

SHAFTESBURY BARNET HARRIERS CROSS COUNTRY, ROAD AND INDOOR FIXTURES 2018-2019

CROSS COUNTRY FIXTURES

ROAD & ROAD RELAY FIXTURES

SEPTEMBER			
29	NORTH WEST LONDON LEAGUE (1)	HORSENDEN HILL	M&F (OPEN)
OCTOBER			
13	METROPOLITAN LEAGUE (1)	CLAYBURY	M&F (OPEN)
20	SOUTHERN RELAY CHAMPIONSHIPS	WORMWOOD SCRUBS	M&F (CLOSED)
27	LIDDIARD TROPHY/NORTH OF THE THAMES	KINGSBURY	M&F (CLOSED)
27	NORTH WEST LONDON LEAGUE (2)	KINGSBURY	M&F (OPEN)
NOVEMBER			
3	NATIONAL RELAYS	MANSFIELD	M&F (CLOSED)
3	NORTH LONDON CHAMPIONSHIPS	HACKNEY MARSHES	M&F (CLOSED)
10	METROPOLITAN LEAGUE (2)	WELWYN GARDEN CITY	M&F (OPEN)
17	LONDON CHAMPIONSHIPS	PARLIAMENT HILL	M&F (CLOSED)
17	LONDON YOUTH GAMES	PARLIAMENT HILL	M&F (CLOSED)
24	FRATERNITY CUP/SORORITY CUP	TRENT PARK	M&F (OPEN)
24	NORTH WEST LONDON LEAGUE (3)	TRENT PARK	M&F (OPEN)
24	UK CROSS CHALLENGE & EUROPEAN TRIALS	LIVERPOOL	M&F (YOURSELF)
27	CLUB ANNUAL GENERAL MEETING	ALLIANZ PARK	M&F (OPEN)
DECEMBER			
1	METROPOLITAN LEAGUE (3)	UXBRIDGE	M&F (OPEN)
8	SEAA MASTERS & INTER-COUNTY CHAMPIONSHIPS	OXFORD	M&F (CLOSED)
9	EUROPEAN CHAMPIONSHIPS	TILBURGE, NETHERLANDS	M&F (CLOSED)
26	BOXING DAY RUN	ALLIANZ PARK	M&F (OPEN)
JANUARY			
5	MIDDLESEX CHAMPIONSHIPS	HORSENDEN HILL	M&F (CLOSED)
6	HERTFORDSHIRE CHAMPIONSHIPS	ST ALBANS	M&F (CLOSED)
12	METROPOLITAN LEAGUE (4)	WORMWOOD SCRUBS	M&F (OPEN)
26	SOUTHERN CHAMPIONSHIPS	PARLIAMENT HILL	M&F (CLOSED)
FEBRUARY			
2	BRITISH UNIVERSITIES CHAMPIONSHIPS	EXETER	M&F (OPEN)
9	METROPOLITAN LEAGUE (5)	ALEXANDRA PALACE	M&F (OPEN)
16	NORTH WEST LONDON LEAGUE (4)	HAMPSTEAD HEATH	M&F (OPEN)
23	NATIONAL CHAMPIONSHIPS	LEEDS	M&F (CLOSED)
MARCH			
2	NORTH WEST LONDON LEAGUE (5)	WORMWOOD SCRUBS	M&F (OPEN)
9	CAU INTER-COUNTIES CHAMPIONSHIPS	LOUGHBOROUGH	M&F (CLOSED)
16	ENGLISH SCHOOLS CHAMPIONSHIPS	LEEDS	M&F (CLOSED)
30	WORLD CHAMPIONSHIPS	AARHUS, DENMARK	M&F (CLOSED)

