Time				
1	380	Andrew Leach	V50 1	North Herts Rrc	32:48	39	255 Sean Bowen	V5039 Garden City Runners	39:37
2	325	Francis Marsh	V50 2	Heme Hill Harriers	33:49	40	203 James Ratcliffe	V5040 Aldershot Farnham & District A	39:42
3	201	Tad Dicker	V50 3	Aldershot Farnham & District A	33:56	41	382 Richard Harbon	V5041 North Herts Rrc	39:48
4	211	Steve Herring	V50 4	Bedford & County AC	34:06	42	235 Tony Piper	V5042 Dartford Rr	39:57
5	205	Adrian Mason	V50 5	Barnet & District AC	34:47	43	414 Andy Wood	V5043 Tonbridge AC	40:02
6	360	Michael Ussher	V50 6	Highgate Harriers	34:50	44	39 David Brenigan	V5044 Chiltern Harriers	40:07
7	238	Tony Tuohy	V50 7	Dulwich Runners AC	34:59	45	385 Peter Marshall	V5045 Oxford City AC	40:12
8	206	Richard McCormick	V50 8	Barnet & District AC	35:20	46	379 David Wright	V5046 Newbury AC	40:33
9	370	Chris Hartley	V50 9	London Heathside AC	35:22	47	202 Ray Gascoyne	V5047 Aldershot Farnham & District A	40:37
10	322	Kenny Lowies	V5010	Headington Road Runners	35:28	48	395 Bill Watson	V5048 Reading Road Runners	40:39
11	359	Alex Davidson	V5011	Highgate Harriers	35:29	49	223 Mark Ashby	V5049 Cambridge Harriers	40:45
12	295	Mark Tennyson	V5012	Guildford & Godalming AC	35:30	50	309 Phill Scott	V5050 Haywards Heath Harriers	41:11
13	378	Dave Neal	V5013	Nene Valley Harriers	35:58	51	410 Richard Hooley	V5051 Thames Valley Harriers	41:22
14	333	Keith Newton	V5014	Heme Hill Harriers	36:12	52	239 Duncan Wilson	V5052 Dulwich Runners AC	41:37
15	368	Dave Browne	V5015	London Heathside AC	36:18	53	354 Andrew Simms	V5053 Heme Hill Harriers	41:38
16	438	David Cantwell	V5016	Woodstock Harriers AC	36:22	54	408 Richard Bell	V5054 Thames Valley Harriers	41:46
17	435	Graham Bungay	V5017	Winchester & District AC	36:44	55	290 Terry Booth	V5055 Guildford & Godalming AC	41:57
18	373	Mark Jefford	V5018	London Heathside AC	36:55	56	392 Duncan Prior	V5056 Reading AC	42:00
19	204	Chris Try	V5019	Aldershot Farnham & District A	36:56	57	425 Henry Edwardsevens	V5057 Vale Of Aylesbury AC	42:01
20	217	Paul Froud	V5020	Brighton & Hove AC	36:59	58	389 Richard Holm	V5058 Ranelagh Harriers	42:01
21	369	John Flahive	V5021	London Heathside AC	37:03	59	433 Jason Drake	V5059 West 4 Harriers	42:02
22	377	Sean Beard	V5022	Nene Valley Harriers	37:21	60	419 Paul Bracken	V5060 Trent Park RC	42:21
23	209	Andy Blair	V5023	Bedford & County AC	37:26	61	391 Paul Rider	V5061 Ranelagh Harriers	42:35
24	439	Robert Webster	V5024	Woodstock Harriers AC	37:40	62	409 David Ford	V5062 Thames Valley Harriers	43:29
25	434	Ian Lambourn	V5025	White Horse Harriers	37:47	63	426 Alan Roberts	V5063 Vale Of Aylesbury AC	44:39
26	247	Andrew Noble	V5026	Folkestone AC	37:52	64	362 David Smith	V5064 Hillingdon AC	44:51
27	422	Nigel Bunn	V5027	Tring RC	37:54	65	231 Vincent Golding	V5065 Crawley AC	44:58
28	390	Trevor Maguire	V5028	Ranelagh Harriers	38:19	66	399 Mark Cogan	V5066 Serpentine RC	45:37
29	236	Derek Lee	V5029	Dulwich Runners AC	38:20	67	324 Mike Keegan	V5067 Heme Hill Harriers	45:40
30	376	C Armstrong	V5030	Nene Valley Harriers	38:24	68	420 John Rose	V5068 Trent Park RC	46:16
31	374	Tony Killilea	V5031	London Heathside AC	38:27	69	220 Vernon Peterson	V5069 Bumham Joggers	46:20
32	411	Phil Coleman	V5032	Tonbridge AC	38:49	70	393 John Whittle	V5070 Reading AC	50:20
33	404	Anthony Nicolson	V5033	St Albans Striders	38:57	71	361 Curtis Allman	V5071 Hillingdon AC	51:14
34	418	David Birks	V5034	Trent Park RC	39:05	72	219 Tony Clish	V5072 Bumham Joggers	53:15
35	242	Stephen Howard	V5035	Ely Runners	39:18	73	386 David Davidson	V5073 Pitsea RC	54:29
36	358	Martin Bright	V5036	Highgate Harriers	39:21	74	218 Gary Timms	V5074 Brighton & Hove AC	57:14
37	216	Gary Christie	V5037	Brighton & Hove AC	39:23	75	363 Alan Wells	V5075 Hillingdon AC	59:22
38	237	Ebehard Prill	V5038	Dulwich Runners AC	39:26				

