

U11 Boys Team Results

Ranl Club	Pts
1 Thames Valley Harriers	115
2 Victoria Park & Tower Hamlets	111
3 Barnet & District	106
4 Shaftesbury Barnet Harriers	104
5 Woodford Green & Essex Ladies	81
6 Cookham RC	67
7 Hillingdon	53
8 Highgate Harriers	37
9 Trent Park RC	27
10 Thames Valley Harriers 'B'	11
11 Barnet & District 'B'	9
12 Woodford Green & Essex Ladies 'B'	7
13 Cookham RC 'B'	6
14 Herts Phoenix	4
15 Serpentine RC	3
16 Enfield and Haringey	0
17 Ealing Eagles	0
18 Ealing, Southall and Middlesex	0
19 GoodGym Raceteam	0
20 Harlow RC	0
21 London City	0
22 London Front Runners	0
23 London Heathside	0
24 Metropolitan Police	0
25 Mornington Chasers	0

U11 Boys Team League Positions

Ranl Club	Claybu	Welwy	Uxbrid	Wormwood	Total	HWT	
1 Victoria Park & Tower Hamlets	76	111	120	111	0	418	18
2 Shaftesbury Barnet Harriers	63	116	134	104	0	417	17
3 Thames Valley Harriers	71	114	59	115	0	359	16
4 Barnet & District	47	48	75	106	0	276	15
5 Woodford Green & Essex Ladies	1	81	88	81	0	251	14
6 Hillingdon	35	40	100	53	0	228	13
7 Cookham RC	29	30	88	67	0	214	12
8 Herts Phoenix	23	97	28	4	0	152	11
9 Highgate Harriers	11	39	15	37	0	102	10
10 London Heathside	39	25	28	0	0	92	9
11 St Mary's Richmond	0	32	36	0	0	68	8
12 Trent Park RC	13	5	0	27	0	45	7
13 Ealing, Southall and Middlesex	0	0	44	0	0	44	6
14 Herts Phoenix 'B'	0	37	0	0	0	37	
15 Serpentine RC	12	19	1	3	0	35	5
16 Cookham RC 'B'	0	0	26	6	0	32	
17 Victoria Park & Tower Hamlets 'B'	13	17	0	0	0	30	
18 Hillingdon 'B'	0	0	19	0	0	19	
19 Barnet & District 'B'	2	0	0	9	0	11	
20 Thames Valley Harriers 'B'	0	0	0	11	0	11	

21	Shaftesbury Barnet Harriers 'B'	0	7	0	0	0	7
22	Woodford Green & Essex Ladies 'B'	0	0	0	7	0	7

U11 Girls Team Results

Ranl Club	Pts
1 Woodford Green & Essex Ladies	185
2 Thames Valley Harriers	181
3 Hillingdon	144
4 Victoria Park & Tower Hamlets	132
5 Cookham RC	124
6 Shaftesbury Barnet Harriers	108
7 Woodford Green & Essex Ladies 'B'	100
8 London Heathside	90
9 Barnet & District	73
10 Herts Phoenix	63
11 St Mary's Richmond	52
12 Hillingdon 'B'	45
13 Thames Valley Harriers 'B'	29
14 Cookham RC 'B'	19
15 Trent Park RC	16
16 London City	10
17 London Heathside 'B'	4
18 Barnet & District 'B'	3
19 Enfield and Haringey	0
20 Ealing Eagles	0
21 Ealing, Southall and Middlesex	0
22 GoodGym Raceteam	0
23 Harlow RC	0
24 Highgate Harriers	0
25 London Front Runners	0

U11 Girls Team League Positions

Ranl Club	Claybu	Welwy	Uxbrid	Wormwood	Total	HWT	
1 Woodford Green & Essex Ladies	187	199	156	185	0	727	18
2 Hillingdon	137	170	120	144	0	571	17
3 Victoria Park & Tower Hamlets	152	170	96	132	0	550	16
4 Woodford Green & Essex Ladies 'B'	146	140	97	100	0	483	
5 Thames Valley Harriers	95	68	112	181	0	456	15
6 Herts Phoenix	131	171	56	63	0	421	14
7 London Heathside	163	96	52	90	0	401	13
8 Cookham RC	139	0	59	124	0	322	12
9 Shaftesbury Barnet Harriers	0	139	74	108	0	321	11
10 Barnet & District	54	54	25	73	0	206	10
11 Trent Park RC	117	51	0	16	0	184	9
12 Hillingdon 'B'	20	59	40	45	0	164	
13 St Mary's Richmond	23	0	0	52	0	75	8
14 London City	25	30	6	10	0	71	7
15 Herts Phoenix 'B'	0	69	0	0	0	69	
16 Cookham RC 'B'	12	0	20	19	0	51	
17 Highgate Harriers	6	28	0	0	0	34	6

18	London Heathside 'B'	26	0	0	4	0	30	5
19	Thames Valley Harriers 'B'	0	0	0	29	0	29	
20	Ealing Eagles	0	0	23	0	0	23	
21	Shaftesbury Barnet Harriers 'B'	0	18	0	0	0	18	
22	Barnet & District 'B'	0	2	0	3	0	5	

