

**Senior Women 60 Metres (a)**

CBP 2011	Jeanette Kwakye	Woodford Green w Essex Ladies	7.28	
Posn	Num	Name	Club	Perf
<b>Heat 1</b>				
1	508	Aleasha Kiddle	Chelmsford AC	7.51 Q
2	512	Yasmin Miller	Derby AC	7.61 Q
3	493	Jessica Armah	Windsor S E & Hounslow AC	7.93 Q
4	504	Vanessa Grant	Herne Hill Harriers	8.16 q
5	498	Monique Christian	Cambridge & Coleridge AC	8.84
6	505	Sharelle Holdsworth	Oxford Brookes University	9.37
<b>Heat 2</b>				
1	495	Maya Bruney	Blackheath & Bromley Harriers	7.50 Q
2	524	Torema Thompson	Enfield & Haringey AC	7.51 Q
3	497	Abbie Chaundy	Swindon Harriers	7.87 Q
4	513	Emma Nanson	Aldershot Farnham & DAC	8.01 q
5	494	Ellie Bandy	Herts Phoenix AC	8.25 q
6	525	Maria Verdeille	Stevenage & North Herts AC	11.75
<b>Heat 3</b>				
1	499	Laura Clark	Shaftesbury Barnet Harriers	7.78 Q
2	507	Harriet Jones	Windsor S E & Hounslow AC	7.90 Q
3	490	Kehinde Ademola	Newham & Essex Beagles AC	8.22 Q
4	517	Megan Palmer	Tonbridge AC	8.44 q
5	516	Toyin Olufemi	Colchester Harriers	8.72
6	521	Serita Solomon	Blackheath & Bromley Harriers	DNS
<b>Heat 4</b>				
1	501	Risqat Fabunmi-Alade	Swansea Harriers	7.53 Q
2	496	Izzy Bryant	Southampton AC	7.87 Q
3	500	Ashleigh Clarke	Croydon Harriers	7.99 Q
4	519	Bube Popo	Jersey Spartan AC	8.21 q
5	492	Tiffany Ammar	Newham & Essex Beagles AC	8.45
6	523	Bethany Testro	Enfield & Haringey AC	8.51
<b>Heat 5</b>				
1	526	Diani Walker	Birchfield Harriers	7.50 Q
2	520	Shayone Simao	Blackheath & Bromley Harriers	7.74 Q
3	509	Darcey Kuypers	Medway & Maidstone AC	7.90 Q
4	522	Victoria Staines	Southend on Sea AC	8.31 q
5	514	Natasha Norris	Bracknell AC	8.47
<b>Semi Final 1</b>				
1	524	Torema Thompson	Enfield & Haringey AC	7.46 Q
2	495	Maya Bruney	Blackheath & Bromley Harriers	7.48 Q
3	512	Yasmin Miller	Derby AC	7.61 q
4	509	Darcey Kuypers	Medway & Maidstone AC	7.86
5	493	Jessica Armah	Windsor S E & Hounslow AC	7.97
6	519	Bube Popo	Jersey Spartan AC	8.16
7	494	Ellie Bandy	Herts Phoenix AC	8.29
<b>Semi Final 2</b>				
1	526	Diani Walker	Birchfield Harriers	7.41 Q
2	499	Laura Clark	Shaftesbury Barnet Harriers	7.68 Q
3	520	Shayone Simao	Blackheath & Bromley Harriers	7.70
4	500	Ashleigh Clarke	Croydon Harriers	7.98

5	497	Abbie Chaundy	Swindon Harriers	8.00
6	504	Vanessa Grant	Herne Hill Harriers	8.20
7	522	Victoria Staines	Southend on Sea AC	8.35

#### Semi Final 3

1	501	Risqat Fabunmi-Alade	Swansea Harriers	7.39 Q
2	508	Aleasha Kiddle	Chelmsford AC	7.47 Q
3	496	Izzy Bryant	Southampton AC	7.85
4	507	Harriet Jones	Windsor S E & Hounslow AC	7.93
5	513	Emma Nanson	Aldershot Farnham & DAC	8.04
6	490	Kehinde Ademola	Newham & Essex Beagles AC	8.20
7	517	Megan Palmer	Tonbridge AC	8.51