Race 1 - Men aged 55 to 59

Pos	Num	Name	Cat/Pos	Club	Time				
1	357	Gary Ironmonger	V55 1	Heme Hill Harriers	35:41	21	436 Steve Oliver	V5521 Winchester & District AC	40:59
2	308	Chris Finill	V55 2	Harrow AC	35:51	22	312 Tim Hicks	V5522 Haywards Heath Harriers	41:17
3	226	Michael Bridgeland	V55 3	Chelmsford AC	35:55	23	225 Clem Dixon	V5523 Cambridge Harriers	41:33
4	224	Christian Poulton	V55 4	Cambridge Harriers	36:07	24	397 Melvin Silvey	V5524 Reading Road Runners	42:08
5	233	Robert Creed	V55 5	Crawley AC	37:05	25	396 Colin Cottell	V5525 Reading Road Runners	42:18
6	355	Mike Boyle	V55 6	Heme Hill Harriers	37:19	26	222 Mark Moore	V5526 Bumham Joggers	42:35
7	423	Michael Burgess	V55 7	Tring RC	37:23	27	227 Andrew Stewart	V5527 Chiltern Harriers AC	43:02
8	278	Malcolm Down	V55 8	Garden City Runners	37:29	28	431 Mikk Bradley	V5528 Watford Harriers	43:16
9	240	Stepen Smythe	V55 9	Dulwich Runners AC	37:34	29	416 Cain Bradley	V5529 Tonbridge AC	43:45
10	323	Mark Richards	V5510	Headington Road Runners	37:58	30	310 Carl Bicknell	V5530 Haywards Heath Harriers	44:52
11	403	Kevin Murray	V5511	Serpentine RC	38:00	31	401 Neil Bradshaw	V5531 Serpentine RC	44:55
12	375	Gavin Evans	V5512	London Heathside AC	38:04	32	364 Robert Burton	V5532 Hillingdon AC	47:08
13	424	Ian Needleman	V5513	Tring RC	38:38	33	407 Michael Jack	V5533 St Albans Striders	47:58
14	234	Mark Parry	V5514	Crawley AC	38:40	34	421 Domenico Romanelli	V5534 Trent Park RC	48:19
15	415	Alan Buckle	V5515	Tonbridge AC	38:53	35	394 Gerard O'Driscoll	V5535 Reading AC	48:30
16	365	Simon Claridge	V5516	Hillingdon AC	38:55	36	430 Peter Simpson	V5536 Vegan Runners UK	48:44
17	440	Bryan Vaughan	V5517	Woodstock Harriers AC	39:24	37	367 Stephen Cheal	V5537 Ilford AC	49:30
18	356	Tom Conlon	V5518	Heme Hill Harriers	39:52	38	221 Oliver Keene	V5538 Bumham Joggers	51:58
19	208	Peter Ellis	V5519	Barnet & District AC	40:04	39	357 ?Gary Ironmonger	V5539 Heme Hill Harriers	57:12
20	232	David Cook	V5520	Crawley AC	40:48				

Race 1 - Men aged 60 to 64

Pos	Num	Name	Cat/Pos	Club	Time				
1	532	Dave Cox	V60 1	Woodford Green W Essex L	36:35	19	514 Peter Thompson	V6019 Norfolk Gazelles	42:56
2	460	Austin Soane	V60 2	Aldershot Farnham & District A	37:36	20	531 John Manning	V6020 Tring RC	43:35
3	513	Stephen Rolfe	V60 3	Norfolk Gazelles	38:04	21	508 John Barron	V6021 Kent AC	43:46
4	510	Irwin Fairclough	V60 4	Newbury AC	38:10	22	527 Robert Pick	V6022 Trent Park RC	43:50
5	481	Paul Whelpton	V60 5	Brighton Phoenix AC	38:13	23	497 Paul Sanderson	V6023 Guildford & Godalming AC	44:10
6	515	Richard Grant	V60 6	Oxford City AC	38:30	24	503 Valdis Pauzers	V6024 Heme Hill Harriers	44:27
7	523	David Pitt	V60 7	Serpentine RC	39:28	25	492 Andrew Murray	V6025 Dulwich Runners AC	45:30
8	516	Stewart Thorp	V60 8	Oxford City AC	39:54	26	480 Colin Simpson	V6026 Brighton Phoenix AC	45:38
9	494	Graham Chapman	V60 9	Ely Runners	40:27	27	512 Andrew Hammond	V6027 Norfolk Gazelles	45:48
10	483	Charlie Ritchie	V6010	Cambridge & Coleridge AC	40:30	28	504 John Bigness	V6028 Hillingdon AC	47:29
11	526	Steve Dodd	V6011	Trent Park RC	40:43	29	520 Donald Sinclair	V6029 Pitsea RC	47:48
12	488	Walter Hill	V6012	Crawley AC	41:52	30	522 Gred Marshall	V6030 Serpentine RC	48:41
13	534	Mel Davies	V6013	Barnet & District AC	41:55	31	506 Graham Wood	V6031 Hillingdon AC	48:55
14	489	Anthony Lintern	V6014	Crawley AC	41:56	32	487 Jeremy Carmichael	V6032 Crawley AC	50:01
15	530	Clive Cohen	V6015	Tring RC	42:21	33	519 Peter McLaughlin	V6033 Pitsea RC	52:40
16	500	Laurie Hurman	V6016	Headington Road Runners	42:28	34	498 Jeremy Barber	V6034 Hardley RC	54:58
17	478	Tom Ulliott	V6017	Brighton & Hove AC	42:31	35	502 Nigel Goodwin	V6035 Heme Hill Harriers	1:10:11
18	528	Robin Tremaine	V6018	Trent Park RC	42:36				

Results Service by G.J. Fecitt (SportSoft) Tel & Fax 01204 884887, Email: graham@race-results.co.uk
Internet: <http://www.race-results.co.uk> -- full results will be available for downloading tonight

Race 1 - Men aged 65 to 69

Pos	Num	Name	Cat/Pos	Club	Time					
1	521	Peter Young	V65	1 Ryde Harriers	40:13	11	496 Peter Harris	V6511	Ely Runners	44:48
2	518	Roy Treadwell	V65	2 Oxford City AC	40:44	12	499 Mick Anglim	V6512	Hardley RC	45:56
3	465	Desmond Michael	V65	3 Barnet & District AC	40:52	13	533 Steve Knight	V6513	Herne Hill Harriers	46:40
4	479	Pete Witcomb	V65	4 Brighton & Hove AC	42:00	14	491 Roy Knight	V6514	Dartford Rr	47:04
5	517	John Exley	V65	5 Oxford City AC	42:04	15	484 Mike Brentnall	V6515	Cambridge & Coleridge AC	47:10
6	493	Steve Plested	V65	6 Ealing Southall & Middlesex AC	42:24	16	461 John Clarke	V6516	Barnet & District AC	48:59
7	490	David Beattie	V65	7 Crawley AC	43:32	17	495 Charlie Barker	V6517	Ely Runners	49:06
8	511	Geoff Anderson	V65	8 Newbury AC	43:40	18	524 Richard Long	V6518	Serpentine RC	49:10
9	482	Malcolm Kemp	V65	9 Brighton Phoenix AC	44:17	19	525 Simon Maddison	V6519	Thames Valley Harriers	50:30
10	485	Glynn Smith	V65	10 Cambridge & Coleridge AC	44:44	20	486 Trevor Brawn	V6520	Chiltern Harriers AC	52:43