SEPTEMBER			
9	MIDDLESEX & HERTFORDSHIRE YA'S RELAYS	HAYES	M&F (CLOSED)
23	SOUTHERN YOUNG ATHLETES RELAYS	CRYSTAL PALACE	M&F (CLOSED)
23	SOUTHERN WOMENS 4 STAGE RELAY	CRYSTAL PALACE	F (CLOSED)
23	SOUTHERN MENS 6 STAGE RELAY	CRYSTAL PALACE	M (CLOSED)
23	SOUTHERN VETERAN 4 STAGE RELAY	CRYSTAL PALACE	M&F (CLOSED)
OCTOBER			
6	NATIONAL MENS 6 STAGE RELAY	SUTTON PARK	M (CLOSED)
6	NATIONAL WOMENS 4 STAGE RELAY	SUTTON PARK	F (CLOSED)
6	NATIONAL YOUNG ATHLETES RELAY	SUTTON PARK	M&F (CLOSED)
MARCH			
10	VIRGIN LONDON 'THE BIG HALF' MARATHON	TOWER BRIDGE	M&F (YOURSELF)
24	SOUTHERN MENS 12 STAGE RELAY	MILTON KEYNES	M (CLOSED)
24	SOUTHERN WOMENS 6 STAGE RELAY	MILTON KEYNES	F (CLOSED)
APRIL			
6	NATIONAL MENS 12 STAGE RELAY	SUTTON PARK	M (CLOSED)
6	NATIONAL WOMENS 6 STAGE RELAY	SUTTON PARK	F (CLOSED)
28	VIRGIN LONDON MARATHON	LONDON	M&F (YOURSELF)
28	VIRGIN MINI LONDON MARATHON	LONDON	M&F (CLOSED)

INDOOR FIXTURES

DECEMBER			
15/16	SEAA COMBINED EVENTS CHAMPIONSHIPS	LEE VALLEY	M&F (YOURSELF)
29	ENFIELD & HARINGEY OPEN MEETING	LEE VALLEY	M&F (YOURSELF)
JANUARY			
1	NEW YEAR OPEN MEETING	LEE VALLEY	M&F (YOURSELF)
5	LONDON U17 INDOOR GAMES	LEE VALLEY	M&F (YOURSELF)
6	LONDON U13 & U15 INDOOR GAMES	LEE VALLEY	M&F (YOURSELF)
12/13	SEAA U15 & U17 CHAMPIONSHIPS	LEE VALLEY	M&F (YOURSELF)
19/20	SEAA U20 & SENIOR CHAMPIONSHIPS	LEE VALLEY	M&F (YOURSELF)
26/27	LONDON U20 & SENIOR INDOOR GAMES	LEE VALLEY	M&F (YOURSELF)
30	FALOLA DREAM MILE & 3K OPEN MEETING	LEE VALLEY	M&F (YOURSELF)
FEBRUARY			
2/3	ESSEX AND EASTERN CHAMPIONSHIPS	LEE VALLEY	M&F (YOURSELF)
9/10	BRITISH CHAMPIONSHIPS	TBC	M&F (YOURSELF)
10	SCVAC CHAMPIONSHIPS	LEE VALLEY	M&F (YOURSELF)
16/17	BRITISH UNIVERSITIES CHAMPIONSHIPS	SHEFFIELD	M&F (YOURSELF)
17	BMAF PENTATHLON CHAMPIONSHIPS	LEE VALLEY	M&F (YOURSELF)
20	LEE VALLEY MIDDLE DISTANCE OPEN MEETING	LEE VALLEY	M&F (YOURSELF)
23	LEE VALLEY MINITHON MEETING	LEE VALLEY	M&F (YOURSELF)
24	SOE/EMAC/VAC MASTERS CHAMPIONSHIPS	LEE VALLEY	M&F (YOURSELF)
MARCH			
1/3	EUROPEAN CHAMPIONSHIPS	GLASGOW	M&F BY SELECTION
2	LEE VALLEY U13/U15 OPEN MEETING	LEE VALLEY	M&F (YOURSELF)
9/10	BRITISH MASTERS CHAMPIONSHIPS	LEE VALLEY	M&F (YOURSELF)
13/15	WORLD CHAMPIONSHIPS	NANJING, CHINA	M&F BY SELECTION
16/17	MIDDLESEX, HERTS & KENT CHAMPIONSHIPS	LEE VALLEY	M&F (YOURSELF)
24	LEE VALLEY U13/U15 OPEN AND PENTATHLON MEETINGS	LEE VALLEY	M&F (YOURSELF)

EACH FIXTURE SHOWS THE FOLLOWING - (OPEN) WHICH MEANS YOU CAN TURN UP AND RUN, (CLOSED) WHICH MEANS YOU HAVE TO BE PRE-ENTERED BY YOUR RESPECTIVE TEAM MANAGER AND (YOURSELF) WHICH MEANS YOU NEED TO ENTER YOURSELF AND PAY THE APPROPRIATE ENTRY FEE

THE SBH WEEKLY NEWSLETTER WILL PUBLISH DETAILS OF ALL RACES, WHICH WILL INCLUDE AGE GROUPS, VENUES AND START TIMES.

PLEASE SEE SEPARATE INFORMATION SHEET FOR DETAILS ON MENS AND WOMEN CROSS COUNTRY CLUB CHAMPIONSHIP AND POINTS RACES.