

National Road Relays

at Sutton Park, Birmingham on Saturday 6th October 2018

Under 15 - Under 15 Girls Stage 1 - Provisional Results

Pos	Name	Club	Leg Time			
1	Indienne King	Wreake&So A	13:46	40	Isabelle Brydon	CityOfPor A 15:35
2	Elsie Robinson	SaffronAC A	13:49	41	Niamh Conroy	Keighley& B 15:36
3	Isabelle Hinkley	Southampt	13:51	42	Shadforthgroucutt	TiptonHar 15:37
4	Dalis Jones	WestburyH	13:55	43	Jefferieswilliams	DerbyAC A 15:38
5	Charlotte Dewar	WindsorSl A	13:56	44	Eleanor Phillips	CityOfNor C 15:39
6	Jess Hill	Glouceste	13:58	45	Elsbeth Unitt	Rugby&Nor 15:41
7	Faye O'hare	Liverpool A	14:06	46	Natalya Smith	CityOfPor B 15:46
8	Ruby Horton	Aldershot A	14:09	47	Jemima Davies	Bracknell B 15:47
9	Nathalie Camp	Bracknell A	14:14	48	Alice Brown	ChilternH B 15:48
10	Ellenmary Kearney	WirralAc	14:15	49	Melanie Gould	Leamingto 15:49
11	Jessamine Hughes	NottsAc A	14:15	50	*Not Declared*	HerneHill B 15:52
12	Orla Williams	ChilternH A	14:17	51	Talia Painting	ReadingAc A 15:54
13	Lexie Bull	Stroud&Di A	14:26	52	Sophie Groom	Bromsgrov A 15:56
14	Neve Hardcastle	LongwoodH	14:30	53	Lily Williams	NewportHa 15:57
15	Amy Harland	Birchfiel A	14:33	54	Heidi Forsyth	Blackheat B 15:59
16	Lilli Carr	Keighley& A	14:34	55	Abbie Llewelyn	Solihull& 16:00
17	Hayley Butcher	Rotherham	14:38	56	Isabel Oakland	Charnwood C 16:01
18	Holly Bunn	CityOfNor A	14:40	57	Imogen Morland	DerbyAC B 16:09
19	Ellie Dolby	Blackheat A	14:43	58	Emma Bendle	Stroud&Di B 16:14
20	Amelia Hartshorn	Halesowen	14:46	59	Ellie Hudson	ValeRoyal B 16:17
21	Natalie Simmons	Bedford&C A	14:50	60	Hawkesfordjohnson	Worcester 16:18
22	Milly Lever	HorwichRM B	14:51	61	Zara Buchanan	RoyalSutt B 16:21
23	Alex Evans	Tonbridge	14:52	62	I Blakemoreclark	Liverpool B 16:22
24	Maayan Radus	Shaftesbu	14:53	63	Olivia Colegrave	ThamesVal 16:23
25	Georgia Heath	HorwichRM A	14:54	64	Isla Stuart	Wreake&So B 16:25
26	Amelie Mccann	Charnwood B	14:55	65	Scarlet Taplin	ReadingAc B 16:36
27	Lexie Mcloughlin	Charnwood A	14:57	66	Sophie Hall	Wakefield 16:42
28	Lucy Semple	Birchfiel B	15:02	67	Mia Petrucci	Keighley& C 16:52
29	Faye Conboy	ValeRoyal A	15:03	68	Josie Nicholls	Bedford&C B 16:59
30	Jessica Hayward	Aldershot C	15:10	69	Dana Fraser	Cambridge B 17:08
31	Camilla Robson	Cambridge A	15:14	70	Alyssia Jackson	HorwichRM C 17:11
32	Isobel Cammish	SalfordHa A	15:15	71	Aoife Brotherton	Wreake&So C 17:37
33	Lucy Carey	RoyalSutt A	15:21	72	Ashlee Taylor	NottsAc B 18:20
34	Tia Hansford	Aldershot B	15:22	73	Jemima Batty	CityOfPor C 18:35
35	Emily Crookes	LincolnWe	15:23	74	Caitlin Casey	Birchfiel C 18:39
36	Memphis Symonds	CityOfNor B	15:24	75	Florance Hagger	SaffronAC B 18:42
37	Miya Meada	WoodfordG	15:25	76	Daisy Dimitrijevic	Keighley& D 18:45
38	Amelia Bratt	SalfordHa B	15:26	77	Emily Hunter	Hallamshi 31:54
39	Sophie Williams	HerneHill A	15:27			

