

UPCOMING ROAD RELAY AND CROSS COUNTRY FIXTURES 2021-2022 – The following is the current information as of the 28 August 2021. We will issue the SBH Winter Fixture Card 2021-2022 towards the mid/end of September 2021.

It my belief the **Shaftesbury Barnet Harriers** has now an extraordinary number of talented athletes throughout all age-groups. I realise that with the impending **Road Relays**, our Team Managers will soon be under pressure in submitting our entries. For example, the Southern on 26 September (although the entry information is not published yet), will most likely have a closing date of Friday 10 September which is only 3 weeks away. To assist the Team Managers can athletes please contact them on your current availability (for Middlesex and Southern).

Cross Country, our season is not only geared to the Championships, but I truly believe the Metropolitan League and North West London League is a big help in developing the team spirit within the club. Especially the Metropolitan League where over the past few years our Individual and Team success has been outstanding. One of main reasons is the number of athletes taking part in all of the 5 fixtures has risen dramatically. Therefore, it does not matter what ability you have, and by running at the Metropolitan League and North West London League will make you a part of the **SBH Team Spirit**. These are the SBH Cross Country Team Managers.

The following Team Managers look after both **Road Running** and **Cross Country** athletes.

Young Athletes Men and Under 20 Men and Women – **JEREMY SOTHCOTT** – e-mail jeremy.sothcott@btinternet.com

Young Athletes Women – **JO KENT** – e-mail joanepkent@btinternet.com

Masters Women – **EDDIE KING** – e-mail ted.king@bbc.co.uk

The following Team Managers look after our **Road Running** athletes.

Senior Men Including Masters Men – **TONY JACKSON** – e-mail jac.consultants@ntlworld.com

Senior Women – **SIMON KEENE** – e-mail simonkeene@btinternet.com

The following Team Managers look after our **Cross Country** athletes.

Senior Men and Women – **SIMON KEENE** – e-mail simonkeene@btinternet.com

Masters Men – **TONY JACKSON** – e-mail jac.consultants@ntlworld.com

ROAD RELAYS 2021 – You will be entered and selected by your respective Team Manager.

Middlesex Relays at Minet Park, Hayes on **Sunday 12 September**, (Hertfordshire have still to confirm?). Details on entries still to be published

Southern Relays at Crystal Palace on **Sunday 26 September**, which are for Young Athletes 3 stages, Senior Men 6 stages, Senior Women 4 stages and Veteran Men/Women 3 stages. Details on entries still to be published

National Relays at Sutton Park on **Saturday 9 October**, which are for Young Athletes and Senior Men/Women. Details on entries still to be published

ROAD RELAYS 2022 – You will be entered and selected by your respective Team Manager.

Southern Relays at a venue to be confirmed on **Sunday 27 March**, which are for Senior Men 12 stage and Senior Women 6 stage, there is also an Under 15/17 5k road Championships. Details are now on the SEAA website.

National Relays at Sutton Park on **Sunday 9 April**, which are for Senior Men 12 stage and Senior Women 6 stage.

VIRGIN MONEY GIVING MINI LONDON MARATHON 2021 – You will be entered and selected by your respective Borough Team Manager, following a trial race before a team is selected.

Takes place at Billingsgate, London on **Sunday 3 October**, which are for Under 13/15/17 Men/Women. Final details to be confirmed towards the end of August.

VIRGIN MONEY GIVING MINI LONDON MARATHON 2021 – You will be entered and selected by your respective Borough Team Manager, following a trial race before a team is selected.

Takes place on **Sunday 3 October**, which are for Under 13/15/17 Men/Women. Venue to be confirmed.

CROSS COUNTRY 2021/2022 – You will not have to be pre-entered, just turn up on the day and get your race number from your respective Team Manager.

Metropolitan League which is for Under 11 up to Veteran Men/Women, our record to date is second to none, and currently since the league started in 1966, we are the No.1 club based on Individual and Team wins 1966 up to the 8 February 2020, so **No Pressure** – **Saturday 16 October** at Claybury, **Saturday 13 November** at Welwyn Garden City, **Saturday 4 December** at Uxbridge, **Saturday 15 January** at Wormwood Scrubs and **Saturday 19 February** at Trent Park.

North West London League which is for Under 11/13/15/17 Men/Women. Over the past few seasons our athletes appearances has been very disappointing, and with the race distances not being too exacting, perhaps this season we can see far more of you flying the Shaftesbury flag. The fixtures are as follows – **Saturday 25 September** at Greenford, **Saturday 23 October** at Kingsbury, **Saturday 27 November** at Trent Park, **Saturday 5 February** at Harrow and **Saturday 5 March** at Wormwood Scrubs.

Fraternity/Sorority Cups which is for Under 20, Senior and Veteran Men/Women – **Saturday 27 November** at Trent Park.

CROSS COUNTRY 2021/2022 – You will have to be pre-entered by your respective Team Manager.

Southern Relay Championships which is for Under 13 up to Veteran Men/Women – **Saturday 23 October** at Wormwood Scrubs. Due to fixture congestion some age-groups may not be entered.

Liddiard Trophy and North of the Thames Combined which is for Under 17/20, Senior and Veteran Men/Women – **Saturday 23 October** at Kingsbury.

North London Championships which is for Under 20, Senior and Veteran Men/Women – **Saturday 30 October** at Hillingdon.

National Relay Championships which is for Under 13 up to Veteran Men/Women – **Saturday 6 November** at Mansfield.

London Championships which is for Under 20, Senior and Veteran Men/Women – **Saturday 20 November** at Parliament Hill. There are entry qualifications, which are you must be born, lived for over 1 year, or 1 years continuous full-time employment, or 1 years continuous at an education establishment, all qualification relate to Greater London.

London Youth Games which is for Under 11/13/15/17 Men/Women – **Saturday 20 November** at Parliament Hill. Selection will be by the respective Borough Team Managers.

Middlesex Championships which is for Under 11 up to Veteran Men/Women – **Saturday 8 January** venue to be confirmed.

Hertfordshire Championships which is for Under 11 up to Veteran Men/Women – **Sunday 9 January** venue to be confirmed.

Southern Championships which is for Under 13 up to Veteran Men/Women – **Saturday 29 January** venue to be confirmed.

National Championships which is for Under 13 up to Veteran Men/Women – **Saturday March** date and venue to be confirmed.