

Under 20 Men 60 Metres (a)

CBP 2007	Harry Aikines-Aryeety	Sutton & District AC	6.67	
Posn	Num	Name	Club	Perf
Heat 1				
1	16	Romell Glave	Croydon Harriers	7.02 Q
2	28	Chad Miller	Hercules Wimbledon AC	7.11 Q
3	42	Zachary Stapleton	Rugby & Northampton AC	7.18 q
4	13	Jos Farquharson	Woodford Green w Essex L	7.34
5	5	Joshua Boakye	Marshall Milton Keynes AC	7.37
6	47	Campbell Williams	Vale of Aylesbury AC	7.71
Heat 2				
1	4	Niall Bevan	Enfield & Haringey AC	7.06 Q
2	12	Charlie Dobson	Colchester Harriers	7.09 Q
3	35	Keano-Elliott Paris-Samuel	Thames Valley Harriers	7.13 q
4	9	Emmanuel Dadzie	Thames Valley Harriers	7.40
5	1	Tyler Adams	Ashford AC	7.56
6	11	Ryan Denny	Brighton & Hove AC	7.93
Heat 3				
1	43	Nick Stewart	Enfield & Haringey AC	6.97
2	7	Khalil Bruney	Enfield & Haringey AC	7.04
3	27	Matthew Mabriwa	Harrow AC	7.30
4	8	Ashley Cooper	City of Norwich AC	7.47
5	40	Zak Skinner	Tonbridge AC	7.49
Heat 4				
1	49	Jared-Samir Williams	Croydon Harriers	6.97 Q
2	32	Nweike Nwabude	Thurrock Harriers	7.12 Q
3	31	Cameron Newton	Basingstoke & Mid Hants AC	7.16 q
4	33	Desmond Ofasi	Ealing Southall & Middlesex AC	7.17 q
5	34	Olaoluwa Ogunade	Woodford Green w Essex L	7.50
6	38	Kieran Riddell	Havering AC	7.77
Heat 5				
1	6	Maxwell Brown	Marshall Milton Keynes AC	7.05 Q
2	41	Johnson Sodipo	Thurrock Harriers	7.18 Q
3	20	Sam Jones	Southampton AC	7.31
4	17	Max Harbord	Kent AC	7.38
5	39	Charlie Rive	Jersey Spartan AC	7.51
6	29	Tyrell Mills-Rhule	Thames Valley Harriers	7.60
Heat 6				
1	3	Mahmoud Barrie	Braintree & District AC	7.11 Q
2	19	Daniel John	Thames Valley Harriers	7.18 Q
3	21	Luke Kelly	Guildford & Godalming AC	7.19 q
4	2	Moses Aregbesola	Bexley AC	7.29
5	23	Jamie Lambert	Brighton & Hove AC	7.36
6	44	Lewis Thorn	Braintree & District AC	7.38
Heat 7				
1	10	Eden Davis	Herts Phoenix AC	7.03 Q
2	26	Ben Matsuka-Williams	City of Norwich AC	7.06 Q
3	24	Phoenix Lyon	Shaftesbury Barnet Harriers	7.17 q
4	45	Kwame Twumasi-tawiah	Marshall Milton Keynes AC	7.24 q
5	30	Jonty Mitchell	Guildford & Godalming AC	7.46
6	37	Caleb Purdy	Brighton & Hove AC	7.74
Heat 8				
1	25	Camron Lyttle	Bexley AC	7.04 Q
2	22	Matthew Knight	Blackheath & Bromley Harriers	7.16 Q
3	15	Rhys Francis	Cambridge Harriers	7.25 q
4	50	Harry Woodall	Harlow AC	7.47
5	36	Darnell Plummer	London Heathside AC	7.59

Semi Final 1

1	43 Nick Stewart	Enfield & Haringey AC	6.91 Q
2	7 Khalil Bruney	Enfield & Haringey AC	7.00
3	35 Keano-Elliott Paris-Samuel	Thames Valley Harriers	7.09
4	41 Johnson Sodipo	Thurrock Harriers	7.11
5	3 Mahmoud Barrie	Braintree & District AC	7.12
6	15 Rhys Francis	Cambridge Harriers	7.27

Semi Final 2

1	49 Jared-Samir Williams	Croydon Harriers	6.95 Q
2	4 Niall Bevan	Enfield & Haringey AC	7.02
3	26 Ben Matsuka-Williams	City of Norwich AC	7.06
4	19 Daniel John	Thames Valley Harriers	7.13
5	31 Cameron Newton	Basingstoke & Mid Hants AC	7.20
6	45 Kwame Twumasi-tawiah	Marshall Milton Keynes AC	7.23

