

# Senior Women

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
1	0:28:42	3015	E Hosker Thornhill	ALDERSHOT FARNHAM & DA	101	0:34:55	3327	Y Goater	GUILDFORD & GODALMING /
2	0:28:43	3023	L Small	ALDERSHOT FARNHAM & DA	102	0:34:58	3676	L Singer	SERPENTINE RC
3	0:28:55	3648	H Walker	RUN FAST	103	0:35:00	3709	B Rowness	SOUTHAMPTON AC
4	0:29:08	3891	L Damen	WINCHESTER & DISTRICT AC	104	0:35:08	3022	S Ratcliffe	ALDERSHOT FARNHAM & DA
5	0:29:43	3013	L Hall	ALDERSHOT FARNHAM & DA	105	0:35:08	3037	J Rockliffe	AVON VALLEY RUNNERS
6	0:30:02	3685	N Taschimowitz	SHAFTESBURY BARNET HARR	106	0:35:10	3101	S Belaaon	BLACKHEATH & BROMLEY HA
7	0:30:08	3272	I Brinsden	EPSOM & EWELL HARRIERS	107	0:35:11	3240	L Ellis	EALING SOUTHALL & MIDDX
8	0:30:10	3835	N Taylor	TONBRIDGE AC	108	0:35:14	3155	E Monteil	CITY OF PORTSMOUTH AC
9	0:30:13	3008	P Bowden	ALDERSHOT FARNHAM & DA	109	0:35:15	3803	S Biggs	THE STRAGGLERS RC
10	0:30:14	3700	S McCall	SOUTH LONDON HARRIERS	110	0:35:17	3197	H Paterson	DORKING & MOLE VALLEY AC
11	0:30:29	3033	R Barnes	AVON VALLEY RUNNERS	111	0:35:17	3400	H Wells	HILLINGDON AC
12	0:30:33	3392	H Viner	HIGHGATE HARRIES	112	0:35:19	3060	E Relton	BEDFORD & COUNTY AC
13	0:30:35	3613	A Boniface	READING AC	113	0:35:20	3212	A Norris	DULWICH RUNNERS AC
14	0:30:39	3683	V Pritchard	SHAFTESBURY BARNET HARR	114	0:35:22	3489	C Jacobs-Conradie	LUTON AC
15	0:30:40	3386	E Dixon	HIGHGATE HARRIES	115	0:35:27	3787	C Buckett	THAMES VALLEY HARRIERS
16	0:30:47	3390	M Renfer	HIGHGATE HARRIES	116	0:35:28	3846	S Bint	VICTORIA PARK H & TOWER I
17	0:31:01	3440	I Coomber	LEWES AC	117	0:35:28	3468	J Hinton	LONDON HEATHSIDE AC
18	0:31:20	3420	A Clements	KENT AC	118	0:35:31	3017	B Hubbard	ALDERSHOT FARNHAM & DA
19	0:31:25	3007	K Bingle	ALDERSHOT FARNHAM & DA	119	0:35:32	3429	C Stibbs	KENT AC
20	0:31:29	3483	E Waldman	LONDON HEATHSIDE AC	120	0:35:34	3830	S Houghton	TONBRIDGE AC
21	0:31:34	3054	A Burgin	BEDFORD & COUNTY AC	121	0:35:35	3369	K Crawford	HERNE HILL HARRERS
22	0:31:37	3495	L Bromilow	MARSHALL MILTON KEYNES /	122	0:35:38	3378	J Wedmore	HERNE HILL HARRERS
23	0:31:46	3601	N Jackson	RANELAGH HARRIERS	123	0:35:40	3720	S Pennington	SOUTHEND ON SEA AC
24	0:31:47	3717	K Holland	SOUTHEND ON SEA AC	124	0:35:42	3241	S Gerrie	EALING SOUTHALL & MIDDX
25	0:31:48	3126	C Somerton	CAMBRIDGE & COLERIDGE A/	125	0:35:43	3361	G Galbraith	HERCULES WIMBLEDON AC
26	0:31:50	3393	G Barry	HILLINGDON AC	126	0:35:44	3244	F Kennedy	EALING SOUTHALL & MIDDX
27	0:31:51	3899	M Wilkins	WINCHESTER & DISTRICT AC	127	0:35:45	3657	L Carmichael	SERPENTINE RC
28	0:31:53	3120	K Hedgethorne	CAMBRIDGE & COLERIDGE A/	128	0:35:48	3710	K Hewitson	SOUTHAMPTON AC
29	0:31:58	3480	K Thorneycroft	LONDON HEATHSIDE AC	129	0:35:50	3441	C Lloyd	LEWES AC
30	0:32:04	3904	C Firth	WINDSOR SLOUGH ETON & I-	130	0:35:51	3315	A Riddell-Webster	FULHAM RUNNING CLUB
31	0:32:05	3116	C Brown	CAMBRIDGE & COLERIDGE A/	131	0:35:52	3708	K Borland	SOUTHAMPTON AC
32	0:32:07	3079	S Harris	BELGRAVE HARRIERS	132	0:35:57	3330	M Inge	GUILDFORD & GODALMING /
33	0:32:09	3362	C Grima	HERCULES WIMBLEDON AC	133	0:35:58	3003	E Marchant	26.2 RRC
34	0:32:11	3623	N Mitchell	READING AC	134	0:35:58	3187	A Johnson	DARTFORD HARRIERS AC
35	0:32:12	3893	L Elliott	WINCHESTER & DISTRICT AC	135	0:36:02	3860	H Weir	VICTORIA PARK H & TOWER I
36	0:32:12	3135	A Joel	CHELMSFORD AC	136	0:36:03	3430	A Thomson	KENT AC
37	0:32:21	3070	S Amend	BELGRAVE HARRIERS	137	0:36:05	3889	J Bowling	WINCHESTER & DISTRICT AC
38	0:32:24	3686	V Walker	SHAFTESBURY BARNET HARR	138	0:36:06	3654	C Bowen	SERPENTINE RC
39	0:32:43	3374	K Moore	HERNE HILL HARRERS	139	0:36:07	3210	H Lister	DULWICH RUNNERS AC