U13 Boys Team Results

Ranl	Club	Pts
1	Woodford Green & Essex Ladies	244
2	Shaftesbury Barnet Harriers	217
3	Ealing, Southall and Middlesex	201
4	Herts Phoenix	194
5	Cookham RC	187
6	Woodford Green & Essex Ladies 'B'	165
7	London Heathside	164
8	Hillingdon	137
9	Victoria Park & Tower Hamlets	116
10	Ealing, Southall and Middlesex 'B'	115
11	St Mary's Richmond	113
12	Herts Phoenix 'B'	97
13	Highgate Harriers	76
14	Thames Valley Harriers	74
15	Barnet & District	58
16	Cookham RC 'B'	50
17	Shaftesbury Barnet Harriers 'B'	20
18	Hillingdon 'B'	18
19	Serpentine RC	3
20	Enfield and Haringey	0
21	Ealing Eagles	0
22	GoodGym Raceteam	0
23	Harlow RC	0
24	London City	0
25	London Front Runners	0

U13 Boys Team League Positions

Ranl	Club	Claybu	Welwy	Uxbrid	Wormwood	Total	HWT	
1	Woodford Green & Essex Ladies	265	218	186	244	0	913	18
2	Herts Phoenix	223	199	179	194	0	795	17
3	Shaftesbury Barnet Harriers	223	149	203	217	0	792	16
4	London Heathside	246	179	148	164	0	737	15
5	Hillingdon	200	175	161	137	0	673	14
6	Cookham RC	207	0	199	187	0	593	13
7	Woodford Green & Essex Ladies 'B'	176	138	100	165	0	579	
8	Ealing, Southall and Middlesex	98	59	157	201	0	515	12
9	Victoria Park & Tower Hamlets	181	103	45	116	0	445	11
10	Trent Park RC	149	135	130	0	0	414	10
11	Herts Phoenix 'B'	120	145	27	97	0	389	
12	Highgate Harriers	95	54	49	76	0	274	9
13	Hillingdon 'B'	79	52	68	18	0	217	
14	St Mary's Richmond	46	0	38	113	0	197	8

15	Thames Valley Harriers	73	38	0	74	0	185	7
16	Ealing, Southall and Middlesex 'B'	0	0	70	115	0	185	
17	Cookham RC 'B'	19	0	100	50	0	169	
18	Barnet & District	7	21	12	58	0	98	6
19	London Heathside 'B'	63	0	0	0	0	63	
20	Enfield and Haringey	32	0	0	0	0	32	5
21	Trent Park RC 'B'	13	17	0	0	0	30	
22	Shaftesbury Barnet Harriers 'B'	3	0	5	20	0	28	
23	Serpentine RC	10	0	0	3	0	13	4

U13 Girls Team Results

Ranl Club	Pts
1 Victoria Park & Tower Hamlets	153
2 Woodford Green & Essex Ladies	151
3 Thames Valley Harriers	144
4 Hillingdon	113
5 Cookham RC	112
6 Shaftesbury Barnet Harriers	89
7 Victoria Park & Tower Hamlets 'B'	57
8 Trent Park RC	56
9 St Mary's Richmond	50
10 Herts Phoenix	37
11 Barnet & District	31
12 London Heathside	28
13 Shaftesbury Barnet Harriers 'B'	17
14 Hillingdon 'B'	15
15 Highgate Harriers	13
16 Cookham RC 'B'	11
17 Woodford Green & Essex Ladies 'B'	4
18 Enfield and Haringey	0
19 Ealing Eagles	0
20 Ealing, Southall and Middlesex	0
21 GoodGym Raceteam	0
22 Harlow RC	0
23 London City	0
24 London Front Runners	0
25 Metropolitan Police	0

U13 Girls Team League Positions

Ranl Club	Claybu	Welwy	Uxbrid	Wormwood	Total	HWT	
1 Woodford Green & Essex Ladies	166	162	131	151	0	610	18
2 Thames Valley Harriers	169	144	94	144	0	551	17
3 Victoria Park & Tower Hamlets	166	130	95	153	0	544	16
4 Cookham RC	157	33	114	112	0	416	15
5 Hillingdon	115	47	109	113	0	384	14
6 Shaftesbury Barnet Harriers	95	93	50	89	0	327	13
7 Herts Phoenix	22	115	29	37	0	203	12
8 St Mary's Richmond	48	46	13	50	0	157	11
9 London Heathside	21	70	15	28	0	134	10
10 Thames Valley Harriers 'B'	106	6	17	0	0	129	

11	Victoria Park & Tower Hamlets 'B'	68	0	0	57	0	125	
12	Highgate Harriers	64	16	31	13	0	124	9
13	Barnet & District	31	18	23	31	0	103	8
14	Trent Park RC	0	32	11	56	0	99	7
15	Ealing, Southall and Middlesex	41	0	36	0	0	77	6
16	Woodford Green & Essex Ladies 'B'	36	30	0	4	0	70	
17	Shaftesbury Barnet Harriers 'B'	18	28	0	17	0	63	
18	Hillingdon 'B'	0	0	43	15	0	58	
19	Cookham RC 'B'	1	0	9	11	0	21	
20	Herts Phoenix 'B'	0	20	0	0	0	20	
21	London City	2	0	0	0	0	2	5