National Road Relays

at Sutton Park, Birmingham on Saturday 6th October 2018

Under 15 - Under 15 Girls Stage 2 - Provisional Results

Pos	Name	Club	Leg Time	Cum Time	Gain								
1	Eloisa Harris	WindsorSI A	14:41	28:37	+ 4	41	Jade Charlton	TiptonHar	16:25	32:02	+ 1		
2	Rachel Gillett	Aldershot A	14:43	28:52	+ 6	42	Sophie Newsom	CityOfPor B	16:17	32:03	+ 4		
3	Jessica Hatch	Bracknell A	14:44	28:58	+ 6	43	AnaLovett	Leamington	16:14	32:03	+ 6		
4	Holly Henderson	ChilternH A	14:41	28:58	+ 8	44	Lucy Allan	LincolnWe	16:47	32:10	- 9		
5	Grace Roberts	ValeRoyal A	14:05	29:08	+ 24	45	Poppy Elton	Worcester	15:54	32:12	+ 15		
6	Grace Tobin	Liverpool A	15:03	29:09	+ 1	46	Jasmine Palmer	ThamesVal	15:50	32:13	+ 17		
7	Emilie Bullock	Birchfiel A	14:44	29:17	+ 8	47	Romany Tune	Rotherham	17:36	32:14	- 30		
8	Hannah Clark	Blackheat A	14:35	29:18	+ 11	48	Jemima Crocker	ReadingAc A	16:21	32:15	+ 3		
9	Katherine Mills	Glouceste	15:22	29:20	- 3	49	Abigail Wheelhouse	Solihull&	16:16	32:16	+ 6		
10	Grace Jermy	CityOfNor A	14:41	29:21	+ 8	50	Mar Ruizmonserrat	Charnwood B	17:32	32:27	- 24		
11	Isobel Orencas	Wreake&So A	15:46	29:32	- 10	51	Scarlett Metcalfe	Keighley& B	16:53	32:29	- 10		
12	Lucy Dixon	HorwichRM A	14:40	29:34	+ 13	52	Esme Ranger	Bromsgrov A	16:33	32:29	- 0		
13	Jessica Purvis	NottsAc A	15:25	29:40	- 2	53	Zahara Malcolm	WoodfordG	17:09	32:34	- 16		
14	Zara White	WirralAc	15:28	29:43	- 4	54	I Fennesscally	HerneHill A	17:12	32:39	- 15		
15	Amelia Honor	WestburyH	15:50	29:45	- 11	55	Holly Wright	Wreake&So B	16:16	32:41	+ 9		
16	Harisah Ghafoor	Keighley& A	15:12	29:46	0	56	Thea Smith	ValeRoyal B	16:34	32:51	+ 3		
17	Roisin Mcgrath	LongwoodH	15:17	29:47	- 3	57	Suzanne Brooke	Wakefield	16:37	33:19	+ 9		
18	M Smithbyrne	SaffronAC A	15:59	29:48	- 16	58	Isabel Leyland	Liverpool B	17:01	33:23	+ 4		