40	0:32:46	3147	A Hoogmaker	CITY OF NORWICH AC	140	0:36:09	3751	W Walsh	ST ALBANS STRIDERS
41	0:32:50	3672	S Pemberton	SERPENTINE RC	141	0:36:09	3850	S Donges	VICTORIA PARK H & TOWER I
42	0:32:53	3118	R Frake	CAMBRIDGE & COLERIDGE A/	142	0:36:12	3074	I Cousland	BELGRAVE HARRIERS
43	0:32:55	3560	C Thurgood	ORION HARRIERS	143	0:36:15	3915	G Furze	WOKING AC
44	0:33:00	3121	F Hughes	CAMBRIDGE & COLERIDGE A/	144	0:36:18	3591	J Bailey	RANELAGH HARRIERS
45	0:33:01	3799	L Smith	THAMES VALLEY HARRIERS	145	0:36:19	3656	V Brown	SERPENTINE RC
46	0:33:04	3145	M Beckett	CITY OF NORWICH AC	146	0:36:21	3354	R Shaw	HEADINGTON ROAD RUNNEF
47	0:33:06	3016	R Howard	ALDERSHOT FARNHAM & DA	147	0:36:25	3402	C Williams	HILLINGDON AC
48	0:33:10	3280	A Gounelas	ETON MANOR AC	148	0:36:26	3353	A Johnson	HEADINGTON ROAD RUNNEF
49	0:33:13	3138	S Judd	CHELMSFORD AC	149	0:36:26	3492	N Baker	MARSHALL MILTON KEYNES /
50	0:33:14	3043	J Kent	BARNET & DISTRICT AC	150	0:36:27	3558	H Rogerson	ORION HARRIERS
51	0:33:16	3900	B Atkinson	WINDSOR SLOUGH ETON & I-	151	0:36:28	3237	J Watt	EALING EAGLES
52	0:33:17	3826	C Bird	TONBRIDGE AC	152	0:36:30	3896	S Lawson	WINCHESTER & DISTRICT AC
53	0:33:18	3372	N Lodge	HERNE HILL HARRERS	153	0:36:32	3869	A Trussler	WATFORD HARRIERS
54	0:33:18	3931	L Rogers	WYCOMBE PHOENIX HARRIEI	154	0:36:34	3882	M McCarthy	WEST SUFFOLK AC
55	0:33:20	3391	A Scott	HIGHGATE HARRIES	155	0:36:36	3522	S Taylor	MORNINGTON CHASERS RC
56	0:33:21	3801	F Thompson	THAMES VALLEY HARRIERS	156	0:36:37	3171	C Fuller	CLAPHAM PIONEERS
57	0:33:22	3863	F De Mauny	WALTON AC	157	0:36:38	3401	N Wickings	HILLINGDON AC
58	0:33:24	3562	C Day	PADDOCK WOOD AC	158	0:36:40	3466	E Ford	LONDON HEATHSIDE AC
59	0:33:24	3375	A Stevens	HERNE HILL HARRERS	159	0:36:47	3421	A Farrall	KENT AC
60	0:33:24	3004	S Lackman	ABINGDON AAC	160	0:36:48	3024	E Stevens	ALDERSHOT FARNHAM & DA
61	0:33:26	3341	R Dunlop	HAVANT AC	161	0:36:48	3913	G Cory	WOKING AC
62	0:33:26	3727	C Lathwell	STOPSLEY STRIDERS JC	162	0:36:50	3605	R Northmore	RANELAGH HARRIERS
63	0:33:29	3328	E Harrison	GUILDFORD & GODALMING /	163	0:36:51	3771	J Davies	THAMES HARE & HOUNDS
64	0:33:34	3426	T Murphy	KENT AC	164	0:36:51	3050	L Douglass	BASILDON AC
65	0:33:37	3784	S Ainley	THAMES VALLEY HARRIERS	165	0:36:54	3575	R Neal	POOLE AC
66	0:33:40	3674	M Roberts	SERPENTINE RC	166	0:36:55	3557	N Kipps	ORION HARRIERS
67	0:33:41	3073	S Carter	BELGRAVE HARRIERS	167	0:36:59	3460	S Black	LONDON HEATHSIDE AC
68	0:33:43	3705	F Arnott	SOUTHAMPTON AC	168	0:37:00	3389	M Lean	HIGHGATE HARRIES
69	0:33:44	3534	L Hodgson	NEWQUAY & PAR AC	169	0:37:02	3109	A Reed	BLACKHEATH & BROMLEY HA
70	0:33:49	3762	R Lord	STUBBINGTON GREEN RUNN	170	0:37:03	3119	S Godfrey	CAMBRIDGE & COLERIDGE A/
71	0:33:57	3592	L Blazey	RANELAGH HARRIERS	171	0:37:03	3176	S Aldridge	CRAWLEY AC
72	0:33:59	3620	A Godfrey	READING AC	172	0:37:06	3467	S Hietanen	LONDON HEATHSIDE AC
73	0:34:00	3541	K Harbon	NORTH HERTS RRC	173	0:37:07	3565	E Rendall	PADDOCK WOOD AC
74	0:34:02	3385	E Burgess	HIGHGATE HARRIES	174	0:37:07	3867	H Johal	WATFORD HARRIERS
75	0:34:04	3689	R Coe-O'Brien	SOUTH LONDON HARRIERS	175	0:37:09	3123	M Kozlova	CAMBRIDGE & COLERIDGE A/
76	0:34:04	3774	S Hazel	THAMES HARE & HOUNDS	176	0:37:11	3571	D Dibden	POOLE AC
77	0:34:05	3707	N Blandford	SOUTHAMPTON AC	177	0:37:13	3350	M Frykfors	HEADINGTON ROAD RUNNEF
78	0:34:06	3140	R Luxton	CHELMSFORD AC	178	0:37:14	3273	M Ceccconi	EPSOM & EWELL HARRIERS
79	0:34:06	3922	K Gundersen	WOODFORD GREEN W ESSEX	179	0:37:17	3209	M Lennon	DULWICH RUNNERS AC