#### Final

1	526	Diani Walker	Birchfield Harriers	7.35
1	501	Risqat Fabunmi-Alade	Swansea Harriers	7.35
3	524	Torema Thompson	Enfield & Haringey AC	7.44
4	495	Maya Bruney	Blackheath & Bromley Harriers	7.49
5	508	Aleasha Kiddle	Chelmsford AC	7.52
6	512	Yasmin Miller	Derby AC	7.66
7	499	Laura Clark	Shaftesbury Barnet Harriers	7.83

#### Senior Women 200 Metres (b)

CBP 2016                  Cheriece Hylton                  Blackheath & Bromley Harriers                  24.25

**Posn    Num    Name    Club    Perf**

#### Heat 1

1	500	Ashleigh Clarke	Croydon Harriers	26.92 Q
2	527	Alima Diabate	Highgate Harriers	28.71 Q
3	522	Victoria Staines	Southend on Sea AC	29.46
4	505	Sharelle Holdsworth	Oxford Brookes University	33.44

#### Heat 2

1	529	Salome Japal	Enfield & Haringey AC	25.82 Q
2	509	Darcey Kuypers	Medway & Maidstone AC	26.17 Q
3	531	Ndeye Nam	Newham & Essex Beagles AC	28.41 q
4	530	Aurelia Marcus	Oxford Brookes University	28.51 q

#### Final

1	529	Salome Japal	Enfield & Haringey AC	25.44
2	500	Ashleigh Clarke	Croydon Harriers	26.12
3	509	Darcey Kuypers	Medway & Maidstone AC	26.15
4	530	Aurelia Marcus	Oxford Brookes University	28.24
5	527	Alima Diabate	Highgate Harriers	28.46
6	531	Ndeye Nam	Newham & Essex Beagles AC	28.73

#### Senior Women 400 Metres (b)

CBP 2017                  Eilidh Doyle                  Team Bath AC                  52.75

**Posn    Num    Name    Club    Perf**

#### Heat 1

1	553	Hannah Williams	Herts Phoenix AC	57.42 Q
2	539	Isabelle Boffey	Enfield & Haringey AC	57.54 Q
3	546	Rachel McClay	Bracknell AC	58.21 q

4	536 Krystle Balogun	Ilford AC	60.86
5	550 Lucy Rogers	Bracknell AC	65.59

#### Heat 2

1	535 Sabrina Bakare	Shaftesbury Barnet Harriers	58.32 Q
2	548 Rebecca O'Hara	Tonbridge AC	58.93 Q
3	554 Deborah Willis	Notts AC	59.11 q
4	543 Kimberly Johansen	Chelmsford AC	61.14
5	534 Eleanor Arnfield	Kingston AC & Poly Harriers	64.25

#### Heat 3

1	549 Marilyn Okoro	Shaftesbury Barnet Harriers	55.77 Q
2	552 Holly Turner	Crawley AC	56.65 Q
3	541 Sophie Elliss	Croydon Harriers	59.00 q
4	544 Monique Krefting	Belgrave Harriers	59.17 q
5	547 Jasmine Mitchell	Guildford & Godalming AC	61.89

#### Heat 4

1	537 Susanna Banjo	Newham & Essex Beagles AC	59.06 Q
2	542 Evie Grice	Southampton AC	61.33 Q
3	533 Indea Adams-Burnett	Shaftesbury Barnet Harriers	64.48
	538 Lily Beckford	Shaftesbury Barnet Harriers	DIS 162.7

#### Semi Final 1

1	549 Marilyn Okoro	Shaftesbury Barnet Harriers	54.41 Q
2	537 Susanna Banjo	Newham & Essex Beagles AC	55.71 Q
3	552 Holly Turner	Crawley AC	56.17 q
4	546 Rachel McClay	Bracknell AC	57.77
5	542 Evie Grice	Southampton AC	62.36
	544 Monique Krefting	Belgrave Harriers	DNS

#### Semi Final 2

1	553 Hannah Williams	Herts Phoenix AC	56.09 Q
2	539 Isabelle Boffey	Enfield & Haringey AC	56.12 Q
3	535 Sabrina Bakare	Shaftesbury Barnet Harriers	56.30 q
4	548 Rebecca O'Hara	Tonbridge AC	58.07
5	554 Deborah Willis	Notts AC	58.34
6	541 Sophie Elliss	Croydon Harriers	59.29

