

**U 13 1500m**

1	1979 Eric Kimani	4:18.4
2	1998 Sam Hall	4:35.3
3	2013 Jamie Harper	4:35.95
4	1982 Juan Hacas	4:36.8
5	1994 Dennis Smith	4:36.8
6	1985 David O'Donovan	4:39.0
7	1980 David Wright	4:39.1
8	2014 Finn Harvey	4:41.56
9	1994 Tom Tyers	4:41.6
10	2013 David Stone	4:42.34

**U 13 3,000m**

1	1998 Sam Hall	9:51.1
2	1985 David O'Donovan	9:53.4
3	1999 Daniel Nolan (2)	11:17.?
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**U 13 75m Hurdles**

1	2009 Sean Lupdag	12.6
2	2011 Nabil Haque	12.85
3	2008 Easheam Andrews	12.9
4	2007 James Ekwen	13.02
5	2013 Eromo Egbor	13.1
6	2005 Eden Tarn	13.2
7	2014 Ben Bellisario	13.2
8	2015 Sebastiano Corbo	13.25
9	2006 Sonny Bailey Aird	13.27
10	2008 Harry Mistry	13.3

**U 15 1500m**

1981 Eric Kimani	4:06.0
2009 Matthew McLaughlin	4:08.23
2012 Jamie Dee	4:08.33
2015 Jamie Harper	4:12.46
2011 Billy Kelsey	4:13.67
1985 Wayne Dart	4:14.1
1987 Ben Ahmed	4:14.5
1984 Juan Hacas	4:14.81
2014 George Groom	4:14.86
2014 Jeremy Dempsey	4:15.49

**U 15 3,000m**

2009 Matthew McLaughlin	8:57.38
2012 Jamie Dee	9:02.90
1997 Stephen Murphy	9:05.1
2017 Isaac Chandler	9:05.82
1987 Ben Ahmed	9:06.7
2009 Michael Calegari	9:10.22
1985 Wayne Dart	9:12.7
1999 Sam Hall	9:13.2
1976 Phil Llewellyn	9:15.0
1987 David O'Donovan	9:18.0

**U 15 80m Hurdles**

2002 Miles Jones	11.44
2006 Kaz Ong	11.48
1990 Stephen Watts	11.5
1990 Paul Czarnecki	11.6
2008 Randy Momie	11.78
2011 Chimdi Kema	11.88
1981 P. Thomas	11.9
1992 Vincent Martorana	11.9
1997 J. Pollett	11.9
1981 R. Lee	12.0

**U 17 1500m**

2012 Liam Dee	3:50.10
2016 Jeremy Dempsey	3:54.4
2014 Jamie Dee	3:54.57
2009 Richard Goodman	3:54.71
1982 Eric Kimani	3:55.23
2010 Richard Charles	3:55.85
1987 Wayne Dart	3:56.2
2017 Thomas Patrick	3:56.25
2016 Hamza Kadir	3:56.87
2011 Michael Callegari	3:57.72

**U 17 3,000m**

2014 Jamie Dee	8:22.82
2011 Michael Callegari	8:28.89
2010 Richard Charles	8:33.66
2009 Richard Goodman	8:34.97
1978 David Sweeney	8:39.0
2016 Elliot Dee	8:39.32
2012 Liam Dee	8:40.10
1988 David O'Donovan	8:42.5
1985 Paul Kerbey	8:42.6
2017 Thomas Patrick	8:44.64

**U 17 100m Hurdles**

1981 Paul Brice	13.26
1978 Adrian Ash	13.5
2002 Segun Ogunshye	13.57
2017 Evan Campbell	13.78
1989 Chris Pini	13.8
2003 Chris Baily	13.90
2014 Dylan Carlsson-Smith	13.93
1991 Jason Toal	14.0
2008 Kaz Ong	14.0
2003 Stuart Rowan	14.05

**U 17 400m Hurdles**

2017 Ben Lloyd	52.98
2010 Matthew McLaughlin	54.70
2003 Stuart Rowan	55.73
1989 Simon Silverston	56.7
2017 Tyriq Lafeuille	57.34
1990 Jason Toal	57.5
1984 Dave Sanders	57.7
1994 Nick Harrison	57.9
1982 D. Walton	58.17
1996 Russel Young	58.4

**U 17 1500m Steeplechase**

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1	2003 Daniel Russell	4:17.15
2	1999 Stephen Murphy	4:19.22
3	2010 Matthew McLaughlin	4:21.49
4	2016 George Groom	4:22.14
5	2007 Tom Bryant	4:22.36
6	1996 Andrew Murphy	4:24.33
7	2000 Daniel Lewis (1)	4:26.26
8	1978 Phil Llewellyn	4:27.8
9	1998 Richard Williams	4:28.1
10	2003 William Armstrong	4:29.08