80	0:34:06	3274	D Norman	EPSOM & EWELL HARRIERS	180	0:37:17	3215	R Schulleri	DULWICH RUNNERS AC
81	0:34:09	3355	M Dorrington	HEDGE END RUNNING CLUB	181	0:37:21	3450	D Mountain	LONDON CITY AC
82	0:34:11	3479	S Swinhoe	LONDON HEATHSIDE AC	182	0:37:21	3339	C Millar	HASTINGS AC
83	0:34:13	3045	K Murphy	BARNET & DISTRICT AC	183	0:37:22	3388	L Faherty	HIGHGATE HARRIES
84	0:34:16	3005	C Parker	ABINGDON AAC	184	0:37:23	3125	R Sampson Geroski	CAMBRIDGE & COLERIDGE A/
85	0:34:19	3702	J Vickers	SOUTH LONDON HARRIERS	185	0:37:24	3626	H Wood	READING AC
86	0:34:28	3612	S Whatmough	RANELAGH HARRIERS	186	0:37:25	3811	K Levene	THE STRAGGLERS RC
87	0:34:31	3765	C Altmann	THAMES HARE & HOUNDS	187	0:37:26	3561	A Trauttmansdorff-Weinsbe	ORION HARRIERS
88	0:34:33	3914	L Faunch	WOKING AC	188	0:37:26	3038	J Westwood	AVON VALLEY RUNNERS
89	0:34:34	3779	E Stavreski	THAMES HARE & HOUNDS	189	0:37:27	3884	S Lloyd	WHITE HORSE HARRIERS AC
90	0:34:35	3761	D Hall	STUBBINGTON GREEN RUNN	190	0:37:28	3418	V Buck	KENT AC
91	0:34:36	3081	C Pennock	BELGRAVE HARRIERS	191	0:37:30	3526	R Jones	NENE VALLEY HARRIERS
92	0:34:39	3010	L Butt	ALDERSHOT FARNHAM & DA	192	0:37:37	3221	H Betteridge	EALING EAGLES
93	0:34:40	3082	R Prince	BELGRAVE HARRIERS	193	0:37:39	3259	T Devkee	EDMONTON RC
94	0:34:43	3753	A Joiner-Handy	ST EDMUND PACERS	194	0:37:41	3854	F Jeacocke	VICTORIA PARK H & TOWER I
95	0:34:44	3463	U Cartwright-Finch	LONDON HEATHSIDE AC	195	0:37:42	3755	K Chadd	STRIDERS OF CROYDON
96	0:34:44	3048	Z Levin	BARNET & DISTRICT AC	196	0:37:42	3077	L Goldie-Scott	BELGRAVE HARRIERS
97	0:34:48	3428	J Smith	KENT AC	197	0:37:43	3472	C Monahan	LONDON HEATHSIDE AC
98	0:34:49	3139	W King	CHELMSFORD AC	198	0:37:44	3141	H Pegg	CHELMSFORD AC
99	0:34:52	3929	R Campbell	WOODSTOCK HARRIERS AC	199	0:37:44	3837	L Hembury	TRING RUNNING CLUB
100	0:34:53	3877	I Rea	WEST 4 HARRIERS	200	0:37:46	3533	J Gill	NEW FOREST RC

# Senior Women

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
201	0:37:47	3438	J Sharples	LEIGHTON BUZZARD AC	301	0:40:23	3055	C Davies	BEDFORD & COUNTY AC
202	0:37:49	3521	F Russell	MORNINGTON CHASERS RC	302	0:40:25	3449	K Moeller	LONDON CITY AC
203	0:37:51	3721	P Bridgman	SPRINGFIELD STRIDERS RC	303	0:40:32	3821	J Prior	TRENT PARK RC
204	0:37:53	3279	C Fisher	ETON MANOR AC	304	0:40:34	3838	C Wilcock	TRING RUNNING CLUB
205	0:37:54	3219	A Thomas	DULWICH RUNNERS AC	305	0:40:36	3249	J Ruhland	EALING SOUTHALL & MIDDX
206	0:37:54	3618	S Francis	READING AC	306	0:40:41	3859	A Trihan	VICTORIA PARK H & TOWER H
207	0:37:56	3345	I Woods	HAVERING AC	307	0:40:42	3396	L Hyde	HILLINGDON AC
208	0:37:56	3812	D Smale	THE STRAGGLERS RC	308	0:40:43	3417	E Brown	KENT AC
209	0:37:56	3222	H Copeland	EALING EAGLES	309	0:40:45	3404	M Boast	HORSHAM BLUE STAR HARRI
210	0:37:57	3346	E Navesey	HAYWARDS HEATH HARRIERS	310	0:40:49	3358	E Brandley	HERCULES WIMBLEDON AC
211	0:37:59	3636	A Gooch	REDWAY RUNNERS	311	0:40:51	3669	D McCourt	SERPENTINE RC
212	0:38:00	3289	Z Woodward	ETON MANOR AC	312	0:40:54	3806	H Davies	THE STRAGGLERS RC
213	0:38:03	3298	K Copeland	FARNHAM RUNNERS	313	0:40:55	3883	R Bennett	WHITE HORSE HARRIERS AC
214	0:38:06	3643	L Davison	ROYSTON RUNNERS	314	0:40:56	3696	L Ingram	SOUTH LONDON HARRIERS
215	0:38:07	3851	C Evans	VICTORIA PARK H & TOWER H	315	0:40:57	3494	D Brent	MARSHALL MILTON KEYNES J
216	0:38:09	3040	S Boxer	BARNET & DISTRICT AC	316	0:40:57	3511	H Gardner	MORNINGTON CHASERS RC
217	0:38:10	3338	R Maslen	HASTINGS AC	317	0:40:59	3296	L Bamford	FARNHAM RUNNERS
218	0:38:12	3898	S Parkinson	WINCHESTER & DISTRICT AC	318	0:41:03	3319	P Skeats-Beswick	GOODGYM RACE TEAM
