



LONDON INTER CLUB CHALLENGE

StoneX Stadium, Greenlands Lane, Hendon, London, NW4 1RL

UKA LICENCE – LEVEL 2
Match 3 - Saturday 31 July 2021

PROVISIONAL TIMETABLE

MEMBER CLUBS FOR 2021: Achilles Club and Shaftesbury Barnet Harriers

Time	Entries	Event details
10.50		5000m Walk – incorporating 1000m and 3000m for Young Athletes
11.00		Hammer (All age groups) - outside
11.00		Long Jump (All age groups) Pool 1 (PB under 5.10m)
11.45		5000m – All age groups
12.10		400m Hurdles - All age groups
12.15		Discus (All age groups) Pool 1 (PB under 35m)
12.15		Long Jump (All age groups) Pool 2 (PB over 5.10m)
12.40		300m Hurdles – U17 Women
12.50		1500m Steeplechase – Barriers 76.2cm
13.00		800m - All age groups
13.45		Discus (All age groups) Pool 2 (PB over 35m)
13.45		Triple Jump (All age groups)
14.00		100m - Women "A" followed by all age groups
14.30		Pole Vault – All age groups
15.00		High Jump – All age groups
15.00		300m – U15 boys, U15 + U17 girls
15.10		400m – Women "A" followed by all age groups
15.30		Javelin (All age groups) - outside
15.50		70m, 75m & 80m Hurdles - (All Young Athlete age groups)
16.00		Shot – (All age groups) - outside
16.10		100m Hurdles & 110m Hurdles (SW, U17 boys, Masters, SM and JM)
16.35		200m - Women "A" followed by all age groups
17.25		1500m - All age groups

Above LICC events preceded by SBH Quadkids (first event 10.00, registration from 09.30)

All events are subject to grading and final entries. Mixed races will be run where appropriate. Fastest races are run first. Photo finish and EDM are provided for all meetings. Online entries only – no entries on the day. Details at <https://entry4sports.co.uk/269/> and updates also at <https://www.facebook.com/groups/906800019816611/about>.

SUPPORTED BY ENGLAND ATHLETICS, UKA AND LONDON MARATHON