Semi Final 3

1	16 Romell Glave	Croydon Harriers	6.80 Q
2	6 Maxwell Brown	Marshall Milton Keynes AC	6.95 q
3	22 Matthew Knight	Blackheath & Bromley Harriers	7.09
4	33 Desmond Ofasi	Ealing Southall & Middlesex AC	7.11
5	12 Charlie Dobson	Colchester Harriers	7.17
6	21 Luke Kelly	Guildford & Godalming AC	7.26

Semi Final 4

1	10 Eden Davis	Herts Phoenix AC	6.92 Q
2	25 Camron Lyttle	Bexley AC	6.98 q
3	42 Zachary Stapleton	Rugby & Northampton AC	6.98
4	28 Chad Miller	Hercules Wimbledon AC	7.05
5	32 Nweike Nwabude	Thurrock Harriers	7.18
	24 Phoenix Lyon	Shaftesbury Barnet Harriers	DQ R 162.6

Final

1	16 Romell Glave	Croydon Harriers	6.77
2	49 Jared-Samir Williams	Croydon Harriers	6.87
3	10 Eden Davis	Herts Phoenix AC	6.93
4	6 Maxwell Brown	Marshall Milton Keynes AC	6.94
5	25 Camron Lyttle	Bexley AC	6.95
	43 Nick Stewart	Enfield & Haringey AC	DNS

Under 20 Men 200 Metres (b)

CBP 2014 Benjamin Snaith Cambridge & Coleridge AC 21.67

Posn Num Name Club Perf

Heat 1

1	55 Marlon Hogg-Williams	Harrow AC	23.00 Q
2	35 Keano-Elliott Paris-Samuel	Thames Valley Harriers	23.23 q
3	13 Jos Farquharson	Woodford Green w Essex L	23.48
4	21 Luke Kelly	Guildford & Godalming AC	23.54
5	53 Penketh Dylan	Highgate Harriers	24.72
	30 Jonty Mitchell	Guildford & Godalming AC	DNS

Heat 2

1	12 Charlie Dobson	Colchester Harriers	22.69 Q
2	52 Ryan Campbell	Dartford Harriers AC	23.14 q
3	59 Michael Shonibare	Victoria Park H & Tower H AC	23.80
4	58 George Mbofana	Slough Junior AC	24.18
5	63 Blake Strickland-Bennett	Radley AC	24.29

Heat 3

1	22 Matthew Knight	Blackheath & Bromley Harriers	23.23 Q
2	44 Lewis Thorn	Braintree & District AC	23.27
3	9 Emmanuel Dadzie	Thames Valley Harriers	23.56
4	19 Daniel John	Thames Valley Harriers	23.87

5	51	Thomas Boutelle	Kings College London	25.52
Heat 4				
1	54	Micah Francis-Dwyer	Croydon Harriers	23.00 Q
2	57	Ben Lloyd	Herts Phoenix AC	23.46
3	56	Myles Kelly-hyatt	Orion Harriers	23.51
4	61	Oliver Stacey	Radley AC	23.67
	62	Rashaan Stewart	Orion Harriers	DIS
Heat 5				
1	7	Khalil Bruney	Enfield & Haringey AC	22.52 Q
2	26	Ben Matsuka-Williams	City of Norwich AC	22.76 q
3	133	Luke Smith	Herts Phoenix AC	23.09 q
4	24	Phoenix Lyon	Shaftesbury Barnet Harriers	23.10 q
	45	Kwame Twumasi-tawiah	Marshall Milton Keynes AC	DNF
Semi Final 1				
1	7	Khalil Bruney	Enfield & Haringey AC	22.49 Q
2	54	Micah Francis-Dwyer	Croydon Harriers	22.69 Q
3	22	Matthew Knight	Blackheath & Bromley Harriers	22.92
4	52	Ryan Campbell	Dartford Harriers AC	23.13
	24	Phoenix Lyon	Shaftesbury Barnet Harriers	DNS
Semi Final 2				
1	55	Marlon Hogg-Williams	Harrow AC	22.35 Q
2	12	Charlie Dobson	Colchester Harriers	22.44 Q
3	26	Ben Matsuka-Williams	City of Norwich AC	22.49 q
4	133	Luke Smith	Herts Phoenix AC	22.97
5	35	Keano-Elliott Paris-Samuel	Thames Valley Harriers	23.18
Final				
1	55	Marlon Hogg-Williams	Harrow AC	22.11
2	7	Khalil Bruney	Enfield & Haringey AC	22.11
3	12	Charlie Dobson	Colchester Harriers	22.15
4	54	Micah Francis-Dwyer	Croydon Harriers	22.59
5	26	Ben Matsuka-Williams	City of Norwich AC	22.67
Under 20 Men 400 Metres (b)				
CBP 2016		Cameron Chalmers	Guernsey Island AAC	47.98
Posn	Num	Name	Club	Perf
Heat 1				
1	77	Owen Richardson	Basingstoke & Mid Hants AC	49.71 Q
2	69	James Jackson	Peter Symonds College	50.93 q
3	65	Ashley Gorton	Horsham Blue Star Harriers	52.63
4	67	James Greenhalgh	West Norfolk AC	53.98
5	63	Blake Strickland-Bennett	Radley AC	54.10
Heat 2				
1	75	Michael Oku-Ampofo	Newham & Essex Beagles AC	50.82 Q
2	135	Nilrem Stewart	Thames Valley Harriers	51.56 q
3	64	Tom Boggon	Biggleswade AC	52.81
4	74	Paul Notley	Cambridge & Coleridge AC	52.88
	71	Ricky Lutakome	Sutton & District AC	DNS
Heat 3				
1	60	Emmanuel Sosanya	Newham & Essex Beagles AC	51.03 Q
2	72	Henry Marshall	Tonbridge AC	51.15 q
3	73	Jack Millar	Reading AC	52.85
4	66	Robert Green	Herts Phoenix AC	54.97
Final				
1	77	Owen Richardson	Basingstoke & Mid Hants AC	48.45
2	60	Emmanuel Sosanya	Newham & Essex Beagles AC	49.73