Junior Men Team Results

Ran	Club	Pts
1	Woodford Green & Essex Ladies	257
2	Hillingdon	225
3	Thames Valley Harriers	187
4	Victoria Park & Tower Hamlets	170
5	Shaftesbury Barnet Harriers	167
6	Trent Park RC	167
7	Herts Phoenix	146
8	Woodford Green & Essex Ladies 'B'	146
9	London Heathside	137
10	Highgate Harriers	105
11	Cookham RC	101
12	Ealing, Southall and Middlesex	97
13	Serpentine RC	94
14	Hillingdon 'B'	93
15	St Mary's Richmond	67
16	Trent Park RC 'B'	64
17	Thames Valley Harriers 'B'	36
18	Barnet & District	21
19	Victoria Park & Tower Hamlets 'B'	19
20	Herts Phoenix 'B'	17
21	Shaftesbury Barnet Harriers 'B'	17
22	Ealing, Southall and Middlesex 'B'	13
23	Enfield and Haringey	0
24	Ealing Eagles	0
25	GoodGym Raceteam	0
26	Harlow RC	0
27	London City	0
28	London Front Runners	0
29	Metropolitan Police	0
30	Mornington Chasers	0
31	Newham & Essex Beagles	0
32	Barnet & District 'B'	0
33	Cookham RC 'B'	0
34	Enfield and Haringey 'B'	0
35	Ealing Eagles 'B'	0

Junior Men Team League Positions

Ranl Club	Claybu	Welwy	Uxbrid	Wormwood	Total	HWT	
1 Woodford Green & Essex Ladies	304	289	306	257	0	1156	18
2 Hillingdon	279	160	329	225	0	993	17
3 Shaftesbury Barnet Harriers	249	215	322	167	0	953	16
4 Victoria Park & Tower Hamlets	160	244	274	170	0	848	15
5 Herts Phoenix	204	263	199	146	0	812	14
6 London Heathside	198	272	157	137	0	764	13
7 Cookham RC	276	75	289	101	0	741	12
8 Trent Park RC	184	155	225	167	0	731	11
9 Woodford Green & Essex Ladies 'B'	238	222	116	146	0	722	
10 Ealing, Southall and Middlesex	188	59	197	97	0	541	10
11 St Mary's Richmond	134	143	172	67	0	516	9
12 Thames Valley Harriers	156	27	143	187	0	513	8
13 Highgate Harriers	135	148	101	105	0	489	7
14 Shaftesbury Barnet Harriers 'B'	111	106	235	17	0	469	
15 Barnet & District	117	154	142	21	0	434	6
16 Serpentine RC	122	73	101	94	0	390	5
17 Hillingdon 'B'	29	1	250	93	0	373	
18 Herts Phoenix 'B'	0	173	107	17	0	297	
19 Trent Park RC 'B'	109	36	76	64	0	285	
20 Victoria Park & Tower Hamlets 'B'	9	90	141	19	0	259	
21 Woodford Green & Essex Ladies 'C'	170	32	0	0	0	202	
22 Cookham RC 'B'	61	0	79	0	0	140	
23 Shaftesbury Barnet Harriers 'C'	0	18	102	0	0	120	
24 Herts Phoenix 'C'	0	112	0	0	0	112	
25 Hillingdon 'C'	0	0	92	0	0	92	
26 Enfield and Haringey	83	0	0	0	0	83	4
27 London Heathside 'B'	0	60	0	0	0	60	
28 Thames Valley Harriers 'B'	0	0	0	36	0	36	
29 Barnet & District 'B'	3	22	0	0	0	25	
30 Ealing Eagles	19	0	0	0	0	19	3
31 Ealing, Southall and Middlesex 'B'	0	0	4	13	0	17	
32 Trent Park RC 'C'	7	5	5	0	0	17	
33 Victoria Park & Tower Hamlets 'C'	0	0	12	0	0	12	

Junior Women Team Results

Ranl Club	Pts
1 Shaftesbury Barnet Harriers	225
2 London Heathside	193
3 Ealing, Southall and Middlesex	182
4 Victoria Park & Tower Hamlets	170
5 Thames Valley Harriers	135
6 Shaftesbury Barnet Harriers 'B'	133
7 Herts Phoenix	117
8 Highgate Harriers	112
9 Woodford Green & Essex Ladies	104
10 St Mary's Richmond	72
11 Thames Valley Harriers 'B'	69
12 Trent Park RC	54

13	Cookham RC	52
14	London Heathside 'B'	51
15	Hillingdon	50
16	Victoria Park & Tower Hamlets 'B'	46
17	Barnet & District	44
18	Ealing, Southall and Middlesex 'B'	10
19	Shaftesbury Barnet Harriers 'C'	6
20	Hillingdon 'B'	5
21	Enfield and Haringey	0
22	Ealing Eagles	0
23	GoodGym Raceteam	0
24	Harlow RC	0
25	London City	0
26	London Front Runners	0
27	Metropolitan Police	0
28	Mornington Chasers	0
29	Newham & Essex Beagles	0
30	Serpentine RC	0
31	Barnet & District 'B'	0
32	Cookham RC 'B'	0
33	Enfield and Haringey 'B'	0

