

Time	Team	Leg1	Name	Leg2	Name
0:17:25.25	West Suffolk AC	0:08:37.75 (3)	E Moyes	0:08:47.50 (1)	M Newton
0:18:11.30	Loughborough Students AC	0:09:21.90 (24)	D Webb	0:08:49.40 (6)	A Barbour
0:19:00.25	Barnsley Athletic Club	0:09:08.65 (13)	A Moore	0:09:51.60 (14)	T Hammond
0:19:17.80	Ealing Southall & Middlesex AC	0:09:19.85 (22)	N Ravenhill	0:09:57.95 (18)	J Leane
0:19:39.90	Charnwood A C	0:09:32.60 (26)	A Hammersley	0:10:07.30 (23)	A Seager
0:19:46.65	Basingstoke & Mid Hants Ac	0:09:04.90 (12)	M Deadman	0:10:41.75 (24)	M Watson
0:19:59.60	Derby Athletic Club 'A'	0:09:45.35 (32)	B Hudson	0:10:14.25 (27)	A Kiltie
0:20:24.70	Rugby & Northampton Ac	0:09:14.40 (18)	E Bond	0:11:10.30 (30)	Runner B279
0:20:48.65	Hallamshire Harriers Sheffield	0:10:03.20 (35)	M McCarthy	0:10:45.45 (34)	L Wilson
0:08:47.00	Middlesbrough Athletic Club (mand	0:08:47.00 (7)	P Stone		
0:08:58.50	University of Birmingham AC 'B'*	0:08:58.50 (9)	L Whittingham		
0:10:05.95	Newcastle Staffs Ac	0:10:05.95 (37)	S Goodfellow		
0:10:21.10	University of Nottingham AC 'B'*	0:10:21.10 (40)	E Armstrong		
0:11:30.85	Saffron Athletics Club	0:11:30.85 (45)	M Rowley		

Fastest Leg 1

Pos	Time	Bib	Name	Team
1	0:08:29.55	A289	S Chapman	University of Birmingham AC 'A'*
2	0:08:36.60	A282	C Cowan	Sale Harriers Manchester 'B'
3	0:08:37.75	A297	E Moyes	West Suffolk AC
4	0:08:38.05	A248	J Keene	Blackheath And Bromley Harriers AC 'A'
5	0:08:39.55	A296	K Lowery	Warrington A C
6	0:08:46.30	A281	A Pratt	Sale Harriers Manchester 'A'
7	0:08:47.00	A273	P Stone	Middlesbrough Athletic Club (mandale)
8	0:08:52.90	A275	O Mathias	Newark Ac
9	0:08:58.50	A290	L Whittingham	University of Birmingham AC 'B'*
10	0:09:00.30	A257	G Rothwell	City of York AC

Fastest Leg 2

Pos	Time	Bib	Name	Team
1	0:08:47.25	B248	K McDonald	Blackheath And Bromley Harriers AC 'A'
2	0:08:47.50	B297	M Newton	West Suffolk AC
3	0:08:49.40	B271	A Barbour	Loughborough Students AC
4	0:08:50.15	B281	F Brint	Sale Harriers Manchester 'A'
5	0:09:08.00	B241	E Cockle	Aldershot Farnham & District 'A'
6	0:09:20.55	B289	S Sinha	University of Birmingham AC 'A'*
7	0:09:24.05	B265	Z Tompkins	Herne Hill Harriers
8	0:09:24.30	B277	C Hurton	Oxford University AC 'A'*
9	0:09:27.15	B266	L Byram	Holmfirth Harriers Ac
10	0:09:28.35	B254	C Taylor	Cambridge & Coleridge AC 'B'

Fastest Leg 3

Pos	Time	Bib	Name	Team
1	0:08:12.00	C296	H Knowles-Jones	Warrington A C
2	0:08:49.50	C289	V Weir	University of Birmingham AC 'A'*
3	0:08:49.95	C241	N Brown	Aldershot Farnham & District 'A'
4	0:09:01.50	C248	N Bridson-Hubbard	Blackheath And Bromley Harriers AC 'A'
5	0:09:03.45	C253	J Paternain	Cambridge & Coleridge AC 'A'
6	0:09:15.80	C281	J Downs	Sale Harriers Manchester 'A'
7	0:09:25.50	C295	L Robinson	Wakefield District H & Ac
8	0:09:36.10	C266	E Byram	Holmfirth Harriers Ac
9	0:09:36.60	C269	M McPolin	Leigh Harriers & Ac
10	0:09:56.80	C277	T Woods	Oxford University AC 'A'*