219	0:38:12	3027	G Carter-Collins	ASHFORD AC	319	0:41:04	3776	I Kriauzaitė	THAMES HARE & HOUNDS
220	0:38:12	3302	E Stradling	FARNHAM RUNNERS	320	0:41:04	3911	J Barclay	WOKING AC
221	0:38:13	3490	J Winfield	LUTON AC	321	0:41:05	3809	J Haworth	THE STRAGGLERS RC
222	0:38:13	3208	E Ibell	DULWICH RUNNERS AC	322	0:41:06	3308	K Puttock	FOLKESTONE AC
223	0:38:19	3662	A Eden	SERPENTINE RC	323	0:41:06	3481	J Vinluan	LONDON HEATHSIDE AC
224	0:38:26	3772	V Filsell	THAMES HARE & HOUNDS	324	0:41:13	3205	L Clapp	DULWICH RUNNERS AC
225	0:38:27	3574	L Moore	POOLE AC	325	0:41:13	3173	C Reynolds	CLAPHAM PIONEERS
226	0:38:27	3181	T Caroline	DAGENHAM 88 RUNNERS	326	0:41:15	3614	N Cook	READING AC
227	0:38:29	3890	E Carter	WINCHESTER & DISTRICT AC	327	0:41:15	3673	C Ringrow	SERPENTINE RC
228	0:38:29	3457	O Poole	LONDON FRONTRUNNERS	328	0:41:17	3515	M Kimura	MORNINGTON CHASERS RC
229	0:38:30	3742	Z Lowe	ST ALBANS STRIDERS	329	0:41:23	3553	L Owen	NORWICH ROAD RUNNERS
230	0:38:30	3041	N Froud	BARNET & DISTRICT AC	330	0:41:25	3398	M Spencer	HILLINGDON AC
231	0:38:31	3157	L Bray	CLAPHAM CHASERS RC	331	0:41:27	3408	C King	HUNTINGDONSHIRE AC
232	0:38:31	3847	N Bourne	VICTORIA PARK H & TOWER H	332	0:41:30	3638	S Galloway	REIGATE PRIORY AC
233	0:38:32	3397	K Shockley	HILLINGDON AC	333	0:41:31	3760	P Forse	STUBBINGTON GREEN RUNN
234	0:38:34	3034	B Francis	AVON VALLEY RUNNERS	334	0:41:33	3406	K Crawford	HUNTINGDONSHIRE AC
235	0:38:36	3692	J Duffey	SOUTH LONDON HARRIERS	335	0:41:34	3191	S Wood	DARTFORD HARRIERS AC
236	0:38:36	3926	Z Watson	WOODFORD GREEN W ESSEX	336	0:41:36	3246	C Meek	EALING SOUTHALL & MIDDX
237	0:38:36	3599	C Fowler	RANELAGH HARRIERS	337	0:41:38	3559	A Taylor	ORION HARRIERS
238	0:38:38	3530	S Wilkinson Hargate	NENE VALLEY HARRIERS	338	0:41:39	3168	K Tyler	CLAPHAM CHASERS RC
239	0:38:39	3664	D Gladstone	SERPENTINE RC	339	0:41:41	3556	L Humphreys	ORION HARRIERS
240	0:38:39	3458	N Wilkinson	LONDON FRONTRUNNERS	340	0:41:42	3814	E Taschimowitz	TAUNTON AC
241	0:38:40	3876	R Lewis	WEST 4 HARRIERS	341	0:41:43	3729	M Attree	ST ALBANS STRIDERS
242	0:38:40	3316	R Ashworth	GOODGYM RACE TEAM	342	0:41:44	3057	R Kerr	BEDFORD & COUNTY AC
243	0:38:41	3020	B Lafreniere	ALDERSHOT FARNHAM & DA	343	0:41:44	3580	S Swift	POOLE RUNNERS
244	0:38:42	3410	J Muspratt	HUNTINGDONSHIRE AC	344	0:41:50	3025	C Stewart	ALDERSHOT FARNHAM & DA
245	0:38:43	3422	E Grant	KENT AC	345	0:41:52	3805	L Collins	THE STRAGGLERS RC
246	0:38:46	3719	N Lagde	SOUTHEND ON SEA AC	346	0:41:52	3691	M David	SOUTH LONDON HARRIERS
247	0:38:49	3832	L Pitcairn-Knowles	TONBRIDGE AC	347	0:41:55	3715	H Gillard	SOUTHEND ON SEA AC
248	0:38:50	3864	C Bentley	WATFORD HARRIERS	348	0:42:04	3820	M O'Hare	TRENT PARK RC
249	0:38:50	3431	K Williams	KENT AC	349	0:42:05	3652	F Barrett	SERPENTINE RC
250	0:38:52	3537	P Adams	NORTH HERTS RRC	350	0:42:08	3233	O Parker-Scott	EALING EAGLES
251	0:38:54	3359	M Crouse	HERCULES WIMBLEDON AC	351	0:42:10	3028	R Dyer	ASHFORD AC
252	0:38:56	3796	L Morris	THAMES VALLEY HARRIERS	352	0:42:15	3632	S Whalley	READING ROADRUNNERS
253	0:38:56	3885	H Acquah	WIMBORNE AC	353	0:42:16	3243	C Jones	EALING SOUTHALL & MIDDX
254	0:38:56	3218	K Styles	DULWICH RUNNERS AC	354	0:42:18	3462	K Butler	LONDON HEATHSIDE AC
255	0:39:01	3153	K Carew-Robinson	CITY OF PORTSMOUTH AC	355	0:42:22	3550	J Killingworth	NORWICH ROAD RUNNERS
256	0:39:04	3823	Z Redondo	TRENT PARK RC	356	0:42:26	3411	E Smith	HUNTINGDONSHIRE AC
257	0:39:06	3655	J Bradley	SERPENTINE RC	357	0:42:27	3714	S Cribbs	SOUTHEND ON SEA AC
258	0:39:07	3634	N Clarke	REDWAY RUNNERS	358	0:42:28	3313	A Capper	FULHAM RUNNING CLUB
259	0:39:08	3357	C Binley	HERCULES WIMBLEDON AC	359	0:42:32	3853	M Harrison	VICTORIA PARK H & TOWER H
