LEE VALLEY OPEN MEETING - Takes place at Lee Valley Athletics Centre, 61 Meridian Way,

Edmonton (Satnav N9 0AR) on Sunday 1 December all age-groups including U13s.

To enter please use this link - https://www.visitleevalley.org.uk/go/lee-valley-athletics-

centre/#competition-entry-forms

Entries Close Sunday 24 November

Note: You will have to enter yourself and pay the appropriate entry fee

LEE VALLEY SOUTHERN INDOOR COMBINED EVENTS CHAMPIONSHIPS - Takes place at Lee

Valley Athletics Centre are 61 Meridian Way, Edmonton (Satnav N9 0AR) on Saturday 14

December and Sunday 15 December for all age-groups excluding U13s.

To enter please use this link - http://www.seaa.org.uk/index.php/events/track-and-field

Entries Close Tuesday 3 December

Note: You will have to enter yourself and pay the appropriate entry fee

LEE VALLEY NEW YEAR OPEN INDOOR MEETING - Takes place at the Lee Valley Athletics

Centre, 61 Meridian Way, Edmonton (Satnav N9 0AR) on Tuesday 1 January all age-groups including U13s.

To enter please use this link - https://www.visitleevalley.org.uk/go/lee-valley-athletics-centre/#competition-entry-forms

Entries Close Sunday 29 December

Note: You will have to enter yourself and pay the appropriate entry fee

LEE VALLEY ENFIELD & HARINGEY OPEN MEETING – Takes place at Lee Valley Athletics Centre are 61 Meridian Way, Edmonton (Satnav N9 0AR) on Sunday 5 January.

Events 60m, 200m, 400m, 800m, Long Jump, High Jump and Pole Vault, For U17 up to Senior. For full information and to enter please use this link – https://enfieldandharingeyac.co.uk/metaswitch-

update-on-30th-dec/

Entries Close

Note: You will have to enter yourself and pay the appropriate entry fee

LEE VALLEY SOUTHERN U13, U15 AND U17 INDOOR CHAMPIONSHIPS - Takes place at the

Lee Valley Athletics Centre, 61 Meridian Way, Edmonton (Satnav N9 0AR) on Saturday 11 January and Sunday 12 January.

To enter please use this link - http://www.seaa.org.uk/index.php/events/track-and-field

Entries Close Monday 30 December

Note: You will have to enter yourself and pay the appropriate entry fee

LEE VALLEY LONDON INDOOR GAMES U20 AND SENIOR – Takes place at the Lee Valley Athletics Centre, 61 Meridian Way, Edmonton (Satnav N9 0AR) on Saturday 18 January and

Sunday 19 January.

To enter please use this link - https://www.visitleevalley.org.uk/go/lee-valley-athletics-centre/#competition-entry-forms

Entries Close Sunday 12 January

Note: You will have to enter yourself and pay the appropriate entry fee

LEE VALLEY LONDON INDOOR GAMES U17 INCLUDES U15 BOYS AND GIRLS 60m HURDLES

- Takes place at the Lee Valley Athletics Centre, 61 Meridian Way, Edmonton (Satnav N9 0AR) on Saturday 25 January.

To enter please use this link - https://www.visitleevalley.org.uk/go/lee-valley-athletics-centre/#competition-entry-forms

Entries Close Sunday 19 January

Note: You will have to enter yourself and pay the appropriate entry fee

LEE VALLEY LONDON INDOOR GAMES U13 AND U15 - Takes place at the Lee Valley Athletics

Centre, 61 Meridian Way, Edmonton (Satnav N9 0AR) on Sunday 26 January.

To enter please use this link - https://www.visitleevalley.org.uk/go/lee-valley-athletics-centre/#competition-entry-forms

Entries Close Sunday 19 January

Note: You will have to enter yourself and pay the appropriate entry fee

LEE VALLEY FALOLA DREAM MILE AND 3K OPEN INDOOR MEETING – Takes place at the Lee

Valley Athletics Centre, 61 Meridian Way, Edmonton (Satnav N9 0AR) on Wednesday 29 January. Age-group U17 up to Senior.

To enter please use this link - https://www.visitleevalley.org.uk/go/lee-valley-athletics-centre/#competition-entry-forms

Pre-Entries Close Tuesday 28 January Or When An Event Reaches Capacity, Entries On The Day Accepted

Note: You will have to enter yourself and pay the appropriate entry fee

LEE VALLEY SOUTHERN U20 AND SENIOR INDOOR CHAMPIONSHIPS – Takes place at the Lee Valley Athletics Centre, 61 Meridian Way, Edmonton (Satnav N9 0AR) on Saturday 1 February and Sunday 2 February.