Junior Women Team League Positions

Ranl Club	Claybu	Welwy	Uxbrid	Wormwood	Total	HWT		
1	Shaftesbury Barnet Harriers	245	252	214	225	0	936	18
2	London Heathside	201	215	177	193	0	786	17
3	Victoria Park & Tower Hamlets	197	144	145	170	0	656	16
4	Shaftesbury Barnet Harriers 'B'	162	179	158	133	0	632	
5	Ealing, Southall and Middlesex	177	98	81	182	0	538	15
6	St Mary's Richmond	164	155	145	72	0	536	14
7	Thames Valley Harriers	147	160	63	135	0	505	13
8	Herts Phoenix	149	115	122	117	0	503	12
9	Highgate Harriers	104	191	76	112	0	483	11
10	London Heathside 'B'	113	120	72	51	0	356	
11	Woodford Green & Essex Ladies	88	105	17	104	0	314	10
12	Shaftesbury Barnet Harriers 'C'	90	95	98	6	0	289	
13	Trent Park RC	50	46	40	54	0	190	9
14	Hillingdon	22	30	66	50	0	168	8
15	Barnet & District	46	46	28	44	0	164	7
16	Victoria Park & Tower Hamlets 'B'	59	24	19	46	0	148	
17	Enfield and Haringey	0	82	46	0	0	128	6
18	Cookham RC	41	0	29	52	0	122	5
19	Thames Valley Harriers 'B'	10	19	0	69	0	98	
20	Highgate Harriers 'B'	0	29	0	0	0	29	
21	London Heathside 'C'	0	29	0	0	0	29	
22	Ealing, Southall and Middlesex 'B'	15	0	0	10	0	25	
23	Hillingdon 'B'	0	3	16	5	0	24	

Senior Women Division One Team Results

Ranl Club	Pts
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1	London Heathside	257
2	Thames Valley Harriers	233
3	Serpentine RC	218
4	Highgate Harriers	206
5	Victoria Park & Tower Hamlets	191
6	Shaftesbury Barnet Harriers	130
7	Barnet & District	109
8	Woodford Green & Essex Ladies	107
9	London City	105
10	Hillingdon	97

Senior Women Division One League Positions

Ranl Club	Claybu	Welwy	Uxbrid	Wormwood	Total	HWT		
1	London Heathside	203	253	239	257	0	952	23
2	Highgate Harriers	226	187	251	206	0	870	22
3	Serpentine RC	236	201	201	218	0	856	21
4	Victoria Park & Tower Hamlets	211	212	187	191	0	801	20
5	Thames Valley Harriers	225	146	158	233	0	762	19
6	Barnet & District	97	152	136	109	0	494	18
7	Hillingdon	134	101	150	97	0	482	17
8	Woodford Green & Essex Ladies	152	139	53	107	0	451	16
9	London City	89	147	79	105	0	420	15
10	Shaftesbury Barnet Harriers	80	58	86	130	0	354	14

Senior Women Division Two Team Results

Ranl Club	Pts	
1	London Heathside 'B'	422
2	Serpentine RC 'B'	386
3	Ealing Eagles	381
4	London Heathside 'C'	357
5	Ealing, Southall and Middlesex	326
6	Serpentine RC 'C'	306
7	Mornington Chasers	222
8	Barnet & District 'B'	158
9	Highgate Harriers 'B'	155
10	Newham & Essex Beagles	19

Senior Women Division Two League Positions

Ranl Club	Claybu	Welwy	Uxbrid	Wormwood	Total	HWT		
1	London Heathside 'B'	321	356	297	422	0	1396	
2	Serpentine RC 'B'	340	289	246	386	0	1261	
3	Ealing, Southall and Middlesex	240	348	247	326	0	1161	13
4	London Heathside 'C'	261	307	212	357	0	1137	
5	Ealing Eagles	206	224	286	381	0	1097	12
6	Serpentine RC 'C'	256	184	187	306	0	933	
7	Barnet & District 'B'	152	272	117	158	0	699	
8	Highgate Harriers 'B'	195	131	194	155	0	675	
9	Newham & Essex Beagles	122	262	227	19	0	630	11
10	Mornington Chasers	120	106	76	222	0	524	10

Senior Women Division Three Team Results

Ranl Club	Pts
1 Victoria Park & Tower Hamlets 'B'	410
2 London City 'B'	360
3 GoodGym Raceteam	356
4 Hillingdon 'B'	348
5 Ealing Eagles 'B'	344
6 Thames Valley Harriers 'B'	330
7 Trent Park RC	328
8 Ealing Eagles 'C'	295
9 Enfield and Haringey	292
10 London City 'C'	269
11 Hillingdon 'C'	264
12 Ealing, Southall and Middlesex 'B'	212
13 Mornington Chasers 'B'	197
14 Victoria Park & Tower Hamlets 'C'	145
15 London Front Runners	100
16 Trent Park RC 'B'	85
17 Metropolitan Police	66
18 GoodGym Raceteam 'B'	59
19 Thames Valley Harriers 'C'	59
20 Ealing, Southall and Middlesex 'C'	56
21 Herts Phoenix	43
22 Mornington Chasers 'c'	28
23 Barnet & District 'C'	26
24 Cookham RC	0
25 Harlow RC	0
26 Harlow RC 'B'	0
27 St Mary's Richmond	0
28 Cookham RC 'B'	0
29 Enfield and Haringey 'B'	0

