

SBH Athlete and Coach Track and Field Training Agreement – 8 December 2020

This Agreement has been produced to ensure compliance with the current guidance issued by the Government and England Athletics. Athletes will be sent this document in advance of starting to train at Barnet Copthall Stadium. This will outline the rules and what is expected of athletes (see below). This agreement will be updated as and when Government and England Athletics guidance changes. A copy of this is to be signed by the athlete / parent and kept on file.

Athletes should arrive promptly at their booking time. Coaches will meet their athletes outside the SBH Clubhouse where they will be asked a few questions regarding the presence of Covid-19 symptoms to safeguard the coach and the other athletes. The athletes will then be escorted using social distancing (2 metres) into the SBH Clubhouse to sign the attendance records. Athletes must follow the instructions of the coach and observe social distancing during warm-up, the session and cool down.

Track

The track groups will be limited to a maximum of twelve 'competing Club Athletes' and one coach for each session. If you come across other athletes during the session, you must observe social distancing from them at all times.

Throws

Athletes should have their own implements. However, one implement of each weight will be left in the SBH Clubhouse beside the sanitising equipment. Each item should be sanitised before and after use. It is essential that all implements used are signed out / in to ensure a proper record is kept. Athletes must not let anyone else touch or use the items during the session. When retrieving implements from the throws field, athletes should only collect their own implement.

For security and health reasons, coaches and athletes must remain on the outside of the cage netting and stand at the rearmost point and observe social distancing at all times. Athletes must not walk beyond the circle unless it is to enter the cage. Once a thrower has thrown the implement, the next thrower MUST wait until the cage is clear before entering. Throwers leaving the cage "turn left to exit" and throwers must enter from the "right" to ensure athletes do not come into close proximity.

Javelin throwing can only be undertaken at the same time as Discus or Hammer when under the strict control of the coach irrespective of the makeup of the training squad.

Jumps

As above initial questions regarding Covid-19 symptoms to safeguard the coach and others. Coaches should check the condition of the landing areas and if required they should dig over and rake the sand. Rakes, spades and lifters will be stored in SBH store beside sanitising equipment which should be used before and after use. Athletes waiting to jump must adhere to social distancing and only one designated person will be allowed to use the rake or spade.

We hereby agree to the above conditions.

	ATHLETE	PARENT	DATE
NAME			
SIGNATURE			

Once completed, this form should be sent immediately to:

Jeremy Sothcott – SBH Director of Coaching - jeremy.sothcott@btopenworld.com

Ty Holden – SBH Covid-19 Officer - djtyholden@yahoo.co.uk