

# U15 Boys

| Pos | Time    | No   | Name                  | Club                           | Pos | Time    | No   | Name                    | Club                           |
|-----|---------|------|-----------------------|--------------------------------|-----|---------|------|-------------------------|--------------------------------|
| 1   | 0:15:13 | 742  | Mohamed Ali           | Ealing Southall & Middlesex F  | 101 | 0:17:13 | 666  | Jamie Day               | Charnwood AC                   |
| 2   | 0:15:17 | 509  | Will Barnicoat        | Aldershot Farnham & District   | 102 | 0:17:13 | 930  | Matthew Somers          | Middlebrough AC                |
| 3   | 0:15:23 | 927  | Archie Lowe           | Middlebrough AC                | 103 | 0:17:14 | 1013 | Joshua Daniel Wragg     | Rotherham Harriers & AC        |
| 4   | 0:15:34 | 594  | Oliver Bright         | Blackheath & Bromley Harrie    | 104 | 0:17:14 | 962  | Alfie Hocking           | North Somerset AC              |
| 5   | 0:15:35 | 1136 | Fraser Gordon         | Tonbridge AC                   | 105 | 0:17:14 | 1186 | Douglas Scally          | Winchester & District AC       |
| 6   | 0:15:37 | 544  | Scott Nutter          | Barnsley AC                    | 106 | 0:17:16 | 627  | Oliver Harper           | Bristol & West AC              |
| 7   | 0:15:42 | 835  | Will Bellamy          | Houghton Harriers & AC         | 107 | 0:17:17 | 1014 | Noah Bennett            | Rugby & Northampton AC         |
| 8   | 0:15:44 | 978  | Liam Rawlings         | Oswestry Olympians             | 108 | 0:17:17 | 830  | Dillon Quirici          | Holland Sports AC              |
| 9   | 0:15:47 | 1060 | Felix Vaughan         | South London Harriers          | 109 | 0:17:17 | 896  | Charlie Teare           | Liverpool Harriers & AC        |
| 10  | 0:15:50 | 909  | Finley Proffitt       | Macclesfield Harriers & AC     | 110 | 0:17:17 | 899  | Thomas Archer           | London Heathside               |
| 11  | 0:15:51 | 768  | Samuel Martin         | Guildford & Godalming AC       | 111 | 0:17:18 | 1203 | Kieran Allgood          | Woodford Green AC With Ess     |
| 12  | 0:15:53 | 827  | Max McGarvie          | Hillingdon AC                  | 112 | 0:17:19 | 807  | Jacob Harrison          | Herne Hill Harriers            |
| 13  | 0:15:53 | 1105 | Alexander Parsons     | Team Bath AC                   | 113 | 0:17:19 | 1149 | Theo Symons Treacher    | Trafford AC                    |
| 14  | 0:15:59 | 759  | Johnny Livingstone    | Exeter Harriers                | 114 | 0:17:20 | 1161 | Thomas Jones            | Walton AC                      |
| 15  | 0:16:00 | 1108 | William Kay           | Telford AC                     | 115 | 0:17:20 | 851  | Daniel Seaton           | Judd School                    |
| 16  | 0:16:01 | 680  | Alex Aldred           | Chiltern Harriers AC           | 116 | 0:17:20 | 1163 | Ben Hunter              | Watford Harriers               |
| 17  | 0:16:02 | 1012 | Elliott Morton        | Rotherham Harriers & AC        | 117 | 0:17:22 | 1133 | Fin Croll               | Tonbridge AC                   |
| 18  | 0:16:03 | 524  | Ryan Martin           | Aldershot Farnham & District   | 118 | 0:17:22 | 518  | Oliver Harris           | Aldershot Farnham & District   |
| 19  | 0:16:07 | 522  | Woody Jerome          | Aldershot Farnham & District   | 119 | 0:17:22 | 739  | George Rowland          | Doncaster AC                   |
| 20  | 0:16:11 | 1024 | James Wardle          | Rushcliffe AC                  | 120 | 0:17:23 | 535  | Dylan George            | Andover AC                     |
| 21  | 0:16:13 | 1008 | Kyle Rabjohn          | Richmond & Zetland Harriers    | 121 | 0:17:23 | 1146 | Joseph Mangan           | Trafford AC                    |
| 22  | 0:16:13 | 530  | Dylan Spencer         | Aldershot Farnham & District   | 122 | 0:17:24 | 553  | Oli Morgan              | Basingstoke & Mid Hants AC     |
| 23  | 0:16:13 | 779  | Joe McDadd            | Hallamshire Harriers Sheffield | 123 | 0:17:24 | 640  | Max Duckworth           | Camberley & District AC        |
| 24  | 0:16:15 | 1189 | Sam Hodgson           | Windsor Slough Eton & Houn     | 124 | 0:17:24 | 657  | Joseph Wheeler          | Cambridge & Coleridge          |
| 25  | 0:16:16 | 1074 | James Moore           | St Albans Striders             | 125 | 0:17:24 | 576  | Max Nicolle             | Bicester AC                    |
| 26  | 0:16:16 | 1153 | Will Ashfield         | Vale Royal AC                  | 126 | 0:17:25 | 653  | William Newcombe        | Cambridge & Coleridge          |
| 27  | 0:16:17 | 586  | Matthew James Ramsden | Blackburn Harriers             | 127 | 0:17:25 | 552  | Joshua Kemp             | Basingstoke & Mid Hants AC     |
| 28  | 0:16:17 | 713  | Luca Mayes            | Corby AC                       | 128 | 0:17:25 | 1181 | Ben Martin              | Wimborne AC                    |
| 29  | 0:16:17 | 581  | Alex Flaherty         | Bingley Harriers & AC          | 129 | 0:17:26 | 531  | Liam Stone              | Aldershot Farnham & District   |
| 30  | 0:16:20 | 665  | Vincent Dawson        | Charnwood AC                   | 130 | 0:17:27 | 1090 | Edward Corden           | Stockport Harriers & AC        |
| 31  | 0:16:21 | 1101 | Oscar Lee             | Taunton AC                     | 131 | 0:17:27 | 507  | Elliott Allin           | Aldershot Farnham & District   |
| 32  | 0:16:22 | 952  | Rees Stewart          | Newquay & Par AC               | 132 | 0:17:27 | 1041 | Casey Doyle             | Shaftesbury Barnet Harriers    |
| 33  | 0:16:25 | 1100 | Thomas Heal           | Taunton AC                     | 133 | 0:17:27 | 674  | Ethan Reilly            | Chelmsford AC                  |