#### Final

1	553 Hannah Williams	Herts Phoenix AC	54.97
2	535 Sabrina Bakare	Shaftesbury Barnet Harriers	55.30
3	539 Isabelle Boffey	Enfield & Haringey AC	55.58
4	537 Susanna Banjo	Newham & Essex Beagles AC	56.00
5	552 Holly Turner	Crawley AC	56.38
	549 Marilyn Okoro	Shaftesbury Barnet Harriers	DNS

#### Senior Women 800 Metres (b)

CBP 2007 Elizabeth Brathwaite Herts Phoenix AC 2.06.01

**Posn Num Name Club Perf**

#### Heat 1

1	555 Holly Archer	West Suffolk AC	2.19.0 Q
2	561 Fiona DeMauny	Herne Hill Harriers	2.19.6 Q
3	560 Chloe Crossman	Guildford & Godalming AC	2.21.5 q
4	566 Lara Scerri	Thames Valley Harriers	2.22.5
	557 Alice Bruce	Oxford University AC	DNF

6 #N/A #N/A

**Heat 2**

1	543 Kimberly Johansen	Chelmsford AC	2.16.5	Q
2	556 Chloe Bradley	Woodford Green w Essex L	2.16.6	Q
3	562 Irene Gibson	Oxford University AC	2.21.6	q
4	563 Hannah Knights	Guildford & Godalming AC	2.21.6	

**Final**

1	556 Chloe Bradley	Woodford Green w Essex L	2.11.86	
2	543 Kimberly Johansen	Chelmsford AC	2.13.46	
3	555 Holly Archer	West Suffolk AC	2.16.46	
4	561 Fiona DeMauny	Herne Hill Harriers	2.18.78	
5	560 Chloe Crossman	Guildford & Godalming AC	2.22.94	
6	562 Irene Gibson	Oxford University AC	2.28.29	

**Senior Women 60m Hurdles (a)**

CBP2009 Sarah Claxton Woodford Green w Essex L 8.09

Posn	Num	Name	Club	Perf
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**Heat 1**

1	521 Serita Solomon	Blackheath & Bromley Harriers	8.53	Q
2	571 Amber-Leigh Hall	Windsor S E & Hounslow AC	8.65	Q
3	568 Gabriella Ade-Onojobi	Woodford Green w Essex L	8.78	Q
4	513 Emma Nanson	Aldershot Farnham & DAC	9.19	

**Heat 2**

1	573 Marilyn Nwawulor	Harrow AC	8.35	Q
2	491 Mobolaji Adeokun	Newham & Essex Beagles AC	8.51	Q
3	570 Kaeshelle Cooke	Enfield & Haringey AC	8.89	Q
4	572 Alice Hopkins	Radley AC	8.92	q

**Final**

1	573 Marilyn Nwawulor	Harrow AC	8.29	
2	491 Mobolaji Adeokun	Newham & Essex Beagles AC	8.52	
3	571 Amber-Leigh Hall	Windsor S E & Hounslow AC	8.65	
4	568 Gabriella Ade-Onojobi	Woodford Green w Essex L	8.74	
5	570 Kaeshelle Cooke	Enfield & Haringey AC	8.88	
6	572 Alice Hopkins	Radley AC	8.91	
7	521 Serita Solomon	Blackheath & Bromley Harriers	12.36	

**Senior Women High Jump (b)**

CBP 2000	Julie Peacock	Shaftesbury Barnet Harriers	1.81	
<b>Posn</b>	<b>Num</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b> <b>Details</b>
<b>Final</b>				
1	578	Georgia Nwawulor	Harrow AC	1.65 1.60 o;1.65 o;1.70 xxx
2	576	Janet Browne	Stevenage & North Herts AC	1.60 1.60 xo;1.65 xxx
	577	Emily Cartledge	Bedford & County AC	nm 1.5 xxx

