

**UK YOUTH DEVELOPMENT LEAGUE - SOUTHERN PREMIER DIVISION - UPPER AGE GROUP**

**SBH v BLACKHEATH v HARROW v READING v TEAM BEDFORDSHIRE v WINDSOR**

**ROUND 4 - SUNDAY 29 JULY 2018 - ALLIANZ PARK, GREENLANDS LANE, HENDON, LONDON, NW4 1RL**

<b>WOMEN</b>		<b>MEN</b>		<b>FIELD EVENT TEAMS</b>
11.00	Pole Vault	11.00	Hammer	<b>TEAM 1 - BLACKHEATH</b>
11.00	Shot	11.00	Long jump	POLE VAULT - W - 11.00
11.30	400m H	11.10	400mH	DISCUS - W - 14.30
11.40	300m H	11.50	1500m	TRIPLE JUMP - W - 16.15
12.10	1500m	12.00	High jump	
12.30	Hammer	12.30	100m	<b>TEAM 2 - HARROW</b>
12.50	100m	12.45	Discus	HAMMER - W - 12.30
12.45	Long Jump	13.00	100m N/S	POLE VAULT - M - 14.30
13.10	100m N/S	13.20	400m	
13.40	400m	14.10	3000m	<b>TEAM 3 - READING</b>
13.50	300m	14.30	Shot	LONG JUMP - M - 11.00
14.00	80m H	14.30	Pole vault	JAVELIN - M - 15.00
14.25	100m H	14.30	Triple jump	JAVELIN - W - 16.30
14.30	Discus	14.35	100m H	
14.30	High Jump	15.00	110mH	<b>TEAM 4 - SHAFTESBURY</b>
14.45	3000m	15.00	Javelin	SHOT - W - 11.00
15.30	200m	15.15	200m	SHOT - M - 14.30
16.10	800m	15.50	800m	
16.15	Triple Jump	16.45	4 x 100m	<b>TEAM 5 - BEDFORDSHIRE</b>
16.30	1500m S/C	17.05	2000m S/C	HAMMER - M - 11.00
16.30	Javelin	17.15	1500m S/C	LONG JUMP - W - 12.45
16.40	4 x 100m	17.35	4 x 400m	HIGH JUMP - W - 14.30
17.25	4 x 300m	17.55	4 x 400m	
17.45	4 x 400m			<b>TEAM 6 - WINDSOR</b>
				HIGH JUMP - M - 12.00
				TRIPLE JUMP - M - 14.30
				DISCUS - M - 12.45

EDM 1

EDM 2

EDM 2

EDM 2

EDM 2

EDM 1

EDM 1