| 34  | 0:16:25 | 585  | Sam Hodgkinson        | Blackburn Harriers             | 134 | 0:17:27 | 1193 | Ross Van Heerde         | Windsor Slough Eton & Houn     |
| 35  | 0:16:28 | 520  | Harry Hyde            | Aldershot Farnham & District   | 135 | 0:17:27 | 823  | Luke Edwards            | Hillingdon AC                  |
| 36  | 0:16:29 | 1122 | Finnlay Lowe          | Thurrock Harriers              | 136 | 0:17:28 | 689  | Danny Adams             | City Of Norwich AC             |
| 37  | 0:16:29 | 722  | Callum Stone          | Crawley AC                     | 137 | 0:17:28 | 924  | Luke Stringer           | Medway & Maidstone AC          |
| 38  | 0:16:31 | 517  | Michael Gar           | Aldershot Farnham & District   | 138 | 0:17:28 | 663  | Louis Woods             | Cambridge Harriers             |
| 39  | 0:16:31 | 1102 | Joe Ponter            | Taunton AC                     | 139 | 0:17:28 | 769  | Andrey McIntre          | Guildford & Godalming AC       |
| 40  | 0:16:33 | 833  | Ashley Williams       | Horsham Blue Star Harriers     | 140 | 0:17:29 | 982  | Zac Cloete              | Poole AC                       |
| 41  | 0:16:34 | 825  | Abdifatah Khalif      | Hillingdon AC                  | 141 | 0:17:29 | 1207 | Sam Sloan               | Woodford Green AC With Ess     |
| 42  | 0:16:34 | 724  | Raif Serif            | Crewe & Nantwich AC            | 142 | 0:17:30 | 756  | Rowen Edward Bennett    | Elswick Harriers               |
| 43  | 0:16:35 | 533  | Charlie Wagstaff      | Aldershot Farnham & District   | 143 | 0:17:30 | 672  | Harry (henry) Clarke    | Chelmsford AC                  |
| 44  | 0:16:37 | 1046 | Luca Stubbs           | Shaftesbury Barnet Harriers    | 144 | 0:17:32 | 758  | Henry Smith             | Epsom & Ewell Harriers         |
| 45  | 0:16:37 | 855  | Daniel Sanderson      | Kendal AAC                     | 145 | 0:17:34 | 963  | Ollie Lock              | North Somerset AC              |
| 46  | 0:16:38 | 1059 | Nicholas Smith        | South London Harriers          | 146 | 0:17:34 | 804  | Callum Balme            | Herne Hill Harriers            |
| 47  | 0:16:38 | 1038 | Jonah Kramer          | Serpentine RC                  | 147 | 0:17:35 | 1018 | Finbar Myers            | Rugby & Northampton AC         |
| 48  | 0:16:38 | 510  | Sam Bodoano           | Aldershot Farnham & District   | 148 | 0:17:35 | 637  | Harrison Mayne          | Bromsgrove & Redditch AC       |
| 49  | 0:16:38 | 1057 | Joseph Seal           | South London Harriers          | 149 | 0:17:36 | 772  | Sam Mannings            | Halesowen AC                   |
| 50  | 0:16:38 | 798  | Lucas Farmer          | Hercules Wimbledon AC          | 150 | 0:17:36 | 834  | Robert Seddon           | Horwich RMI Harriers           |
| 51  | 0:16:39 | 1142 | Matthew Taylor        | Tonbridge AC                   | 151 | 0:17:37 | 1160 | Ross Hurst              | Walton AC                      |
| 52  | 0:16:39 | 901  | Jake Evans            | London Heathside               | 152 | 0:17:37 | 760  | Rio Turl                | Exeter Harriers                |
| 53  | 0:16:40 | 740  | Samuel Gibson         | Durham City Harriers & AC      | 153 | 0:17:37 | 562  | Gregory Herring         | Bedford & County AC            |
| 54  | 0:16:41 | 849  | Charlie Turner        | Ipswich Harriers               | 154 | 0:17:37 | 894  | Sam Flaherty            | Liverpool Harriers & AC        |
| 55  | 0:16:42 | 1098 | Sam Cobb              | Taunton AC                     | 155 | 0:17:38 | 549  | Joshua McGill           | Baildon AC                     |
| 56  | 0:16:43 | 512  | Theo Cheshire         | Aldershot Farnham & District   | 156 | 0:17:38 | 628  | Fred Hawker             | Bristol & West AC              |
| 57  | 0:16:44 | 945  | Owen Wilkinson        | Nene Valley Harriers           | 157 | 0:17:39 | 648  | Hugh Dow                | Cambridge & Coleridge          |
| 58  | 0:16:45 | 1218 | Joel Rooney           | Blackheath & Bromley Harrie    | 158 | 0:17:39 | 629  | Luke Iles               | Bristol & West AC              |
| 59  | 0:16:45 | 1051 | Jack Burton           | South London Harriers          | 159 | 0:17:40 | 569  | Harry West              | Bedford & County AC            |
| 60  | 0:16:46 | 1103 | Sam Ponter            | Taunton AC                     | 160 | 0:17:40 | 636  | Joe Cunliffe            | Bromsgrove & Redditch AC       |
| 61  | 0:16:48 | 788  | Isaac Elam            | Hastings AC                    | 161 | 0:17:40 | 1044 | Dylan Michel            | Shaftesbury Barnet Harriers    |
| 62  | 0:16:50 | 678  | Joseph Currie         | Chesterfield & District AC     | 162 | 0:17:41 | 778  | James Hartley           | Hallamshire Harriers Sheffield |
| 63  | 0:16:50 | 1144 | Joseph Bentall        | Trafford AC                    | 163 | 0:17:42 | 941  | Harvey Hancock          | Nene Valley Harriers           |
| 64  | 0:16:50 | 1168 | Matthew Quarterman    | Wells City Harriers            | 164 | 0:17:42 | 1188 | William Goddard         | Windsor Slough Eton & Houn     |
| 65  | 0:16:51 | 1202 | Daniel Steventon-Box  | Wolverhampton & Bilston        | 165 | 0:17:42 | 721  | Bradley Stanger         | Crawley AC                     |
| 66  | 0:16:51 | 1165 | Challie Woollett      | Watford Harriers               | 166 | 0:17:42 | 673  | Aaron Davis             | Chelmsford AC                  |
| 67  | 0:16:54 | 754  | Robin Regan           | Eden Runners                   | 167 | 0:17:42 | 733  | Freddie Truman-Williams | Dacorum & Tring AC             |
| 68  | 0:16:55 | 679  | Liam Dunne            | Chichester Runners & AC        | 168 | 0:17:43 | 1134 | Matthew Dubery          | Tonbridge AC                   |
