

Metropolitan League - Summary Of The Men And Women Team & Individual Wins From 1966 To 2020

Club	Men And Women's Team Winners Combined Totals	Men And Women's Individual Winners Combined Totals	Men And Women's Individual And Team Winners Combined Totals
Shaftesbury Barnet Harriers	41	316	357
Woodford Green	49	202	251
Highgate Harriers	27	153	180
Ealing, Southall & Middlesex	20	159	179
Thames Valley Harriers	20	139	159
Hillingdon	20	107	127
Verlea	30	75	105
London Heathside	24	68	92
Newham & Essex Beagles	3	69	72
Herts Phoenix	11	47	58
London Irish	3	46	49
Enfield & Haringey	2	36	38
St Mary's Richmond	6	32	38
Serpentine	7	28	35
Herts & Ware		30	30
Ilford		25	25
Victoria Park & Tower Hamlets	3	20	23
North London	5	15	20
Barnet & District	2	15	17
Barking Abbey School	2	10	12
Trent Park	1	10	11
London Frontrunners		7	7
Cambridge		6	6
Polytechnic Harriers		6	6
St Albans	2	4	6
Harlow	2	3	5
Stroud		5	5
Metropolitan Police		3	3
Borough Of Enfield	2		2
Cookham		2	2
Dundram		2	2
Garden City Joggers		2	2

Slough

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