**Senior Women Pole Vault (b)**

CBP 2017	Jade Ive	Sutton & District AC	4.20	
CBP 2007	Elizabeth Spain	Shaftesbury Barnet Harriers	4.20	
<b>Posn</b>	<b>Num</b>	<b>Name</b>	<b>Club</b>	<b>Perf</b> <b>Details</b>
<b>Final</b>				
1	583	Jade Ive	Sutton & District AC	4.00 4.00 o; 4.10 xxx
2	584	Emma Kiviniemi-Andersson	Shaftesbury Barnet Harriers	3.80 3.70 xo; 3.80 o; 3.90 xxx
3	585	Courtney Macguire	Edinburgh AC	3.80 3.60 xo; 3.70 o; 3.80 xo; 3.90 xxx
4	591	Jade Spencer-Smith	Harrow AC	3.80 3.40 o; 3.50 o; 3.60 xo; 3.70 o; 3.80 xxo; 3.90 xxx
5	586	Clare Maurer	Woking AC	3.70 3.50 xo; 3.60 -; 3.70 o; 3.80 xxx
6	605	Alexa Eicherman	Shaftesbury Barnet Harriers	3.50 3.30 o; 3.40 o; 3.50 o; 3.60 xxx
7	582	Laura Edwards	Southampton AC	3.50 3.40 xo; 3.50 xxo; 3.60 xxx
8=	581	Isabel Deacon	Bracknell AC	3.30 3.05 o; 3.20 o; 3.30 xo; 3.40 xxx
8=	587	Sam Morrison	Woking AC	3.30 3.05 o; 3.20 o; 3.30 xo; 3.40 xxx
10	588	Caroline Parkinson	Wycombe Phoenix Harriers & AC	3.20 3.05 o; 3.20 o; 3.30 xxx
11	579	Caitlin Boyle	Chelmsford AC	3.05 2.70 o; 2.90 xo; 3.05 o; 3.20 xxx
	604	Shaye Emmett	Blackheath and Bromley	nm 3.05 xxx

**Senior Women Long Jump (b)**

CBP 1995	Yinka Idowu	Essex Ladies	6.35		
Posn	Num	Name	Club	Perf	Details
<b>Final</b>					
1	599	Elise Lovell	Havant AC	6.08	5.61; x; 6.08; 5.73; 6.03; -
2	595	Kitan Eleyae	Woodford Green w Essex L	6.00	x; 5.87; 6.00; x; x; 5.77
3	600	Eavion Richardson	Shaftesbury Barnet Harriers	5.74	x; 5.74; x; 5.68; -;-
4	503	Emma Gayler	Harrow AC	5.60	x; 5.39; 5.54; 5.50; 5.60; 5.55
5	497	Abbie Chaundy	Swindon Harriers	5.43	5.17; 5.29; 5.27; 4.09; 1.87; 5.43
6	597	Jessica Fox	Cambridge & Coleridge AC	5.23	5.19; 5.18; 5.09; 5.23; x; 4.29
7	594	Beth Crocker	Crawley AC	4.91	4.91; x; 4.61
8	515	Anna Oloyede	Herts Phoenix AC	4.83	4.62; 4.83; x
9	596	Lisa Fitzpatrick	Wycombe Phoenix Harriers & AC	4.69	4.62; 4.53; 4.69
10	530	Aurelia Marcus	Oxford Brookes University	4.57	4.45; 4.57; 4.53

**Senior Women Triple Jump (b)**

CBP 1998	Ashia Hansen	Essex Ladies	13.94		
Posn	Num	Name	Club	Perf	Details
<b>Final</b>					
1	593	Angela Barrett	Thames Valley Harriers	12.98	12.92; x; 12.98; x; 12.86; 12.83
2	601	Zara Asante	Blackheath & Bromley Harriers	12.28	12.24; 12.28; 12.14; 11.95; 11.99; 12.04
3	600	Eavion Richardson	Shaftesbury Barnet Harriers	12.07	11.89; x; 12.07; 11.98; -;-
4	602	Victoria Oshunremi	Basildon AC	11.16	x; x; x; x; 11.16

**Senior Women Shot (b)**

CBP 1996	Judy Oakes	Croydon Harriers	18.33		
Posn	Num	Name	Club	Perf	Details
<b>Final</b>					
1	603	Sophie McKinna	Great Yarmouth & Dist AC	16.55	16.09; 15.95; 16.55; 15.83; 15.71; 15.61
2	594	Beth Crocker	Crawley AC	9.99	9.74; 8.78; 9.62; 9.40; 9.99; 9.82