

## Hertfordshire County AAA 1500m Championships

Stevenage 2 May 2016

### Senior Men

1	209 Aaron Cooper	Herts Phoenix AC	4:10.5
2	229 Will Morris	Barnet & District AC	4:23.4
3	237 Thomas Sloan	Stevenage & NH	4:26.8
4	214 Nick Gill	Fairlands Valley S	5:31.9
5	234 Kartik Sharma	Fairlands Valley S	6:22.4

### Veteran Men (See Vets results)

### Under 20 Men

1	218 Beck Grover	Herts Phoenix AC	4:09.3
2	231 Rhys Rowlands	Dacorum & Tring AC	4:26.0
3	242 Joshua Van Heiningen	Dacorum & Tring AC	4:38.1

### Under 17 Men

1	223 Kristian Imroth	Dacorum & Tring AC	4:16.79
2	202 Jamie Ayres	Dacorum & Tring AC	4:32.68
3	206 Elliot Breen (U17)	Herts Phoenix AC	4:43.90
4	227 Jason List	Stevenage & NH	4:54.06

### Under 15 Boys

1	219 Alex Harris	St Albans AC	4:34.2
2	246 Charlie Woollett	Watford Harriers	4:39.1
3	235 Ben Sloan (U15B)	Woodford Green wEL	4:41.6
4	222 Ben Hunter	Watford Harriers	4:42.6
5	240 Luca Stubbs	Shaftesbury Barnet H	4:45.7
6	210 Thomas Cooper	St Albans AC	4:47.4
7	212 Joseph Gallego	Stevenage & NH	4:48.5
8	241 Freddie Truman-Williams	Dacorum & Tring AC	4:48.9
9	236 Sam Sloan	Woodford Green wEL	4:50.1
10	203 James Bailey	Dacorum & Tring AC	4:53.7
11	205 Bryce Breen	Herts Phoenix AC	4:55.5
12	213 Daniel Gill	Herts Phoenix AC	4:56.4
13	113 Sam Hicks	St Albans AC	4:57.2
14	216 Charlie Grayson	Stevenage & NH	5:00.9
15	230 Robert Quigley	St Albans AC	5:03.9
16	221 Charlie Hodder	Herts Phoenix AC	5:05.5
17	244 Tommy Wilson	St Albans AC	5:07.0
18	200 James Allison	St Albans AC	5:09.6
19	208 Samuel Burnell	Dacorum & Tring AC	5:12.8
20	204 Daniel Bentham	Luton AC	5:13.5
21	201 Thomas Ashton	Dacorum & Tring AC	5:14.2

## Hertfordshire County AAA 1500m Championships

Stevenage 2 May 2016

### Senior Women

1	264 Sophie Morris	Dacorum & Tring AC	5:02.60
2	251 Claire Bentley	Watford Harriers	5:11.32

### Veteran Women (See Vets results)

### Under 20 Women

1	249 Lisa Barber	Stevenage & NH	6:12.31
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### Under 17 Women

1	250 Elizabeth Bentham	Luton AC	4:52.19
2	270 Keira Stern	St Albans AC	4:59.58
3	262 Scarlett Kent	Shaftesbury Barnet H	5:08.28
4	266 Lottie Rowedder	Herts Phoenix AC	5:10.33
5	248 Emily Anders	St Albans AC	5:25.63
6	247 Emily Alderson	Chiltern Harriers AC	5:27.75
7	267 Aysha Saifullah	St Albans AC	6:20.92

### Under 15 Girls

1	274 Jane Williamson	Chiltern Harriers AC	4:56.49
2	271 Lucy Taylor	Stevenage & NH	5:03.24
3	261 Grace Ingles	Shaftesbury Barnet H	5:03.83
4	265 Elena Roncarati	Shaftesbury Barnet H	5:10.54
5	260 Grace Hucknall	Watford Harriers	5:26.99
6	259 Christina Durbin	St Albans AC	5:27.67
7	253 Amy Cassidy	Dacorum & Tring AC	5:29.88
8	263 Grace Malcolm	Harlow AC	5:52.40
9	252 Lily Boden	Dacorum & Tring AC	dnf