## Ceastern Boung Atbletes' Meague yinals Cimetable 2022



Track break

| 14.10 | 400m | U17 M | 13.30 | U15 G | Long Jump | 5 |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  | U13 B | Shot Put | 4 |
| 14.20 | 300m | U15 G |  | U17M | High Jump | 2 |
|  | 300m | U17 W |  | U15 B | Javclin | 7 |
|  | 300m | U15 B |  | U17 W | Discus (outside) | 3 |
| 14.50 | 1500m | U13 G | (1 race per age-group) |  |  |  |
|  | 1500m | U15 G | 14.20 | U13 B | Long Jump | 1 |
|  | 1500m | U17 W |  | U17 M | Shot put | 6 |
|  | 1500m | U13 B |  | U13 G | Discus (inside) | 7 |
|  | 1500m | U15 B |  | U15 G | Discus (outside) | 3 |
|  | 1500m | U17 M |  | U17 W | Javelin | 4 |
|  |  |  |  | U15 B | High Jump | 5 |
| 15.50 | 200m | U13 G | 15.20 | U13 G | Long Jump | 2 |
|  | 200m | U15 G |  | U15 B | Shot Put | 7 |
|  | 200m | U17 W |  | U15G | Javelin | 1 |
|  | 200m | U13 B |  | U17 M | Triplejump | $4+3$ |
|  | 200m | U15 B |  | U13 B | High Jump | 8 |
|  | 200m | U17 M |  |  |  |  |
| 16.40 | $4 \times 100 \mathrm{~m}$ | U13 G | 16.15 | U17 W | Triple Jump | $2+5$ |
|  | $4 \times 100 \mathrm{~m}$ | U15 G |  | U17 M | Javelin | 6 |
|  | $4 \times 100 \mathrm{~m}$ | U17 W |  |  |  |  |
|  | $4 \times 100 \mathrm{~m}$ | U13 B |  |  |  |  |
|  | $4 \times 100 \mathrm{~m}$ | U15 B |  |  |  |  |
|  | $4 \times 100 \mathrm{~m}$ | U17 M |  |  |  |  |

- A and $B$ string in each event, with the exception of the relays where there will be one scoring team per age group per club, and the pole-vault and hammer which are limited to "A" string only.
- Where A \& B string races are held separately team managers arc expected to put the better runner in the A string. Failure to do this can lead to disqualification of both strings.
- No non-scoring competitors will be permitted


## 代astern \#goung Athletes' Meaque finals 2022

Individual club field event allocations are:

Team 1

| $\overline{10.30}$ | Hammer (outside) | U17/U15 Female |
| :--- | :--- | :--- |
| 11.30 | Hammer (outside) U17/U15 Male |  |
| 12.30 | Javelin | U13 Girls |
| 14.20 | Longjump | U13 Boys |
| 15.20 | Javelin | U15 Girls |

Team 2

| 11.00 | Polevault | U17Women/U15Girls |
| :--- | :--- | :--- |
| 12.30 | Discus (outside) U17 Men |  |
| 13.30 | Highjump | U17 Men |
| 15.20 | Longjump | U13 Girls |
| 16.15 | Triple Jump | U17 Women |
|  | (Triple Jump together with team No 5) |  |

Team 3

| 10.30 | High Jump | U17 Women |
| :--- | :--- | :--- |
| 11.30 | Long Jump | U17 Women |
| 13.30 | Discus (outside) U17 Women |  |
| 14.20 | Discus (outside) U15 Girls |  |
| 15.20 | Triplejump $\quad$ U17 men |  |
|  | (Triple Jump together with team No 4) |  |

Team 4

| $\overline{10.30}$ | Shot Put | U13 Girls |
| :--- | :--- | :--- |
| 13.30 | Shot Put | U13 Boys |
| 14.20 | Javelin | U17 Women |
| 15.20 | Triplejump | U17 men |
|  | (Triple Jump together with team No 3) |  |


| Team 5 |  |  |
| :--- | :--- | :--- |
| 10.30 | Long Jump | U17 Men |
| 12.30 | High Jump | U15 Girls |
| 13.30 | Long Jump | U15 Girls |
| $\mathbf{1 4 . 2 0}$ | High Jump | U15 Boys |
| $\mathbf{1 6 . 1 5}$ | Triple Jump <br>  <br>  <br> (Triple Jump | U17 Womether with team No 2) |

Team 6
10.30 Discus (inside) U15 Boys
11.30 Discus (inside) U13 Boys
12.30 Shot Put U17 Women
14.20 Shot Put U17 Men
16.15 Javelin U17 Men

| $\frac{\text { Team } 7}{}$ |  |  |
| :--- | :--- | :--- |
| 11.30 | High Jump | U13 Girls |
| 12.30 | Long jump | U15 Boys |
| 13.30 | Javelin | U15 Boys |
| $\mathbf{1 4 . 2 0}$ | Discus (inside) | U13 Girls |
| $\mathbf{1 5 . 2 0}$ | Shot Put | U15 Boys |

Team 8

| 10.30 | Javelin | U13 Boys |
| :--- | :--- | :--- |
| 11.30 | Shot Put | U15 Girls |
| 13.15 | Polevault | U17 Men/U15 Boys |
| 15.20 | High Jump | U13 Boys |

At least one member of each field team must be a qualified Official of at least level 2. Visiting clubs should notify the host club in advance if this presents a problem. If the host club is unable to find a suitable official to lead that field team, the Referee can decide that the event(s) cannot take place.

All clubs to provide at least one track judge \& one timekeeper to report to the referee/chief $\mathbf{3 0}$ mins before the first event.

The host club should have a $2^{\text {nd }}$ Highjump bed available ready for competition if possible, and this should be used to start the next event if the previous event has not finished. The referee can ask clubs for additional officials/helpers if this is necessary.

Warm-ups should start well before the scheduled event time, if the area is clear, so that the event can start on time or as soon as possible after the scheduled time.