19	Joanne Miranda	Shaftesbu	15:20	30:13	+ 5	59	Leila Rahmati	RoyalSutt B	17:08	33:29	+ 2		
20	Isabella Merritt	HorwichRM B	15:34	30:25	+ 2	60	Hannah Jackson	Keighley& C	16:46	33:38	+ 7		
21	Olivia East	CityOfPor A	14:52	30:27	+ 19	61	Amy Rouse	DerbyAC B	17:35	33:44	- 4		
22	Alice Daniels	CityOfNor B	15:08	30:32	+ 14	62	Grace Flemons	Bedford&C B	16:58	33:57	+ 6		
23	Charlotte Borgars	Aldershot C	15:23	30:33	+ 7	63	Camilla Linton	ReadingAc B	17:27	34:03	+ 2		
24	Alice Bates	Rugby&Nor	14:53	30:34	+ 21	64	Amelie Willars	Blackheat B	18:05	34:04	- 10		
25	Lucy Morrison	Charnwood A	15:44	30:41	+ 2	65	IzzyCook	Stroud&Di B	18:15	34:29	- 7		
26	Florence Fuller	Stroud&Di A	16:17	30:43	- 13	66	Poppy Edwards	CityOfPor C	16:46	35:21	+ 7		
27	Nicola Mason	SalfordHa A	15:31	30:46	+ 5	67	Emma Lloyd	Keighley& D	19:48	38:33	+ 9		
28	Alicia Athersmith	Bedford&C A	15:59	30:49	- 7	Fastest runners over stage 2:							
29	Anna Potter	SalfordHa B	15:25	30:51	+ 9	1	Grace Roberts	ValeRoyal A	14:05				
30	Kerian Huxley	Halesowen	16:20	31:06	- 10	2	Hannah Clark	Blackheat A	14:35				
31	Amelie Maris	Cambridge A	15:55	31:09	0	3	Lucy Dixon	HorwichRM A	14:40				
32	Annabelle Hales	Tonbridge	16:21	31:13	- 9	4	Grace Jermy	CityOfNor A	14:41				
33	Sian Duval	RoyalSutt A	15:53	31:14	0	5	Eloisa Harris	WindsorSI A	14:41				
34	Olivia Scott	Birchfiel B	16:12	31:14	- 6	6	Holly Henderson	ChilternH A	14:41				
35	Manisha Dave	Bracknell B	15:39	31:26	+ 12	7	Rachel Gillett	Aldershot A	14:43				
36	Kiki Webb	Aldershot B	16:09	31:31	- 2	8	Jessica Hatch	Bracknell A	14:44				
37	Jinaan Lockwood	ChilternH B	15:48	31:36	+ 11	9	Emilie Bullock	Birchfiel A	14:44				
38	Niamh Hernon	CityOfNor C	16:08	31:47	+ 6	10	Olivia East	CityOfPor A	14:52				
39	Elin Griffiths	NewportHa	15:55	31:52	+ 14								
40	Megan Emerton	DerbyAC A	16:21	31:59	+ 3								

