



LATE SEASON OPEN MEETING
Wednesday 7th September 2022
Parliament Hill Fields
London NW5 1QR



ELECTRONIC TIMING for TRACK EVENTS

All events are subject to UKA rules

PARA ATHLETES WELCOME

TRACK EVENTS

100m	all age groups except U11
800m	all age groups except U11
400m	U17/U20/Seniors
3000m	U17/U20/Seniors

FIELD EVENTS (Field events open to all except U11s)

Long Jump*
Shot*

*Athletes will have 6 trials in both Long Jump and Shot, as long as time allows.

TIMETABLE (provisional, timetable will be confirmed the week before the event)

6.30pm	Long Jump
6.45pm	Shot
6.45pm	100m
7.20pm	800m
7.40pm	400m
8.00pm	3000m

On-Line Entry Only - No Entries on the night

Entry Fees

Members of Highgate Harriers – £8
Other entrants £10 per event

The total number of entries for each event will be limited. You are strongly advised to enter as soon as possible using the link below. Entries will close when event is full or otherwise at midnight on 4th September 2022.

<https://data.opentrack.run/en-gb/x/2022/GBR/highend22/>