

North West London League Under 13 Girls Individual Winners From 2009-2020 Season

2009/2010

03/10	Besirat Tesfu	Ealing, Southall & Middlesex
24/10	Eve Goodhart	Thames Valley Harriers
05/12	Eve Goodhart	Thames Valley Harriers
06/02	Eve Goodhart	Thames Valley Harriers
06/03	Besirat Tesfu	Ealing, Southall & Middlesex

2010/2011

02/10	M Whitfield	Harrow
23/10	M Whitfield	Harrow
04/12	Emma Hatchett	Enfield & Haringey
05/02	Besirat Tesfu	Ealing, Southall & Middlesex
26/03	M Whitfield	Harrow

2011/2012

22/10	Courtney Marshall	Ealing, Southall & Middlesex
26/11	Lianne Langford	Shaftesbury Barnet Harriers
03/12	Sara Jacob	Enfield & Haringey
04/02	Megan Wilson	Harrow
03/03	Lianne Langford	Shaftesbury Barnet Harriers

2012/2013

27/10	C Turner	Highgate Harriers
24/11	C Turner	Highgate Harriers
01/12	C Turner	Highgate Harriers
02/02	India Weir	Thames Valley Harriers
02/03	India Weir	Thames Valley Harriers

2013/2014

25/09	Charlotte Buckley	Thames Valley Harriers
23/11	Charlotte Buckley	Thames Valley Harriers
07/12	Iona Pernthaller	Thames Valley Harriers
01/02	Charlotte Buckley	Thames Valley Harriers
01/03	Charlotte Buckley	Thames Valley Harriers

2014/2015

	Name	Team
27/09	Ava Mulvihill	Enfield & Haringey
22/11	Ellie Gilmore	Highgate Harriers
29/11	Lia Radus	Shaftesbury Barnet Harriers
31/01	Lucy O'Brien	Ealing, Southall & Middlesex
28/03	Charlotte Buckley	Thames Valley Harriers

2015/2016

	Name	Team
26/09	A White	Thames Valley Harriers
28/11	A White	Thames Valley Harriers
12/12	Sydney Allen	Shaftesbury Barnet Harriers
06/02	A White	Thames Valley Harriers
05/03	Lydia Louw	Hillingdon

2016/2017

	Name	Team
01/10	Zakia Mossi	Thames Valley Harriers
29/10	Roisin Keohane	Trent Park
26/11	Zakia Mossi	Thames Valley Harriers
18/02	Roisin Keohane	Trent Park

04/03	Roisin Keohane	Trent Park
2017/2018	Name	Team
30/09	Cara Terry	Cookham
28/10	Kate Price	Thames Valley Harriers
25/11	Kate Price	Thames Valley Harriers
17/02	Stella Whitlum	Dacorum & Tring
24/03	O Edwards	Dacorum & Tring
2018/2019	Name	Team
29/09	Asmaa Abdiraham	Hillingdon
27/10	Asmaa Abdiraham	Hillingdon
24/11	B Evans	Cookham
16/02	Jacqueline Heller	Cookham
02/03	Nicole McGovern	Hillingdon
2019/2020	Name	Team
28/09	Asmaa Abdiraham	Hillingdon
26/10	Asmaa Abdiraham	Hillingdon
23/11	Adela Svihalkova	Thames Valley Harriers
2021-2022	Name	Team
28/09	Amy Kirk	London Heathside
26/10		
23/11		
05/02		
05/03		