

BELGRAVE AND SOUTHERN 12-STAGE R

JUSTIFYING their tag as favourites, Shaftesbury Barnet won the Southern championship by more than a minute from London Irish and Brighton and Hove to record their third victory in 10 years, even without Julian Goater and Dominic Bannister.

Billed as the last Southern 12-Stage over the Common, this was perhaps one of the safest as a substantial police presence was on hand to monitor runners and motorists.

Stage One

MEMO to all runners: If Giovanni Rizzo is on the first leg, tuck in for a good time. The tall, long-striding Nene Valley Harrier led the lead for the first mile around the Common, before opening out on the Copse Hill descent.

He had established a 20-second lead two miles later, at the hill top by Christ Church. The battle there was for second place, between Mark Moughton, Simon Rayner, Julian Gentry and Roger Hackney. Tom Buckner had faded after a promising start, but Rizzo, loping effortlessly around the Common on the return trip, clocked a sixth fastest 24:14 and led eight others under 25 minutes for the five miles, 334 yards lap.

Moughton held off Aldershot's Hackney to bring the eventual winners home in second as Gentry, Rayner and Dan Rathbone followed. Fancied Boxhill and Blackheath were 21st and 26th respectively.

Fastest: Rizzo 24:14; Moughton 24:32; Hackney 24:34; Gentry 24:36; Rayner 24:40; Rathbone 24:52

Stage Two

JOE Dunbar continued Shaftesbury Barnet's good start, as he opened a 100-metre lead over Brighton's Tony Hazletine. Both recorded a very good 15:49 for the three miles, 553 yards short lap.

Tony Bignell gained 16 places for Boxhill with the fastest stage time. Other good movers were Hounslow, up from 19th to seventh with Paul Donaghy's 15:45, and Richard Large for Southampton.

Fastest: Bignell 15:38; Donaghy 15:45; Dunbar/Hazletine/Lodge 15:49; Thompson 15:58.

Stage Three

DAVE Knight hit the front for Brighton on the third leg, 200 yards clear of Simon Fairbrother for Boxhill, as Nick O'Brien brought the highly-rated London Irish up from 11th to third, with 24:53. Martin Mannion advanced Bournemouth to fourth as Shaftesbury's Paul Simons slipped to fifth ahead of Highgate's Paul Naisbitt.

The fastest stage time, though, went to Navy's Dave Neal, who advanced from 28th to seventh after a 24:38 effort.

Blackheath finally stirred, as Alan Guilder prised his way up from 24th to 13th. Deep in the field,

Shaftesbury make no mistake

With the Southern 12-Stage seemingly bidding farewell to Wimbledon Common, Shaftesbury Barnet's men bowed out in style with an impressive victory. MARTIN DUFF reports

Peter Wilkson's 25:23 for White Horse Harriers went unnoticed, as he chased hard after Jason Dullforce (BoE) who was even quicker, in 25:14.

Fastest: Neal 24:38; O'Brien 24:53; Fairbrother 24:58; Knight 24:59; Mannion 25:05; Dullforce 25:14.

Stage Four

BRIGHTON veteran Peter Whitcomb kept his club ahead, but Richard Tweddle closed up for Boxhill, as did Mark Chapman, who brought Highgate into the frame for the first time. Shaftesbury's Dave Thompson also moved up, but all the fast times were down the field.

John O'Shea, after a 15:49 stint, saw under-rated Hounslow up to seventh, but James Starling ran the day's fastest short lap with a 15:08 that saw Southampton up to eighth as just 37 seconds covered the leading eight.

Mike Gratton gained nine, to 16th, for Invicta, as Steve Crabb's 15:08 not only matched Starling's time, but also posted the fastest lap for the second successive year.

Fastest: Starling/Crabb 15:08; Gratton 15:35; Ovington 15:40; De Freitas 15:46; O'Shea 15:49.

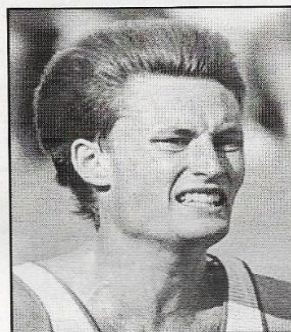
Stage Five

TRADITIONALLY a leg where the big guns are wheeled out, the fifth stage saw the second and third fastest times of the day posted by Paul Evans and Paul Larkins.