| 69  | 0:16:55 | 645  | Thomas Blake          | Cambridge & Coleridge          | 169 | 0:17:43 | 1143 | Alexander Bailey        | Trafford AC                    |
| 70  | 0:16:56 | 787  | James Crombie         | Hastings AC                    | 170 | 0:17:43 | 842  | Jak Wright              | Ilford AC                      |
| 71  | 0:16:56 | 1111 | Abdikafi Abdi         | Thames Valley Harriers         | 171 | 0:17:44 | 975  | Henry Jones             | Orion Harriers                 |
| 72  | 0:16:56 | 826  | Josh Lee              | Hillingdon AC                  | 172 | 0:17:44 | 903  | Ruairi McGonagle        | London Heathside               |
| 73  | 0:16:56 | 846  | Freddie Adams         | Ipswich Harriers               | 173 | 0:17:45 | 898  | Thomas Corcoran         | Liverpool Pembroke & Seftor    |
| 74  | 0:16:58 | 650  | Matt Magin            | Cambridge & Coleridge          | 174 | 0:17:45 | 961  | Benjamin Hamblin        | North Somerset AC              |
| 75  | 0:16:58 | 1006 | Daniel Francis        | Richmond & Zetland Harriers    | 175 | 0:17:46 | 677  | Oscar Cousins           | Chesterfield & District AC     |
| 76  | 0:16:59 | 664  | Alex Coleston-Shields | Charnwood AC                   | 176 | 0:17:46 | 551  | Cameron Coveney         | Basingstoke & Mid Hants AC     |
| 77  | 0:16:59 | 865  | Dylan Bowley          | Kettering Town Harriers        | 177 | 0:17:47 | 710  | Ben Reynolds            | Cookham Running Club           |
| 78  | 0:16:59 | 611  | Cameron Enser         | Bracknell AC                   | 178 | 0:17:47 | 527  | Riley Speake            | Aldershot Farnham & District   |
| 79  | 0:17:00 | 519  | Edward Henderson      | Aldershot Farnham & District   | 179 | 0:17:47 | 793  | Alex Ford               | Havering AC                    |
| 80  | 0:17:00 | 719  | Tom James             | Crawley AC                     | 180 | 0:17:48 | 897  | Mackenzie Woodward      | Liverpool Harriers & AC        |
| 81  | 0:17:01 | 1205 | Rhys Edwards          | Woodford Green AC With Ess     | 181 | 0:17:48 | 658  | Corban Wood             | Cambridge & Coleridge          |
| 82  | 0:17:01 | 521  | Barney Jackman        | Aldershot Farnham & District   | 182 | 0:17:48 | 1180 | Seth Lake               | Wimborne AC                    |
| 83  | 0:17:02 | 557  | Alexander Alston      | Bedford & County AC            | 183 | 0:17:50 | 992  | Laurie Baker            | Reading AC                     |
| 84  | 0:17:03 | 928  | Daniel Payne          | Middlebrough AC                | 184 | 0:17:51 | 1219 | Nathan Boase            | Orion Harriers                 |
| 85  | 0:17:03 | 580  | Joseph Cannelley      | Bingley Harriers & AC          | 185 | 0:17:51 | 704  | Aidan Cahill            | Colchester & Tendring AC       |
| 86  | 0:17:03 | 1206 | Ben Sloan             | Woodford Green AC With Ess     | 186 | 0:17:51 | 587  | Jamie Teare             | Blackburn Harriers             |
| 87  | 0:17:04 | 1211 | Roman Watson Quilter  | Wreake and Soar Valley AC      | 187 | 0:17:52 | 619  | Harvey Grant            | Brighton & Hove AC             |
| 88  | 0:17:04 | 727  | Michael Armstrong     | Dacorum & Tring AC             | 188 | 0:17:52 | 819  | Roland Somogyi          | Highgate Harriers              |
| 89  | 0:17:05 | 703  | Matthew Brayshaw      | Colchester & Tendring AC       | 189 | 0:17:52 | 588  | Leon Thomas             | Blackburn Harriers             |
| 90  | 0:17:06 | 844  | Sam Newson            | Invicta East Kent AC           | 190 | 0:17:53 | 725  | Scott Jones             | Croft Ambrey AC                |
| 91  | 0:17:07 | 1141 | Henry Taylor          | Tonbridge AC                   | 191 | 0:17:54 | 1210 | Lucca Watson Quilter    | Wreake and Soar Valley AC      |
| 92  | 0:17:08 | 583  | Josh Robins           | Birchfield Harriers            | 192 | 0:17:55 | 688  | Luke Buck               | Cirencester AC                 |
| 93  | 0:17:08 | 932  | Euan Duffin           | Morpeth Harriers & AC          | 193 | 0:17:55 | 1082 | Declan Connolly         | St.Mary's Richmond AC          |
| 94  | 0:17:08 | 1190 | Luke Hynes            | Windsor Slough Eton & Houn     | 194 | 0:17:56 | 1065 | Luke Randall            | Southend On Sea AC             |
| 95  | 0:17:09 | 1159 | Jack Gemmell          | Walton AC                      | 195 | 0:17:56 | 612  | Henry Fieldsend         | Bracknell AC                   |
| 96  | 0:17:10 | 668  | Marcus Francis        | Charnwood AC                   | 196 | 0:17:56 | 1158 | Theo Grandorge          | Victoria Park H. & Tower Han   |
| 97  | 0:17:11 | 685  | Louis Peterson        | Chiltern Harriers AC           | 197 | 0:17:57 | 1009 | William Beaton          | Rotherham Harriers & AC        |
| 98  | 0:17:11 | 700  | Andrew Lawrence       | City of York AC                | 198 | 0:17:58 | 568  | James Vinnicombe        | Bedford & County AC            |
| 99  | 0:17:12 | 642  | Jorge Aguilar-Agon    | Cambridge & Coleridge          | 199 | 0:17:58 | 1067 | Matthew Warner          | Southend On Sea AC             |
| 100 | 0:17:13 | 667  | Ryan Elston           | Charnwood AC                   | 200 | 0:17:58 | 782  | Christopher Hudson      | Harrow AC                      |

# U15 Boys

| Pos | Time    | No   | Name                    | Club                          | Pos | Time    | No   | Name                     | Club                         |
|-----|---------|------|-------------------------|-------------------------------|-----|---------|------|--------------------------|------------------------------|
| 201 | 0:17:59 | 726  | Zachary Blair           | Croydon Harriers              | 301 | 0:18:48 | 542  | Finn MacCarthy           | Barnet & District AC         |
| 202 | 0:18:00 | 1137 | Oliver Hill             | Tonbridge AC                  | 302 | 0:18:49 | 885  | Luca Buckley             | Lewes AC                     |
