

SHAFTESBURY BARNET HARRIERS CROSS COUNTRY, ROAD AND INDOOR FIXTURES 2019-2020

CROSS COUNTRY FIXTURES

ROAD & ROAD RELAY FIXTURES

SEPTEMBER			
28	NORTH WEST LONDON LEAGUE (1)	HORSENDEN HILL	M&F (OPEN)
OCTOBER			
12	METROPOLITAN LEAGUE (1)	CLAYBURY	M&F (OPEN)
19	SOUTHERN RELAY CHAMPIONSHIPS	WORMWOOD SCRUBS	M&F (CLOSED)
26	LIDDIARD TROPHY/NORTH OF THE THAMES	KINGSBURY	M&F (CLOSED)
26	NORTH WEST LONDON LEAGUE (2)	KINGSBURY	M&F (OPEN)
NOVEMBER			
2	NATIONAL RELAYS	MANSFIELD	M&F (CLOSED)
2	NORTH LONDON CHAMPIONSHIPS	WORMWOOD SCRUBS	M&F (CLOSED)
9	METROPOLITAN LEAGUE (2)	WELWYN	M&F (OPEN)
16	LONDON CHAMPIONSHIPS	PARLIAMENT HILL	M&F (CLOSED)
16	LONDON YOUTH GAMES	PARLIAMENT HILL	M&F (CLOSED)
23	FRATERNITY CUP/SORORITY CUP	TRENT PARK	M&F (OPEN)
23	NORTH WEST LONDON LEAGUE (3)	TRENT PARK	M&F (OPEN)
23	UK CROSS CHALLENGE & EUROPEAN TRIALS	LIVERPOOL	M&F (YOURSELF)
26	CLUB ANNUAL GENERAL MEETING	ALLIANZ PARK	M&F (OPEN)
DECEMBER			
7	METROPOLITAN LEAGUE (3)	UXBRIDGE	M&F (OPEN)
7	SEAA MASTERS & INTER-COUNTY CHAMPIONSHIPS	OXFORD	M&F (CLOSED)
8	EUROPEAN CHAMPIONSHIPS	LISBON, PORTUGAL	M&F (CLOSED)
26	BOXING DAY RUN	ALLIANZ PARK	M&F (OPEN)
JANUARY			
4	MIDDLESEX CHAMPIONSHIPS	WORMWOOD SCRUBS	M&F (CLOSED)
5	HERTFORDSHIRE CHAMPIONSHIPS	TBC	M&F (CLOSED)
11	METROPOLITAN LEAGUE (4)	ALEXANDRA PALACE	M&F (OPEN)
25	SOUTHERN CHAMPIONSHIPS	PARLIAMENT HILL	M&F (CLOSED)
FEBRUARY			
1	BRITISH UNIVERSITIES CHAMPIONSHIPS	EDINBURGH	M&F (OPEN)
8	METROPOLITAN LEAGUE (5)	TRENT PARK	M&F (OPEN)
15	NORTH WEST LONDON LEAGUE (4)	HARROW	M&F (OPEN)
22	NATIONAL CHAMPIONSHIPS	NOTTINGHAM	M&F (CLOSED)
MARCH			
7	CAU INTER-COUNTIES CHAMPIONSHIPS	LOUGHBOROUGH	M&F (CLOSED)
14	ENGLISH SCHOOLS CHAMPIONSHIPS	LIVERPOOL	M&F (CLOSED)
28	NORTH WEST LONDON LEAGUE (5)	WORMWOOD SCRUBS	M&F (OPEN)

SEPTEMBER			
15	MIDDLESEX & HERTFORDSHIRE YA'S RELAYS	HAYES	M&F (CLOSED)
22	SOUTHERN YOUNG ATHLETES RELAYS	CRYSTAL PALACE	M&F (CLOSED)
22	SOUTHERN WOMENS 4 STAGE RELAY	CRYSTAL PALACE	F (CLOSED)
22	SOUTHERN MENS 6 STAGE RELAY	CRYSTAL PALACE	M (CLOSED)
22	SOUTHERN VETERAN 4 STAGE RELAY	CRYSTAL PALACE	M&F (CLOSED)
OCTOBER			
6	NATIONAL MENS 6 STAGE RELAY	SUTTON PARK	M (CLOSED)
6	NATIONAL WOMENS 4 STAGE RELAY	SUTTON PARK	F (CLOSED)
6	NATIONAL YOUNG ATHLETES RELAY	SUTTON PARK	M&F (CLOSED)
MARCH			
8	VIRGIN LONDON 'THE BIG HALF' MARATHON	TOWER BRIDGE	M&F (YOURSELF)
21	SOUTHERN MENS 12 STAGE RELAY	MILTON KEYNES	M (CLOSED)
21	SOUTHERN WOMENS 6 STAGE RELAY	MILTON KEYNES	F (CLOSED)
APRIL			
4	NATIONAL MENS 12 STAGE RELAY	SUTTON PARK	M (CLOSED)
4	NATIONAL WOMENS 6 STAGE RELAY	SUTTON PARK	F (CLOSED)
19	VIRGIN LONDON MARATHON	LONDON	M&F (YOURSELF)
19	VIRGIN MINI LONDON MARATHON	LONDON	M&F (CLOSED)

