

We believe we now have one of the strongest squads of **Young Athletes** in the South of England, and since the summer of 2016 our YA membership has almost doubled.

Along with this we have now built up a team of UKA qualified coaches at Allianz Park, who coach Endurance, Sprints, Jumps and Throws events.

2018 has seen the efforts of the past 2 years come to fruition, when on the 5 August 2018 our team of U13, U15 & U17 Boys and Girls became the **Eastern Young Athletics League Champions**, winning the match by an unbelievable 164 points, on the day we had a record 71 individual wins, plus a clean sweep of the 6 relays. The team now contest the Top 6 Final at Ipswich on Sunday 2 September.

The **EYAL** timetable accommodates non-scoring events, which gives the opportunity for those athletes not selected, to compete. At the final match, we had almost 50 athletes taking part.

We also compete in the **Middlesex Young Athletics League** which has just completed its 2nd year. This gives additional competition for U13, U15 & U17 Boys and Girls. In 2017 we finished 4th, and this year we finished 2nd to Highgate Harriers.

Our U17 & U20 Men and Women produced a super win in their final **UK Youth Development League Premier** match, the bonus was that we won the match by 10 points and scored over 800 for the first time ever and beat the 2017 National Champions Blackheath. The team finished in 2nd place to Blackheath, and now contest the UK YDL Final at Bedford on Sunday 9 September.

Our Senior Men competed in the **British Athletics League Premiership** for the 39th consecutive season. The team had a consistent season eventually finishing in 2nd place to Birchfield Harriers.

This summer saw the retirement of SBH stalwart **Anthony Whiteman** who competed in over 40 BAL races. Anthony has competed for GB in all the major championships, and since he became a veteran he currently holds British, European and World records at 800m and 1500m.

Our Senior Women competed in the **UK Women's Athletics League Division 1** finishing in 4th place. We have had an influx of new members recently, plus quite a few of our younger athletes will be eligible in 2019. We are quietly confident that we will be pushing for promotion to the Premier division in 2019.