



ANNUAL REPORT - YEAR ENDED 30 SEPTEMBER 2010

It is pleasing to once again report another successful year for Shaftesbury Barnet Harriers.

Congratulations to all our athletes who took part in the European Athletic Championships in Barcelona and the Commonwealth Games in Delhi.

European: MARILYN OKORO, LEE MCCONNELL, MICHELLE CAREY, RYAN MOSELEY

Commonwealth: LARRY ACHIKE, PAMENOS BALLANTYNE, JILLIAN DROUIN, LEE MCCONNELL, ANGUS MCINROY, JADE NICHOLLS, GEMMA NICOL, ABI OYEPITAN, CHRIS SCOTT, TRECIA SMITH, NADIA WILLIAMS

Particular congratulations to Trecia Smith on winning the GOLD Medal in the womens' Triple Jump for her home country of Jamaica and also being named as Athlete/Sportsperson of the Commonwealth Games. Abi Oyepitan (England) also grabbed a GOLD Medal in the England 4x100m team and the SILVER Medal in the 200 metres with a time of 23.26secs

Congratulations also to Andrew Elkins for representing Great Britain in the Hammer event at the World Youth Olympics in Singapore.

Richard Goodman has had an outstanding year representing Great Britain in the European and World cross country championships and also winning the World Schools Cross Country Championships.

Melissa Courtney won the World Biathlon (swimming and running) title for Under 18s in Dubai with Izzy Thompson finishing 13th in the same competition.

Orlando Edwards the male athlete of the year is an outstanding cross country and road runner but this year won the Senior Men's title at the Home International Mountain Race representing England.

It is also pleasing to report that our very talented under 15 boys cross country team went through the whole of last winter undefeated in every championship.

TRACK & FIELD

Great performance by Shaftesbury under 20 Men who travelled to Poland to represent Great Britain in European Champion Clubs Cup for Juniors in September and finished 3rd equal, just 9pts behind the Spanish winners. Winners for Shaftesbury were Gregor McLean in the Pole Vault; Andrew Elkins in the Hammer and Liam Biddlecombe in the Shot.

In the National Junior Athletics League final Shaftesbury Under 20 Men retained their title while U20 Women finished an impressive 3rd.

Shaftesbury won the British Athletic League Jo Smith Cup being crowned the best male and female T&F Club in the UK. This is the first time that the Club have won this particular title although in the past Shaftesbury men have won the UK Cup competition. In the British Athletic League and senior men finished 4th in the Premier League and unfortunately the Shaftesbury Barnet women's team were relegated from the Premiership of the UK Women's League to National Division 1.

Richard Goodman won the AAA's U20 3000 metres at Crystal Palace - his fourth National title of the year following his National Cross Country under 17 title victory in Leeds and winning the Junior cross country trial races in Liverpool and Birmingham.

There were Scottish National titles for:

100m/200m Nick Smith, 400m Kris Robertson and Gemma Nicol, Long Jump Jude Beimers, Triple Jump John Carr, women's Triple Jump Nony Mordi and Discus Angus McInroy who also set a Scottish National Discus Record.

Congratulation to the 32 young SBH members who represented their counties at the English Schools Championships and particularly our ESAA Champions:

Richard Goodman - Senior Boys 3000 metres, and second claimers Blade Ashby - Inter Boys 100m Hurdles and Helen Broadbridge - Senior Girls Hammer

Congratulations to the following gained England School International honours in the Schools International Athletic Board match in Glasgow on Saturday 17 July.

Chisolm Nwachukwu - Inter Girls 200 metres, Richard Charles - Inter Boys 3000 metres, Gregory Thompson - Inter Boys Discus and Blade Ashby (HCA) - Inter Boys 100m Hurdles

At the GB European Trials Lee McConnell was an impressive winner of the Women's 400m, Jade Nicolls threw a personal best to secure victory in the Women's Discus and Chris Scott who set a new Club Discus Record at U23 and Senior Men with a winning throw of 59.90m

Nathan Fox was 1st in the Triple Jump at the British Universities Indoor Championships.

Two outstanding performances by our master (vets) runners Anthony Whiteman who broke the British veteran 800m record with 1:50.11 and Nina Anderson who won the European Masters 400m and 800m titles.

Richard Goodman set a new U20 Men's 1500m record of 3.45.77. New Under 17 Club Records at Men's 800m with 1.54.64 and 3000m with 8.33.66 were set by Richard Charles whilst Matthew McLaughlin continued our fantastic steeplechase / 400mH tradition with a new Club Record at 400mH as a first year Under 17 with 54.70.

New records in 2010 were created by Jade Nichols - senior women's discus, Vicky Walker junior women's 1500m steeplechase and the Under 17 women's 4 x 300m team.

Our thanks must go to all our team managers for leading our teams so successfully. Mention must be made of our track & field young athlete team managers Joyce Smith and Clyde Gordon who at the league fixtures were looking after up to 100 athletes.

CROSS COUNTRY

Our under 15 Boys team proved they were the team of the year winning every title open to them, that included the southern road relays, national road relays, national cross country relays, southern cross country championships and national cross country championships. Matt McLaughlin 2nd and Michael Callegari 4th led home the team in the National cross country championships. The under 17 men's team won bronze medals led home by National champion Richard Goodman but earlier in the season the under 17 men won gold team medals in the National cross country relays. The under 20 women also took team bronze medals. Tony Smith the young athletes cross country team manager was immensely proud of his teams throughout the winter.

ROAD RUNNING

We continue to support all the road relay championships apart from the under 15 and under 17 men gold medals mention must be made of Richard Goodman for breaking the lap course record in the under 17 men and to Natalie Connor for running the fastest leg in the under 13 girls relay

Congratulations to marathon runners Tom Bedford for a personal best of 2:24:10 in Dublin and to Orlando Edwards with personal best of 2:25:15 in London.

OTHER INITIATIVES

While 2009 saw SBH becoming the first Club in the UK to be awarded Beacon Club status, this has now been further developed by the successful formation of the McCain's North London Network with Highgate Harriers, London Heathside and Middlesex University. This has led to an increased number of coaches and officials becoming qualified.

The club continued to be involved with the Jack Petchey Award Scheme that has enabled the club to kit out award winning athletes with club hoodies free of charge and the rest of the membership at a subsidised price.

The above successes were only achieved due to the efforts of a large number of unpaid volunteers. On the coaching front, we have a dedicated team who are in regular attendance at the Stadium to help our athletes. Our officials are led by John Wright, Geoff Williams and Steve Marshall who have ensured that Cophall is at the top of the list for club promotions for all the T&F Leagues. Congratulations are particularly due to Steve Marshall on his London Area Award for services to Athletics Officiating.

The only disappointment of the year was the loss of the contract to manage Barnet Cophall Stadium after over 5 years of successful management which re-established the facility as one of the premier venues in the UK for inter-club competition. Our thanks to Angus Mckenzie, Katie Alcock and Nadia Williams for their help in pulling together an excellent Tender document and for the support from the directors, Frank Attoh, Linda Elmore, Geoff Morphitis, Bryan Smith and Tony Sunderland

Last, but not least, our thanks to all our members and friends led by Nadeem Shaikh, who support our fund raising ventures through London Marathon. In addition to the London Mini Marathon, we are now involved in 4 other promotions including the Lord Mayor's Mile at his inauguration. Without the funding provided by this involvement we could not maintain our level of activity.