INDOOR FIXTURES

DECEMBER			
14-15	SEAA COMBINED EVENTS CHAMPIONSHIPS	LEE VALLEY	M&F (YOURSELF)
JANUARY			
1	NEW YEAR OPEN MEETING	LEE VALLEY	M&F (YOURSELF)
5	ENFIELD & HARINGEY OPEN MEETING	LEE VALLEY	M&F (YOURSELF)
11-12	SEAA U15 & U17 CHAMPIONSHIPS	LEE VALLEY	M&F (YOURSELF)
18-19	LONDON U20 & SENIOR INDOOR GAMES	LEE VALLEY	M&F (YOURSELF)
25	LONDON U17 INDOOR GAMES	LEE VALLEY	M&F (YOURSELF)
26	LONDON U13 & U15 INDOOR GAMES	LEE VALLEY	M&F (YOURSELF)
29	LEE VALLEY DREAM MILE	LEE VALLEY	M&F (YOURSELF)
FEBRUARY			
1-2	SEAA U20 & SENIOR CHAMPIONSHIPS	LEE VALLEY	M&F (YOURSELF)
8-9	ESSEX AND EASTERN CHAMPIONSHIPS	LEE VALLEY	M&F (YOURSELF)
TBC	BRITISH CHAMPIONSHIPS	TBC	M&F (YOURSELF)
16	SCVAC CHAMPIONSHIPS	LEE VALLEY	M&F (YOURSELF)
19	LEE VALLEY MIDDLE DISTANCE OPEN MEETING	LEE VALLEY	M&F (YOURSELF)
22	LEE VALLEY U13/U15 OPEN MEETING	LEE VALLEY	M&F (YOURSELF)
23	BMAF PENTATHLON/SOE CHAMPIONSHIPS	LEE VALLEY	M&F (YOURSELF)
MARCH			
1	SOE/EMAC/VAC MASTERS INTER-AREA CHAMPIONSHIPS	LEE VALLEY	M&F (YOURSELF)
7-8	BRITISH MASTERS CHAMPIONSHIPS	LEE VALLEY	M&F (YOURSELF)
13-15	WORLD CHAMPIONSHIPS	NANJING, CHINA	M&F BY SELECTION
14-15	MIDDLESEX, HERTS & KENT CHAMPIONSHIPS	LEE VALLEY	M&F (YOURSELF)
21	LEE VALLEY MINITHON OPEN MEETING	LEE VALLEY	M&F (YOURSELF)
29	LEE VALLEY U13/U15 OPEN AND PENTATHLON MEETING	LEE VALLEY	M&F (YOURSELF)
APRIL			
6-12	WORLD MASTERS CHAMPIONSHIPS	CANADA	M&F (YOURSELF)

EACH FIXTURE SHOWS THE FOLLOWING - (OPEN) WHICH MEANS YOU CAN TURN UP AND RUN, (CLOSED) WHICH MEANS YOU HAVE TO BE PRE-ENTERED BY YOUR RESPECTIVE TEAM MANAGER AND (YOURSELF) WHICH MEANS YOU NEED TO ENTER YOURSELF AND PAY THE APPROPRIATE ENTRY FEE

THE SBH WEEKLY NEWSLETTER WILL PUBLISH DETAILS OF ALL RACES, WHICH WILL INCLUDE AGE GROUPS, VENUES AND START TIMES.

PLEASE SEE SEPARATE INFORMATION SHEET FOR DETAILS ON MENS AND WOMEN CROSS COUNTRY CLUB CHAMPIONSHIP AND POINTS RACES.