Evans sped around just a week before his London Marathon debut in 23:55, just shy of his 1990 PB of 23:52. He pulled Belgrave up eight places, but could make no real impression on Larkins, who, in his first Wimbledon 12-Stage, looked very smooth in advancing Nene Valley up from 14th to fourth with 24:00.

Andy Beattie regained the lead for Shaftesbury ahead of Adam Bridge's Southampton.

Hounslow's Mike Simpson continued their advance to third, as Brighton, with veteran Dave Lockley, slipped to fifth despite a 25:59. Down the field, Jon Wigley equalled Dave Hill's fastest veteran



LEADING HOME: Ian Cornford put Shaftesbury ahead on Stage 11

long stage time of 25:27 from the first leg.

Fastest: Evans 23:55; Larkins 24:00; Garner 25:03; Beattie 25:04; Harris 25:06; Bridge 25:12.

Stage Six

AFTER the fireworks of the earlier stages, the half-way mark was reached after damp squib of a leg, where Newham Bealge Dave Clark's 16:15 sufficed for fastest.

There were still eight teams within a minute of Alistair Munro's leading run for Shaftesbury (2:04:27). They were followed by Southampton (2:04:43), Hounslow (2:04:52), Brighton (2:05:04), Aldershot (2:05:17) and Portsmouth (2:05:18).

Fastest: Clark 16:15; Hague/Reilly/R Hudson 16:23; Munro 16:29; Henderson 16:30.

Stage Seven

IT WAS all change at the top as Nigel Gates reinstated Brighton at the front, with 24:45, half a minute clear of Hounslow, who were proving to be the surprise packet. Kevin Usher kept them just ahead of a charging Spencer Newport, who gave the black vests their own moment of glory.

John Kendal saw Aldershot, the 1991 winners, up to fourth, ahead

of Highgate, who were having a mixed day. Quinn ran a 24:21 to help shunt north London rivals Shaftesbury down to seventh.

All eyes were on Eamonn Martin With Basildon down and nearly on before he began, the recent World Cross-country team bronze medallist ran on instinct to clock the day's fastest of 23:45. This was just two seconds short of his PB and only Bernie Ford (23:21) had ever run faster.

After passing 10 teams on his way to 17th, Martin said: "I've been here enough to run against myself now."

Fastest: Martin 23:45; Quinn 24:21; Newport 24:36; Gates 24:45; Kendal 25:08; Usher 25:17.

Stage Eight

BRIGHTON and Hounslow maintained station as Stuart Paton ran the fastest stage to lift Belgrave into the frame, ahead of Ian Logan Aldershot.

Fastest: Paton 16:00; Mallows 16:18; Paton 16:19; Thomas 16:20; Logan 16:22; W 16:34.

Stage Nine

ANDY BRISTOW 24:03, John Sherban 24:08 and Brighton and Shaftesbury were suddenly minute clear with the title seemingly to be decided between them.

Bristow had the advantage all the way and finished 200 metres clear as Eric Southam's 24:52 for third placed Highgate was eclipsed. James Jackson kept Aldershot fourth ahead of Jon Downes for London Irish. He had passed Quinn at half-way, paid the penalty for an over-ambitious start, but still ran 24:49.

Tim Eastall kept Belgrave six ahead of Hounslow, for whom Chris Sly made a rare appearance.

Fastest: A Bristow 24:03; Sherban 24:08; Downes 24:49; Southam 24:52; Jackson 25:16; O'Connor 25:24.

Stage 10

SHAFTESBURY'S Graham Ge nibbled away at the Brighton lead of Ian Rouse, but Highgate's Ian Manners closed to within seven seconds with 15:29, ahead of Ian Harper's 15:44 for London Irish.

Aldershot slipped to fifth after Mark Jones' 16:04, but Dave Heas was fastest with 15:23 as Blackheath tried once again to muscle in on the action.

Fastest: Heath 15:23; Manners 15:29; Harper 15:44; Jones 16:04; Getty 16:17; Rouse 16:18.