260	0:39:08	3301	E Pearson	FARNHAM RUNNERS	360	0:42:38	3928	D Bridges	WOODSTOCK HARRIERS AC
261	0:39:11	3405	K Cameron	HUNTINGDONSHIRE AC	361	0:42:39	3478	E Storrar	LONDON HEATHSIDE AC
262	0:39:13	3895	A Fenwick	WINCHESTER & DISTRICT AC	362	0:42:41	3551	E Mann	NORWICH ROAD RUNNERS
263	0:39:16	3582	J Braine	QUEENS PARK HARRIERS	363	0:42:45	3149	T Killingbeck	CITY OF NORWICH AC
264	0:39:17	3924	J Thomas	WOODFORD GREEN W ESSEX	364	0:42:46	3195	I Louise	DORKING & MOLE VALLEY AC
265	0:39:17	3757	S Upton	STRIDERS OF CROYDON	365	0:42:48	3152	C Baggaley	CITY OF PORTSMOUTH AC
266	0:39:21	3329	S Harrison	GUILDFORD & GODALMING J	366	0:42:51	3875	G Gillot	WEST 4 HARRIERS
267	0:39:21	3547	D English	NORWICH ROAD RUNNERS	367	0:42:52	3111	D Yapp	BLACKHEATH & BROMLEY HA
268	0:39:25	3903	V Brookling	WINDSOR SLOUGH ETON & H	368	0:42:54	3668	M King	SERPENTINE RC
269	0:39:25	3856	R Pitt	VICTORIA PARK H & TOWER H	369	0:42:55	3042	K Johnstone	BARNET & DISTRICT AC
270	0:39:27	3284	K Malcolm	ETON MANOR AC	370	0:42:59	3758	S Wong	STRIDERS OF CROYDON
271	0:39:27	3435	A Farnfield	LEIGHTON BUZZARD AC	371	0:43:05	3516	R Lamour	MORNINGTON CHASERS RC
272	0:39:28	3493	D Baldwin	MARSHALL MILTON KEYNES J	372	0:43:08	3577	M Vaughan-Johncey	POOLE AC
273	0:39:30	3894	A Fenwick	WINCHESTER & DISTRICT AC	373	0:43:09	3455	M Cook	LONDON FRONTRUNNERS
274	0:39:31	3414	E Daykin-Colombel	IPSWICH JAFFA RC	374	0:43:09	3482	K Vinnicombe	LONDON HEATHSIDE AC
275	0:39:33	3583	E Buck	QUEENS PARK HARRIERS	375	0:43:15	3824	S Thomas	TRENT PARK RC
276	0:39:33	3475	L Pointon	LONDON HEATHSIDE AC	376	0:43:16	3253	M Hodson	EAST LONDON RUNNERS
277	0:39:34	3085	H White	BELGRAVE HARRIERS	377	0:43:16	3447	H Haggis	LONDON CITY AC
278	0:39:36	3919	J Tarrant	WOKING AC	378	0:43:18	3299	J Georgiou	FARNHAM RUNNERS
279	0:39:36	3920	K Trinder	WOKING AC	379	0:43:20	3704	A Wilson	SOUTH LONDON HARRIERS
280	0:39:37	3504	B Harrop	MEDWAY & MAIDSTONE AC	380	0:43:23	3644	C Littlewood	ROYSTON RUNNERS
281	0:39:39	3089	L Crane	BEXLEY AC	381	0:43:25	3293	L Ing	FAIRLANDS VALLEY SPARTAN
282	0:39:41	3230	S Mackenzie	EALING EAGLES	382	0:43:25	3312	C Watts	FOLKESTONE AC
283	0:39:43	3154	J Kitching	CITY OF PORTSMOUTH AC	383	0:43:30	3297	F Carle	FARNHAM RUNNERS
284	0:39:44	3865	R Delivett	WATFORD HARRIERS	384	0:43:31	3930	Z White	WOODSTOCK HARRIERS AC
285	0:39:47	3671	E O'Connor	SERPENTINE RC	385	0:43:33	3555	G Hocking	ORION HARRIERS
286	0:39:48	3217	E Simmons	DULWICH RUNNERS AC	386	0:43:34	3602	V Lafeuille	RANELAGH HARRIERS
287	0:39:50	3750	E Walls	ST ALBANS STRIDERS	387	0:43:36	3255	C Millan	EAST LONDON RUNNERS
288	0:39:51	3470	J Irwin	LONDON HEATHSIDE AC	388	0:43:37	3158	G Brierley	CLAPHAM CHASERS RC
289	0:39:54	3127	R Baker	CAMBRIDGE HARRIERS	389	0:43:38	3817	T Green	TRENT PARK RC
290	0:39:56	3855	L Morgan	VICTORIA PARK H & TOWER H	390	0:43:44	3629	N Rickett	READING ROADRUNNERS
291	0:39:57	3520	A Riodell	MORNINGTON CHASERS RC	391	0:43:45	3576	C Snape	POOLE AC
292	0:40:04	3032	B Walsh	ASHFORD AC	392	0:43:45	3642	D Parr	RIVERSIDE RUNNERS ST NEOT
293	0:40:05	3827	R Fagg	TONBRIDGE AC	393	0:43:47	3624	C Phillips	READING AC
294	0:40:07	3769	J Davies	THAMES HARE & HOUNDS	394	0:43:48	3738	D Irwin	ST ALBANS STRIDERS
295	0:40:09	3379	J Winfield	HERNE HILL HARRERS	395	0:43:48	3844	J Barrow-Green	VICTORIA PARK H & TOWER H
296	0:40:10	3348	M Ding	HEADINGTON ROAD RUNNEF	396	0:43:49	3419	N Cartledge	KENT AC
297	0:40:12	3484	J Wastell	LONDON HEATHSIDE AC	397	0:43:51	3326	L Ellis	GUILDFORD & GODALMING J
298	0:40:15	3394	Z Dobbbs	HILLINGDON AC	398	0:43:53	3167	K Lysons	CLAPHAM CHASERS RC