Senior Women Division Three League Positions

Ranl Club	Claybu	Welwy	Uxbrid	Wormwood	Total	HWT	
1 Victoria Park & Tower Hamlets 'B'	304	355	314	410	0	1383	
2 Hillingdon 'B'	237	258	267	348	0	1110	
3 Trent Park RC	251	189	250	328	0	1018	9
4 Ealing Eagles 'B'	193	177	252	344	0	966	
5 London City 'B'	77	306	180	360	0	923	
6 Victoria Park & Tower Hamlets 'C'	261	314	189	145	0	909	
7 GoodGym Raceteam	136	214	193	356	0	899	8
8 Herts Phoenix	268	357	209	43	0	877	7
9 London Front Runners	246	257	245	100	0	848	6
10 Thames Valley Harriers 'B'	199	51	219	330	0	799	
11 Hillingdon 'C'	107	173	184	264	0	728	
12 Enfield and Haringey	73	167	159	292	0	691	5
13 Ealing, Southall and Middlesex 'B'	77	231	133	212	0	653	
14 Ealing Eagles 'C'	65	44	206	295	0	610	
15 London City 'C'	0	197	0	269	0	466	
16 Barnet & District 'C'	101	232	15	26	0	374	

17	Metropolitan Police	68	73	36	66	0	243	4
18	Mornington Chasers 'B'	0	0	0	197	0	197	
19	London Front Runners 'B'	129	20	46	0	0	195	
20	Ealing, Southall and Middlesex 'C'	0	108	25	56	0	189	
21	Thames Valley Harriers 'C'	30	0	82	59	0	171	
22	Trent Park RC 'B'	43	0	41	85	0	169	
23	GoodGym Raceteam 'B'	2	55	1	59	0	117	
24	Herts Phoenix 'B'	0	100	0	0	0	100	
25	St Mary's Richmond	0	93	0	0	0	93	3
26	Newham & Essex Beagles 'B'	59	7	7	0	0	73	
27	Harlow RC	43	0	0	0	0	43	2
28	Woodford Green & Essex Ladies 'B'	0	38	0	0	0	38	
29	Mornington Chasers 'c'	0	0	0	28	0	28	
30	London Front Runners 'C'	21	0	0	0	0	21	
31	Newham & Essex Beagles 'C'	4	0	0	0	0	4	

Veteran Women Division One Team Results

RanI Club	Pts	
1	Barnet & District	132
2	London Heathside	129
3	Serpentine RC	129
4	Victoria Park & Tower Hamlets	89
5	London Heathside 'B'	89
6	Highgate Harriers	62
7	Ealing, Southall and Middlesex	53
8	Woodford Green & Essex Ladies	52
9	London Heathside 'C'	42
10	Mornington Chasers	37

Veteran Women Division One League Positions

RanI Club	Claybu	Welwy	Uxbrid	Wormwood	Total		
1	London Heathside	126	127	122	129	0	504
2	Barnet & District	112	129	117	132	0	490
3	Serpentine RC	120	90	91	129	0	430
4	Victoria Park & Tower Hamlets	96	127	114	89	0	426
5	London Heathside 'B'	72	75	70	89	0	306
6	Ealing, Southall and Middlesex	37	82	51	53	0	223
7	Highgate Harriers	59	57	33	62	0	211
8	Woodford Green & Essex Ladies	56	63	24	52	0	195
9	London Heathside 'C'	39	37	23	42	0	141
10	Mornington Chasers	16	25	20	37	0	98

Veteran Women Division Two Team Results

RanI Club	Pts	
1	Hillingdon	114
2	Serpentine RC 'B'	114
3	Ealing Eagles	110
4	Thames Valley Harriers	78
5	Serpentine RC 'C'	58
6	Barnet & District 'B'	56

7	Hillingdon 'B'	53
8	Metropolitan Police	20
9	Herts Phoenix	0
10	London Front Runners	0

Veteran Women Division Two League Positions

Ranl Club	Claybu	Welwy	Uxbrid	Wormwood	Total	
1 Hillingdon	108	103	123	114	0	448
2 Serpentine RC 'B'	110	57	77	114	0	358
3 Barnet & District 'B'	91	98	89	56	0	334
4 Ealing Eagles	58	45	98	110	0	311
5 Thames Valley Harriers	41	3	90	78	0	212
6 Hillingdon 'B'	26	55	58	53	0	192
7 Serpentine RC 'C'	62	26	37	58	0	183
8 Herts Phoenix	59	48	0	0	0	107
9 London Front Runners	32	6	36	0	0	74
10 Metropolitan Police	0	24	14	20	0	58

Veteran Women Division Three Team Results

Ranl Club	Pts
1 Trent Park RC	142
2 London City	129
3 Ealing Eagles 'B'	105
4 Ealing, Southall and Middlesex 'B'	79
5 Hillingdon 'C'	77
6 Shaftesbury Barnet Harriers	72
7 GoodGym Raceteam	58
8 Trent Park RC 'B'	45
9 London City 'B'	28
10 Newham & Essex Beagles	22
11 Barnet & District 'C'	14
12 Thames Valley Harriers 'B'	2
13 Enfield and Haringey 'B'	0
14 Harlow RC	0
15 St Mary's Richmond	0
16 Cookham RC 'B'	0
17 Enfield and Haringey 'B'	0
18 GoodGym Raceteam 'B'	0
19 Harlow RC 'B'	0
20 Herts Phoenix 'B'	0
21 Highgate Harriers 'B'	0
22 London Front Runners 'B'	0
23 Metropolitan Police 'B'	0