Stage 11

IAN CORNFORD made no mistake this year and turned in the fastest stage time of 24:16 to lift Shaftesbury again to the front.

It was a winning lead for Brighton, despite wheeling out another Bristow, this time Paton

AD RELAY, WIMBLEDON COMMON, 4th APRIL

could not defend their advantage, as Brendan Nugent also slipped in for London Irish. Shaftesbury were a minute clear of the green vests with Brighton 13 seconds down but half a minute clear of Stuart Kennedy's Highgate and Phil Ledger's Aldershot.

Fastest: Cornford 24:16; Nugent 24:35; Ledger 25:31; Kennedy 25:54; P Bristow 25:57; Gemmell 26:00.

Stage 12

STEVE GOSS made no mistake for Shaftesbury, who thus avenged their 1991 fourth place when they thought they would have won if they had not run off course.

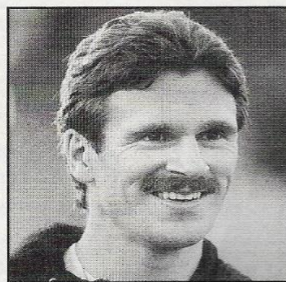
Steve Skillington, to London Irish cheers, held off Simon Morley's Brighton, while Aldershot's Steve Bone just failed to catch Highgate's Julian Emery on the line as Blackheath held sixth.

Newcomers to the national will be Hounslow, Nene Valley and Thames Hare and Hounds.

Fastest: Glanton 16:14; Bone 16:15; Morley 16:19; Goss 16:20; Skillington 16:24; Emery/Bizio 16:29.

RESULTS

1. **Shaftesbury Barnet** 4:07:58 (M Moughton 24:32; J Dunbar 15:49; P Simmons 26:14; D Thomson 16:19; A Beattie 25:04; A Munro 16:29; K Dupleton 26:12; B Malloes 16:18; J Sherban 24:08; L Getty 16:17; I Cornford 24:16; S Goss 16:20)
2. **London Irish** 4:09:00 (P Fagan 25:25; K Thompson 15:58; N O'Brien 24:53; N Lavin 16:47; P McGrath 25:36; J Sheridan 16:52; S Shepley 25:49; J Orr 16:08; J Downes 24:49; I Harpur 15:44; B Nugent 24:35; K Skillington 16:24)
3. **Brighton and Hove** 4:09:08 (D Rathbone 24:52; A Hazeltine 15:49; D Knight 24:59; P Witcomb 16:51; D Lockley 25:59; M Lynch 16:34; N Gates 24:45; JJ Bristow 16:36; A Bristow 24:03; A Rowe 16:24; P Bristow 25:57; S Morley 16:19)
4. **Highgate Harriers** 4:09:52 (A Mason 25:24; B Pochee 15:59; P Naisbitt 25:22; M Chapman 16:02; C Ross 26:45; S Blaney 16:41; M Quinn 24:21; R Watt 16:34; E Southam 24:52; I Manners 15:29; S Kennedy 25:54; J Emery 16:29)
5. **Aldershot Farnham and District** 4:09:53 (R Hackney 24:34; M Rezin 16:29; J Lennon 26:16; P Burnett 16:32; V Garner 25:03; R Hudson 16:23; J Kendall 25:08; I Logan 16:22; J Jackson 25:16; M Jones 16:04; P Ledger 25:31; S Bone 16:15)
6. **Blackheath Harriers** 4:11:31 (M Colpus 25:52; T Dickenson 16:30; A Guider 25:24; M Steint 16:11; D Lee 25:06; J Jeffries 16:37; S Newport 24:36; I Bulson 17:04; A Hollens 25:58; D Heath 15:23; D Taylor 26:02; P Calnan 16:48)
7. **Belgrave Harriers** 4:12:08 (G Adams 25:37; B Reid 16:26; J Hobbs 26:04; A Paton 16:50; P Evans 23:55; M Anderson 16:33; F Ward 25:11; S Paton 16:00; J Estall 25:53; M Mazzotta 17:07; O Poote 26:03; M Bizio 16:29)
8. **Southampton** 4:12:17 (K Harris 25:33; R Large 15:49; E Tee 26:38; J Starling 15:08; A Bridge 25:12; P Hague 16:23; M Cooper 26:09; A Morgan-Lee 16:39; M Gregory 25:33; R Walley 16:59; N Gemmell 26:00; B Glenton 16:14)
9. **Borough of Hounslow** 4:13:17 (A Kindley 25:36; P Donoghly 15:45; I Hobbell 25:57; J O'Shea 15:49; M Simpson 25:14; A Henderson 16:30; K Usher 25:17; D Fraser 16:19; C Sly 26:19; P Edwards 16:40; A Hobbell 26:41; S Thomas 17:09)
10. **Boxhill Racers** 4:14:03 (S Wilson 25:38; A Bignell 15:38; S Fairbrother 24:58; R Tweedle 16:27; T Crossman 27:00; A Reilly 16:23; K Penney 25:23; S Fury 16:31; K Howard 26:02; J Weightman 15:43; B Attwell 26:02; M Howard 16:45)
11. **Portsmouth** 4:15:51 (G Butcher 24:59; T New 16:55; J Pugsley 25:47; M De Freitas 15:46; M Harris 25:06; D Gilbert 16:45; J Brimcome 26:06; G Banning 16:36; C Plumpton 25:59; P Baker 17:06; P Gibbings 27:15; T Heath 17:31)



