

Timetable 2021

Four & Five Club Match Version 26/3/i

Time	Event		
	Track	Field	
12.50		Hammer	Women
12.55	100m N/S		Men
	100m N/S		Women
13.00		Long Jump	Men
13.05		High Jump	Women
13.10		Pole Vault	Men
13.15	400m hurdles		Men
	400m hurdles		Women
13.35	800m		Men
	800m		Women
13.40		Hammer	Men
13.50	100m		Men
	100m		Women
14.05		Long Jump	Women
14.10	3000m S/C		Men
14.30		Discus	Women
14.40	110m Hurdles		Men
15.05	3000m		Women
15.10		Triple Jump	Women
15.15		Discus	Men
15.20		Shot	Women
15.20		Pole Vault	Women
15.20	100m Hurdles		Women
15.40		High Jump	Men
15.40	400m		Men
	400m		Women
16.00		Javelin	Women
16.00	1500m		Men
	1500m		Women
16.20	200m		Men
	200m		Women
16.25		Shot	Men
16.25		Triple jump	Men
16.35	3/5000m		Men
16.50		Javelin	Men
16.50	4 x 100m Relay		Men
	4 x 100m Relay		Women
17.05	2000m S/C		Women
17.20	4 x 400m Relay		Women
	4 x 400m Relay		Men