National Road Relays

at Sutton Park, Birmingham on Saturday 6th October 2018

Under 15 - Under 15 Girls Stage 3 - Provisional Results

Pos	Name	Club	Leg Time	Cum Time	Gain						
1	Holly Weedall	ValeRoyal A	13:23	42:31	+ 4	40	Annabelle Ita	DerbyAC A	16:19	48:18	0
2	Jasmine Young	WindsorSI A	14:11	42:48	- 1	41	Grace Daniels	CityOfNor C	16:33	48:20	- 3
3	Pippa Roessler	Aldershot A	14:12	43:04	- 1	42	Ashleigh Steer	NewportHa	16:33	48:25	- 3
4	Abbie Henderson	ChilternH A	14:33	43:31	0	43	Ruby Jarman	Worcester	16:29	48:41	+ 2
5	Abigail Baines	Bracknell A	14:44	43:42	- 2	44	Katie Barnes	ReadingAc A	16:32	48:47	+ 4
6	Alyia Westwood	Birchfiel A	14:36	43:53	+ 1	45	Bella Digby	CityOfPor B	16:45	48:48	- 3
7	Tialily Crane	CityOfNor A	14:37	43:58	+ 3	46	Emily Plimmer	Wakefield	15:31	48:50	+ 11
8	Keira Bradyjones	WirralAc	14:24	44:07	+ 6	47	Grace Golinski	Solihull&	16:37	48:53	+ 2
9	Matilda Ashley	Glouceste	14:49	44:09	0	48	Rebecca Cullen	Wreake&So B	16:24	49:05	+ 7
10	Eva Baldwin	HorwichRM A	14:37	44:11	+ 2	49	Zenia Gordon	ThamesVal	16:57	49:10	- 3
11	Holly Brewster	LongwoodH	14:46	44:33	+ 6	50	Lauren Sykes	Bromsgrov A	16:53	49:22	+ 2
12	S Bairstow	Keighley& A	14:52	44:38	+ 4	51	Isobel Eagle	TiptonHar	17:25	49:27	- 10
13	Kate Howard	WestburyH	14:59	44:44	+ 2	52	Ellen Savidge	WoodfordG	17:14	49:48	+ 1
14	Daniella Harper	Blackheat A	15:27	44:45	- 6	53	Isobel Leadbetter	Liverpool B	16:28	49:51	+ 5
15	Tamzin Dentith	Liverpool A	16:15	45:24	- 9	54	Tui Brook	Keighley& C	16:21	49:59	+ 6
16	Grace Forster	CityOfNor B	14:57	45:29	+ 6	55	Rebecca Nixon	ValeRoyal B	17:16	50:07	+ 1
17	Eliza Weselby	Wreake&So A	15:59	45:31	- 6	56	Iris Forster	HerneHill A	17:36	50:15	- 2
18	Gemma Newport	Charmwood A	14:55	45:36	+ 7	57	Evie Jones	DerbyAC B	16:37	50:21	+ 4
19	Elena Roncarati	Shaftesbu	15:25	45:38	0	58	Isabella Louth	Blackheat B	16:35	50:39	+ 6
20	Emma Boswell	Aldershot C	15:06	45:39	+ 3	59	Harriet Martin	RoyalSutt B	17:31	51:00	0
21	Hannah Camden	HorwichRM B	15:18	45:43	- 1	Fastest runners over stage 3:					
22	Sofia Perusko	Bedford&C A	14:56	45:45	+ 6	1	Holly Weedall	ValeRoyal A	13:23		
23	Emily Russell	SalfordHa A	15:02	45:48	+ 4	2	Jasmine Young	WindsorSI A	14:11		
24	Emily Dunkley	CityOfPor A	15:31	45:58	- 3	3	Pippa Roessler	Aldershot A	14:12		
25	Eleanor Stark	Halesowen	15:37	46:43	+ 5	4	Keira Bradyjones	WirralAc	14:24		
26	Eleanor Harwood	SaffronAC A	16:58	46:46	- 8	5	Abbie Henderson	ChilternH A	14:33		
27	Gaia Bowerman	Stroud&Di A	16:14	46:57	- 1	6	Alyia Westwood	Birchfiel A	14:36		
28	Ruby Connell	NottsAc A	17:29	47:09	- 15	7	Eva Baldwin	HorwichRM A	14:37		
29	Elsa Buchanan	RoyalSutt A	16:00	47:14	+ 4	8	Tialily Crane	CityOfNor A	14:37		
30	Lucy Hall	Bracknell B	16:05	47:31	+ 5	9	Abigail Baines	Bracknell A	14:44		
31	Rosie Kelly	Aldershot B	16:11	47:42	+ 5	10	Holly Brewster	LongwoodH	14:46		
32	Olivia Bonshor	Charmwood B	15:16	47:43	+ 18						
33	Rebecca West	Cambridge A	16:38	47:47	- 2						
34	Emma Peel	Keighley& B	15:25	47:54	+ 17						
35	Lahanna Vardy	Rotherham	15:46	48:00	+ 12						
36	Lucy Aplin	SalfordHa B	17:14	48:05	- 7						
37	Emily Lovett	Leamingto	16:04	48:07	+ 6						
38	Hope Kendall	Birchfiel B	16:54	48:08	- 4						
39	Elizabeth Wooff	Tonbridge	16:56	48:09	- 7						

National Road Relays

at Sutton Park, Birmingham on Saturday 6th October 2018

Under 15 Girls — Team Results — Provisional

(nn) is team position after the appropriate stage.