| 203 | 0:18:00 | 943  | Sam Oakley              | Nene Valley Harriers          | 303 | 0:18:49 | 1047 | Fergus Watson            | Shaftesbury Barnet Harriers  |
| 204 | 0:18:01 | 895  | Jamie Ford              | Liverpool Harriers & AC       | 304 | 0:18:50 | 799  | Sam Masters              | Hercules Wimbledon AC        |
| 205 | 0:18:01 | 1020 | Lewis Panter            | Rugby & Northampton AC        | 305 | 0:18:50 | 888  | Sam Horn                 | Lewes AC                     |
| 206 | 0:18:01 | 731  | Thomas Durrant          | Dacorum & Tring AC            | 306 | 0:18:50 | 1026 | Tom Gibbons              | Saffron AC                   |
| 207 | 0:18:02 | 1184 | James Medley            | Winchester & District AC      | 307 | 0:18:51 | 1199 | Reuben Crombie           | Wolverhampton & Bilston      |
| 208 | 0:18:02 | 1075 | Robert Quigley          | St Albans Striders            | 308 | 0:18:52 | 630  | Otto Kingston            | Bristol & West AC            |
| 209 | 0:18:02 | 1010 | Samuel Gilson           | Rotherham Harriers & AC       | 309 | 0:18:52 | 763  | Ted Ramsay               | Gosforth Harriers & AC       |
| 210 | 0:18:02 | 705  | Cameron Humphreys       | Colchester & Tendring AC      | 310 | 0:18:52 | 890  | Joss Pope                | Lewes AC                     |
| 211 | 0:18:03 | 1140 | Adam Singletery         | Tonbridge AC                  | 311 | 0:18:52 | 857  | Sam Crouchley            | Kenilworth Runners           |
| 212 | 0:18:03 | 526  | Bailey Roberts          | Aldershot Farnham & District  | 312 | 0:18:53 | 1162 | Lewis Clark              | Watford Harriers             |
| 213 | 0:18:03 | 1164 | Adam Serag              | Watford Harriers              | 313 | 0:18:53 | 1167 | Daniel Maydew            | Wells City Harriers          |
| 214 | 0:18:05 | 749  | Arun Manget             | Ealing Southall & Middlesex F | 314 | 0:18:53 | 918  | Max Eldridge             | Medway & Maidstone AC        |
| 215 | 0:18:05 | 595  | Frederick Georgiou      | Blackheath & Bromley Harrie   | 315 | 0:18:53 | 774  | James Rolinson           | Halesowen AC                 |
| 216 | 0:18:06 | 693  | Zak Houghton            | City Of Norwich AC            | 316 | 0:18:54 | 985  | William Brodie           | Poole Runners                |
| 217 | 0:18:07 | 871  | Jack Dickson            | Kingston AC & Polytechnic H   | 317 | 0:18:55 | 737  | Matthew Golder           | Derby AC                     |
| 218 | 0:18:08 | 1127 | Alexander Beeston       | Tonbridge AC                  | 318 | 0:18:55 | 949  | Elliot Smith             | Newcastle Staffs AC          |
| 219 | 0:18:08 | 1170 | Toby Watson             | Wells City Harriers           | 319 | 0:18:55 | 578  | Freddie Taylor           | Bicester AC                  |
| 220 | 0:18:09 | 944  | Dylan Tomaselli         | Nene Valley Harriers          | 320 | 0:18:57 | 505  | Elliot Palmer            | Absolute Tri                 |
| 221 | 0:18:09 | 712  | Jolyon Leavesley        | Corby AC                      | 321 | 0:18:59 | 998  | Benjamin McCabe          | Reading AC                   |
| 222 | 0:18:09 | 939  | Sam Garner              | Nene Valley Harriers          | 322 | 0:19:00 | 1178 | Charles Davies           | Wimborne AC                  |
| 223 | 0:18:10 | 554  | Louis Morris            | Basingstoke & Mid Hants AC    | 323 | 0:19:00 | 965  | William Scott            | North Somerset AC            |
| 224 | 0:18:11 | 723  | Daniel Westwood         | Crawley AC                    | 324 | 0:19:00 | 911  | Tomas Harry Falcao Bille | Marshall Milton Keynes AC    |
| 225 | 0:18:11 | 1070 | Jack Dickinson          | St Albans Striders            | 325 | 0:19:01 | 707  | Charlie Regan            | Colchester & Tendring AC     |
| 226 | 0:18:11 | 881  | Josef Short             | Leigh Harriers & AC           | 326 | 0:19:01 | 863  | Jude Weekly              | Kent AC                      |
| 227 | 0:18:11 | 820  | Monte Watson            | Highgate Harriers             | 327 | 0:19:01 | 1209 | Lucas Spence             | Wreake and Soar Valley AC    |
| 228 | 0:18:11 | 1118 | Spencer Bateman         | The Stragglers Running Club   | 328 | 0:19:02 | 1076 | Michael Brussels         | St Helens Sutton AC          |
| 229 | 0:18:13 | 839  | Bradley Deacon          | Ilford AC                     | 329 | 0:19:03 | 626  | Cole Edmonds             | Bristol & West AC            |
| 230 | 0:18:13 | 536  | Paddy Turner            | Andover AC                    | 330 | 0:19:05 | 920  | Finlay MacDonald         | Medway & Maidstone AC        |
| 231 | 0:18:14 | 815  | Eddie Fairhurst         | Highgate Harriers             | 331 | 0:19:05 | 1138 | Zac Jones                | Tonbridge AC                 |
| 232 | 0:18:15 | 620  | Joseph Luker            | Brighton & Hove AC            | 332 | 0:19:06 | 659  | John Okomayin            | Cambridge Harriers           |
| 233 | 0:18:16 | 1169 | Leo Stockham            | Wells City Harriers           | 333 | 0:19:07 | 869  | Oliver Read              | Kettering Town Harriers      |
| 234 | 0:18:16 | 806  | Ben Harrison            | Herne Hill Harriers           | 334 | 0:19:07 | 686  | Charlie Stone            | Chiltern Harriers AC         |
| 235 | 0:18:17 | 1022 | Ben Willison            | Rugby & Northampton AC        | 335 | 0:19:07 | 556  | Oliver Smith             | Basingstoke & Mid Hants AC   |
| 236 | 0:18:18 | 523  | George Manolis          | Aldershot Farnham & District  | 336 | 0:19:07 | 1021 | Tom Tyler                | Rugby & Northampton AC       |
| 237 | 0:18:18 | 644  | Miles Benyan            | Cambridge & Coleridge         | 337 | 0:19:07 | 995  | Aryan Gupta              | Reading AC                   |