Race 1 - Men (Vets) aged 50 to 59 — TEAM RESULTS

1	Herne Hill Harriers	33	—	2	Francis Marsh	13	Gary Ironmonger	18	Keith Newton
2	London Heathside AC	50	—	9	Chris Hartley	19	Dave Browne	22	Mark Jefford
3	Highgate Harriers	69	—	6	Michael Ussher	11	Alex Davidson	52	Martin Bright
4	Barnet & District AC	75	—	5	Adrian Mason	8	Richard McCormick	62	Peter Ellis
5	Dulwich Runners AC	80	—	7	Tony Tuohy	32	Stepen Smythe	41	Derek Lee
6	Aldershot Farnham & District A	83	—	3	Tad Dicker	23	Chris Try	57	James Ratcliffe
7	Nene Valley Harriers	86	—	16	Dave Neal	28	Sean Beard	42	C Armstrong
8	Woodstock Harriers AC	107	—	20	David Cantwell	33	Robert Webster	54	Bryan Vaughan
9	Tring RC	109	—	29	Michael Burgess	36	Nigel Bunn	44	Ian Needleman
10	Crawley AC	140	—	26	Robert Creed	45	Mark Parry	69	David Cook
11	Tonbridge AC	154	—	46	Phil Coleman	47	Alan Buckle	61	Andy Wood
12	Cambridge Harriers	159	—	17	Christian Poulton	68	Mark Ashby	74	Clem Dixon
13	Brighton & Hove AC	189	—	24	Paul Froud	53	Gary Christie	112	Gary Timms
14	Ranelagh Harriers	207	—	40	Trevor Maguire	81	Richard Holm	86	Paul Rider
15	Serpentine RC	230	—	38	Kevin Murray	95	Neil Bradshaw	97	Mark Cogan
16	Reading Road Runners	234	—	67	Bill Watson	83	Melvin Silvey	84	Colin Cottell
17	Trent Park RC	234	—	50	David Birks	85	Paul Bracken	99	John Rose
18	Haywards Heath Harriers	237	—	71	Phill Scott	72	Tim Hicks	94	Carl Bicknell
19	Thames Valley Harriers	240	—	73	Richard Hooley	77	Richard Bell	90	David Ford
20	Hillingdon AC	242	—	48	Simon Claridge	93	David Smith	101	Robert Burton
21	Reading AC	290	—	79	Duncan Prior	104	Gerard O'Driscoll	107	John Whittle
22	Burnham Joggers	296	—	87	Mark Moore	100	Vernon Peterson	109	Oliver Keene

Race 1 - Men (Vets) over 60 — TEAM RESULTS

1	Oxford City AC	27	—	6	Richard Grant	8	Stewart Thorp	13	Roy Treadwell
2	Crawley AC	58	—	15	Walter Hill	17	Anthony Lintern	26	David Beattie
3	Trent Park RC	66	—	12	Steve Dodd	24	Robin Tremaine	30	Robert Pick
4	Norfolk Gazelles	66	—	3	Stephen Rolfe	25	Peter Thompson	38	Andrew Hammond
5	Brighton Phoenix AC	74	—	5	Paul Whelpton	32	Malcolm Kemp	37	Colin Simpson
6	Barnet & District AC	77	—	14	Desmond Michael	16	Mel Davies	47	John Clarke
7	Cambridge & Coleridge AC	87	—	11	Charlie Ritchie	34	Glynn Smith	42	Mike Brentnall
8	Ely Runners	93	—	10	Graham Chapman	35	Peter Harris	48	Charlie Barker
9	Serpentine RC	101	—	7	David Pitt	45	Gred Marshall	49	Richard Long
10	Herne Hill Harriers	128	—	33	Valdis Pauzers	40	Steve Knight	55	Nigel Goodwin

Masters - Men over 70 — FINAL RESULTS

Pos	Num	Name	Cat/Pos	Club	Time
1	355	Andrew Haig	V70	1 Brighton Phoenix AC	27:12
2	359	Richard Bloom	V70	2 Herts Phoenix AC	27:28
3	368	Stuart Mann	V70	3 Herts Phoenix AC	27:34
4	364	Dave Clark	V70	4 Herts Phoenix AC	28:32
5	375	Paul Newby	V70	5 Thames Hare & Hounds	31:08
6	358	John Garber	V70	6 Herne Hill Harriers	33:57
7	372	William O'Connor	V70	7 Queens Park Harriers	38:26
8	374	R Pitcairnknowles	V70	8 Sevenoakes AC	38:41
9	356	Martyn Cartwright	V70	9 Chiltern Harriers AC	38:55

Masters - Men over 70 — TEAM RESULTS

1	Herts Phoenix AC	9	—	2	Richard Bloom	3	Stuart Mann	4	Dave Clark
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SEAA Masters Cross Country Championships 2015 at Oxford on Saturday 10th December 2016

