

Lee Valley Open - Field Timetable

25th April 2021

Event	Entry and Registration		Report To Site	Warm Up	Event Start	Event Finish	Leave Building
	Start	End					
Discus	09:30	10:00	09:50	10:00	10:30	11:30	11:55
Long Jump	09:30	10:00	09:50	10:00	10:30	11:30	11:55
Javelin	11:30	12:00	11:50	12:00	12:30	13:30	13:55
Shot	11:30	12:00	11:50	12:00	12:30	13:30	13:55
High Jump - Pool 1 - 1.45m	13:30	14:00	13:50	14:00	14:30	15:30	15:55
High Jump - Pool 2 - 1.65m	13:30	14:00	13:50	14:00	14:30	15:30	15:55
Hammer	13:30	14:00	13:50	14:00	14:30	15:30	15:55