299	0:40:19	3321	E Dodds	GREENWICH TRITONS	399	0:43:55	3036	S Jeddi	AVON VALLEY RUNNERS
300	0:40:21	3213	L Pickering	DULWICH RUNNERS AC	400	0:44:00	3600	C Hyde	RANELAGH HARRIERS

# Senior Women

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
401	0:44:00	3606	R Revett	RANELAGH HARRIERS	501	0:48:13	3226	A Hendy	EALING EAGLES
402	0:44:01	3650	S Kendall-Woods	SANDHURST JOGGERS	502	0:48:19	3486	A Woulfe	LONDON HEATHSIDE AC
403	0:44:03	3261	V Lovelock	EDMONTON RC	503	0:48:26	3323	R Holmes	GREENWICH TRITONS
404	0:44:03	3728	L Goddard	STOWMARKET STRIDERS	504	0:48:26	3848	P Cockman	VICTORIA PARK H & TOWER I
405	0:44:06	3552	A Millett	NORWICH ROAD RUNNERS	505	0:48:29	3322	E Harkins	GREENWICH TRITONS
406	0:44:08	3337	B Mabon	HASTINGS AC	506	0:48:31	3295	P Wilson	FAIRLANDS VALLEY SPARTAN
407	0:44:09	3229	M Kucharska	EALING EAGLES	507	0:48:34	3912	F Bishop	WOKING AC
408	0:44:10	3633	S Buck	REDWAY RUNNERS	508	0:48:41	3726	E Tribley	SPRINGFIELD STRIDERS RC
409	0:44:10	3131	M Whitefield	CAMBRIDGE HARRIERS	509	0:48:46	3180	J Akroyd	DAGENHAM 88 RUNNERS
410	0:44:12	3572	K Hay	POOLE AC	510	0:48:55	3627	C Macklin	READING ROADRUNNERS
411	0:44:13	3477	N Shoham	LONDON HEATHSIDE AC	511	0:48:56	3609	C Warner	RANELAGH HARRIERS
412	0:44:14	3242	C Günnewicht	EALING SOUTHALL & MIDDX	512	0:49:03	3678	M Tonaki	SERPENTINE RC
413	0:44:14	3819	J Moss	TRENT PARK RC	513	0:49:06	3791	C Le Rougetel	THAMES VALLEY HARRIERS
414	0:44:20	3303	L Tyler	FARNHAM RUNNERS	514	0:49:09	3351	S Harding-Brown	HEADINGTON ROAD RUNNEF
415	0:44:20	3395	F Hollingsworth	HILLINGDON AC	515	0:49:15	3291	C Chapman	FAIRLANDS VALLEY SPARTAN
416	0:44:21	3282	G Hennessey	ETON MANOR AC	516	0:49:18	3184	F Atkins	DARTFORD HARRIERS AC
417	0:44:21	3518	H Marshall	MORNINGTON CHASERS RC	517	0:49:30	3579	A Lewis	POOLE RUNNERS
418	0:44:22	3044	A Lee	BARNET & DISTRICT AC	518	0:49:38	3804	L Chase	THE STRAGGLERS RC
419	0:44:23	3713	A Stone	SOUTHAMPTON AC	519	0:49:41	3307	C O'Connor	FOLKESTONE AC
420	0:44:23	3130	D Martin	CAMBRIDGE HARRIERS	520	0:49:43	3818	C Harding	TRENT PARK RC
421	0:44:31	3925	A Wardle	WOODFORD GREEN W ESSEX	521	0:49:46	3578	A Brown	POOLE RUNNERS
422	0:44:35	3845	E Battson	VICTORIA PARK H & TOWER I	522	0:49:58	3935	H Potgieter	YAXLEY RUNNERS & JOGGER!
423	0:44:37	3663	L Fountain	SERPENTINE RC	523	0:50:12	3185	S Dann	DARTFORD HARRIERS AC
424	0:44:43	3887	A Pawson	WIMBORNE AC	524	0:50:15	3646	J Mcgreal	ROYSTON RUNNERS
425	0:44:44	3412	P Stocker	HUNTINGDONSHIRE AC	525	0:50:16	3665	J Hart	SERPENTINE RC
426	0:44:45	3639	A Morris	REIGATE PRIORY AC	526	0:50:19	3409	H McConville	HUNTINGDONSHIRE AC
427	0:44:54	3628	T Mcqueen	READING ROADRUNNERS	527	0:50:30	3000	A Bath	26.2 RRC
428	0:44:54	3165	A Jurkiewicz	CLAPHAM CHASERS RC	528	0:50:35	3640	L Boothby	RIVERSIDE RUNNERS ST NEOT
429	0:44:55	3320	N Brouwer	GREENWICH TRITONS	529	0:50:43	3415	J Haselwood	IPSWICH JAFFA RC
430	0:44:56	3317	B Greenwood	GOODGYM RACE TEAM	530	0:50:50	3182	S Hannah	DAGENHAM 88 RUNNERS
431	0:44:57	3857	A Tay	VICTORIA PARK H & TOWER I	531	0:50:52	3263	L Pichelski	EDMONTON RC
432	0:45:00	3874	L Clark	WEST 4 HARRIERS	532	0:50:55	3347	E Carter	HEADINGTON ROAD RUNNEF
433	0:45:01	3722	K Chapman	SPRINGFIELD STRIDERS RC	533	0:50:56	3278	H Dalton	ETON MANOR AC
434	0:45:02	3716	D Hallam	SOUTHEND ON SEA AC	534	0:51:03	3142	S Baker	CHICHESTER RUNNERS AC
435	0:45:04	3508	T Allardyce	MORNINGTON CHASERS RC	535	0:51:20	3399	L Visser	HILLINGDON AC
436	0:45:07	3746	L Stern	ST ALBANS STRIDERS	536	0:51:23	3651	E Loftesnes	SANDHURST JOGGERS
437	0:45:08	3283	J Heymann	ETON MANOR AC	537	0:51:30	3933	K Homewood	YAXLEY RUNNERS & JOGGER!