1 Vale Royal AC	'A'	42:31	22 Bedford & County AC	'A'	45:45
1 Faye Conboy (29) 15:03			1 Natalie Simmons (21) 14:50	2 Alicia Athersmith (28) 15:59	
3 Holly Weedall (1) 13:23			3 Sofia Perusko (22) 14:56		
2 Windsor Slough Eton & Hounslo	'A'	42:48	23 Salford Harriers & AC	'A'	45:48
1 Charlotte Dewar (5) 13:56	2 Eloisa Harris (1) 14:41		1 Isobel Cammish (32) 15:15	2 Nicola Mason (27) 15:31	
3 Jasmine Young (2) 14:11			3 Emily Russell (23) 15:02		
3 Aldershot Farnham & District	'A'	43:04	24 City Of Portsmouth AC	'A'	45:58
1 Ruby Horton (8) 14:09	2 Rachel Gillett (2) 14:43		1 Isabelle Brydon (40) 15:35	2 Olivia East (21) 14:52	
3 Pippa Roessler (3) 14:12			3 Emily Dunkley (24) 15:31		
4 Chiltern Harriers AC	'A'	43:31	25 Halesowen Acc		46:43
1 Orla Williams (12) 14:17	2 Holly Henderson (4) 14:41		1 Amelia Hartshorn (20) 14:46	2 Keriann Huxley (30) 16:20	
3 Abbie Henderson (4) 14:33			3 Eleanor Stark (25) 15:37		
5 Bracknell AC	'A'	43:42	26 Saffron AC	'A'	46:46
1 Nathalie Camp (9) 14:14	2 Jessica Hatch (3) 14:44		1 Elsie Robinson (2) 13:49	2 M Smithbyrne (18) 15:59	
3 Abigail Baines (5) 14:44			3 Eleanor Harwood (26) 16:58		
6 Birchfield Harriers	'A'	43:53	27 Stroud & District AC	'A'	46:57
1 Amy Harland (15) 14:33	2 Emilie Bullock (7) 14:44		1 Lexie Bull (13) 14:26	2 Florence Fuller (26) 16:17	
3 Alyia Westwood (6) 14:36			3 Gaia Bowerman (27) 16:14		
7 City Of Norwich AC	'A'	43:58	28 Notts AC	'A'	47:09
1 Holly Bunn (18) 14:40	2 Grace Jermy (10) 14:41		1 Jessamine Hughes (11) 14:15	2 Jessica Purvis (13) 15:25	
3 Tialily Crane (7) 14:37			3 Ruby Connell (28) 17:29		
8 Wirral AC		44:07	29 Royal Sutton Coldfield AC	'A'	47:14
1 Ellenmary Kearney (10) 14:15	2 Zara White (14) 15:28		1 Lucy Carey (33) 15:21	2 Sian Duval (33) 15:53	
3 Keira Bradyjones (8) 14:24			3 Elsa Buchanan (29) 16:00		
9 Gloucester AC		44:09	30 Bracknell AC	'B'	47:31
1 Jess Hill (6) 13:58	2 Katherine Mills (9) 15:22		1 Jemima Davies (47) 15:47	2 Manisha Dave (35) 15:39	
3 Matilda Ashley (9) 14:49			3 Lucy Hall (30) 16:05		
10 Horwich R M I Harriers	'A'	44:11	31 Aldershot Farnham & District	'B'	47:42
1 Georgina Heath (25) 14:54	2 Lucy Dixon (12) 14:40		1 Tia Hansford (34) 15:22	2 Kiki Webb (36) 16:09	
3 Eva Baldwin (10) 14:37			3 Rosie Kelly (31) 16:11		
11 Longwood Harriers AC		44:33	32 Charnwood A C	'B'	47:43
1 Neve Hardcastle (14) 14:30	2 Roisin Mcgrath (17) 15:17		1 Amelie Mccann (26) 14:55	2 Mar Ruizmonserrat (50) 17:32	