Masters - Ladies — FINAL RESULTS

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Name	Club	Time
1	58	Sally Judd	L40	1 Chelmsford AC	22:58	48	203 Verna Burgess	L5012 Tring RC	27:22
2	19	Karen Murphy	L45	1 Barnet & District AC	23:17	49	210 Alison Fenwick	L5013 Winchester & District AC	27:40
3	18	Joanne Kent	L45	2 Barnet & District AC	23:21	50	77 Lynn Hyde	L4011 Hillingdon AC	27:41
4	10	Julie Briggs	L45	3 Arena 80 AC	23:30	51	82 Emilia Vynnycky	L4519 London Heathside AC	27:45
5	42	Anna Folland	L45	4 Bedford Harriers AC	23:47	52	221 Nora Haggart	L60 4 Bedford Harriers AC	27:58
6	3	Dani Tarleton	L40	2 Arena 80 AC	23:49	53	200 Elisabeth Walls	L55 6 St Albans Striders	28:02
7	11	Tara Shanahan	L45	5 Arena 80 AC	23:52	54	115 Inkeri Abbotts	L4520 West 4 Harriers	28:07
8	27	Kirstie Sharman	L40	3 Bedford Harriers AC	23:55	55	113 Celine Wilcock	L4012 Tring RC	28:22
9	70	Wendy King	L45	6 Chelmsford AC	24:02	56	164 Karen O'Rourke	L5014 Hillingdon AC	28:25
10	117	Anna Critchlow	L45	7 West 4 Harriers	24:03	57	184 Ruth Miller	L55 7 London Heathside AC	28:30
11	92	Nicola Blandford	L40	4 Southampton AC	24:06	58	223 Ros Tabor	L65 1 Dulwich Runners AC	28:42
12	72	Diana Norman	L40	5 Epsom & Ewell Harriers	24:15	59	157 Sally Johnston	L5015 Bedford Harriers AC	28:47
13	73	Martha Hall	L40	6 Garden City Runners	24:28	60	153 Ruth Kerr	L5016 Bedford & County AC	28:49
14	41	Sally Cartwright	L45	8 Bedford Harriers AC	24:41	61	197 Elizabeth O'Connor	L5017 Serpentine RC	28:52
15	116	Rachel Badham	L45	9 West 4 Harriers	24:42	62	194 Sian Rollings	L5018 Reading AC	28:53
16	74	Olivia Webb	L4510	Hailsham Harriers	24:45	63	222 Patricia Keene	L60 5 Bumham Joggers	28:54
17	208	Maureen McCarthy	L55	1 West Suffolk AC	24:51	64	165 Boo Smith	L5019 Hillingdon AC	28:55
18	160	Stefanie Godfrey	L50	1 Cambridge & Coleridge AC	24:53	65	71 S Collinshirley	L4013 Ely Runners	28:57
19	190	Cath Wheeler	L55	2 Overton Harriers & AC	25:04	66	180 Lesley Conway	L55 8 Hillingdon AC	28:57
20	80	Karmen Pardoe	L4511	Hillingdon AC	25:10	67	78 Melanie Spencer	L4014 Hillingdon AC	29:07
21	162	Liz Lumber	L50	2 Hailsham Harriers	25:12	68	90 Samantha Whalley	L4521 Reading Roadrunners	29:09
22	121	Sarah Gurney	L4512	Winchester & District AC	25:24	69	204 Hilary Needleman	L55 9 Tring RC	29:11
23	207	Christine Anthony	L50	3 West Suffolk AC	25:31	70	163 Anita James	L5020 Headington Road Runners	29:31
24	86	Julie Rayfield	L4513	Reading AC	25:34	71	159 Alison Cronin	L5021 Bumham Joggers	29:51
25	192	Marie Synnottwells	L50	4 Ranelagh Harriers	25:35	72	193 Linda Church	L5022 Reading AC	29:53
26	89	Belinda Tull	L4514	Reading Roadrunners	25:44	73	88 Claire Seymour	L4015 Reading Roadrunners	30:21
27	43	Claire Pusey	L4515	Bumham Joggers	25:47	74	231 Toni McQueen	L60 6 Reading Roadrunners	30:30
28	236	Anna Garnier	L60	1 Thames Hare & Hounds	25:49	75	212 Madeline Vosser	L5510 Winchester & District AC	31:09
29	85	Susan Francis	L4516	Reading AC	26:02	76	205 Belinda Harding	L5511 Victory AC	31:19
30	237	Lynda Hembury	L60	2 Tring RC	26:05	77	226 Sheila Marshall	L60 7 Newbury AC	31:25
31	206	Caroline Whittaker	L55	3 Watford Harriers	26:06	78	235 Stephanie McCarthy	L60 8 Southern Counties Veterans AC	31:42
32	150	Nicola Froud	L50	5 Barnet & District AC	26:09	79	198 Carole Jack	L5023 St Albans Striders	31:43
33	161	Susanna Harrison	L50	6 Guildford & Godalming AC	26:13	80	76 Lucy Duncan	L4016 Hillingdon AC	31:45
34	119	Emma Carter	L40	7 Winchester & District AC	26:14	81	213 Fiona Jane Bishop	L5512 Woking AC	31:46
35	144	Sarah Boxer	L50	7 Barnet & District AC	26:16	82	99 Barbara Maddison	L4522 Thames Valley Harriers	32:06
36	225	Maggie Statham	L60	3 Holland Sports AC	26:17	83	229 Nueten Monique Van	L60 9 Overton Harriers & AC	32:40
37	131	Kay Noyce	L50	8 Andover AC	26:18	84	230 Valerie Sinclair	L6010 Pitsea RC	33:14
38	118	Rachel Bennett	L40	8 White Horse Harriers	26:22	85	234 Lynda Massey	L6011 Southampton AC	33:37
39	96	Bryony Deakin	L4517	St Mary's Richmond AC	26:38	86	224 Jackir Duvall	L6012 Headington Road Runners	33:43
40	1291	Anna RamosVillaverde	L40	9 Oxford City AC	26:42	87	228 Elizabeth Harkness	L65 2 Newbury AC	34:00
41	199	Zoe Lowe	L50	9 St Albans Striders	26:54	88	202 Christine Read	L5024 Trent Park RC	34:02
42	141	Jenny Hughes	L55	4 Arena 80 AC	26:59	89	196 Gloria Woodspobjoy	L5513 Reading AC	34:08
43	188	Gwyneth Hueter	L55	5 Oxford City AC	27:07	90	112 Kirsty Barnett	L4017 Tring RC	35:52
44	182	Ray Louise Le	L5010	London Heathside AC	27:08	91	227 Roz Pearson	L6013 Newbury AC	36:19
45	91	Lisa Pettitt	L4010	Serpentine RC	27:14	92	181 Angela Duncan	L5514 Hillingdon AC	37:27
46	83	Sian Davies	L4518	Overton Harriers & AC	27:18	93	233 Cecelia Csemiczky	L65 3 Reading Roadrunners	37:37
47	183	Jackie Wastell	L5011	London Heathside AC	27:21	94	232 Kathy Tytler	L6014 Reading Roadrunners	41:45