| 238 | 0:18:18 | 954  | Billy Life              | North Norfolk Harriers AC     | 338 | 0:19:08 | 776  | James Johnson            | Halifax Harriers & AC        |
| 239 | 0:18:19 | 802  | Hector Revill           | Hercules Wimbledon AC         | 339 | 0:19:08 | 683  | Luke Martin              | Chiltern Harriers AC         |
| 240 | 0:18:20 | 660  | Ayub Salaad             | Cambridge Harriers            | 340 | 0:19:10 | 1113 | Basil Rock               | Thames Valley Harriers       |
| 241 | 0:18:21 | 770  | Raphael Rivero-Stevenet | Guildford & Godalming AC      | 341 | 0:19:10 | 1151 | David Sleeman            | Trent Park RC                |
| 242 | 0:18:22 | 502  | Kie Francis             | Abingdon AC                   | 342 | 0:19:10 | 960  | Theo Edwards             | North Somerset AC            |
| 243 | 0:18:23 | 832  | Matty Smith             | Horsham Blue Star Harriers    | 343 | 0:19:10 | 853  | Josh Roelants            | Kendal AAC                   |
| 244 | 0:18:23 | 624  | Lewis Adamson           | Bristol & West AC             | 344 | 0:19:11 | 1187 | Jordi Evans-Rodriguez    | Windsor Slough Eton & Houn   |
| 245 | 0:18:24 | 1016 | Jake Hope               | Rugby & Northampton AC        | 345 | 0:19:11 | 1126 | Alexander Adrian         | Tonbridge AC                 |
| 246 | 0:18:24 | 669  | Seamus Hurst            | Charnwood AC                  | 346 | 0:19:11 | 1050 | Oliver Anderson          | South London Harriers        |
| 247 | 0:18:24 | 1091 | Jacob Wood Doyle        | Stockport Harriers & AC       | 347 | 0:19:11 | 720  | Thomas Kimber            | Crawley AC                   |
| 248 | 0:18:24 | 1185 | Samuel Roberts          | Winchester & District AC      | 348 | 0:19:14 | 555  | William Parkinson        | Basingstoke & Mid Hants AC   |
| 249 | 0:18:24 | 1128 | Lucas Beghein           | Tonbridge AC                  | 349 | 0:19:14 | 655  | Matthew Pinney           | Cambridge & Coleridge        |
| 250 | 0:18:25 | 1023 | Tate Emery Peters       | Rushcliffe AC                 | 350 | 0:19:14 | 606  | Jacob Wibe               | Blackheath & Bromley Harrie  |
| 251 | 0:18:25 | 1200 | Louie Lambeth           | Wolverhampton & Bilston       | 351 | 0:19:15 | 1040 | Jonathan Boardman        | Shaftesbury Barnet Harriers  |
| 252 | 0:18:25 | 950  | Louis Wakefield         | Newcastle Staffs AC           | 352 | 0:19:15 | 1015 | Michael Corbett          | Rugby & Northampton AC       |
| 253 | 0:18:26 | 618  | Baxter Fletcher         | Brighton & Hove AC            | 353 | 0:19:16 | 900  | Stan Brown               | London Heathside             |
| 254 | 0:18:26 | 988  | Noah Barnard            | Queen's Park Harriers         | 354 | 0:19:16 | 891  | Will Bloom               | Lincoln Wellington AC        |
| 255 | 0:18:26 | 921  | Daniel McGlynn          | Medway & Maidstone AC         | 355 | 0:19:17 | 1031 | Alex James               | Sale Harriers Manchester     |
| 256 | 0:18:26 | 915  | Jack Rose               | Marshall Milton Keynes AC     | 356 | 0:19:18 | 867  | Joshua Geddes            | Kettering Town Harriers      |
| 257 | 0:18:27 | 718  | Dylan Hanslow           | Crawley AC                    | 357 | 0:19:18 | 1157 | Oliver Baty              | Victoria Park H. & Tower Han |
| 258 | 0:18:27 | 905  | Oliver O'Connor         | London Heathside              | 358 | 0:19:18 | 1073 | Alex Moffat              | St Albans Striders           |
| 259 | 0:18:27 | 579  | Samuel Norfolk          | Bicester AC                   | 359 | 0:19:18 | 621  | Josuha Pay               | Brighton & Hove AC           |
| 260 | 0:18:28 | 728  | Thomas Ashton           | Dacorum & Tring AC            | 360 | 0:19:19 | 635  | Cameron Smith            | BRJ Run and Tri              |
| 261 | 0:18:29 | 762  | Wesley Croom            | Gosforth Harriers & AC        | 361 | 0:19:21 | 938  | Matthew Colman           | Nene Valley Harriers         |
| 262 | 0:18:29 | 809  | Jaden Kennedy           | Herne Hill Harriers           | 362 | 0:19:22 | 1114 | Shami Umashankar         | Thames Valley Harriers       |
| 263 | 0:18:30 | 1079 | Charlie Roberts         | St Helens Sutton AC           | 363 | 0:19:22 | 850  | Mungo Mangat             | Judd School                  |
| 264 | 0:18:30 | 692  | William Browne          | City Of Norwich AC            | 364 | 0:19:23 | 734  | Harry Wilson             | Darlington Harriers & AC     |
| 265 | 0:18:31 | 818  | Finlay Sleeman          | Highgate Harriers             | 365 | 0:19:23 | 1124 | Thomas Bentley           | Tripton Harriers             |
| 266 | 0:18:31 | 732  | Jack Raine              | Dacorum & Tring AC            | 366 | 0:19:24 | 634  | Keelan Duffy             | BRJ Run and Tri              |
| 267 | 0:18:31 | 623  | Will Carey              | Brighton Phoenix              | 367 | 0:19:24 | 1004 | Noah Young               | Reigate Priory AC            |
| 268 | 0:18:32 | 777  | Ewan Wheelwright        | Halifax Harriers & AC         | 368 | 0:19:25 | 1154 | Wilf Dight               | Vale Royal AC                |
| 269 | 0:18:33 | 817  | Theo MacChin-Paley      | Highgate Harriers             | 369 | 0:19:25 | 508  | Christopher Baker        | Aldershot Farnham & District |
| 270 | 0:18:33 | 501  | Alfie Clay              | Abingdon AC                   | 370 | 0:19:25 | 1191 | Joshua Patteson          | Windsor Slough Eton & Houn   |
| 271 | 0:18:33 | 614  | Ben Rowe                | Bracknell AC                  | 371 | 0:19:26 | 948  | Ellis Russell            | Newbury AC                   |
| 272 | 0:18:33 | 582  | Ben Rees                | Bingley Harriers & AC         | 372 | 0:19:27 | 848  | Franek Ouko              | Ipswich Harriers             |
