

# NORTH WEST LONDON YOUNG ATHLETES CC. LEAGUE

Fixture 3 Held at Trent Park, Cockfosters 25th November 2017. Hosted by Barnet & District A.C

Boys Under 11      2450 Metres

1	C. Sayles	Hig	11.03	28	A. Scott	Hig	13.52
2	L. Bailey	Hig	11.08	29	Z. Addison	Hrw	14.09
3	Z. Jones	Bar	11.18	30	J. Drinkell	Hig	14.15
4	W. Nicole	Hig	11.48	31	S. Ray Cherry	QPH	14.24
5	R. Rock	TVH	11.53	32	O. Fletcher	Hig	14.32
6	A. Edgar	ESM	11.54	33	L. Reynolds.	Cook	14.42
7	B. Hearsey	Cook	12.12	34	E. Thompson	ESM	14.54
8	K. Mangat	Hrw	12.16	35	T. Dickinson	Cook	15.32
9	H. Williams	Hil	12.17	36	J. Peris	Hrw	15.35
10	A. Awenoot	Hig	12.21	37	J. Newby	TP	15.44
11	B. Badiako	LH	12.22	38	O. Don	Bar	15.51
12	T. Chadwick	Hig	12.23	39	R. Ogilvie	Hig	16.07
13	G. Parkinson	Hig	12.35	40	N. Naylor	LH	16.14
14	J. Hayes	Hig	12.37	41	H. Lee	Bar	17.05
15	L. Baughan-Withington	Bar	12.45	42	R. Edwards	LH	17.33
16	J. Turner	Cook	13.08				
17	E. Rashid-Grant	Bar	13.11				
18	S. Smith	Cook	13.13				
19	A. Salkeld	QPH	13.15				
20	O. Southon	Hrw	13.2				
21	D. Smythe	Bar	13.23				
22	N. Powlson	E E	13.23				
23	T. Dobbin	ESM	13.36				
24	O. Seraj	TVH	13.37				

25	O. Tivnann	Tr Pk	13.44
26	S. Jabbar	QPH	13.46
27	A. Cameron	Hig	13.49

### Boys Under 11 Teams

1	Highgate 'A'	17
2	Barnet & District	56
3	Highgate 'B'	66
4	Cookham .	74
5	Harrow	93
6	Ealing, Southall & Middx	106
7	TVH	115
8	QPH	119
9	Highgate 'C'	129
10	London Heathside	136
11	Hillingdon	138
12	Trent Park	148
13	Ealing Eagles	151

### Boys Under 13 3000 metres

1	S. Blake	LH	12.24	32	L. Doukaki	Hig	15.06
2	A. Hamud	Hil	12.34	33	N. Moussa	Hil	15.11
3	J. Bailey	Hig	12.51	34	T. Berger	Tr Pk	15.15
4	S. Hasson	LH	12.53	<b>35</b>	<b>O. Handelsman-Leigh</b>	<b>Sh B</b>	<b>15.19</b>
<b>5</b>	<b>D. Hammond</b>	<b>Sh B</b>	<b>12.55</b>	36	L.Spaccatrossi	Hig	15.21
<b>6</b>	<b>L.Roncarati</b>	<b>Sh B</b>	<b>13.01</b>	37	R. Armstrong	Dac Tr	12.33
7	O. MacGonigal	Hrw	13.24	38	J. Arthur	QPH	15.21
8	M. Bishop	TVH	13.25	39	J. Ahmed	TVH	15.49
<b>9</b>	<b>L. Maxides</b>	<b>Sh B</b>	<b>13.28</b>	40	J. Rashid-Grant	Bar	16.09

10	D. Paine	Tr Pk	13.33	41	N. Clarke	Bar	16.33
11	R. Mangat	Hrw	13.34	<b>42</b>	<b>L. Marcus</b>	<b>Sh B</b>	<b>17.08</b>
12	S. Ingus	TVH	13.35	<b>43</b>	<b>F. Johnson</b>	<b>Sh B</b>	<b>19.13</b>
13	C. Hopkins	Hig	13.38	44	L. Ahmed	Hil	19.56
14	L. Maher	LH	13.38				
15	E. Rigarfsford	Dac Tr	13.41				
<b>16</b>	<b>T. Boden</b>	<b>Sh B</b>	<b>13.45</b>				
17	M. Steel	ESM	13.48				
18	A. Smith	ESM	13.55				
19	T. Fryer	Dac Tr	13.56				
20	Ta Aj Ojha	ESM	14.03				
21	E. Jackson	T Pk	14.11				
22	A. Reed	LH	14.12				
23	J. Davis-Black	LH	12.16				
24	C. Bleazard	Cook	14.24				
25	E. Baddiel-Banks	Hig	14.35				
26	R. McTiernan	Hrw	14.37				
27	R. Armstrong	Dac Tr	13.41				
28	C. Shervell	Cook	14.43				
29	F. Muhamed	Hil	14.48				
30	J. Aiden	Bar	14.51				
31	M. Kercher	Tr Pk	15.01				

