

**SHAFTESBURY BARNET HARRIERS - WOMENS CROSS COUNTRY POINTS TABLES 2022-2023**  
**UPDATED WITH 14 JANUARY METROPOLITAN LEAGUE (4) RESULT**  
**THERE WERE NO UNDER 11 RUNNERS AT THE HERTFORDSHIRE CHAMPIONSHIPS, THE**  
**THE MIDDLESEX CHAMPIONSHIPS TAKE PLACE ON THE 21 JANUARY**

UNDER 11 GIRLS	MET LGE (1)	MET LGE (2)	MET LGE (3)	HERTS OR	MET LGE (4)	MET LGE (5)	TOTAL PTS
				MIDDX			
SIENNA DARCY	8	8	8		6		30
ELFIE SHAW	6	6	5		5		22
LUCIA CASALENUOVO	7		7		8		22
GRACE ROONEY	5	7			7		19
ELLA COOPER			6				6
IZZY VOSS		5					5

UNDER 13 GIRLS	MET LGE (1)	MET LGE (2)	MET LGE (3)	MET LGE (4)	SOUTHERN	MET LGE (5)	NATIONAL	TOTAL PTS
AMBER JACKSON	7	6	7	8				28
MEI HAYAKAWA	8	8	8					24
JUI HAYAKAWA	6	7						13
VERA DOUDKO	5	5						10
ELIZABETH LEIBOWITZ	4							4

UNDER 15 GIRLS	MET LGE (1)	MET LGE (2)	MET LGE (3)	MET LGE (4)	SOUTHERN	MET LGE (5)	NATIONAL	TOTAL PTS
POSIE SHAW	8	8	8	8				32
ERIN GIBLIN		6	7	7				20
PHOEBE MUSIC	7			6				13
EDIE WOODINGS		7						7

UNDER 17 WOMEN	MET LGE (1)	MET LGE (2)	MET LGE (3)	MET LGE (4)	SOUTHERN	MET LGE (5)	NATIONAL	TOTAL PTS
ELIZABETH DA TERESA	8	8	8	7				31
NICOLE MCGOVERN				8				7
LILI FOWKES-GAJAN		7						7

JUNIOR WOMEN	MET LGE (1)	MET LGE (2)	MET LGE (3)	MET LGE (4)	SOUTHERN	MET LGE (5)	NATIONAL	TOTAL PTS
ABI GREENE	8	8	8					24

SENIOR WOMEN	MET LGE (1)	MET LGE (2)	MET LGE (3)	MET LGE (4)	SOUTHERN	MET LGE (5)	NATIONAL	TOTAL PTS
ELANA DIMMER		8						8
NAOMI TASCHIMOWITZ				8				8
NICOLA PAYNE				7				7

MASTERS WOMEN 40-49	MET LGE (1)	MET LGE (2)	MET LGE (3)	MET LGE (4)	SOUTHERN	MET LGE (5)	NATIONAL	TOTAL PTS
VICTORIA DAWES V45		8						8

UNDER 11 GIRLS BEST 4 OUT OF 6 RESULTS TO COUNT

UNDER 13, 15, 17, U20, SENIOR AND MASTERS WOMEN BEST 5 OUT OF 7 RESULTS TO COUNT