INSTINCTIVE: Eamonn Martin posted the fastest long leg of the day, passing 10 teams

12. **Nene Valley Harriers** 4:16:35 (G Rizzo 24:14; S Maddock 17:45; N Liverton 25:33; S Owen 17:04; P Larkins 24:00; M Perrin 16:57; F Mulhearn 26:26; P Bevilacqua 16:58; N Keeley 26:30; K Nelson 17:32; D Marshall 26:34; M Barnsdale 17:12)
13. **Reading** 4:19:44 (D Ramsay 25:53; I Howard 17:05; J Seddon 25:54; D Vaughan 17:27; J Roots 26:24; D Rix 17:50; D Gilbert 26:25; J James 16:32; N Netham 25:53; D McGuinness 17:05; N Perry 26:45; T Butler 16:51)
14. **Hercules Wimbledon** 4:20:34 (S Rayner 24:40; P Bagnall 17:10; P New 26:15; K Jennings 16:24; P Clarke 25:49; S Littlewood 16:58; M Miller 26:04; J Rooney 17:59; S Stockwell 26:36; P Stenning 16:53; G King 27:07; S Ingold 17:39)
15. **Invicta East Kent** 4:21:05 (P Hogston 25:35; N Brawn 17:05; M Bramell 26:37; M Gratton 15:35; J Wigley 25:27; C Fairbrass 17:00; K Bowles 27:45; D Weeks 17:25; S West 26:33; T James 17:00; J Peters 27:28; A Girling 17:35)
16. **Thames Hare and Hounds** 4:22:45 (D Hill 25:27; J Watson 16:27; W Snelgrove 26:33; C Cheeseman 17:15; M Farmer 26:26; D Harrison 17:23; T Richardson 26:24; A Thomas 16:20; P May 28:04; S Bourne 17:54; C Hughes 27:14; A Gibbons 17:18)
17. **Royal Navy** 4:22:53 (A Spurdens 25:41; G Riley 16:49; D Neal 24:38; L Harper 17:13; A Peacock 26:21; M Walker 17:55; C Hazelwood 27:02; R Chapman 17:35; S Sheard 27:41; M Cave 17:03; S Cox 27:32; M Cooper 17:23)
18. **Herne Hill Harriers** 4:22:57 (C Mayo 26:40; R Ogile 16:40; B Brown 26:20; R Jacobs 17:15; G Jerwood 25:42; C Loizou 17:02; D Wust 28:19; A Norman 17:27; S Horton 26:40; V Maughn 17:01; M Linares 26:31; E Garofal 17:20)
19. **Basildon** 4:23:59 (A Barden 26:11; B Brown 16:16; P Barr 27:22; C McConchie 17:44; M Hicks 26:09; I Hollingsworth 17:38; E Martin 23:45; R Good 18:00; A Piatkowski 29:06; S Harrison 17:57; J Metherell 26:59; N Wetherill 16:52)
20. **Watford Harriers** 4:24:46 (S Francis 27:11; B Baker 17:34; J Critchlow 25:33; J Curry 18:01; C Woods 26:23; P Heathman 17:29; N Adcock 26:42; D Byrnes 17:51; K O'Connor 25:24; P Illing 17:26; S Bell 26:14; C James 17:58)
21. **GEC** 4:24:56 (S Margiotta 25:16; A Whiteman 16:04; P Chancev 27:13; C Knight 16:48; C Van der Hulst 26:22; D George 16:32; R Phillips 27:25; B Copps 17:29; P Auliffe 27:27; D Hart 17:50; P Mullery 28:07; N Shaw 18:21)
22. **Exeter Harriers** 4:25:39 (G Pavey 26:11; J Irwin 18:00; M Feighan 26:13; S Boul 17:21; J Zayle 26:21; M Cox 17:55; A Libby 27:11; T Diamond 17:28; I Lambert 27:43; C Webster 17:33; C Seward 26:54; D Dymond 16:49)
23. **Chelmsford** 4:25:52 (M Gibbs 26:56; M Knowles 16:59; D Norman 27:59; G Lillywhite 17:15; M Gormley 27:04; J Bishop 17:54; J Freeman 25:46; D Tullett 16:16; G Eustace 26:43; P Tullett 17:35; C Pursue 27:12; C Holden 18:13)
24. **Haringey** 4:26:15 (A Robinson 24:57; S Livingstone 16:57; J Jiversedge 26:09; G Reader 17:58; G O'Sullivan 27:03; M Waldman 17:04; D Smith 27:41; A O'Connor 17:24; J Kilsby 26:10; D Milner 18:33; C Fenn 27:30; P Singleton 18:49)
25. **South London Harriers** 4:26:31 (P Williams 26:18; P Timbick 16:45; S Major 27:14; R Firth 17:02; R Vassall 27:15; M