To enter please use this link - http://www.seaa.org.uk/index.php/events/track-and-field

Entries Close Tuesday 21 January

Note: You will have to enter yourself and pay the appropriate entry fee

LEE VALLEY ESSEX AND EASTERN COUNTIES INDOOR CHAMPIONSHIPS – Takes place at the Lee Valley Athletics Centre, 61 Meridian Way, Edmonton **(Satnav N9 0AR)** on **Saturday 8 February** and **Sunday 9 February**. Age-group U13 up to Senior.

For information including how to enter use this link -

http://www.essexroadrunning.org.uk/index.php?option=com_content&view=article&id=392:essex-county-eastern-counties-indoor-championships-2019&catid=180&Itemid=2802

Note: You will have to enter yourself and pay the appropriate entry fee

LEE VALLEY SCVAC INDOOR CHAMPIONSHIPS – Takes place at the Lee Valley Athletics Centre, 61 Meridian Way, Edmonton (Satnav N9 0AR) on Sunday 16 February. Guests are welcome. Please use this link for full information and to enter online – http://www.scvac.org.uk/fixtures.htm currently information/online entries not available Entries Close

Note: You will have to enter yourself and pay the appropriate entry fee

LEE VALLEY INDOOR MIDDLE DISTANCE EVENING – Takes place at the Lee Valley Athletics Centre, 61 Meridian Way, Edmonton **(Satnav N9 0AR)** on **Wednesday 19 February**. All age-groups except U11s. To enter please use this link - https://www.visitleevalley.org.uk/go/lee-valley-athletics-centre/#competition-entry-forms

Entries Close Sunday 16 February

Note: You will have to enter yourself and pay the appropriate entry fee

LEE VALLEY U13 & U15 INDOOR OPEN MEETING – Takes place at the Lee Valley Athletics Centre, 61 Meridian Way, Edmonton (**Satnav N9 0AR**) on **Saturday 22 February**. To enter please use this link - https://www.visitleevalley.org.uk/go/lee-valley-athletics-

centre/#competition-entry-forms

Entries Close Sunday February (Or When Event Reaches Capacity)
Note: You will have to enter yourself and pay the appropriate entry fee

LEE VALLEY BRITISH MASTERS INDOOR PENTATHLON CHAMPIONSHIPS – Takes place at the Lee Valley Athletics Centre, 61 Meridian Way, Edmonton (Satnav N9 0AR) on Sunday 23 February. Guests are welcome. Please use this link to the BMAF website to enable you to enter – http://bmaf.org.uk/fixtures/ currently information/online entries not available

Entries Close Sunday 9 February

Note: You will have to enter yourself and pay the appropriate entry fee

LEE VALLEY SOE/EVAC/VAC INDOOR CHAMPIONSHIPS AND OPEN MEETING – Takes place at the Lee Valley Athletics Centre, 61 Meridian Way, Edmonton (Satnav N9 0AR) on Sunday 1 March. Guests are welcome. Please use this link to enable you to enter – https://bmaf.opentrack.run/comp/582/

Entries Close

Note: You will have to enter yourself and pay the appropriate entry fee

LEE VALLEY BRITISH MASTERS INDOORS & WINTER THROWS CHAMPIONSHIPS - Takes

place at Lee Valley Athletics Centre are 61 Meridian Way, Edmonton (Satnav N9 0AR) on Saturday 7 March and Sunday 8 March.

Guests are welcome. Please use this link to the BMAF website to enable you to enter – http://bmaf.org.uk/fixtures/ currently information/online entries not availble

Entries Close Sunday 23 February

Note: You will have to enter yourself and pay the appropriate entry fee

LEE VALLEY HERTFORDSHIRE, MIDDLESEX AND KENT INDOOR CHAMPIONSHIPS – Takes place at Lee Valley on **Saturday 14 March** and **Sunday 15 March**, for all age-groups excluding U13s.

Link to Hertfordshire entry information, you can either enter by post or enter online at http://www.hertscaaa.org.uk/fixtures6.html

Link to Middlesex entries online - https://entries.opentrack.run/2019/middxtf/

Link to Kent entries online - http://www.kcaa.org.uk/track%20&%20field.htm

Closing Dates for HERTFORDSHIRE and KENT is ??? and MIDDLESEX is ???

Note: You will have to enter yourself and pay the appropriate entry fee

LEE VALLEY U13 & U15 INDOOR OPEN MEETING – Takes place at the Lee Valley Athletics

Centre, 61 Meridian Way, Edmonton (Satnav N9 0AR) on Saturday 29 March.

To enter please use this link - https://www.visitleevalley.org.uk/go/lee-valley-athletics-centre/#competition-entry-forms

Entries Close Sunday 15 March

Note: You will have to enter yourself and pay the appropriate entry fee