Masters - Ladies aged 40 to 49 — TEAM RESULTS

1	Arena 80 AC	17 —	4 Julie Briggs	6 Dani Tarleton	7 Tara Shanahan
2	Bedford Harriers AC	27 —	5 Anna Folland	8 Kirstie Sharman	14 Sally Cartwright
3	West 4 Harriers	56 —	10 Anna Critchlow	15 Rachel Badham	31 Inkeri Abbotts
4	Hillingdon AC	80 —	17 Karmen Pardoe	29 Lynn Hyde	34 Melanie Spencer
5	Reading Roadrunners	91 —	20 Belinda Tull	35 Samantha Whalley	36 Claire Seymour

Masters - Ladies (Vets) aged 50 to 59 — TEAM RESULTS

1	London Heathside AC	52 —	15 Ray Louise Le	16 Jackie Wastell	21 Ruth Miller
2	St Albans Striders	65 —	12 Zoe Lowe	19 Elisabeth Walls	34 Carole Jack
3	Hillingdon AC	73 —	20 Karen O'Rourke	26 Boo Smith	27 Lesley Conway
4	Reading AC	93 —	25 Sian Rollings	31 Linda Church	37 Gloria Woodspobjoy

Masters - Ladies (Vets) over 60 — TEAM RESULTS

1	Newbury AC	37 —	8 Sheila Marshall	14 Elizabeth Harkness	15 Roz Pearson
2	Reading Roadrunners	40 —	7 Toni McQueen	16 Cecelia Csemiczky	17 Kathy Tytler

Masters - Ladies aged 40 to 44

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	58	Sally Judd	L40	1 Chelmsford AC	22:58	10	91	Lisa Pettit	L4010	Serpentine RC	27:14
2	3	Dani Tarleton	L40	2 Arena 80 AC	23:49	11	77	Lynn Hyde	L4011	Hillingdon AC	27:41
3	27	Kirstie Sharman	L40	3 Bedford Harriers AC	23:55	12	113	Celine Wilcock	L4012	Tring RC	28:22
4	92	Nicola Blandford	L40	4 Southampton AC	24:06	13	71	S Collinsshirley	L4013	Ely Runners	28:57
5	72	Diana Norman	L40	5 Epsom & Ewell Harriers	24:15	14	78	Melanie Spencer	L4014	Hillingdon AC	29:07
6	73	Martha Hall	L40	6 Garden City Runners	24:28	15	88	Claire Seymour	L4015	Reading Roadrunners	30:21
7	119	Emma Carter	L40	7 Winchester & District AC	26:14	16	76	Lucy Duncan	L4016	Hillingdon AC	31:45
8	118	Rachel Bennett	L40	8 White Horse Harriers	26:22	17	112	Kirsty Barnett	L4017	Tring RC	35:52
9	1291	Anna RamosVillaverde	L40	9 Oxford City AC	26:42						

Masters - Ladies aged 45 to 49

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	19	Karen Murphy	L45	1 Barnet & District AC	23:17	12	121	Sarah Gurney	L4512	Winchester & District AC	25:24
2	18	Joanne Kent	L45	2 Barnet & District AC	23:21	13	86	Julie Rayfield	L4513	Reading AC	25:34
3	10	Julie Briggs	L45	3 Arena 80 AC	23:30	14	89	Belinda Tull	L4514	Reading Roadrunners	25:44
4	42	Anna Folland	L45	4 Bedford Harriers AC	23:47	15	43	Claire Pusey	L4515	Bumham Joggers	25:47
5	11	Tara Shanahan	L45	5 Arena 80 AC	23:52	16	85	Susan Francis	L4516	Reading AC	26:02
6	70	Wendy King	L45	6 Chelmsford AC	24:02	17	96	Bryony Deakin	L4517	St Mary's Richmond AC	26:38
7	117	Anna Critchlow	L45	7 West 4 Harriers	24:03	18	83	Sian Davies	L4518	Overton Harriers & AC	27:18
8	41	Sally Cartwright	L45	8 Bedford Harriers AC	24:41	19	82	Emilia Vynnycky	L4519	London Heathside AC	27:45
9	116	Rachel Badham	L45	9 West 4 Harriers	24:42	20	115	Inkeri Abbotts	L4520	West 4 Harriers	28:07
10	74	Olivia Webb	L4510	Hailsham Harriers	24:45	21	90	Samantha Whalley	L4521	Reading Roadrunners	29:09
11	80	Karmen Pardoe	L4511	Hillingdon AC	25:10	22	99	Barbara Maddison	L4522	Thames Valley Harriers	32:06

Masters - Ladies aged 50 to 54

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	160	Stefanie Godfrey	L50	1 Cambridge & Coleridge AC	24:53	13	210	Alison Fenwick	L5013	Winchester & District AC	27:40
2	162	Liz Lumber	L50	2 Hailsham Harriers	25:12	14	164	Karen O'Rourke	L5014	Hillingdon AC	28:25
3	207	Christine Anthony	L50	3 West Suffolk AC	25:31	15	157	Sally Johnston	L5015	Bedford Harriers AC	28:47
4	192	Marie Synnottwells	L50	4 Ranelagh Harriers	25:35	16	153	Ruth Kerr	L5016	Bedford & County AC	28:49
5	150	Nicola Froud	L50	5 Barnet & District AC	26:09	17	197	Elizabeth O'Connor	L5017	Serpentine RC	28:52
6	161	Susanna Harrison	L50	6 Guildford & Godalming AC	26:13	18	194	Sian Rollings	L5018	Reading AC	28:53
7	144	Sarah Boxer	L50	7 Barnet & District AC	26:16	19	165	Boo Smith	L5019	Hillingdon AC	28:55
8	131	Kay Noyce	L50	8 Andover AC	26:18	20	163	Anita James	L5020	Headington Road Runners	29:31
9	199	Zoe Lowe	L50	9 St Albans Striders	26:54	21	159	Alison Cronin	L5021	Bumham Joggers	29:51
10	182	Ray Louise Le	L5010	London Heathside AC	27:08	22	193	Linda Church	L5022	Reading AC	29:53
11	183	Jackie Wastell	L5011	London Heathside AC	27:21	23	198	Carole Jack	L5023	St Albans Striders	31:43
12	203	Verna Burgess	L5012	Tring RC	27:22	24	202	Christine Read	L5024	Trent Park RC	34:02