QUICK AGAIN: Steve Crabb ran the quickest short leg for the second successive year

26. **Oxford City** 4:26:37 (C Birch 26:27; D Hartwell 17:25; N Russell 26:45; C Bromhall 17:33; S Mead 26:35; C Thompson 17:35; P Gray 27:32; D Wheeler 17:13; A Ali 26:41; A Rashid 16:51; J Exley 26:58; R Treadwell 19:02)
27. **Thames Valley Harriers** 4:26:57 (B Pfeifer 26:01; D Baugh 16:14; R Barbar 27:53; N Ovington 15:40; G Stevenson 27:28; N Barton 16:35; I Johnston 27:36; A Clarridge 17:46; R Corfield 27:53; M O'Sullivan 17:00; G Foster 29:19; L Benjamin 17:32)
28. **Newham and Essex Beagles** 4:27:26 (J Gentry 24:36; J Parsons 16:35; R Campbell 26:27; A Currie 16:24; D Lennon 27:25; D Clarke 16:15; T Rehman 26:40; H Stourton 18:38; A Spurdens 29:43; D Clifton 17:42; C Puxley 28:07; J Morgan 18:54)
29. **Borough of Enfield** 4:27:32 (J Krahn 27:29; J Jackson 17:55; J Dullforce 25:14; S Crabb 16:08; J Powell 27:10; D Preston 17:15; P Se 16:47; J Knibb 17:30; M Cress 28:20; A Cley 18:29; S Read 26:55; K Smabridge 19:02)
30. **Ilfordingdon** 4:28:00 (A Jackson 25:02; S P 16:25; K Wood 27:53; L Lavers 16:50; M Platt 27:23; B Nash 17:51; C Wintrip 28:35; P Martin 16:55; J Harvey 27:46; A Clell 17:12; M Smith 27:35; N Hall 18:33)
31. **Vale of Aylesbury** 4:28:10 (T Jones 25:50; J Ward 16:36; C Addison 25:36; S Baronowski 18:37; L Dell 27:49; S Edwards 18:28; K Miller 25:42; A Rolt 17:21; K Clifford 27:39; M Wolkie 18:20; Steptoe 27:50; J Findlay 18:22)
32. **Bedford and County** 4:28:19 (M Shotbolt 25:06; G Richardson 17:17; G Warne 27:16; P O'Dell 28:04; A Blair 17:05; D Laynes 27:30; P Danler 17:57; R Payne 28:25; M Cowley 18:50; P Carpenter 26:17; S Webb 17:54)
33. **Thurrock** 4:28:29 (P Jones 26:15; J Guest 16:51; M Bumstead 26:28; R Aspinall 17:34; F Palmer 28:35; I Smith 17:05; B Sewell 26:50; R Dunnale 17:32; P Johnson 27:15; K Evans 17:53; G Courtney 27:39; M Brightwell 18:32)
34. **Bracknell** 4:29:04 (A Brewer 26:03; B Brackstone 16:12; J Carswell 26:17; M Locky 16:56; J Shaw 26:43; J Meas 17:07; G Steiert 27:34; A Marlow 17:40; I Carswell 28:09; A Osborn 17:42; A Porter 30:42; G Copps 17:54)
35. **Verlen** 4:29:24 (T Osborne 25:45; G Harker 16:02; R Wadkinson 26:27; P Rayen 17:05; J Sterling 27:27; D Chapman 16:45; P Greaves 28:30; N Cole 18:32; E Dickens 28:28; M Dixon 18:09; R Melvern 28:30; M Fauchan 17:44)
