



## WOMEN'S BEST PERFORMANCE AWARDS 2013

ATHLETE OF THE YEAR	MARILYN OKORO
SENIOR TRACK	GEMMA NICOL
SENIOR TRACK	OEMIMA NICOL
SENIOR FIELD	JADE LALLY
UNDER 23 TRACK	BETH POTTER
UNDER 23 FIELD	RACHEL HUNTER
UNDER 20 TRACK	SABRINA BAKARE
UNDER 20 FIELD	SHADINE DUQUEMIN/LOUISA JAMES
UNDER 17 TRACK	SOPHIA PARVIZI-WAYNE
UNDER 17 FIELD	AURELIA IPPOLITO
UNDER 15 TRACK	EMMA BABALOLA
UNDER 15 FIELD	LAUREN DAYMER
UNDER 13 TRACK	RACHEL CARTER
UNDER 13 FIELD	GABRIELLA MURRAY-PANAYIOTOU
MASTERS TRACK	LISA WEBB TRECIA SMITH
MASTERS FIELD	RACHEL FATUADE
HURDLES TROPHY	RACHEL FATUADE
UK LEAGUE (R.MORRIS CUP)	LUCY UNDERDOWN
Team Manager to nominate	
JUNIOR WOMEN'S LEAGUE	LIZZIE BIRD / STEFFI WILSON
Team Manager to nominate	
YOUNG ATHLETES LEAGUE U17	JESSIE CONCANNON
Team Manager to nominate	
YOUNG ATHLETES LEAGUE U15	ABI OGUNBODEDE
Team Manager to nominate	
ROAD RUNNER OF THE YEAR	RACHEL FELTON
LONG DISTANCE ROAD RUNNER	SARAH WILLIAMS
OF THE YEAR	
MASTERS LONG DISTANCE	-
ROAD RUNNER OF THE YEAR	
CORONATION TROPHY	ALAN WELLER
(For services to the Club)	
COACH OF THE YEAR	GEORGE HARRISON/NADEEM SHAIKH
Male or female	
OFFICIAL OF THE YEAR	STEVE MARSHALL
Male or female	

## AWARDS WILL BE PRESENTED AT CLUB AGM TO BE HELD IN THE WEST STAND MEETING AREA ON THURSDAY 28 NOVEMBER 2013 AT 20.00

A Community Amateur Sports Club - Registration Number: 00560 Allianz Park, Greenlands Lane, Hendon, London NW4 1RL