Masters - Ladies aged 55 to 59

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	208	Maureen McCarthy	L55	1 West Suffolk AC	24:51	8	180	Lesley Conway	L55	8 Hillingdon AC	28:57
2	190	Cath Wheeler	L55	2 Overton Harriers & AC	25:04	9	204	Hilary Needleman	L55	9 Tring RC	29:11
3	206	Caroline Whittaker	L55	3 Watford Harriers	26:06	10	212	Madeline Vosser	L5510	Winchester & District AC	31:09
4	141	Jenny Hughes	L55	4 Arena 80 AC	26:59	11	205	Belinda Harding	L5511	Victory AC	31:19
5	188	Gwyneth Hueter	L55	5 Oxford City AC	27:07	12	213	Fiona Jane Bishop	L5512	Woking AC	31:46
6	200	Elisabeth Walls	L55	6 St Albans Striders	28:02	13	196	Gloria Woodspobjoy	L5513	Reading AC	34:08
7	184	Ruth Miller	L55	7 London Heathside AC	28:30	14	181	Angela Duncan	L5514	Hillingdon AC	37:27

Masters - Ladies aged 60 to 64

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	236	Anna Gamier	L60	1 Thames Hare & Hounds	25:49	8	235	Stephanie McCarthy	L60	8 Southern Counties Veterans AC	
2	237	Lynda Hembury	L60	2 Tring RC	26:05		31:42				
3	225	Maggie Statham	L60	3 Holland Sports AC	26:17	9	229	Nueten Monique Van	L60	9 Overton Harriers & AC	32:40
4	221	Nora Haggart	L60	4 Bedford Harriers AC	27:58	10	230	Valerie Sinclair	L6010	Pitsea RC	33:14
5	222	Patricia Keene	L60	5 Bumham Joggers	28:54	11	234	Lynda Massey	L6011	Southampton AC	33:37
6	231	Toni McQueen	L60	6 Reading Roadrunners	30:30	12	224	Jackir Duvall	L6012	Headington Road Runners	33:43
7	226	Sheila Marshall	L60	7 Newbury AC	31:25	13	227	Roz Pearson	L6013	Newbury AC	36:19
						14	232	Kathy Tytler	L6014	Reading Roadrunners	41:45

Masters - Ladies aged 65 to 69

Pos	Num	Name	Cat/Pos	Club	Time
1	223	Ros Tabor	L65	1 Dulwich Runners AC	28:42
2	228	Elizabeth Harkness	L65	2 Newbury AC	34:00
3	233	Cecelia Csemiczky	L65	3 Reading Roadrunners	37:37