36. **Ranelagh** 4:29:44 (J Smith 26:17; J Sperry 17:42; M Critchlow 26:01; M Peace 18:07; J Barnard 26:30; R Heeringa 18:00; P Beauvais 28:14; C Vaughan 17:59; G Barry 27:19; W Harvey 18:15; C Owens 27:51; J Ricketts 17:29)
37. **Swindon** 4:29:52 (P Molloy 26:36; M James 17:59; P Seward 28:27; J Ojo 17:28; D Johnstone 26:47; J Hughes 18:10; M Bowering 26:56; J Reason 18:03; D Vittles 27:08; J Twidell 18:05; M Spencer 26:12; P Neighbour 18:01)
38. **Havant** 4:30:29 (T Buckner 24:54; P Gale 16:38; M Peters 27:59; T Moser 17:12; J Twyman 27:26; M Popplewell 17:12; S Preston 28:47; D Harvest 17:38; T Dugan 27:20; B Millo 18:30; Western 28:42; P Ive 18:09)
39. **Darford Harriers** 4:31:09 (I Patten 26:48; R Kettle 16:11; M Witmond 26:47; R Pooley 16:28; N Clark 27:28; T Graham 17:58; A Camp 27:01; N Greenleaf 17:26; M Trowbridge 27:15; T Buckley 17:55; S Hay 29:48; M Bell 19:58)
40. **Woodford Green** 4:31:19 (N Camp 27:03; J Bannister 17:27; J Wallis 27:34; G Ward 17:25; G Floate 27:31; D Barrett 17:33; D Cox 27:09; D Thornton 17:52; I Maris 28:19; K Murphy 16:49; P Wardle 29:01; S Goodfellow 17:36)
41. **North London Harriers** 4:31:23 (M Proudlock 27:02; C Lewis 17:52; M Biddlecombe 27:06; T Earle 17:26; D Brown 25:56; R Savers 16:45; P Holland 28:10; N Mitchell 17:46; D Walton 28:27; R Weston 18:18; P Lennon 28:45; J Rene 17:50)
42. **Aldershot Services** 4:31:33 (S Haywood 29:00; C Barnes 17:55; J Wood 26:53; P Freeman 17:32; D Mutch 28:23; W Agnew 17:49; N Withers 28:07; K Bremner 17:26; G Carter 26:35; S Richards 17:25; A Arnell 27:04; K Holmes 17:24)
43. **Kent** 4:31:41 (B Lee 26:40; R Hutchinson 17:58; J Riley 26:17; G Harrod 18:55; J Moore 26:08; M Barlow 17:28; K Pike 27:17; A Savage 18:20; D Fairbairn 27:03; K Pace 19:41; J Boxshall 27:35; M Farrell 18:19)
44. **Milton Keynes** 4:32:44 (R Evans 27:49; I Thompson 16:15; M Booth 26:55; J Crouch 16:53; B Smart 27:27; M Barlow 17:28; P Jones 28:41; S Rice 18:03; S O'Sullivan 28:35; S Haycock 18:42; m Kelly 27:27; P Bilton 18:31)
45. **Old Gaytonians** 4:35:52 (A Hoiles 27:21; T Lissaman 17:38; C Finill 26:59; D Orme 18:51; M Carsons 27:03; M Lepps 17:11; R Gordon 28:41; P Barry 17:19; M Baron 28:33; E Byrton 17:13; A Wray 29:18; I Bignall 19:45)
46. **Chichester** 4:36:49 (P Froud 25:47; G Wright 16:26; K Toop 26:22; G Palmer 17:51; D Reynolds 27:38; C Benham 18:23; D Smith 28:55; J Reason 18:03; A Pontet 29:31; O Rogers 20:05; K Browning 28:56; D Sellars 18:38)
