



SHAFTESBURY BARNET HARRIERS

SBH CROSS COUNTRY CLUB CHAMPIONSHIP AND POINTS RACES FOR 2021-2022 SEASON

SBH CROSS COUNTRY CLUB CHAMPIONSHIP RACES

MEN

U/11 BOYS	METROPOLITAN LEAGUE 15 JAN
U/13 BOYS	SOUTHERN CHAMPIONSHIPS 29 JAN
U/15 BOYS	SOUTHERN CHAMPIONSHIPS 29 JAN
U/17 BOYS	SOUTHERN CHAMPIONSHIPS 29 JAN
U/20 MEN	METROPOLITAN LEAGUE 4 DEC
5 MILES SENIORS	METROPOLITAN LEAGUE 4 DEC
9 MILES SENIORS	SOUTHERN CHAMPIONSHIPS 29 JAN
MASTERS	METROPOLITAN LEAGUE 4 DEC

WOMEN

U/11 GIRLS	METROPOLITAN LEAGUE 15 JAN
U/13 GIRLS	SOUTHERN CHAMPIONSHIPS 29 JAN
U/15 GIRLS	SOUTHERN CHAMPIONSHIPS 29 JAN
U/17 GIRLS	SOUTHERN CHAMPIONSHIPS 29 JAN
U/20 WOMEN	SOUTHERN CHAMPIONSHIPS 29 JAN
SENIORS	SOUTHERN CHAMPIONSHIPS 29 JAN
MASTERS	SOUTHERN CHAMPIONSHIPS 29 JAN

SBH CROSS COUNTRY POINTS RACES - MEN

UNDER 11 - ALL 5 METROPOLITAN LEAGUES, PLUS HERTFORDSHIRE OR MIDDLESEX CHAMPIONSHIPS
BEST 4 OUT OF 6 RESULTS TO COUNT

UNDER 13, UNDER 15, UNDER 17, UNDER 20, SENIOR AND MASTERS - ALL 5 METROPOLITAN LEAGUES, PLUS
SOUTHERN AND NATIONAL
BEST 5 OUT OF 7 RESULTS TO COUNT

SBH CROSS COUNTRY POINTS RACES - WOMEN

UNDER 11 - ALL 5 METROPOLITAN LEAGUES, PLUS HERTFORDSHIRE OR MIDDLESEX CHAMPIONSHIPS
BEST 4 OUT OF 6 RESULTS TO COUNT

UNDER 13, UNDER 15, UNDER 17, UNDER 20, SENIOR AND MASTERS - ALL 5 METROPOLITAN LEAGUES, PLUS
SOUTHERN AND NATIONAL
BEST 5 OUT OF 7 RESULTS TO COUNT