Under 13 Boys

Teams

<b>1</b>	<b>Shaftesbury Barnet</b>	<b>36</b>
2	London Heathside	41
3	Highgate	73
4	Harrow	89
5	Trent Park	96
6	Ealing, Southall & Mdx	100
7	TVH	104
8	Dacorum & Tring	106
9	Hillingdon	108

10	Cookham	135
11	Barnet & District	156
12	QPH	172

Boys Under 15 4200 Metres

1	A. Khalif	Hil	15.47	32	A. Brennan	Tr Pk	19.39
2	H. Ahmed	Hil	16.15	33	E. Alexander	Tr Pk	19.4
3	M. Armstrong	Dac Tr	16.18	34	M. Lamagna	ESM	19.42
4	A. Abdi	TVH	16.36	35	A. Fraser	Bar	19.46
5	T. Archer	LH	16.4	<b>36</b>	<b>M. Norman</b>	<b>Sh B</b>	<b>19.51</b>
6	R. McGonagle	LH	16.43	37	A. Moussa	Hil	20.03
<b>7</b>	<b>J. Heather</b>	<b>Sh B</b>	<b>13.34</b>	38	L. Selwyn	LH	20.31
8	R. Somogyi	Hig	16.51	39	R. Davison	ESM	20.34
9	S. Umashankar	TVH	17.02	<b>40</b>	<b>J. Grossman</b>	<b>Sh B</b>	<b>20.36</b>
<b>10</b>	<b>D. Michel</b>	<b>Sh B</b>	<b>17.07</b>	41	D. Lewis	E E	20.54
11	B. Rock	TVH	17.16	<b>42</b>	<b>A. Ellis</b>	<b>Sh B</b>	<b>21.49</b>
12	O. O'Connor	LH	17.21	<b>43</b>	<b>J. Cahn</b>	<b>Sh B</b>	<b>22.42</b>
13	A. Findlay	Bar	17.23	44	S. Loubenski	Tr Pk	22.54
14	T. Durrant	Dac Tr	17.28	Boys Under 15 Teams			
15	M. Watson	Hig	17.31	1	TVH	47	
16	F. acCarthy	Bar	17.36	2	London Heathside	50	
17	C. Hudson	Hrw	17.39	3	Dacorum & Tring	63	
18	M. Muralitheran	Hrw	17.57	<b>4</b>	<b>Shaftesbury Barnet 'A'</b>	<b>70</b>	
19	L. Finnegan	Tr Pk	17.57	5	Hilloingdon	77	
20	T. Ashton	Dac Tr	18.12	6	Highgate	81	
21	F. Sleeman	Hig	18.36	7	Barnet & District	109	
22	T. Edgar	ESM	18.4	8	Trent Park RC	115	
23	B. Abamecha	TVH	18.44	9	Ealing Southall & Mdx	119	
24	F. Mountford	ESM	18.44	10	Harrow	125	
<b>25</b>	<b>M. McAteer</b>	<b>Sh B</b>	<b>18.46</b>				
26	T. O'Reilly	Dac Tr	18.52				

27	L. Hanson	LH	18.59
<b>28</b>	<b>C. O'Keefe</b>	<b>Sh B</b>	<b>19.06</b>
29	I. Khalif	Hil	19.11
<b>30</b>	<b>O. Trup</b>	<b>Sh B</b>	<b>19.13</b>
31	R. Edmeads	Tr Pk	19.37

Men Under 17

5600 Metres

<b>1</b>	<b>D. Hepworth</b>	<b>Sh B</b>	<b>23.24</b>
2	E. McArdle	Tr Pk	23.33
3	F. Sturrock	Tr Pk	23.35
4	W. Douglas	Tr Pk	23.38
5	E. Fraser	Bar	25.38
6	C. Ball	Tr Pk	26.04
7	C. Edwards	ESM	26.06
8	G. Acosta	Tr Pk	26.32
9	C. Bochetti	Tr Pk	26.56
10	J. Wightman	Tr Pk	27.39
<b>11</b>	<b>B. Kelly</b>	<b>Sh B</b>	<b>27.48</b>
12	J. Street	Tr Pk	28.37
13	N. Scott	Bar	30.54

<b>11</b>	<b>Shaftesbury Barnet 'B'</b>	<b>148</b>
12	Ealing Eagles	176

Men Under 17 Teams

1	Trent Park 'A'	15
2	Trent Park 'B'	39
<b>3</b>	<b>Shaftesbury Barnet</b>	<b>40</b>
4	Barnet & District	46
5	Ealing, Southall & Middx	49