SEAA Masters Cross Country Championships 2015

at Oxford on Saturday 10th December 2016

Race 2 - Men — FINAL RESULTS

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	34	Sullivan Smith	V40	1 Cambridge & Coleridge AC	31:12	45	159	Steve Marcer	V4033	Southampton AC	36:09
2	23	Howard Bristow	V40	2 Brighton & Hove AC	31:31	46	67	Danny Axford	V4034	Headington Road Runners	36:12
3	154	Will Green	V40	3 Serpentine RC	32:27	47	171	Steve Norris	V4513	Thames Valley Harriers	36:14
4	167	Ben Reynolds	V45	1 Thames Hare & Hounds	32:38	48	88	Che Compton	V4035	Kent AC	36:16
5	89	Chris Greenwood	V40	4 Kent AC	32:56	49	64	Paul Cousins	V4514	Haywards Heath Harriers	36:20
6	82	Ben Paviour	V40	5 Heme Hill Harriers	32:58	50	175	David Maisey	V4515	Vale Of Aylesbury AC	36:26
7	77	Simon Coombes	V40	6 Heme Hill Harriers	33:00	51	151	Ben Whalley	V4516	Reading Road Runners	36:32
8	61	Jim Cooper	V40	7 Harrow AC	33:01	52	128	Matthew Cockerill	V4517	London Heathside AC	36:39
9	79	John Kettle	V40	8 Heme Hill Harriers	33:06	53	181	Pete Sansome	V4036	Winchester & District AC	36:45
10	76	Kieran White	V40	9 Hercules Wimbledon AC	33:11	54	110	Edward Garrett	V4037	London Heathside AC	37:00
11	183	James Bolton	V4010	Woodstock Harriers AC	33:13	55	60	Richard Champness	V4038	Guildford & Godalming AC	37:07
12	66	James Skinner	V4011	Haywards Heath Harriers	33:21	56	10	Zippy Grice	V4039	Aldershot Farnham & District A	37:22
13	142	Julian Richardson	V45	2 Oxford City AC	33:28	57	111	Jonathan Litchfield	V4040	London Heathside AC	37:23
14	140	Tegs Jones	V4012	Oxford City AC	33:34	58	74	Chris Prince	V4518	Headington Road Runners	37:26
15	90	Phil Sanders	V4013	Kent AC	33:38	59	84	Jonathan Ratcliffe	V4519	Heme Hill Harriers	37:35
16	47	Spencer Goodall	V45	3 City Of Norwich AC	33:54	60	53	Jon Nears	V4041	Colchester Harriers	37:42
17	133	Jim McConnell	V4014	North Herts Rrc	34:00	61	44	Simon Brown	V4520	Chiltern Harriers	38:04
18	160	James Smith	V4015	Southampton AC	34:03	62	184	Kevin Game	V4042	Woodstock Harriers AC	38:06
19	141	Les Newell	V4016	Oxford City AC	34:06	63	56	Tim Kimber	V4521	Crawley AC	38:08
20	134	Mark Vaughan	V45	4 North Herts Rrc	34:14	64	16	Matt Norman	V4522	Aldershot Farnham & District A	38:21
21	165	Martin Shore	V4017	Thames Hare & Hounds	34:19	65	185	Rob Linnell	V4523	Woodstock Harriers AC	38:23
22	150	Lance Nortcliff	V4018	Reading Road Runners	34:21	66	179	Mark Lane	V4043	White Horse Harriers	38:45
23	152	Simon Barrett	V4019	Serpentine RC	34:27	67	75	Mark Cahill	V4044	Hercules Wimbledon AC	39:11
24	113	Daniel Madams	V4020	London Heathside AC	34:32	68	168	Greg Bennett	V4045	Thames Valley Harriers	39:16
25	78	Robin Jones	V4021	Heme Hill Harriers	34:40	69	96	Francois Barou	V4046	London Heathside AC	39:28
26	174	Robert Taylor	V4022	Vale Of Aylesbury AC	34:48	70	30	Paul Fallon	V4047	Bumham Joggers	39:31
27	145	Stephen Whitehead	V45	5 Ranelagh Harriers	34:49	71	143	Vaughan Ramsay	V4048	Ranelagh Harriers	39:35
28	38	James Repper	V4023	Chiltern Harriers	34:52	72	50	Mark Solway	V4524	City Of Norwich AC	39:40
29	24	Matthew Bristow	V4024	Brighton & Hove AC	35:06	73	32	Nigel Sullivan	V4525	Bumham Joggers	39:44
30	62	Marcus Kimmins	V4025	Haywards Heath Harriers	35:10	74	147	Andrew Macdonald	V4526	Reading AC	40:00
31	177	Martyn Summerfield	V45	6 Vale Of Aylesbury AC	35:12	75	149	Fergal Donnelly	V4049	Reading Road Runners	40:06
32	81	Oliver Morrison	V4026	Heme Hill Harriers	35:15	76	131	Neil Catchlove	V4050	Lordshill Road Runners	40:12
33	178	Richard Bery	V4027	West 4 Harriers	35:22	77	146	Darren Stevens	V4051	Reading AC	40:24
34	15	Andrew Tappin	V4028	Aldershot Farnham & District A	35:25	78	153	Alex Elferink	V4052	Serpentine RC	41:12
35	162	Andy Morganlee	V45	7 Southampton AC	35:30	79	164	Darren Franks	V4527	St Mary's Richmond AC	42:04
36	54	Paul Rodgers	V4029	Colchester Harriers	35:32	80	58	Matthew Mason	V4528	Ely Runners	42:34
37	161	David Blackman	V45	8 Southampton AC	35:34	81	55	Simon Morgan	V4529	Colchester Harriers	42:39
38	25	Louis Taub	V4030	Brighton & Hove AC	35:40	82	45	Jonathan Baxter	V4530	City Of Norwich AC	42:40
39	138	Sean Holmes	V45	9 Overton Harriers & AC	35:44	83	156	Tom Poynton	V4053	Serpentine RC	42:50
40	29	Adam Tribe	V4510	Brighton & Hove AC	35:49	84	158	Ian Johnson	V4531	Serpentine RC	43:27
41	72	Fergus Campbell	V4511	Headington Road Runners	36:00	85	172	Steve Robbins	V4532	Thames Valley Harriers	43:59
42	228	Colin Ridley	V4031	Colchester Harriers	36:02	86	31	Sean Rooney	V4533	Bumham Joggers	44:11
43	166	Matt Lynas	V4512	Thames Hare & Hounds	36:03	87	144	Rob Curtis	V4534	Ranelagh Harriers	46:17
44	80	Jon Key	V4032	Heme Hill Harriers	36:04	88	86	John Luscombe	V4054	Hillingdon AC	50:02

Race 2 - Men aged 40 to 44

Pos	Num	Name	Cat/Pos	Club	Time	Pos	Num	Name	Cat/Pos	Club	Time
1	34	Sullivan Smith	V40	1 Cambridge & Coleridge AC	31:12	28	15	Andrew Tappin	V4028	Aldershot Farnham & District A	35:25
2	23	Howard Bristow	V40	2 Brighton & Hove AC	31:31	29	54	Paul Rodgers	V4029	Colchester Harriers	35:32
3	154	Will Green	V40	3 Serpentine RC	32:27	30	25	Louis Taub	V4030	Brighton & Hove AC	35:40
4	89	Chris Greenwood	V40	4 Kent AC	32:56	31	228	Colin Ridley	V4031	Colchester Harriers	36:02
5	82	Ben Paviour	V40	5 Heme Hill Harriers	32:58	32	80	Jon Key	V4032	Heme Hill Harriers	36:04
6	77	Simon Coombes	V40	6 Heme Hill Harriers	33:00	33	159	Steve Marcer	V4033	Southampton AC	36:09
7	61	Jim Cooper	V40	7 Harrow AC	33:01	34	67	Danny Axford	V4034	Headington Road Runners	36:12
8	79	John Kettle	V40	8 Heme Hill Harriers	33:06	35	88	Che Compton	V4035	Kent AC	36:16
9	76	Kieran White	V40	9 Hercules Wimbledon AC	33:11	36	181	Pete Sansome	V4036	Winchester & District AC	36:45
10	183	James Bolton	V4010	Woodstock Harriers AC	33:13	37	110	Edward Garrett	V4037	London Heathside AC	37:00
11	66	James Skinner	V4011	Haywards Heath Harriers	33:21	38	60	Richard Champness	V4038	Guildford & Godalming AC	37:07
12	140	Tegs Jones	V4012	Oxford City AC	33:34	39	10	Zippy Grice	V4039	Aldershot Farnham & District A	37:22
13	90	Phil Sanders	V4013	Kent AC	33:38	40	111	Jonathan Litchfield	V4040	London Heathside AC	37:23
14	133	Jim McConnell	V4014	North Herts Rrc	34:00	41	53	Jon Nears	V4041	Colchester Harriers	37:42
15	160	James Smith	V4015	Southampton AC	34:03	42	184	Kevin Game	V4042	Woodstock Harriers AC	38:06
16	141	Les Newell	V4016	Oxford City AC	34:06	43	179	Mark Lane	V4043	White Horse Harriers	38:45
17	165	Martin Shore	V4017	Thames Hare & Hounds	34:19	44	75	Mark Cahill	V4044	Hercules Wimbledon AC	39:11
18	150	Lance Nortcliff	V4018	Reading Road Runners	34:21	45	168	Greg Bennett	V4045	Thames Valley Harriers	39:16
19	152	Simon Barrett	V4019	Serpentine RC	34:27	46	96	Francois Barou	V4046	London Heathside AC	39:28
20	113	Daniel Madams	V4020	London Heathside AC	34:32	47	30	Paul Fallon	V4047	Bumham Joggers	39:31
21	78	Robin Jones	V4021	Heme Hill Harriers	34:40	48	143	Vaughan Ramsay	V4048	Ranelagh Harriers	39:35
22	174	Robert Taylor	V4022	Vale Of Aylesbury AC	34:48	49	149	Fergal Donnelly	V4049	Reading Road Runners	40:06
23	38	James Repper	V4023	Chiltern Harriers	34:52	50	131	Neil Catchlove	V4050	Lordshill Road Runners	40:12
24	24	Matthew Bristow	V4024	Brighton & Hove AC	35:06	51	146	Darren Stevens	V4051	Reading AC	40:24
25	62	Marcus Kimmins	V4025	Haywards Heath Harriers	35:10	52	153	Alex Elferink	V4052	Serpentine RC	41:12
26	81	Oliver Morrison	V4026	Heme Hill Harriers	35:15	53	156	Tom Poynton	V4053	Serpentine RC	42:50
27	178	Richard Bery	V4027	West 4 Harriers	35:22	54	86	John Luscombe	V4054	Hillingdon AC	50:02