3 Holly Brewster (11) 14:46			3 Olivia Bonshor (32) 15:16		
12 Keighley & Craven AC	'A'	44:38	33 Cambridge & Coleridge AC	'A'	47:47
1 Lilli Carr (16) 14:34	2 Harisah Ghafoor (16) 15:12		1 Camilla Robson (31) 15:14	2 Amelie Maris (31) 15:55	
3 S Bairstow (12) 14:52			3 Rebecca West (33) 16:38		
13 Westbury Harriers		44:44	34 Keighley & Craven AC	'B'	47:54
1 Dalis Jones (4) 13:55	2 Amelia Honor (15) 15:50		1 Niamh Conroy (41) 15:36	2 Scarlett Metcalfe (51) 16:53	
3 Kate Howard (13) 14:59			3 Emma Peel (34) 15:25		
14 Blackheath & Bromley Harriers	'A'	44:45	35 Rotherham Harriers & AC		48:00
1 Ellie Dolby (19) 14:43	2 Hannah Clark (8) 14:35		1 Hayley Butcher (17) 14:38	2 Romany Tune (47) 17:36	
3 Daniella Harper (14) 15:27			3 Lahanna Vardy (35) 15:46		
15 Liverpool Harriers & AC	'A'	45:24	36 Salford Harriers & AC	'B'	48:05
1 Faye O'hare (7) 14:06	2 Grace Tobin (6) 15:03		1 Amelia Bratt (38) 15:26	2 Anna Potter (29) 15:25	
3 Tamzin Dentith (15) 16:15			3 Lucy Aplin (36) 17:14		
16 City Of Norwich AC	'B'	45:29	37 Leamington Cycling & AC		48:07
1 Memphis Symonds (36) 15:24	2 Alice Daniels (22) 15:08		1 Melanie Gould (49) 15:49	2 Ana Lovett (43) 16:14	
3 Grace Forster (16) 14:57			3 Emily Lovett (37) 16:04		
17 Wreake & Soar Valley	'A'	45:31	38 Birchfield Harriers	'B'	48:08
1 Indienne King (1) 13:46	2 Isobel Orencas (11) 15:46		1 Lucy Semple (28) 15:02	2 Olivia Scott (34) 16:12	
3 Eliza Weselby (17) 15:59			3 Hope Kendall (38) 16:54		
18 Charnwood A C	'A'	45:36	39 Tonbridge AC		48:09
1 Lexie Mcloughlin (27) 14:57	2 Lucy Morrison (25) 15:44		1 Alex Evans (23) 14:52	2 Annabelle Hales (32) 16:21	
3 Gemma Newport (18) 14:55			3 Elizabeth Wooff (39) 16:56		
19 Shaftesbury Barnet Harriers		45:38	40 Derby AC	'A'	48:18
1 Maayan Radus (24) 14:53	2 Joanne Miranda (19) 15:20		1 Jefferieswilliams (43) 15:38	2 Megan Emerton (40) 16:21	
3 Elena Roncarati (19) 15:25			3 Annabelle Ita (40) 16:19		
20 Aldershot Farnham & District	'C'	45:39	41 City Of Norwich AC	'C'	48:20
1 Jessica Hayward (30) 15:10	2 Charlotte Borgars (23) 15:23		1 Eleanor Phillips (44) 15:39	2 Niamh Hemon (38) 16:08	
3 Emma Boswell (20) 15:06			3 Grace Daniels (41) 16:33		
21 Horwich R M I Harriers	'B'	45:43	42 Newport Harriers		48:25
1 Milly Lever (22) 14:51	2 Isabella Merritt (20) 15:34		1 Lily Williams (53) 15:57	2 Elin Griffiths (39) 15:55	
3 Hannah Camden (21) 15:18			3 Ashleigh Steer (42) 16:33		

