

Lee Valley Open 25 April

Event	Race Number	Entry and Registration		Race Number	Final Call	Race Time	Leave Building
		Start	End				
400mH - U17 - Men	R 1 - 2	09:15	09:45	1	10:25	10:30	10:55
400mH - U17 - Men		09:15	09:45	2	10:28	10:33	10:58
400mH - U20/SNR - Men	R 1 - 2	09:15	09:45	1	10:33	10:38	11:03
400mH - U20/SNR - Men		09:15	09:45	2	10:36	10:41	11:06
400mH - U20/SNR - Women	R 1 - 2	09:15	09:45	1	10:41	10:46	11:11
400mH - U20/SNR - Women		09:15	09:45	2	10:44	10:49	11:14
300mH - U17 - Women	R 1 - 2	09:15	09:45	1	10:47	10:52	11:17
300mH - U17 - Women		09:15	09:45	2	10:52	10:57	11:22
						10 MINS BREAK	
800m - All - Men	R 1 - 3	09:45	10:15	1	11:02	11:07	11:32
800m - All - Men		09:45	10:15	2	11:07	11:12	11:37
800m - All - Men		09:45	10:15	3	11:12	11:17	11:42
800m - All - Men	R 4 - 5	09:45	10:15	4	11:17	11:22	11:47
800m - All - Men		09:45	10:15	5	11:22	11:27	11:52
800m - All - Women	R 1 - 3	10:15	10:45	1	11:27	11:32	11:57
800m - All - Women		10:15	10:45	2	11:32	11:37	12:02
800m - All - Women		10:15	10:45	3	11:37	11:42	12:07
800m - All - Women	R 4 - 5	10:15	10:45	4	11:42	11:47	12:12
800m - All - Women		10:15	10:45	5	11:47	11:52	12:17
						10 MINS BREAK	
70mH - U13 - Girls - 68.5cm - Pink	R 1 - 2	10:55	11:10	1	11:57	12:02	12:27
70mH - U13 - Girls - 68.5cm - Pink		10:55	11:10	2	12:01	12:06	12:31
75mH - U15 - Girls - 76.2cm - Orange	R 1 - 2	10:55	11:10	1	12:08	12:13	12:38
75mH - U15 - Girls - 76.2cm - Orange		10:55	11:10	2	12:12	12:17	12:42
75mH - U13 - Boys - 76.2m - Orange	R 1 - 2	10:55	11:10	1	12:19	12:24	12:49
75mH - U13 - Boys - 76.2m - Orange		10:55	11:10	2	12:23	12:28	12:53
80mH - U15 - Boys - 84cm - Black	R 1 - 2	11:10	11:25	1	12:30	12:35	13:00
80mH - U15 - Boys - 84cm - Black		11:10	11:25	2	12:34	12:39	13:04
80mH - U17 Women - 76.2cm - Black	R 1 - 2	11:10	11:25	1	12:41	12:46	13:11