| 273 | 0:18:34 | 1174 | William Wright          | West Cheshire AC              | 373 | 0:19:27 | 1069 | Thomas Cooper            | St Albans Striders           |
| 274 | 0:18:34 | 879  | Joel Denton             | Leigh Harriers & AC           | 374 | 0:19:27 | 671  | Lucas Wolf-Pudney        | Charnwood AC                 |
| 275 | 0:18:35 | 730  | Sam Burnell             | Dacorum & Tring AC            | 375 | 0:19:28 | 625  | Jay Akbar                | Bristol & West AC            |
| 276 | 0:18:35 | 1084 | Gabriel Phelan          | St.Mary's Richmond AC         | 376 | 0:19:29 | 775  | Danny Baxter             | Halifax Harriers & AC        |
| 277 | 0:18:36 | 1068 | James Allison           | St Albans Striders            | 377 | 0:19:29 | 872  | Max Dickson              | Kingston AC & Polytechnic H  |
| 278 | 0:18:37 | 1208 | Liam Waldron            | Woodford Green AC With Ess    | 378 | 0:19:30 | 575  | Michael Alborzpour       | Bicester AC                  |
| 279 | 0:18:37 | 1179 | Josh Jack               | Wimborne AC                   | 379 | 0:19:30 | 1197 | Jacob Stadie             | Woking AC                    |
| 280 | 0:18:38 | 983  | Liam Nixon              | Poole AC                      | 380 | 0:19:31 | 866  | Joshua Clutton           | Kettering Town Harriers      |
| 281 | 0:18:38 | 684  | Finn O'Brien            | Chiltern Harriers AC          | 381 | 0:19:31 | 570  | Joe Wilson               | Bedford & County AC          |
| 282 | 0:18:39 | 886  | Matthew Cudby           | Lewes AC                      | 382 | 0:19:31 | 1043 | Matthew McAteer          | Shaftesbury Barnet Harriers  |
| 283 | 0:18:39 | 1061 | Owen Waite              | South London Harriers         | 383 | 0:19:32 | 870  | Will Bourne              | Kingston AC & Polytechnic H  |
| 284 | 0:18:40 | 543  | Jude Miranda            | Barnet & District AC          | 384 | 0:19:33 | 1039 | Curtis O'Keefe           | Serpentine RC                |
| 285 | 0:18:40 | 1077 | Joseph Byrne            | St Helens Sutton AC           | 385 | 0:19:33 | 676  | Harry Cocking            | Chesterfield & District AC   |
| 286 | 0:18:41 | 864  | Lucas Zurdo             | Kent AC                       | 386 | 0:19:34 | 824  | Adam Ireland             | Hillingdon AC                |
| 287 | 0:18:42 | 1032 | Robbie Rigby            | Sale Harriers Manchester      | 387 | 0:19:34 | 1037 | Ciaran Lines             | Sedgefield Harriers          |
| 288 | 0:18:42 | 858  | Billy Doxey             | Kenilworth Runners            | 388 | 0:19:35 | 641  | Alastair Rushforth       | Camberley & District AC      |
| 289 | 0:18:43 | 1152 | Thomas Fell             | Vale Of Aylesbury AC          | 389 | 0:19:35 | 1183 | Dominic Exworthy         | Winchester & District AC     |
| 290 | 0:18:43 | 1120 | Tyler Howard            | Thetford AC                   | 390 | 0:19:37 | 532  | Charlie Turner           | Aldershot Farnham & District |
| 291 | 0:18:43 | 1121 | Dylan Harrod            | Thurrock Harriers             | 391 | 0:19:38 | 845  | Thomas Williams          | Invicta East Kent AC         |
| 292 | 0:18:43 | 1085 | Isaac Phelan            | St.Mary's Richmond AC         | 392 | 0:19:39 | 534  | Isaac Wong               | Aldershot Farnham & District |
| 293 | 0:18:44 | 1056 | Thomas Porter           | South London Harriers         | 393 | 0:19:41 | 1054 | Joe Lawrence             | South London Harriers        |
| 294 | 0:18:45 | 602  | Pablo Seema Roca        | Blackheath & Bromley Harrie   | 394 | 0:19:42 | 1099 | Ben Dayer                | Taunton AC                   |
| 295 | 0:18:45 | 801  | Morgan Rennie           | Hercules Wimbledon AC         | 395 | 0:19:43 | 1145 | Tom Bentall              | Trafford AC                  |
| 296 | 0:18:45 | 1089 | Matthew Tyas            | St.Mary's Richmond AC         | 396 | 0:19:44 | 958  | Max Davies               | North Somerset AC            |
| 297 | 0:18:45 | 514  | Adam Duke               | Aldershot Farnham & District  | 397 | 0:19:46 | 1112 | Nelson Gordon            | Thames Valley Harriers       |
| 298 | 0:18:46 | 596  | Jake Leng               | Blackheath & Bromley Harrie   | 398 | 0:19:47 | 803  | Jacob Alley              | Herne Hill Harriers          |
| 299 | 0:18:47 | 591  | Will Andrews            | Blackheath & Bromley Harrie   | 399 | 0:19:47 | 1066 | Fred Tall                | Southend On Sea AC           |
| 300 | 0:18:47 | 651  | Finn McGrath            | Cambridge & Coleridge         | 400 | 0:19:49 | 784  | Mughilan Muralitharan    | Harrow AC                    |

# U15 Boys

| Pos | Time    | No   | Name                  | Club                           |
|-----|---------|------|-----------------------|--------------------------------|
| 401 | 0:19:51 | 1109 | Luke Richards         | Telford AC                     |
| 402 | 0:19:52 | 541  | Alex Fraser           | Barnet & District AC           |
| 403 | 0:19:53 | 735  | Harry Ives            | Dartford Harriers AC           |
| 404 | 0:19:54 | 800  | Edward Newton         | Hercules Wimbledon AC          |
| 405 | 0:19:54 | 923  | Finn Rodgers          | Medway & Maidstone AC          |
| 406 | 0:19:55 | 967  | Harry Sinclair        | North Somerset AC              |
| 407 | 0:19:55 | 780  | Jonah Patton          | Hallamshire Harriers Sheffield |
| 408 | 0:19:55 | 597  | Bailey Marks-Belaon   | Blackheath & Bromley Harrie    |
| 409 | 0:19:57 | 859  | Ryan Hill             | Kenilworth Runners             |
| 410 | 0:19:58 | 589  | Harry Wilkin          | Blackburn Harriers             |
| 411 | 0:20:00 | 1110 | Baqer Abamecha        | Thames Valley Harriers         |
| 412 | 0:20:01 | 592  | Harvey Blanden        | Blackheath & Bromley Harrie    |