Veteran Women Division Three League Positions

Ranl Club	Claybu	Welwy	Uxbrid	Wormwood	Total	
1 Trent Park RC	76	53	119	142	0	390
2 London City	41	112	105	129	0	387
3 Ealing, Southall and Middlesex 'B'	14	95	76	79	0	264
4 Hillingdon 'C'	0	51	73	77	0	201
5 Newham & Essex Beagles	80	46	52	22	0	200

6	Barnet & District 'C'	55	102	23	14	0	194
7	Ealing Eagles 'B'	8	0	49	105	0	162
8	Victoria Park & Tower Hamlets 'B'	90	33	29	0	0	152
9	GoodGym Raceteam	22	40	28	58	0	148
10	Shaftesbury Barnet Harriers	0	0	0	72	0	72
11	Trent Park RC 'B'	0	0	2	45	0	47
12	Ealing, Southall and Middlesex 'C'	0	37	6	0	0	43
13	London City 'B'	0	6	0	28	0	34
14	Newham & Essex Beagles 'B'	25	0	0	0	0	25
15	Victoria Park & Tower Hamlets 'C'	16	0	0	0	0	16
16	Thames Valley Harriers 'B'	0	0	12	2	0	14
17	Newham & Essex Beagles 'C'	1	0	0	0	0	1

Senior Men Division One Team Results

Ranl Club	Pts
1 Highgate Harriers	1082
2 Serpentine RC	889
3 Woodford Green & Essex Ladies	807
4 Hillingdon	786
5 Victoria Park & Tower Hamlets	755
6 London Heathside	669
7 Shaftesbury Barnet Harriers	644
8 Ealing, Southall and Middlesex	556
9 Barnet & District	306
10 Highgate Harriers 'B'	292

Senior Men Division One League Positions

Ranl Club	Claybu	Welwy	Uxbrid	Wormwood	Total	HWT	
1 Highgate Harriers	1118	1121	1235	1082	0	4556	23
2 Serpentine RC	921	946	853	889	0	3609	22
3 Woodford Green & Essex Ladies	819	1061	841	807	0	3528	21
4 Hillingdon	766	649	893	786	0	3094	20
5 Shaftesbury Barnet Harriers	838	971	475	644	0	2928	19
6 Victoria Park & Tower Hamlets	861	614	623	755	0	2853	18
7 London Heathside	671	645	556	669	0	2541	17
8 Ealing, Southall and Middlesex	565	616	657	556	0	2394	16
9 Highgate Harriers 'B'	213	401	652	292	0	1558	
10 Barnet & District	488	236	236	306	0	1266	15

Senior Men Division Two Team Results

Ranl Club	Pts
1 Thames Valley Harriers	1347
2 Serpentine RC 'B'	1309
3 Trent Park RC	1236
4 London Heathside 'B'	1145
5 Ealing Eagles	971
6 Serpentine RC 'C'	945
7 Newham & Essex Beagles	880
8 London Heathside 'C'	819
9 London Front Runners	785

10 Highgate Harriers 'C'	144
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Senior Men Division Two League Positions

Ranl Club	Claybu	Welwy	Uxbrid	Wormwood	Total	HWT	
1 Thames Valley Harriers	1337	1248	1235	1347	0	5167	14
2 Serpentine RC 'B'	1105	1225	1045	1309	0	4684	
3 Trent Park RC	1053	1207	1059	1236	0	4555	13
4 London Heathside 'B'	1207	1095	917	1145	0	4364	
5 Newham & Essex Beagles	904	1448	1021	880	0	4253	12
6 London Front Runners	976	971	574	785	0	3306	11
7 London Heathside 'C'	980	842	604	819	0	3245	
8 Serpentine RC 'C'	748	812	702	945	0	3207	
9 Ealing Eagles	906	567	674	971	0	3118	10
10 Highgate Harriers 'C'	427	369	549	144	0	1489	

Senior Men Division Three Team Results

Ranl Club	Pts
1 London City	1945
2 Herts Phoenix	1931
3 Victoria Park & Tower Hamlets 'B'	1917
4 Thames Valley Harriers 'B'	1713
5 GoodGym Raceteam	1651
6 Hillingdon 'B'	1579
7 Victoria Park & Tower Hamlets 'C'	1553
8 London City 'B'	1533
9 Ealing Eagles 'B'	1451
10 Barnet & District 'B'	1366
11 London Front Runners 'B'	1311
12 Ealing, Southall and Middlesex 'B'	1205
13 Thames Valley Harriers 'C'	1198
14 Trent Park RC 'B'	1028
15 London City 'C'	1022
16 Ealing Eagles 'C'	1009
17 Woodford Green & Essex Ladies 'B'	995
18 London Front Runners 'C'	953
19 Metropolitan Police	790
20 Herts Phoenix 'B'	740
21 Hillingdon 'C'	628
22 Mornington Chasers	602
23 Barnet & District 'C'	566
24 Cookham RC	524
25 GoodGym Raceteam 'B'	507
26 Ealing, Southall and Middlesex 'C'	426
27 Enfield and Haringey	257
28 Woodford Green & Essex Ladies 'C'	30
29 Herts Phoenix 'C'	1
30 Harlow RC	0
31 St Mary's Richmond	0
32 Cookham RC 'B'	0
33 Enfield and Haringey 'B'	0

