

Under 13 Boys (3000m) – LUCA STUBBS 18th (11.35), **SAMUEL GREENSTEIN** 55th (12.00), **THEO BODEN** 237th (13.35) 312 runners finished, the winner was Felix Vaughan of Reigate Priory (10.47). Team result 1st Aldershot, Farnham & District (29 points), 2nd Herne Hill Harriers (56), 3rd Chiltern Harriers (129), 37 teams finished

Under 13 Girls (3000m) – AIMI WEIGHTMAN 18th (12.35), **ELEANOR RACHEL** 89th (13.34), **SYDNEY ALLEN** 115th (13.47), **NATASHA TANNER** 239th (15.23), **REBECCA JEFFREY** 266th (16.19), **ANNA MURPHY** 268th (16.26) 283 runners finished, the winner was Bethany Cook of Bodyworks (11.36). Team result 1st Chiltern Harriers (59 points), 2nd City of Norwich (127), 3rd Herne Hill Harriers (143), **16th SBH (461)**, 32 teams finished

Under 15 Boys (4500m) – KRISTIAN IMROTH (2nd Claim) won the Bronze Medal (14.45), **FINN HARVEY** 23rd (15.30), **MATTHEW MCATEER** 226th (18.35), **BEN KELLY** 261st (19.31) unfortunately **FERGUS STONE** has not been recorded in the results, and is under review. 291 runners finished, the winner was Charlie Brisley of Invicta East Kent (14.36). Team result 1st Tonbridge (81 points), 2nd Aldershot, Farnham & District (132), 3rd Chiltern Harriers (150), 36 teams finished

Under 15 Girls (4000m) – SOPHIA STAAB 60th (18.19), **MIA GROOM** 82nd (18.36), **CHLOE BRASSEY** 155th (19.45), **SOPHIE BRASSEY** 221st (21.31), 270 runners finished, the winner was Charlotte Alexander of Herne Hill Harriers (16.09). Team result 1st City of Norwich (65 points), 2nd Guildford & Godalming (122), 3rd Walton (168), **19th SBH (518)**, 28 teams finished

Under 17 Men (6000m) – GEORGE GROOM won the Bronze Medal (19.21), **BEN WINFIELD** 13th (20.09), **THOMAS FULTON** 34th (20.46), 183 runners finished, the winner was Zakariya Mahamed of Southampton (19.01). Team result 1st Tonbridge (58 points), 2nd Aldershot, Farnham & District (67 points), 3rd Reading (132), 15 teams finished

Under 17 Women (5000m) – LIDIA KYRIACOU 56th (22.45), **SARAH BUTLER** 63rd (23.01), **JOSEPHINE CHADWICK** 78th (23.40), **LILE CORNWELL** 131st (25.49), **KAYLA MICHEL** 142nd (26.40), 161 runners finished, the winner was Amelia Quirk of Bracknell (19.20). Team result 1st Herne Hill Harriers (60 points), 2nd Aldershot, Farnham & District (77), 3rd Bracknell (141), **10th SBH (328)**, 15 teams finished

Under 20 Men (8000m) – SAM GRIFFITHS 24th (28.28), **OLIVER GREENSTEIN** 65th (31.04) 87 runners finished, the winner was Ellis Cross of Aldershot, Farnham & District (25.36). Team result 1st Aldershot, Farnham & District (37 points), 2nd Medway & Maidstone (76), 3rd Tonbridge (110), 6 teams finished

Under 20 Women (6000m) – GABRIELLA KYRIACOU 24th (25.05), **CHARLOTTE JOHNSTON** 33rd (25.36) 78 runners finished, the winner was Gemma Holloway of Thurrock (21.32). Team result 1st Aldershot, Farnham & District (23 points), 2nd Crawley (132), 3rd Reading (174), 4 teams finished

Senior Men (15000m) – RICHARD GOODMAN won the Silver Medal (48.42), **RICHARD HORTON** 5th (49.38), **LUUK METSELAAR** 18th (50.31), **KOJO KYEREME V40** 21st (1st V40 50.46), **DANIEL WATTS** 69th (53.48), **MATT GRANT** 105th (54.58), **EUAN MACKENZIE** 137th (55.50), **ROBERT RIGBY V55** 466th (62.43) 1068 runners finished, the winner was Andy Maud of Highgate Harriers (48.27). Team result 1st Highgate Harriers (121 points), 2nd Bedford & County (196), **3rd SBH (220)**, 69 teams finished

Senior Women (8000m) – NAOMI TASCHIMOWITZ 6th (30.02), **VICTORIA PRITCHARD** 14th (30.39), **VICTORIA WALKER** 38th (32.24), **JO KENT V50** (2nd Claim) 50th (2nd V50 33.14) 574 runners finished, the winner was Emily Hosker Thornhil of Aldershot, Farnham & District (28.42). Team result 1st Aldershot, Farnham & District (17 points), 2nd Highgate Harriers (98), 3rd Cambridge & Coleridge (126), 63 teams finished