Race 2 - Men aged 45 to 49

Pos	Num	Name	Cat/Pos	Club	Time
1	167	Ben Reynolds	V45 1	Thames Hare & Hounds	32:38
2	142	Julian Richardson	V45 2	Oxford City AC	33:28
3	47	Spencer Goodall	V45 3	City Of Norwich AC	33:54
4	134	Mark Vaughan	V45 4	North Herts Rrc	34:14
5	145	Stephen Whitehead	V45 5	Ranelagh Harriers	34:49
6	177	Martyn Summerfield	V45 6	Vale Of Aylesbury AC	35:12
7	162	Andy Morganlee	V45 7	Southampton AC	35:30
8	161	David Blackman	V45 8	Southampton AC	35:34
9	138	Sean Holmes	V45 9	Overton Harriers & AC	35:44
10	29	Adam Tribe	V4510	Brighton & Hove AC	35:49
11	72	Fergus Campbell	V4511	Headington Road Runners	36:00
12	166	Matt Lynas	V4512	Thames Hare & Hounds	36:03
13	171	Steve Norris	V4513	Thames Valley Harriers	36:14
14	64	Paul Cousins	V4514	Haywards Heath Harriers	36:20
15	175	David Maisey	V4515	Vale Of Aylesbury AC	36:26
16	151	Ben Whalley	V4516	Reading Road Runners	36:32
17	128	Matthew Cockerill	V4517	London Heathside AC	36:39
18	74	Chris Prince	V4518	Headington Road Runners	37:26
19	84	Jonathan Ratcliffe	V4519	Herne Hill Harriers	37:35
20	44	Simon Brown	V4520	Chiltern Harriers	38:04
21	56	Tim Kimber	V4521	Crawley AC	38:08
22	16	Matt Norman	V4522	Aldershot Farnham & District A	38:21
23	185	Rob Linnell	V4523	Woodstock Harriers AC	38:23
24	50	Mark Solway	V4524	City Of Norwich AC	39:40
25	32	Nigel Sullivan	V4525	Burnham Joggers	39:44
26	147	Andrew Macdonald	V4526	Reading AC	40:00
27	164	Darren Franks	V4527	St Mary's Richmond AC	42:04
28	58	Matthew Mason	V4528	Ely Runners	42:34
29	55	Simon Morgan	V4529	Colchester Harriers	42:39
30	45	Jonathan Baxter	V4530	City Of Norwich AC	42:40
31	158	Ian Johnson	V4531	Serpentine RC	43:27
32	172	Steve Robbins	V4532	Thames Valley Harriers	43:59
33	31	Sean Rooney	V4533	Burnham Joggers	44:11
34	144	Rob Curtis	V4534	Ranelagh Harriers	46:17

Race 2 - Men aged 40 to 49 — TEAM RESULTS

1	Herne Hill Harriers	22	—	6	Ben Paviour	7	Simon Coombes	9	John Kettle
2	Oxford City AC	46	—	13	Julian Richardson	14	Tegs Jones	19	Les Newell
3	Thames Hare & Hounds	68	—	4	Ben Reynolds	21	Martin Shore	43	Matt Lynas
4	Kent AC	68	—	5	Chris Greenwood	15	Phil Sanders	48	Che Compton
5	Brighton & Hove AC	69	—	2	Howard Bristow	29	Matthew Bristow	38	Louis Taub
6	Southampton AC	90	—	18	James Smith	35	Andy Morganlee	37	David Blackman
7	Haywards Heath Harriers	91	—	12	James Skinner	30	Marcus Kimmins	49	Paul Cousins
8	Serpentine RC	104	—	3	Will Green	23	Simon Barrett	78	Alex Elferink
9	Vale Of Aylesbury AC	107	—	26	Robert Taylor	31	Martyn Summerfield	50	David Maisey
10	London Heathside AC	130	—	24	Daniel Madams	52	Matthew Cockerill	54	Edward Garrett
11	Colchester Harriers	138	—	36	Paul Rodgers	42	Colin Ridley	60	Jon Nears
12	Woodstock Harriers AC	138	—	11	James Bolton	62	Kevin Game	65	Rob Linnell
13	Headington Road Runners	145	—	41	Fergus Campbell	46	Danny Axford	58	Chris Prince
14	Reading Road Runners	148	—	22	Lance Nortcliff	51	Ben Whalley	75	Fergal Donnelly
15	Aldershot Farnham & District A	154	—	34	Andrew Tappin	56	Zippy Grice	64	Matt Norman
16	City Of Norwich AC	170	—	16	Spencer Goodall	72	Mark Solway	82	Jonathan Baxter
17	Ranelagh Harriers	185	—	27	Stephen Whitehead	71	Vaughan Ramsay	87	Rob Curtis
18	Thames Valley Harriers	200	—	47	Steve Norris	68	Greg Bennett	85	Steve Robbins
19	Burnham Joggers	229	—	70	Paul Fallon	73	Nigel Sullivan	86	Sean Rooney