| 413 | 0:20:03 | 729  | Jamie Bailey          | Dacorum & Tring AC             |
| 414 | 0:20:04 | 1086 | Dominic Rhodes        | St.Mary's Richmond AC          |
| 415 | 0:20:05 | 1150 | Liam Finnegan         | Trent Park RC                  |
| 416 | 0:20:06 | 675  | Scott Thomas          | Chelmsford AC                  |
| 417 | 0:20:06 | 1028 | Zac Gaillemin         | Sale Harriers Manchester       |
| 418 | 0:20:07 | 831  | Oliver Arnold         | Horsham Blue Star Harriers     |
| 419 | 0:20:08 | 990  | Alex Quin             | Queen's Park Harriers          |
| 420 | 0:20:08 | 1213 | Luke Kempton          | Wycombe Phoenix Harriers &     |
| 421 | 0:20:10 | 912  | Ben Green             | Marshall Milton Keynes AC      |
| 422 | 0:20:11 | 1045 | Conor O'Keefe         | Shaftesbury Barnet Harriers    |
| 423 | 0:20:11 | 1094 | Cameron Black         | Stratford Upon Avon AC         |
| 424 | 0:20:12 | 654  | Oj Parmenter          | Cambridge & Coleridge          |
| 425 | 0:20:13 | 935  | Ben Waterfield        | Morpeth Harriers & AC          |
| 426 | 0:20:14 | 1030 | Matthew Hutchinson    | Sale Harriers Manchester       |
| 427 | 0:20:14 | 708  | Samuel Shippey        | Colchester & Tendring AC       |
| 428 | 0:20:15 | 745  | Seweryn Czapka        | Ealing Southall & Middlesex /  |
| 429 | 0:20:16 | 1176 | Joe Bradford          | West Suffolk AC                |
| 430 | 0:20:16 | 1182 | Oliver Rawles         | Wimborne AC                    |
| 431 | 0:20:17 | 959  | Callum Day            | North Somerset AC              |
| 432 | 0:20:17 | 1097 | Fin Hutchinson        | Stratford Upon Avon AC         |
| 433 | 0:20:18 | 572  | Ewan Beet             | Bexley AC                      |
| 434 | 0:20:18 | 691  | Isaac Bower           | City Of Norwich AC             |
| 435 | 0:20:18 | 1123 | Sunny Vehit           | Thurrock Harriers              |
| 436 | 0:20:19 | 695  | Jenson Howard         | City Of Portsmouth AC          |
| 437 | 0:20:19 | 649  | Louis Harhalakis      | Cambridge & Coleridge          |
| 438 | 0:20:23 | 904  | Kit Naylor            | London Heathside               |
| 439 | 0:20:24 | 868  | Ryan Raulia           | Kettering Town Harriers        |
| 440 | 0:20:26 | 795  | Henry Lay             | Havering AC                    |
| 441 | 0:20:26 | 966  | Alistair Sinclair     | North Somerset AC              |
| 442 | 0:20:31 | 1095 | Ned Campbell          | Stratford Upon Avon AC         |
| 443 | 0:20:32 | 746  | Rafa Davidson         | Ealing Southall & Middlesex /  |
| 444 | 0:20:38 | 752  | Patrick McGuinness    | East Cheshire Harriers & Tam   |
| 445 | 0:20:39 | 565  | James Price           | Bedford & County AC            |
| 446 | 0:20:41 | 747  | Thomas Edgar          | Ealing Southall & Middlesex /  |
| 447 | 0:20:42 | 1011 | Jay Francis Jessop    | Rotherham Harriers & AC        |
| 448 | 0:20:42 | 1107 | Matthew Holmes        | Telford AC                     |
| 449 | 0:20:42 | 964  | Jamie Pass            | North Somerset AC              |
| 450 | 0:20:43 | 861  | Jacob Watson          | Kenilworth Runners             |
| 451 | 0:20:44 | 860  | Kyran Kirk            | Kenilworth Runners             |
| 452 | 0:20:45 | 947  | George Ferguson       | Newbury AC                     |
| 453 | 0:20:48 | 1214 | Alex Mitchell         | Wycombe Phoenix Harriers &     |
| 454 | 0:20:52 | 794  | Lenny Houston         | Havering AC                    |
| 455 | 0:20:53 | 757  | Jago Green            | Epsom & Ewell Harriers         |
| 456 | 0:20:53 | 1096 | Harry Gravelsons      | Stratford Upon Avon AC         |
| 457 | 0:20:54 | 882  | Harry Bell            | Leighton Buzzard AC            |
| 458 | 0:20:55 | 1215 | Nicholas Mitchell     | Wycombe Phoenix Harriers &     |
| 459 | 0:20:56 | 816  | Charlie Gundy         | Highgate Harriers              |
| 460 | 0:20:59 | 545  | Owen Adams            | Basildon AC                    |
| 461 | 0:21:00 | 987  | Jacob Small           | Poole Runners                  |
| 462 | 0:21:01 | 884  | Finlay Braund         | Lewes AC                       |
| 463 | 0:21:02 | 1027 | Jacob Corrie          | Sale Harriers Manchester       |
| 464 | 0:21:08 | 643  | Liam Bell             | Cambridge & Coleridge          |
| 465 | 0:21:10 | 633  | Jacob Roe             | Bristol & West AC              |
| 466 | 0:21:14 | 974  | Rhys Dolan            | Orion Harriers                 |
| 467 | 0:21:15 | 736  | Daniel Moulton        | Dartford Harriers AC           |
| 468 | 0:21:18 | 955  | Cameron Baker-Perry   | North Somerset AC              |
| 469 | 0:21:20 | 577  | Zacharia Singer       | Bicester AC                    |
| 470 | 0:21:23 | 790  | Oscar Tomlinson       | Hastings AC                    |
| 471 | 0:21:31 | 814  | George Bayley         | Highgate Harriers              |
| 472 | 0:21:34 | 936  | Angus Bowling         | Nene Valley Harriers           |
| 473 | 0:21:42 | 701  | Dominic Cartwright    | Cleethorpes AC                 |
| 474 | 0:21:43 | 828  | Amar Moussa           | Hillingdon AC                  |
| 475 | 0:21:49 | 1017 | Ben Leugs             | Rugby & Northampton AC         |
| 476 | 0:21:56 | 969  | Jamie Van-De-velde    | North Somerset AC              |
| 477 | 0:21:56 | 956  | Marcos Becerril-Galan | North Somerset AC              |
| 478 | 0:21:57 | 1005 | Callum Crisp          | Richmond & Zetland Harriers    |
| 479 | 0:21:58 | 989  | William McKenzie      | Queen's Park Harriers          |
| 480 | 0:21:59 | 1092 | Oliver Adams          | Stratford Upon Avon AC         |
| 481 | 0:22:01 | 765  | Thomas Spreadbury     | Gosforth Harriers & AC         |
| 482 | 0:22:04 | 796  | Timi McDaniel         | Havering AC                    |
| 483 | 0:22:07 | 608  | Connor Ely            | Bourne Town Harriers           |