3	72	Henry Marshall	Tonbridge AC	50.18
4	69	James Jackson	Peter Symonds College	50.70
5	135	Nilrem Stewart	Thames Valley Harriers	51.40
6	75	Michael Oku-Ampofo	Newham & Essex Beagles AC	51.51

Under 20 Men 800 Metres (b)

CBP 2007 Edward Aston Cambridge & Coleridge AC 1:54:04

Posn Num Name Club Perf

Heat 1

1	91	Daniel Mees	Peterborough AC	1.59.69 Q
2	79	Harry Boyd	Guildford & Godalming AC	2.00.03
3	99	Jake Young	Colchester Harriers	2.04.22
4	94	Joseph Peppiatt	Shaftesbury Barnet Harriers	2.07.23
5	92	Seb Mills	Chiltern Harriers AC	2.13.51

Heat 2

1	84	Joshua Eeles	Brighton Phoenix AC	1.57.36 Q
2	71	Ricky Lutakome	Sutton & District AC	1.58.63 q
3	85	William Forster	Bedford & County AC	1.58.77
4	98	Harry Swindells	Brighton Phoenix AC	2.01.34
5	87	Ethan Hartley	Basingstoke & Mid Hants AC	2.04.19

Heat 3

1	93	Feysel Nadew	Herne Hill Harriers	1.59.04 Q
2	86	Beck Grover	Herts Phoenix AC	1.59.24
3	81	Oscar Dawson	Colchester Harriers	2.02.20
4	83	Brodie Denholm	Brighton & Hove AC	2.05.00
5	89	Rufus Kent	Shaftesbury Barnet Harriers	2.09.10

Heat 4

1	80	Benjamin Davies	Bedford & County AC	1.57.29 Q
2	88	Hamza Kadir	Shaftesbury Barnet Harriers	1.57.30 q
3	134	Nathan Brown	Erme Valley Harriers	1.59.22
4	78	Ahmed Abdulle	Ilford AC	2.02.14
5	82	Adam Day	Chiltern Harriers AC	2.04.88

Final

1	88	Hamza Kadir	Shaftesbury Barnet Harriers	1.55.39
2	80	Benjamin Davies	Bedford & County AC	1.56.57
3	91	Daniel Mees	Peterborough AC	1.57.01
4	84	Joshua Eeles	Brighton Phoenix AC	1.57.92
5	71	Ricky Lutakome	Sutton & District AC	1.58.98
6	93	Feysel Nadew	Herne Hill Harriers	2.04.98

Under 20 Men 60m Hurdles (a)

CBP 2015 Euan Dickson-Earle Biggleswade AC 7.88

Posn Num Name Club Perf

Heat 1

1	101	Cameron Fillery	Brighton & Hove AC	8.00 Q
2	103	Edson Gomes	Shaftesbury Barnet Harriers	8.34 Q
3	67	James Greenhalgh	West Norfolk AC	8.86
4	38	Kieran Riddell	Havering AC	10.26

Heat 2

1	459	George Vaughan	Enfield & Haringey AC	8.13 Q
2	105	Michael Shields	Basildon AC	8.40 Q
3	102	Joe Fuggle	Tonbridge AC	8.57 q
4	132	Joseph Thurgood	Medway & Maidstone	8.65 q

Final

1	101 Cameron Fillery	Brighton & Hove AC	7.92
2	459 George Vaughan	Enfield & Haringey AC	8.03
3	103 Edson Gomes	Shaftesbury Barnet Harriers	8.06
4	105 Michael Shields	Basildon AC	8.39
5	102 Joe Fuggle	Tonbridge AC	8.79
6	132 Joseph Thurgood	Medway & Maidstone	8.83