34	Harlow RC 'B'	0
35	Metropolitan Police 'B'	0
36	Mornington Chasers 'B'	0
37	Newham & Essex Beagles 'B'	0

Senior Men Division Three League Positions

Ranl Club	Claybu	Welwy	Uxbrid	Wormwood	Total	HWT		
1	Herts Phoenix	1531	1621	1582	1931	0	6665	9
2	London City	1488	1597	1563	1945	0	6593	8
3	Victoria Park & Tower Hamlets 'B'	1605	1421	1506	1917	0	6449	
4	GoodGym Raceteam	1054	1240	1106	1651	0	5051	7
5	Hillingdon 'B'	1039	710	1501	1579	0	4829	
6	London Front Runners 'B'	1161	1168	1057	1311	0	4697	
7	Thames Valley Harriers 'B'	1039	372	1516	1713	0	4640	
8	Victoria Park & Tower Hamlets 'C'	1467	849	734	1553	0	4603	
9	London City 'B'	806	1180	1043	1533	0	4562	
10	Barnet & District 'B'	1258	1157	721	1366	0	4502	
11	Ealing, Southall and Middlesex 'B'	745	878	866	1205	0	3694	
12	Trent Park RC 'B'	532	1007	1119	1028	0	3686	
13	Ealing Eagles 'B'	1033	187	992	1451	0	3663	
14	Woodford Green & Essex Ladies 'B'	725	1362	272	995	0	3354	
15	London Front Runners 'C'	917	887	548	953	0	3305	
16	Herts Phoenix 'B'	385	1226	607	740	0	2958	
17	Mornington Chasers	346	865	682	602	0	2495	6
18	Hillingdon 'C'	590	220	996	628	0	2434	
19	London City 'C'	111	553	475	1022	0	2161	
20	Thames Valley Harriers 'C'	0	0	880	1198	0	2078	
21	Ealing Eagles 'C'	359	0	579	1009	0	1947	
22	Metropolitan Police	304	313	498	790	0	1905	5
23	Barnet & District 'C'	446	626	147	566	0	1785	
24	Cookham RC	155	101	624	524	0	1404	4
25	Enfield and Haringey	0	775	214	257	0	1246	3
26	GoodGym Raceteam 'B'	0	234	139	507	0	880	
27	St Mary's Richmond	346	116	310	0	0	772	2
28	Newham & Essex Beagles 'B'	31	494	154	0	0	679	
29	Shaftesbury Barnet Harriers 'B'	84	480	0	0	0	564	
30	Ealing, Southall and Middlesex 'C'	0	28	74	426	0	528	
31	Woodford Green & Essex Ladies 'C'	0	220	0	30	0	250	
32	Harlow RC	95	94	0	0	0	189	1
33	Herts Phoenix 'C'	0	117	1	1	0	119	

Veteran Men Division One Team Results

Ranl Club	Pts	
1	Victoria Park & Tower Hamlets	357
2	Serpentine RC	344
3	London Heathside	301
4	Trent Park RC	261
5	Highgate Harriers	260
6	Barnet & District	223

7	Woodford Green & Essex Ladies	196
8	London Heathside 'B'	177
9	London Front Runners	158
10	London Heathside 'C'	93

Veteran Men Division One League Positions

Ranl Club	Claybu	Welwy	Uxbrid	Wormwood	Total	
1 Serpentine RC	396	408	306	344	0	1454
2 Victoria Park & Tower Hamlets	381	332	314	357	0	1384
3 London Heathside	353	344	327	301	0	1325
4 Highgate Harriers	278	200	276	260	0	1014
5 Trent Park RC	183	273	242	261	0	959
6 London Heathside 'B'	274	266	241	177	0	958
7 Barnet & District	263	249	155	223	0	890
8 Woodford Green & Essex Ladies	208	183	101	196	0	688
9 London Front Runners	178	180	103	158	0	619
10 London Heathside 'C'	180	182	151	93	0	606

Veteran Men Division Two Team Results

Ranl Club	Pts
1 Ealing, Southall and Middlesex	176
2 Thames Valley Harriers	164
3 Ealing Eagles	153
4 Serpentine RC 'B'	150
5 Hillingdon	139
6 Herts Phoenix	129
7 Barnet & District 'B'	58
8 Hillingdon 'B'	39
9 Highgate Harriers 'B'	16
10 Shaftesbury Barnet Harriers	11

Veteran Men Division Two League Positions

Ranl Club	Claybu	Welwy	Uxbrid	Wormwood	Total	
1 Thames Valley Harriers	175	134	170	164	0	643
2 Hillingdon	167	136	191	139	0	633
3 Ealing, Southall and Middlesex	168	105	180	176	0	629
4 Herts Phoenix	68	145	132	129	0	474
5 Serpentine RC 'B'	131	133	60	150	0	474
6 Ealing Eagles	109	72	134	153	0	468
7 Barnet & District 'B'	102	129	72	58	0	361
8 Highgate Harriers 'B'	134	0	130	16	0	280
9 Shaftesbury Barnet Harriers	40	63	106	11	0	220
10 Hillingdon 'B'	34	29	50	39	0	152

Veteran Men Division Three Team Results

Ranl Club	Pts
1 Victoria Park & Tower Hamlets 'B'	396
2 London City	371
3 Thames Valley Harriers 'B'	350
4 Ealing Eagles 'B'	333