| 484 | 0:22:35 | 1049 | Jake Morris           | Silson Joggers AC              |
| 485 | 0:22:38 | 515  | Luca Elliott          | Aldershot Farnham & District   |
| 486 | 0:22:43 | 706  | Michael Knowles       | Colchester & Tendring AC       |
| 487 | 0:22:45 | 893  | Ethan Flaherty        | Liverpool Harriers & AC        |
| 488 | 0:22:46 | 783  | Samar Jhooti          | Harrow AC                      |
| 489 | 0:22:49 | 738  | Sam Lawson            | Doncaster AC                   |
| 490 | 0:22:55 | 1088 | Akash Sohal           | St.Mary's Richmond AC          |
| 491 | 0:22:56 | 829  | Euan Ashmore          | Holland Sports AC              |
| 492 | 0:22:57 | 957  | Louis Carr            | North Somerset AC              |
| 493 | 0:23:03 | 1131 | Frank Coates          | Tonbridge AC                   |
| 494 | 0:24:02 | 702  | William Parker        | Cleethorpes AC                 |
| 495 | 0:24:17 | 1078 | Michael Duffy         | St Helens Sutton AC            |
| 496 | 0:24:22 | 991  | Antonio Raez          | Queen's Park Harriers          |
| 497 | 0:24:26 | 537  | Ethan Bolter          | Avon Valley Runners            |
| 498 | 0:24:36 | 539  | Joe Aarons            | Barnet & District AC           |
| 499 | 0:25:04 | 942  | Tom Middleton         | Nene Valley Harriers           |
| 500 | 0:25:17 | 976  | Joseph Watts          | Orion Harriers                 |

| Pos | Time    | No   | Name                | Club                          |
|-----|---------|------|---------------------|-------------------------------|
| 501 | 0:25:31 | 744  | Vitaly Bender       | Ealing Southall & Middlesex / |
| 502 | 0:25:33 | 1125 | Jack Cunningham     | Tipton Harriers               |
| 503 | 0:26:18 | 571  | Emmanuel Golshaie   | Belgrave Harriers             |
| 504 | 0:28:35 | 741  | Benjamin Rawsthorne | Ealing Eagles RC              |

## Team Results:

| Pos | Points | Team / Club                    | Placings            |
|-----|--------|--------------------------------|---------------------|
| 1   | 61     | Aldershot Farnham & District   | ( 2 18 19 22 )      |
| 2   | 158    | Taunton AC                     | ( 31 33 39 55 )     |
| 3   | 163    | South London Harriers          | ( 9 46 49 59 )      |
| 4   | 260    | Hillingdon AC                  | ( 12 41 72 135 )    |
| 5   | 264    | Tonbridge AC                   | ( 5 51 91 117 )     |
| 6   | 302    | Charnwood AC                   | ( 30 76 96 100 )    |
| 7   | 366    | Cambridge & Coleridge          | ( 69 74 99 124 )    |
| 8   | 416    | Windsor Slough Eton & Hounslow | ( 24 94 134 164 )   |
| 9   | 419    | Woodford Green AC With Essex L | ( 81 86 111 141 )   |
| 10  | 436    | Blackburn Harriers             | ( 27 34 186 189 )   |
| 11  | 466    | Trafford AC                    | ( 63 113 121 169 )  |
| 12  | 506    | Crawley AC                     | ( 37 80 165 224 )   |
| 13  | 526    | Rotherham Harriers & AC        | ( 17 103 197 209 )  |
| 14  | 571    | Blackheath & Bromley Harriers  | ( 4 58 215 294 )    |
| 15  | 592    | London Heathside               | ( 52 110 172 258 )  |
| 16  | 593    | Bedford & County AC            | ( 83 153 159 198 )  |
| 17  | 640    | Shaftesbury Barnet Harriers    | ( 44 132 161 303 )  |
| 18  | 643    | Nene Valley Harriers           | ( 57 163 203 220 )  |
| 19  | 647    | Liverpool Harriers & AC        | ( 109 154 180 204 ) |
| 20  | 648    | Basingstoke & Mid Hants AC     | ( 122 127 176 223 ) |
| 21  | 664    | Bristol & West AC              | ( 106 156 158 244 ) |
| 22  | 694    | Rugby & Northampton AC         | ( 107 147 205 235 ) |
| 23  | 707    | Watford Harriers               | ( 66 116 213 312 )  |
| 24  | 721    | Dacorum & Tring AC             | ( 88 167 206 260 )  |
| 25  | 728    | Chiltern Harriers AC           | ( 16 97 281 334 )   |
| 26  | 735    | St Albans Striders             | ( 25 208 225 277 )  |
| 27  | 746    | North Somerset AC              | ( 104 145 174 323 ) |
| 28  | 754    | Herne Hill Harriers            | ( 112 146 234 262 ) |
| 29  | 809    | Colchester & Tendring AC       | ( 89 185 210 325 )  |
| 30  | 829    | Wells City Harriers            | ( 64 219 233 313 )  |
| 31  | 858    | Chelmsford AC                  | ( 133 143 166 416 ) |
| 32  | 888    | Hercules Wimbledon AC          | ( 50 239 295 304 )  |
| 33  | 911    | Highgate Harriers              | ( 188 227 231 265 ) |
| 34  | 911    | Wimborne AC                    | ( 128 182 279 322 ) |
| 35  | 949    | Winchester & District AC       | ( 105 207 248 389 ) |
| 36  | 1031   | Brighton & Hove AC             | ( 187 232 253 359 ) |
| 37  | 1036   | Medway & Maidstone AC          | ( 137 255 314 330 ) |
| 38  | 1050   | City Of Norwich AC             | ( 136 216 264 434 ) |
| 39  | 1057   | St.Mary's Richmond AC          | ( 193 276 292 296 ) |
| 40  | 1081   | Bicester AC                    | ( 125 259 319 378 ) |
| 41  | 1086   | Ealing Southall & Middlesex AC | ( 1 214 428 443 )   |
| 42  | 1146   | Kettering Town Harriers        | ( 77 333 356 380 )  |
| 43  | 1170   | Thames Valley Harriers         | ( 71 340 362 397 )  |
| 44  | 1199   | Lewes AC                       | ( 282 302 305 310 ) |
| 45  | 1321   | Orion Harriers                 | ( 171 184 466 500 ) |
| 46  | 1371   | St Helens Sutton AC            | ( 263 285 328 495 ) |
| 47  | 1458   | Kenilworth Runners             | ( 288 311 409 450 ) |
| 48  | 1485   | Sale Harriers Manchester       | ( 287 355 417 426 ) |
| 49  | 1485   | Barnet & District AC           | ( 284 301 402 498 ) |
| 50  | 1555   | Havering AC                    | ( 179 440 454 482 ) |
| 51  | 1648   | Queen's Park Harriers          | ( 254 419 479 496 ) |
| 52  | 1753   | Stratford Upon Avon AC         | ( 423 432 442 456 ) |