



LONDON INTER CLUB CHALLENGE – 2023
StoneX Stadium, Greenlands Lane, Hendon, London, NW4 1RL

Throws Fest Plus Indoor Pole Vault

UKA LICENCE – LEVEL 2
Match 1A - Saturday 15th April 2023

PROVISIONAL TIMETABLE

- 11.00 **Hammer** – (All age groups - 4 Throws with top 8 having 2 more)
– Outside Throws Area
- 12.30 **Discus 1** – (PB **Under 35.00m** – 4 Throws Only)
– Outside Throws Area
- 13.00 **Pole Vault** – All Age Groups (Maximum height **4.50m**)
- 13.30 **Discus 2** – (PB **Over 35.00m** – 4 Throws with top 8 having 2 more)
– Outside Throws Area
- 15.00 **Javelin** – (All Age Groups – 4 Throws with top 8 having 2 more)
– Outside Throws Area
- 16.30 **Shot** – (All Age Groups – 4 Throws with top 8 having 2 more)
– Outside Throws Area

This Timetable is very likely to be adjusted, depending on the final numbers as per each event.

EDM is provided. Entries are online at www.entry4sports.co.uk then put **438** in the filter box. Entry fee is **£8** per event. Members of **SBH** qualify for a **50% discount**.

ENTRIES CLOSE - SUNDAY 9th April 2023

ONLINE ENTRIES ONLY – NO ENTRIES ON THE DAY.

LICC – 2, 3 and 4 are @ StoneX Stadium, Greenlands Lane, Hendon, London, NW4 1RL
on **Sunday 9th July, Saturday 12th August 2023 and Sunday 27th August 2023**

SUPPORTED BY ENGLAND ATHLETICS, UKA AND LONDON MARATHON