47. **Crawley** 4:37:07 (A Mitchelson 27:57; C Malsbury 17:24; P Gallagher 27:53; T Barnes 17:50; B Fairchild 28:04; A Lintern 27:51; B James 27:04; T Kimber 16:53; A Matson 27:58; D Bell 18:34; S McKay 28:53; C Powell 18:40)
48. **Ealing and Southall** 4:41:14 (W Gristwood 26:21; M Owen 17:23; R Howells 28:01; J Keating 18:39; K Cable 28:42; A Bus 18:12; P Parsons 28:35; M Turner 18:12; R Ainsworth 28:31; M Barrat 19:34; D Carroll 29:35; P Moran 19:29)
49. **Tonbridge** 4:45:18 (R Parry 27:18; A Whitman 17:44; N Barrable 29:46; P Bennett 18:15; R Zimmerman 29:11; M Reidy 18:54; D Robertson 25:27; J Bell 19:01; P Coleman 30:24; C Clinch 17:35; D Noci 29:30; G Wreford 24:13)
50. **Poole Runners** 4:45:23 (M Thomas 27:00; G Piper 17:36; M Derham 27:36; J Barnes 27:37; M Tiller 19:00; G Scott 28:30; R Rutter 20:14; R Stow 30:37; J Roberts 19:21; S Crockford 29:39; G Roberts 19:17)
51. **White Horse H** 4:45:44 (J McGuigan 27:14; J Peake 18:27; P Wilson 25:23; M Wall 20:36; P Smith 27:37; C Arnold 20:24; C Powell 29:29; R Frame 20:20; T McClenaghan 29:06; T Payne 17:36; D Murlin 28:44; N Baker 20:50)
52. **Worthing** 4:45:46 (M Fullager 26:44; M Yelling 16:05; P Lay 27:55; J Louden 17:56; P Fair 29:35; N Cronshaw 18:45; T Jackson 28:46; P Barber 18:58; G Crack 30:34; M Campbell 19:52; P Wirzfield 30:50; G Christie 21:46)
53. **Collingwood** 4:46:30 (A Fleit 27:31; M Choules 19:44; G Rubey 26:39; N Quinton 19:55; D Robinson 27:09; P Smith 20:11; S Lincoln 29:18; M Iorweath 19:23; G Woodger 29:37; P Bower 18:58; A Pullen 29:51; R Mothersole 18:14)
54. **Chippenham** 4:49:50 (D Stevens 27:06; A Goodway 18:30; N Thomson 29:29; R Schofield 19:57; I Nagorski 28:58; S Bollen 19:14; R Edwards 30:24; T Glover 18:00; J Arthurs 30:26; S Norris 19:58; M Hewitt 30:13; K Franklin 18:35)
55. **Muswell Hill** 4:51:22 (P Doran 25:55; M Berkeley 18:51; D Chalfer 28:14; C Harris 18:46; D Schiff 29:32; N Hodge 18:52; A Puddicombe 28:43; S Williams 18:44; C Browne 30:02; S Stock 19:54; B Chambers 31:18; I Burkes 22:41)

Fastest long leg (5M 334y): Martin 23:45; Evans 23:55; Larkins 24:00; Bristow 24:03; Sherban 24:08; Rizzo 24:14

Fastest short leg (3M 553y): Starling/Crabb 15:08; Heath 15:23; Manners 15:29; Bignell 15:38; De Freitas 15:46