438	0:45:16	3183	R Islam	DAGENHAM 88 RUNNERS	538	0:51:48	3568	G Harrison	PITSEA RC
439	0:45:19	3046	D Savvas	BARNET & DISTRICT AC	539	0:51:51	3570	A Smith	PITSEA RC
440	0:45:21	3542	J Harbon	NORTH HERTS RRC	540	0:51:51	3275	S Ackland	ETON MANOR AC
441	0:45:30	3934	A Mogridge	YAXLEY RUNNERS & JOGGER!	541	0:51:58	3292	S Crowley	FAIRLANDS VALLEY SPARTAN
442	0:45:32	3239	S Dyke	EALING SOUTHALL & MIDDX	542	0:51:59	3825	M Watters	TRENT PARK RC
443	0:45:33	3545	G Quayle	NORTH HERTS RRC	543	0:52:05	3264	T Ruane	EDMONTON RC
444	0:45:36	3647	L Mitchell	ROYSTON RUNNERS	544	0:52:11	3866	N Economu	WATFORD HARRIERS
445	0:45:36	3381	E Doyle	HERTS PHOENIX AC	545	0:52:14	3332	S Frost	HALSTEAD ROAD RUNNERS
446	0:45:39	3641	E Lovatt	RIVERSIDE RUNNERS ST NEOT	546	0:52:21	3001	L Hooke	26.2 RRC
447	0:45:41	3843	H Demetriou	VEGAN RUNNERS UK	547	0:52:40	3172	S Prescott	CLAPHAM PIONEERS
448	0:45:46	3661	R Doyle	SERPENTINE RC	548	0:52:45	3666	S Holder	SERPENTINE RC
449	0:45:47	3349	E Foggin	HEADINGTON ROAD RUNNEF	549	0:53:04	3427	K Sharpe	KENT AC
450	0:45:48	3115	D Braveman	CAMBRIDGE & COLERIDGE A	550	0:53:09	3443	T Donohue	LINGFIELD RC
451	0:45:51	3232	S Park	EALING EAGLES	551	0:53:10	3723	V Curren	SPRINGFIELD STRIDERS RC
452	0:45:51	3318	S Moore	GOODGYM RACE TEAM	552	0:53:17	3543	R Pounder	NORTH HERTS RRC
453	0:45:53	3630	C Seymour	READING ROADRUNNERS	553	0:53:22	3423	A Hadlow	KENT AC
454	0:45:57	3192	R Young	DARTFORD HARRIERS AC	554	0:53:36	3733	M Coombs	ST ALBANS STRIDERS
455	0:46:00	3262	A Minas	EDMONTON RC	555	0:53:41	3631	M Sweeney	READING ROADRUNNERS
456	0:46:02	3281	J Hall	ETON MANOR AC	556	0:53:47	3808	C Glew	THE STRAGGLERS RC
457	0:46:06	3456	K Fitzgerald	LONDON FRONTRUNNERS	557	0:54:36	3736	C Holloway	ST ALBANS STRIDERS
458	0:46:10	3179	J Williams	CROYDON HARRIERS	558	0:54:37	3540	L Cook	NORTH HERTS RRC
459	0:46:15	3649	K Herrington	SANDHURST JOGGERS	559	0:55:04	3309	L Smith	FOLKESTONE AC
460	0:46:20	3314	J Farmer	FULHAM RUNNING CLUB	560	0:55:15	3002	S Lothian	26.2 RRC
461	0:46:28	3695	P Howard	SOUTH LONDON HARRIERS	561	0:55:16	3544	C Quayle	NORTH HERTS RRC
462	0:46:29	3294	H Smith	FAIRLANDS VALLEY SPARTAN	562	0:55:38	3822	C Read	TRENT PARK RC
463	0:46:30	3238	K Di Paolo	EALING SOUTHALL & MIDDX	563	0:55:45	3567	M Breeze	PITSEA RC
464	0:46:31	3548	L Jones	NORWICH ROAD RUNNERS	564	0:56:12	3304	T Eke	FOLKESTONE AC
465	0:46:35	3724	A Gilan	SPRINGFIELD STRIDERS RC	565	0:56:49	3732	L Cassidy	ST ALBANS STRIDERS
466	0:46:36	3039	C Boutle	BARNET & DISTRICT AC	566	0:58:12	3660	S Day	SERPENTINE RC
467	0:46:41	3593	T Burland	RANELAGH HARRIERS	567	1:00:10	3198	Z Sharples	DORKING & MOLE VALLEY AC
468	0:46:41	3842	C Tsang	TUNBRIDGE WELLS HARRIERS	568	1:00:52	3097	G Legon	BEXLEY AC
469	0:46:43	3446	M Adams	LITTLEDOWN HARRIERS	569	1:01:58	3305	K Lancefield	FOLKESTONE AC
470	0:46:43	3886	J Kennedy	WIMBORNE AC	570	1:02:04	3258	S Dutoit	EDMONTON RC
471	0:46:48	3585	N Hall	QUEENS PARK HARRIERS	571	1:03:05	3730	W Au-Yeong	ST ALBANS STRIDERS
472	0:46:48	3794	B Maddison	THAMES VALLEY HARRIERS	572	1:04:48	3743	N McGovern	ST ALBANS STRIDERS
473	0:46:50	3513	S Janes	MORNINGTON CHASERS RC	573	1:05:14	3324	H Logan	GREENWICH TRITONS
474	0:47:01	3587	D Howe	QUEENS PARK HARRIERS	574	1:06:04	3178	R Shanmuganathan	CROYDON HARRIERS
475	0:47:02	3186	E Ives	DARTFORD HARRIERS AC					
476	0:47:03	3199	V Victor	DORKING & MOLE VALLEY AC					
477	0:47:07	3464	S Chapman	LONDON HEATHSIDE AC					
478	0:47:10	3679	S Vaatz	SERPENTINE RC					
479	0:47:13	3266	C Aubry	ELY RUNNERS					
480	0:47:16	3667	N Kerr	SERPENTINE RC					
481	0:47:23	3203	S Banting	DULWICH RUNNERS AC					
482	0:47:24	3754	A Boesinger	STRIDERS OF CROYDON					
483	0:47:28	3227	J Hood	EALING EAGLES					
484	0:47:30	3325	R Stokes	GREENWICH TRITONS					
485	0:47:36	3310	G Turbutt	FOLKESTONE AC					
486	0:47:36	3333	V Coleman	CLAPHAM CHASERS RC					
487	0:47:37	3589	S Kennedy	QUEENS PARK HARRIERS					
488	0:47:38	3454	J Conway	LONDON FRONTRUNNERS					
