

Athletics at Allianz Park

Two junior athletics development programmes in Barnet...

The Little Athletics Programme

The Little Athletics Programme (LAP), for 4 – 9 year olds, focuses on fine tuning motor skills and teaching the range of Athletics events through Athletics 365.

When? Tuesdays & Thursdays from 4:30 – 5:30pm

Where? At the top-of-the-range indoor/outdoor facilities of Allianz Park, NW4 1RL

The 1st Leg Programme

The 1st Leg Programme, for 10-15 year olds, caters for running, jumping and throwing events and serves as a feeder to our senior athletics clubs, Barnet & District AC and Shaftesbury Barnet Harriers.

When? Tuesdays & Thursdays from 5:00 – 6:00pm

Where? At the top-of-the-range indoor/outdoor facilities of Allianz Park, NW4 1RL



For further details please contact Daniel Lewis on:
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