

**Senior Men 200 Metres**

(a)

Posn	CBP Num	Name	Club	Year	Perf
	CBP	Antonio Infantino	SBH	2011	
	22.04				
1	42	Nick Jones	Watford Harriers	28.35	

**Senior Men 400 Metres**

(b)

Posn	CBP Num	Name	Club	Year	Perf
	CBP	Glyn Hawkes	Card	2011	
	49.10				
1	57	Samuel Jones	St Albans	50.89	
2	56	Beck Grover	Herts Phoenix	52.66	
3	58	Alex Macauley	Herts Phoenix	59.73	
4	55	John Devoy	Fulham	60.73	

**Senior Men 800 Metres**

(a)

Posn	CBP Num	Name	Club	Year	Perf
	CBP	James McMurray	StA	2017	1:51.96
	2.08.0*				
1	68	Ross Connor	Watford Harriers	2.08.0*	

**Senior Men 1,500 Metres**

(b)

Posn	CBP Num	Name	Club	Year	Perf
	CBP	Shaun Collins	E&H	2014	3:57.31
	5.13.70				
1	55	John Devoy	Fulham	5.13.70	

**Senior Men 1k Walk**

(a)

Posn	CBP Num	Name	Club	Year	Perf
	CBP	Steve Allen	Bar	2015	4:49.43
	6.05.40				
1	104	David Bowker	Fairlands Valley Sp.	6.05.40	

**Senior Men High Jump**

(a)

Posn	CBP Num	Name	Club	Year	Perf	Details
	CBP	Elior Harris	SNH	2016	1.95	
	1.60					1.45 o, 1.50 o, 1.55 xo, 1.60 o, 1.65 xx:
1	105	Harvey Griffiths	Watford Harriers	1.60		

**Senior Men Long Jump**

(a)

Posn	CBP Num	Name	Club	Year	Perf	Details
	CBP	Elior Harris	SNH	2010	5.97	
	5.74					x, 5.74, 5.73, 5.68
1	124	Josh Evans	Dacorum & Tring	5.74		
2	105	Harvey Griffiths	Watford Harriers	4.21		4.21, 3.82, -, -

**Senior Men Triple Jump**

(b)

Posn	CBP Num	Name	Club	Year	Perf	Details
	CBP	Sam Poulton	SNH	2009	12.70	
	12.64					12.64, 12.47, 12.64, x
1	136	Nathan Burke	Herts Phoenix	12.64		

**Senior Men Shot**

(a)

Posn	CBP Num	Name	Club	Year	Perf	Details
	CBP	Alex Jovanovski	E&H	2016	12.49	
	11.13					10.68, 11.06, 11.13, 10.60
1	131	Ray McKenna	Watford Harriers	11.13		
2	105	Harvey Griffiths	Watford Harriers	8.30		8.11, 8.09, 7.54, 8.30