489	0:47:42	3807	S Duffy	THE STRAGGLERS RC					
490	0:47:45	3234	L Plank	EALING EAGLES					
491	0:47:46	3586	L Hinshelwood	QUEENS PARK HARRIERS					
492	0:47:47	3800	K Tew	THAMES VALLEY HARRIERS					
493	0:47:54	3677	L Stewart	SERPENTINE RC					
494	0:47:57	3637	S King	REDWAY RUNNERS					
495	0:48:07	3223	U Crotty-Joyce	EALING EAGLES					
496	0:48:08	3645	I Marriage	ROYSTON RUNNERS					
497	0:48:10	3611	E Wellham	RANELAGH HARRIERS					
498	0:48:10	3252	K Wilton	EALING SOUTHALL & MIDDX					
499	0:48:11	3739	C Jack	ST ALBANS STRIDERS					
500	0:48:12	3590	C Aikin	RANELAGH HARRIERS					

# Senior Women

Pos	Time	No	Name	Club	Pos	Time	No	Name	Club
<b>Team Results:</b>									
Pos	Points	Team / Club		Placings					
1	17	ALDERSHOT FARNHAM & DAC		( 1 2 5 9 )					
2	98	HIGHGATE HARRIES		( 12 15 16 55 )					
3	126	CAMBRIDGE & COLERIDGE AC		( 25 28 31 42 )					
4	203	WINCHESTER & DISTRICT AC		( 4 27 35 137 )					
5	226	LONDON HEATHSIDE AC		( 20 29 82 95 )					
6	227	BELGRAVE HARRIERS		( 32 37 67 91 )					
7	261	CHELMSFORD AC		( 36 49 78 98 )					
8	272	HERNE HILL HARRERS		( 39 53 59 121 )					
9	281	THAMES VALLEY HARRIERS		( 45 56 65 115 )					
10	298	KENT AC		( 18 64 97 119 )					
11	304	READING AC		( 13 34 72 185 )					
12	324	RANELAGH HARRIERS		( 23 71 86 144 )					
13	336	SERPENTINE RC		( 41 66 102 127 )					
14	376	SOUTHAMPTON AC		( 68 77 103 128 )					
15	405	SOUTH LONDON HARRIERS		( 10 75 85 235 )					
16	415	THAMES HARE & HOUNDS		( 76 87 89 163 )					
17	427	TONBRIDGE AC		( 8 52 120 247 )					
18	441	HILLINGDON AC		( 26 111 147 157 )					
19	445	BARNET & DISTRICT AC		( 50 83 96 216 )					
20	538	AVON VALLEY RUNNERS		( 11 105 188 234 )					
21	546	ORION HARRIERS		( 43 150 166 187 )					
22	562	GUILDFORD & GODALMING AC		( 63 101 132 266 )					
23	586	VICTORIA PARK H & TOWER HAM		( 116 135 141 194 )					
24	611	DULWICH RUNNERS AC		( 113 139 179 180 )					
25	662	EALING SOUTHALL & MIDDX AC		( 107 124 126 305 )					
26	668	HERCULES WIMBLEDON AC		( 33 125 251 259 )					
27	670	WOKING AC		( 88 143 161 278 )					
28	734	ETON MANOR AC		( 48 204 212 270 )					
29	740	SOUTHEND ON SEA AC		( 24 123 246 347 )					
30	758	MARSHALL MILTON KEYNES AC		( 22 149 272 315 )					
31	767	HEADINGTON ROAD RUNNERS		( 146 148 177 296 )					
32	776	BEDFORD & COUNTY AC		( 21 112 301 342 )					
33	815	THE STRAGGLERS RC		( 109 186 208 312 )					
34	834	EALING EAGLES		( 151 192 209 282 )					
35	859	WATFORD HARRIERS		( 153 174 248 284 )					
36	938	POOLE AC		( 165 176 225 372 )					
37	964	MORNINGTON CHASERS RC		( 155 202 291 316 )					
38	997	ST ALBANS STRIDERS		( 140 229 287 341 )					
39	1000	WOODFORD GREEN W ESSEX L		( 79 236 264 421 )					
40	1010	FARNHAM RUNNERS		( 213 220 260 317 )					
41	1011	CITY OF PORTSMOUTH AC		( 108 255 283 365 )					
42	1139	WEST 4 HARRIERS		( 100 241 366 432 )					
43	1170	HUNTINGDONSHIRE AC		( 244 261 331 334 )					
44	1206	NORTH HERTS RRC		( 73 250 440 443 )					
45	1282	TRENT PARK RC		( 256 303 348 375 )					
46	1298	LONDON FRONTRUNNERS		( 228 240 373 457 )					
47	1312	STRIDERS OF CROYDON		( 195 265 370 482 )					
48	1313	NORWICH ROAD RUNNERS		( 267 329 355 362 )					
49	1355	CLAPHAM CHASERS RC		( 231 338 388 398 )					
50	1371	REDWAY RUNNERS		( 211 258 408 494 )					
51	1398	DARTFORD HARRIERS AC		( 134 335 454 475 )					
52	1442	GOODGYM RACE TEAM		( 242 318 430 452 )					
53	1483	QUEENS PARK HARRIERS		( 263 275 471 474 )					
54	1517	DORKING & MOLE VALLEY AC		( 110 364 476 567 )					
55	1534	ROYSTON RUNNERS		( 214 380 444 496 )					
56	1582	EDMONTON RC		( 193 403 455 531 )					
57	1609	SPRINGFIELD STRIDERS RC		( 203 433 465 508 )					
58	1622	READING ROADRUNNERS		( 352 390 427 453 )					
59	1703	DAGENHAM 88 RUNNERS		( 226 438 509 530 )					
60	1708	FOLKESTONE AC		( 322 382 485 519 )					
61	1715	GREENWICH TRITONS		( 299 429 484 503 )					
62	1766	26.2 RRC		( 133 527 546 560 )					
63	1864	FAIRLANDS VALLEY SPARTANS		( 381 462 506 515 )					