80mH - U17 Women - 76.2cm - Black		11:10	11:25	2	12:45	12:50	13:15
100mH - U17 - Men - 91.4cm - Yellow	R 1 - 2	11:10	11:25	1	12:52	12:57	13:22
100mH - U17 - Men - 91.4cm - Yellow		11:10	11:25	2	12:56	13:01	13:26
100mH - U20/SNR - Women - 84cm - Yellow	R 1 - 2	11:25	11:40	1	13:03	13:08	13:33
100mH - U20/SNR - Women - 84cm - Yellow		11:25	11:40	2	13:07	13:12	13:37
110mH - U20 Men - 99cm - Blue	R 1 - 2	11:25	11:40	1	13:14	13:19	13:44
110mH - U20 Men - 99cm - Blue		11:25	11:40	2	13:18	13:23	13:48
110mH - SNR Men - 106.7cm - Blue	R 1 - 2	11:25	11:40	1	13:25	13:30	13:55
110mH - SNR Men - 106.7cm - Blue		11:25	11:40	2	13:29	13:34	13:59
						15 MINS BREAK	
100m - All - Men	R 1 - 3	12:40	12:50	1	13:44	13:49	14:14
100m - All - Men		12:40	12:50	2	13:48	13:53	14:18
100m - All - Men		12:40	12:50	3	13:52	13:57	14:22
100m - All - Men	R 4 - 6	12:50	13:00	4	13:56	14:01	14:26
100m - All - Men		12:50	13:00	5	14:00	14:05	14:30
100m - All - Men		12:50	13:00	6	14:04	14:09	14:34
100m - All - Men	R 7 - 9	13:00	13:10	7	14:08	14:13	14:38
100m - All - Men		13:00	13:10	8	14:12	14:17	14:42
100m - All - Men		13:00	13:10	9	14:16	14:21	14:46
100m - All - Women	R 1 - 3	13:10	13:20	1	14:20	14:25	14:50
100m - All - Women		13:10	13:20	2	14:24	14:29	14:54
100m - All - Women		13:10	13:20	3	14:28	14:33	14:58
100m - All - Women	R 4 - 6	13:20	13:30	4	14:32	14:37	15:02
100m - All - Women		13:20	13:30	5	14:36	14:41	15:06
100m - All - Women		13:20	13:30	6	14:40	14:45	15:10
100m - All - Women	R 7 - 9	13:30	13:40	7	14:44	14:49	15:14
100m - All - Women		13:30	13:40	8	14:48	14:53	15:18
100m - All - Women		13:30	13:40	9	14:52	14:57	15:22
						10 MINS BREAK	
400m - U15 Upwards - Men	R 1 - 3	13:50	14:10	1	15:02	15:07	15:32
400m - U15 Upwards - Men		13:50	14:10	2	15:06	15:11	15:36
400m - U15 Upwards - Men		13:50	14:10	3	15:10	15:15	15:40
400m - U17 Upwards - Women	R 1 - 3	14:10	14:30	1	15:14	15:19	15:44

400m - U17 Upwards - Women		14:10	14:30	2	15:18	15:23	15:48
400m - U17 Upwards - Women		14:10	14:30	3	15:22	15:27	15:52
						10 MINS BREAK	
300m - U15 Upwards - Boys/Men/Women	R 1 - 3	14:30	14:40	1	15:32	15:37	16:02
300m - U15 Upwards - Boys/Men/Women		14:30	14:40	2	15:35	15:40	16:05
300m - U15 Upwards - Boys/Men/Women		14:30	14:40	3	15:38	15:43	16:08
						10 MINS BREAK	
200m - All - Men	R 1 - 3	14:40	15:00	1	15:48	15:53	16:18
200m - All - Men		14:40	15:00	2	15:52	15:57	16:22
200m - All - Men		14:40	15:00	3	15:56	16:01	16:26
200m - All - Men	R 4 - 6	14:40	15:00	4	16:00	16:05	16:30
200m - All - Men		14:40	15:00	5	16:04	16:09	16:34
200m - All - Men		14:40	15:00	6	16:08	16:13	16:38
200m - All - Men	R 7 - 9	15:00	15:20	7	16:12	16:17	16:42
200m - All - Men		15:00	15:20	8	16:16	16:21	16:46
200m - All - Men		15:00	15:20	9	16:20	16:25	16:50
200m - All - Women	R 1 - 3	15:00	15:20	1	16:24	16:29	16:54
200m - All - Women		15:00	15:20	2	16:28	16:33	16:58
200m - All - Women		15:00	15:20	3	16:32	16:37	17:02
200m - All - Women	R 4 - 6	15:20	15:40	4	16:36	16:41	17:06
200m - All - Women		15:20	15:40	5	16:40	16:45	17:10
200m - All - Women		15:20	15:40	6	16:44	16:49	17:14
200m - All - Women	R 7 - 9	15:20	15:40	7	16:48	16:53	17:18
200m - All - Women		15:20	15:40	8	16:52	16:57	17:22
200m - All - Women		15:20	15:40	9	16:56	17:01	17:26