5	Serpentine RC 'C'	331
6	Ealing, Southall and Middlesex 'B'	313
7	Cookham RC	305
8	Victoria Park & Tower Hamlets 'C'	300
9	London Front Runners 'B'	292
10	Barnet & District 'C'	235
11	Ealing Eagles 'C'	219
12	London City 'B'	212
13	London Front Runners 'C'	194
14	Mornington Chasers	190
15	Ealing, Southall and Middlesex 'C'	167
16	Metropolitan Police	158
17	Herts Phoenix 'B'	127
18	Hillingdon 'C'	120
19	Woodford Green & Essex Ladies 'B'	110
20	Thames Valley Harriers 'C'	102
21	London City 'C'	27
22	Newham & Essex Beagles	21
23	GoodGym Raceteam	19
24	Herts Phoenix 'C'	16
25	Woodford Green & Essex Ladies 'C'	9
26	Enfield and Haringey	0
27	Harlow RC	0
28	St Mary's Richmond	0
29	Cookham RC 'B'	0
30	Enfield and Haringey 'B'	0
31	GoodGym Raceteam 'B'	0

Veteran Men Division Three League Positions

Ranl Club	Claybu	Welwy	Uxbrid	Wormwood	Total	
1 Victoria Park & Tower Hamlets 'B'	318	315	196	396	0	1225
2 London City	236	256	258	371	0	1121
3 Mornington Chasers	129	316	258	190	0	893
4 Barnet & District 'C'	193	253	209	235	0	890
5 London Front Runners 'B'	229	222	127	292	0	870
6 Cookham RC	123	64	286	305	0	778
7 Ealing Eagles 'B'	152	0	263	333	0	748
8 Ealing, Southall and Middlesex 'B'	123	40	237	313	0	713
9 Thames Valley Harriers 'B'	203	47	81	350	0	681
10 Serpentine RC 'C'	101	228	0	331	0	660
11 London City 'B'	55	176	163	212	0	606
12 Herts Phoenix 'B'	122	144	166	127	0	559
13 Hillingdon 'C'	172	91	132	120	0	515
14 Metropolitan Police	77	77	146	158	0	458
15 London Front Runners 'C'	113	63	0	194	0	370
16 Ealing Eagles 'C'	0	0	132	219	0	351
17 Woodford Green & Essex Ladies 'B'	114	111	10	110	0	345
18 Trent Park RC 'B'	66	139	106	0	0	311
19 St Mary's Richmond	73	70	153	0	0	296
20 Newham & Essex Beagles	126	0	100	21	0	247

21	Ealing, Southall and Middlesex 'C'	0	0	50	167	0	217
22	London City 'C'	0	82	33	27	0	142
23	GoodGym Raceteam	0	58	38	19	0	115
24	Highgate Harriers 'C'	84	0	21	0	0	105
25	Cookham RC 'B'	0	0	86	0	0	86
26	Enfield and Haringey	0	76	0	0	0	76
27	Mornington Chasers 'B'	0	38	15	0	0	53
28	Herts Phoenix 'C'	0	0	3	16	0	19
29	Harlow RC	15	2	0	0	0	17

Howard Williams Trophy (Seniors)

Ranl Club	Men	Wome	Total	Wins	
1	Highgate Harriers	23	22	45	5
2	Serpentine RC	22	21	43	1
3	London Heathside	17	23	40	2
4	Victoria Park & Tower Hamlets	18	20	38	
5	Hillingdon	20	17	37	
6	Woodford Green & Essex Ladies	21	16	37	
7	Barnet & District	15	18	33	
8	Shaftesbury Barnet Harriers	19	14	33	
9	Thames Valley Harriers	14	19	33	
10	Ealing, Southall and Middlesex	16	13	29	
11	London City	8	15	23	
12	Newham & Essex Beagles	12	11	23	
13	Ealing Eagles	10	12	22	
14	Trent Park RC	13	9	22	
15	London Front Runners	11	6	17	
16	Herts Phoenix	9	7	16	
17	Mornington Chasers	6	10	16	
18	GoodGym Raceteam	7	8	15	
19	Metropolitan Police	5	4	9	
20	Enfield and Haringey	3	5	8	
21	St Mary's Richmond	2	3	5	
22	Cookham RC	4		4	
23	Harlow RC	1	2	3	

Howard Williams Trophy (Juniors)

Ranl Club	U11B	U11G	U13B	U13G	U17M	U17W	Total
1	Woodford Green & Essex Ladies	14	18	18	18	18	96
2	Victoria Park & Tower Hamlets	18	16	11	16	15	92
3	Shaftesbury Barnet Harriers	17	11	16	13	16	91
4	Hillingdon	13	17	14	14	17	83
5	Herts Phoenix	11	14	17	12	14	80
6	London Heathside	9	13	15	10	13	77
7	Thames Valley Harriers	16	15	7	17	8	76
8	Cookham RC	12	12	13	15	12	69
9	St Mary's Richmond	8	8	8	11	9	58
10	Trent Park RC	7	9	10	7	11	53
11	Barnet & District	15	10	6	8	6	52
12	Highgate Harriers	10	6	9	9	7	52

13	Ealing, Southall and Middlesex	6		12	6	10	15	49
14	Enfield and Haringey			5		4	6	15
15	Serpentine RC	5		4		5		14
16	London City		7		5			12
17	Ealing Eagles		5			3		8
18	GoodGym Raceteam							0
19	Harlow RC							0
20	London Front Runners							0
21	Metropolitan Police							0
22	Mornington Chasers							0
23	Newham & Essex Beagles							0