National Road Relays

at Sutton Park, Birmingham on Saturday 6th October 2018

43 Worcester AC 48:41
 1 Hawkesfordjohnson(60) 16:18 2 PoppyElton (45) 15:54
 3 Ruby Jarman (43) 16:29

44 Reading AC 'A' 48:47
 1 TaliaPainting (51) 15:54 2 JemimaCrocker (48) 16:21
 3 Katie Barnes (44) 16:32

45 City Of Portsmouth AC 'B' 48:48
 1 NatalyaSmith (46) 15:46 2 Sophie Newsom (42) 16:17
 3 BellaDigby (45) 16:45

46 Wakefield District H & AC 48:50
 1 SophieHall (66) 16:42 2 Suzanne Brooke (57) 16:37
 3 EmilyPlimmer (46) 15:31

47 Solihull & Small Heath AC 48:53
 1 Abbie Llewelyn (55) 16:00 2 Abigail Wheelhouse (49) 16:16
 3 Grace Golinski (47) 16:37

48 Wreake & Soar Valley 'B' 49:05
 1 Isla Stuart (64) 16:25 2 Holly Wright (55) 16:16
 3 Rebecca Cullen (48) 16:24

49 Thames Valley Harriers 49:10
 1 Olivia Colegrave (63) 16:23 2 JasminePalmer (46) 15:50
 3 Zenia Gordon (49) 16:57

50 Bromsgrove & Redditch 'A' 49:22
 1 Sophie Groom (52) 15:56 2 EsmeRanger (52) 16:33
 3 Lauren Sykes (50) 16:53

51 Tipton Harriers 49:27
 1 Shadforthgroucutt (42) 15:37 2 Jade Charlton (41) 16:25
 3 Isobel Eagle (51) 17:25

52 Woodford Green Ac With Essex 49:48
 1 Miya Meada (37) 15:25 2 Zahara Malcolm (53) 17:09
 3 Ellen Savidge (52) 17:14

53 Liverpool Harriers & AC 'B' 49:51
 1 IBlakemoreclark (62) 16:22 2 Isabel Leyland (58) 17:01
 3 Isobel Leadbetter (53) 16:28

54 Keighley & Craven AC 'C' 49:59
 1 Mia Petrucci (67) 16:52 2 Hannah Jackson (60) 16:46
 3 Tui Brook (54) 16:21

55 Vale Royal AC 'B' 50:07
 1 EllieHudson (59) 16:17 2 TheaSmith (56) 16:34
 3 Rebecca Nixon (55) 17:16

56 Herne Hill Harriers 'A' 50:15
 1 SophieWilliams (39) 15:27 2 I Fennerscally (54) 17:12
 3 Iris Forster (56) 17:36

57 Derby AC 'B' 50:21
 1 ImogenMorland (57) 16:09 2 Amy Rouse (61) 17:35
 3 Evie Jones (57) 16:37

58 Blackheath & Bromley Harriers 'B' 50:39
 1 Heidi Forsyth (54) 15:59 2 AmelieWillars (64) 18:05
 3 Isabella Louth (58) 16:35

59 Royal Sutton Coldfield AC 'B' 51:00
 1 Zara Buchanan (61) 16:21 2 Leila Rahmati (59) 17:08
 3 Harriet Martin (59) 17:31

Incomplete Teams:

Rugby & Northampton AC
 1 Elspeth Unitt (45) 15:41 2 Alice Bates (24) 14:53

Chiltern Harriers AC 'B'
 1 Alice Brown (48) 15:48 2 Jinaan Lockwood (37) 15:48

Lincoln Wellington AC
 1 Emily Crookes (35) 15:23 2 Lucy Allan (44) 16:47

Bedford & County AC 'B'
 1 Josie Nicholls (68) 16:59 2 Grace Flemons (62) 16:58

Reading AC 'B'
 1 Scarlet Taplin (65) 16:36 2 Camilla Linton (63) 17:27

Stroud & District AC 'B'
 1 Emma Bendle (58) 16:14 2 Izzy Cook (65) 18:15

City Of Portsmouth AC 'C'
 1 Jemima Batty (73) 18:35 2 Poppy Edwards (66) 16:46

Keighley & Craven AC 'D'
 1 Daisy Dimitrijevic (76) 18:45 2 Emma Lloyd (67) 19:48

Southampton AC
 1 Isabelle Hinkley (3) 13:51

Herne Hill Harriers 'B'
 1 Undeclared (50) 15:52

Charnwood A C 'C'
 1 Isabel Oakland (56) 16:01

Cambridge & Coleridge AC 'B'
 1 Dana Fraser (69) 17:08

Horwich R M I Harriers 'C'
 1 Alyssia Jackson (70) 17:11

Wreake & Soar Valley 'C'
 1 Aoife Brotherton (71) 17:37

Notts AC 'B'
 1 Ashlee Taylor (72) 18:20

Birchfield Harriers 'C'
 1 Caitlin Casey (74) 18:39

Saffron AC 'B'
 1 Florance Hagger (75) 18:42

Hallamshire Harriers Sheffield
 1 Emily Hunter (77) 31:54

Fastest of all legs — Provisional

1	Holly Weedall	ValeRoyal	A	13:23
2	Indienne King	Wreake&So	A	13:46
3	Elsie Robinson	SaffronAC	A	13:49
4	Isabelle Hinkley	Southampton		13:51
5	Dalis Jones	WestburyH		13:55
6	Charlotte Dewar	WindsorSI	A	13:56
7	Jess Hill	Glouceste		13:58
8	Grace Roberts	ValeRoyal	A	14:05
9	Faye O'hare	Liverpool	A	14:06
10	Ruby Horton	Aldershot	A	14:09